

Nonprofits garner \$12,000



Submitted Photo

"Gifts That Make a Difference gathered over \$12,000 for local nonprofits this year, and we'd like to thank the community," said Caren Black, fair coordinator for the Lower Columbia TimeBank, one of three host organizations, along with the Liberty Theater and United Way of Clatsop County. Held annually the second Saturday in December at the Liberty Theater, this year's fair included some 30 nonprofits, 20 musicians, 12 businesses and 60 volunteers offering a local holiday gift alternative: supporting an area nonprofit in someone's name.

MORE NOTES

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Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Line Dancing for Seniors — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

Seaside Lions Club — 5 p.m., West Lake Restaurant & Lounge, 1480 S. Roosevelt Drive, Seaside. For information, call 503-738-7693.

Depression and Bipolar Support Alliance — 7 to 9 p.m., Room A, Columbia Memorial Hospital, 2111 Exchange St. Open to all those diagnosed with a mood disorder, or have a family member or friend diagnosed, or who think they might have depression or bipolar disorder. For information, contact Patricia Fessler at 503-325-8930.

TUESDAY

Tobacco Free Coalition of Clatsop County — 9 to 10:30 a.m., Clatsop County Health and Human Services, 820 Exchange St. Anyone interested in tobacco use prevention and education welcome. For information, call Steven Blakesley at 503-325-8500 or Alissa Dorman at 503-325-4321, ext. 5758.

Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Warrenton Alzheimer's Support Group — 2 to 3:30 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support and information about Alzheimer's disease. For information, call Grace Bruseth 503-738-6412.

North Coast Chorale Practice — 6:45 to 9 p.m., Performing Arts Center, 588 16th St. New members welcome. For information, call 503-791-5681 or 503-338-8403.

Authentic Spiritual Conversations — 7 to 8:30 p.m., 2021 Marine Drive. Exploring spiritual questions, doubts, practices, longings. Group supports participants in sharing their own understanding and putting their spiritual values into practice. All faiths, including "spiritual but not religious" welcome. For information, email info@cgifellowship.org or call 916-307-9790.

WEDNESDAY

Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center,

1111 Exchange St. For information, call 503-325-3231.

Help Ending Abusive Relationship Tendencies — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Open Sewing Gathering — 10:30 a.m. to 4:30 p.m., Homespun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Warrenton Kiwanis Club — 1 p.m., Doogers Seafood and Grill, 103 U.S. Highway 101, Warrenton. For information, call Darlene Warren at 503-861-2672.

Seaside Rebounders Stroke Support Group — 1 to 2:30 p.m., Providence Seaside Hospital Education Center, 725 S Wahanna Road, Seaside. Stroke survivors, their caregivers and family members welcome. For information, call 503-717-7781.

Sit and Stitch Group — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

Mahjong for Experienced Players — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Beginner Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Warrenton Business Association — 5:30 p.m., commission chambers, Warrenton City Hall, 225 S. Main Ave. For information, call Kristin Talamantez at 503-861-9750.

Fat Quarter Quilters — 5:30 to 8 p.m., Homespun Quilts, 108 10th St. Not limited to quilts. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Seaport Masonic Lodge No. 7 — 6:30 p.m. dinner, 7:30 p.m. meeting, 1572 Franklin Ave. All members and their guests are welcome.

THURSDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Clatsop County Genealogical Society — 11 a.m. to 1 p.m., Church of Jesus Christ of Latter-day Saints,

350 Niagara Ave. Park in rear of church. Group has joined forces with the LDS Family History Center. 2017 board members will be introduced. All are welcome. For questions, call Carol Wamsher at 503-298-8917 or Sai Diamond at 503-325-1963.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Best Western Ocean View Resort, 414 N. Prom, Seaside. Lunch costs \$15. All are welcome. For information, go to <http://seasiderotary.com>

Astoria-Warrenton Duplicate Bridge Club — 12:30 to 4 p.m., Astoria Senior Center, 1111 Exchange St. Anyone may play if they have a partner; to request a bridge partner, call 503-325-0029.

Better Breathers Club — 1:30 to 3 p.m., Providence Seaside Hospital Education Center (lower level), 725 S. Wahanna Road. Offered in conjunction with the American Lung Association. Sessions offer support, ways and techniques to cope with COPD, asthma, pulmonary fibrosis and other respiratory issues. Caregivers also welcome. No cost, but registration encouraged by calling 800-562-8964.

