

MORE NOTES

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Moms Offering Moms Support Club — 9 a.m., Capt. Gray Port of Play, 785 Alameda Ave. For information, go to www.momsclubofastoria.org or email president@momsclubofastoria.org

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Help Ending Abusive Relationship Tendencies — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.



Cadyn Carr



Roan Childress



Max Halverson



Zachariah Hart



Samantha Noregaard



Hunter Thompson

Seaside Elks present scholarships

The Daily Astorian

SEASIDE — Seaside Elks Lodge No. 1748 is presenting Most Valuable Student scholarships to six area high school seniors.

Hunter Thompson of Seaside High School and Roan Childress of Neah-

Kah-Nie High School were each awarded \$1,200 scholarships. Zachariah Hart of Jewell High School, Samantha Noregaard and Max Halverson of Neah-Kah-Nie High School and Cadyn Carr of Seaside High School will each receive scholarships of \$500.

Exalted Ruler John Gates said these

scholarships are awarded for superior scholastic achievement, as well as for outstanding qualifications of citizenship and leadership.

For information about Elks scholarships, contact Hugh Kerwin at 503-738-6651 or email seasideelks@yahoo.com

Sit and Stitch Group — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

Mahjong for Experienced Players — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Beginner Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Seaside Dementia Support Group — 2 to 3:30 p.m., Necanicum Village, 2500 S. Roosevelt Drive, Seaside. For families and/or caregivers of dementia patients. All are welcome. To attend, RSVP to 503-738-0900.

Warrenton Gateway Masonic Lodge No. 175 — 6:30 p.m. dinner, 7:30 p.m. meeting, at 66 S.W. Fourth St., Warrenton.

Seaside Elks Lodge No. 1748 — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

THURSDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

North Coast Republican Women — 11:30 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Lane, Warrenton. For information, call 503-738-8695 or go to <http://tinyurl.com/CCRpublican>

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Pro-

gram — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Best Western Ocean View Resort, 414 N. Prom, Seaside. Lunch costs \$15. All are welcome. For information, go to <http://seasiderotary.com>

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Lower Columbia Hospice Bereavement and Grief Support Group — 2 to 4 p.m., Meeting Room 1, Bob Chisholm Community

Center, 1225 Avenue A, Seaside. Group is open to those who are age 18 or older. For information, call 503-338-6230.

Jam Session — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

Lower Columbia Danish Society — 7 p.m., First Lutheran Church, 725 33rd St. Marc Kan provides "mini-lesson" in speaking Danish. The public is welcome. Being Danish or speaking Danish not required, only need an interest in Danish heritage, culture, and traditions. For questions call 503-325-2612.

FRIDAY

AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

Bingo — 7 p.m., Wickiup Senior Center, 92650 Svensen Market Road. For information call Mark Tischer at 503-458-6482.

Turning a cartwheel for canned food on tap Saturday

The Daily Astorian

GEARHART — Cartwheels for Canned Food is happening at 11 a.m. Saturday at Encore Dance Studio, 3631 U.S. Highway 101 in Gearhart. This annual event is a free tumbling class for ages 4 and older. Participants are asked to bring a nonperishable food item for donation to the Clatsop County Food Bank.

For information, call 503-717-1637.

Come meet doulas who help with pregnancy

The Daily Astorian

North Star Doula Service is holding a Meet the Doulas event from 6:30 to 8:30 tonight at Columbia Memorial Hospital, Conference Room A, which is at the east entrance of the building. Refreshments will be served.

Doulas offer guidance and support through pregnancy, labor, delivery and the postpartum period. North Star Doula Service, which is based in Astoria and serves all of Clatsop County, is running a pilot program with CMH to offer care to every childbearing family in the area. For information, call (509) 539-3985 or go to www.northstardoula.com

HONOR ROLL

The following student has qualified for the honor roll by earning a 3.5 grade point average or higher at school.

George Fox University Newberg
Astoria: Morgan Postlewait.

Free bus ridership day to honor Rae Goforth

Open house held Tuesday

The Daily Astorian

The Sunset Empire Transportation District has announced that its annual Ridership Appreciation Day, which takes place Tuesday, has been dedicated to, and renamed the Rae Goforth Ridership Appreciation Day. Free bus service on all regular bus routes throughout

Clatsop County is offered for the entire day, including to the Project Homeless Connect event, which is being held from 10 a.m. to 4 p.m. at the Seaside Convention Center.

"Rae served on the Sunset Empire Transportation Board of Commissioners for 13 years, and strongly supported public transportation, public involvement and spent much other time devoted to projects that restored and beautified this community," SETD

Executive Director Jeff Hazen said. "We want the community to Go-Forth and ride the bus in her honor."

The public is also invited to attend an Open House at the Astoria Transit Center from 8 a.m. to 5 p.m. and at the Seaside Kiosk from 10 a.m. to 5 p.m. Tuesday to enjoy free refreshments, win prizes and receive public transit information.

For information, contact Mary Parker at 503-861-5370.

Seminar explores in-house investigations

The Daily Astorian

The Lower Columbia Human Resources Management Association is holding a seminar, "In-House Investigations," presented by Denise Downs, from 11:30 a.m. to 1 p.m. Feb. 8 at Buoy Beer Company, No. 1 Eighth St.

Disputes between employees and management can be difficult to resolve. Downs explains the process of selecting the right person to investi-

gate the issues internally and what needs to be considered when taking on this process.

Downs has over 20 years of experience in management, specializing in workplace investigations as well as constructing policies and procedures, best practices and time saving organization. She is the owner and operator of Denise Downs Consulting.

The Human Resources Certification Institute and the Society for Human Resource

Management (SHRM) have approved this event for one HR general, recertification credit. Anyone with an interest in the topic is welcome to attend. The cost, including lunch, is \$20 for Society for Human Resource Management members, \$25 for nonmembers and \$15 for students. Register online at www.lchma.org. Cancellations must be made no later than 5 p.m. Feb. 3 for a full refund.

RELIGION BRIEFS

First Lutheran

Sunday at First Lutheran Church, 725 33rd St., begins at 9:15 a.m. with Sunday School and a presentation by Alice Iverson and Carol Smith on Global Missions. One worship service is being held at 10 a.m., followed by a light lunch and the annual Congregational Meeting for all members of First Lutheran.

The Scandinavian Workshop meets at 10 a.m. Monday, and Sea Scouts meet at 5:30 p.m.

On Tuesday, Stewardship Sewing meets at 9:30 a.m., TOPS meets at 5:30 p.m. and Pure Life Alliance meets at 5:40 p.m. Stewardship Sewing is in need of fabric for quilt making projects. Cotton fabric, which can be yardage or gently used sheets, would be appreciated and can be delivered to the church. Questions can be directed to Janet Kemp at 503-325-4268.

Everyone is welcome to participate in Devotional Bible Studies at 11:30 a.m.

and 6 p.m. Wednesday, and Senior Choir is at 7 p.m.

For information, call the church at 503-325-6252.

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship is holding a service at 11 a.m. Sunday at the Performing Arts Center, 588 16th St. Yvonne Edwards and Sheryl Redburn present "The Art of the Mandala." They will bring paper to create mandalas, and also some colored pencils and fine-point markers. Those who have colored pencils and/or fine-point markers at home are asked to bring them so there will be enough for everyone.

Sara Caron and Adriana Guerrero are providing refreshments for the social hour following the service, and Arline LaMear and Silke Ruschmann are the greeters.

Following the social hour, Dave Ambrose is leading a discussion on "Human Moral-

ity" from philosophical, political, religious and economic viewpoints.

For information, call 503-325-5225 or go to www.pac-uuf.org

Grace Episcopal

Grace Episcopal Church, 1545 Franklin Ave., is holding a single combined service at 9 a.m. Sunday, followed by the presentation of reports from the various ministries and committees.

For information, call the church at 503-325-4691 or go to www.graceastoria.org

Bethany Free Lutheran

Bethany Free Lutheran Church, 451 34th St., is showing the movie "Prince Caspian" at 6 p.m. Sunday. The movie is based on one of the "Chronicles of Narnia" books written by C.S. Lewis. There is no charge for the movie, and the public is welcome. For information, call 503-325-2925.



Submitted Photo

Devin Vandergriff, left, and Angeleen Somoza received Horatio Alger Scholarships to attend college.

CCC's Horatio Alger Scholarships go to two Knappa seniors

The Daily Astorian

Two Clatsop Community College Talent Search students, Knappa High School seniors Devin Vandergriff and Angeleen Somoza, have won the Oregon state Horatio Alger Scholarship. The scholarship offers \$10,000 over four years of college; \$2,000 each year for the first three years, and \$4,000 for the fourth year. Both young women plan on entering college in the fall, but are still waiting for financial aid award letters to see how much each college could cost them.

"Without Talent Search, I wouldn't have been able to get the same opportunities — to check out different colleges and learn about scholarships," Vandergriff said.

"Talent Search has

opened up many options for my future, and I hope more students can take advantage of it, too," Somoza said. Both seniors have been very active in Talent Search throughout their time in high school.

Talent Search at CCC serves over 650 students from sixth through 12th grade in cooperation with the Astoria, Warrenton, Seaside and Knappa school districts. Their mission is to help students succeed in school and develop a clear vision of their educational choices beyond high school.

The Horatio Alger Scholarship Association has awarded more than \$125 million in privately funded need-based scholarships to more than 22,000 young people over the past 31 years in all 50 states and Puerto Rico.

Family Bingo Night to fund 4-H activities

The Daily Astorian

SEASIDE — The 4-H Leaders Association is holding a Family Bingo Night fundraiser on Saturday at the Bob Chisholm Community Center, 1225 Avenue A. The doors open at 6 p.m., and bingo begins at 6:30 p.m. Friends, supporters and the

public are welcome.

Ten bingo games cost \$10 per person or \$30 per family. There are prizes for bingo, as well as basket drawings (\$1 per ticket), and light snacks will be available for purchase. The proceeds will help fund the general 4-H program. For information, call 503-325-8573.