Jam Session — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

FRIDAY

AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Lighthouse for Kids Project — 10 a.m. to 2 p.m., Homespun Quilts, 108 10th St. Making quilts for children going through sexual abuse assessment. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

4-H gives out awards

The Daily Astorian

The 4-H Association held a recognition event Nov. 8 to honor the members, leaders and supporters of the 4-H program in Clatsop County. Members received pins for their years in the program, as well as certificates and medals for special achievements.

Those receiving special awards were: Juan Jimenez, Baylee McSwain, John Clement, Kenneth Schlink, Gage Vaughan, Joseph Newton, Candice Kerr, Karina Angulo-Barney, Dalton Smith, Joseph Newton, Maggie McClean and Kelsey Fausett. Club Award Winners were: Leadership Club, Classy Canines and Clatsop Claybusters.

Completion of the 4-H Record Book is optional in Clatsop County, but 19 members turned in their record books for competition, and they were awarded certificates and medals.

The 4-H program would not exist without the 130 volunteer leaders who work with the youth on a regular basis.



Submitted Photos

LEFT: Sharon Tuveng was recognized for her 50 years of service to 4-H. RIGHT: Tony Biamont receives the 4-H Leader Hall of Fame Award.

These volunteers were also recognized by being given pins and special awards for their years in the program. Those recognized were: Casey Wray, Jim Bergeron, Tony Biamont, Katherine Kahl, Kirstin Hollenbeck, Melissa McSwain, Paul Williams, Jonathon Devos, Carrie Ank, Brad Baker, Daine Morrow, Charlie Hall and Troy and Brandy Kerr.

The 4-H Association also recognized community members and busi-

nesses for their support throughout the year, including: Cyndi Mudge/Astoria Sunday Market, BKS Sportsmen's Club, Astoria Fiber Arts Studio, Clatsop Community Bank, Cynthia Weber, Clatsop Community College, Clatsop County Fairgrounds, 4-H International Exchange program, Old Town Framing, Hampton Affiliates, Dr. Russ Hunter and staff, Tillamook County Creamery, Recology Western Oregon, Mike Fruehling and Susan Graham.

Watershed council to elect board members

The Daily Astorian

MANZANITA — The Lower Nehalem Watershed Council holds its annual meeting Thursday at the Pine Grove Community House, 225 Laneda Ave. The doors open at 6:30 p.m. for refreshments, the presentation starts at 7 p.m., and the meeting and board of directors election follow at 7:45 p.m.

The event, which is free and open to the public, begins with a year-in-review presentation by Council Coordi-

nator Alix Lee, including an overview of the habitat restoration and enhancement projects the council implemented in 2016.

The annual meeting starts with a presentation of the 2017 board nominees to the council membership for the election. Council members will also participate in a strategic planning session and survey to help guide the council's activities in 2017 and beyond.

For information, go to <http://lnwc.nehalem.org>

Way to Wellville hosts forum on Wednesday

A community forum provides updates on The Way to Wellville from 6:30 to 8 p.m. Wednesday at the Holiday Inn Express, 204 W. Marine Drive. Presentations include program updates on Trauma Informed Care, Clatsop County Kids Go, Community Wellness Initiatives and the Universal Preschool Feasibility Study.

Members from the national team, including Way to Wellville founder Esther Dyson, will be in attendance. Speakers include local Strategic Council members Dan Gaffney, Debbie Morrow, Stacey Brown, Paulette McCoy and Jeanette Schacher.

The Way to Wellville began in 2014 as a five-year initiative in five communities. Its goal is to help improve health by investing in wellness and disease prevention rather than spending endless dollars on chronic health care. The Clatsop County Way to Wellville is sponsored by the Columbia Pacific Coordinated Care Organization.

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Lecture focuses on wetlands in China

The Daily Astorian

CANNON BEACH — The Library Lecture Series, sponsored by Friends of Haystack Rock and the Cannon Beach Library, presents Roy Lowe speaking on "The Precipitous Loss of China's Coastal Wetlands and Impacts to Migratory Birds in the East Asian-Australasian Flyway" at 8:30 p.m. Wednesday at the Cannon Beach Library, 131 N. Hemlock St. The current coastal wetland situation in China will be discussed, and the presentation includes numerous photos of Asian birds.

Lowe graduated from Humboldt State University in Arcata, California, in 1977 with a degree in wildlife management. He worked for the U.S. Fish and Wildlife Service for more than 37 years before retiring in 2015, and has served as the supervisory wildlife biologist at San Francisco Bay National Wildlife Refuge Complex. In 1985, he transferred to the Oregon Coast National Wildlife Refuge Complex, where he remained for 29 years. He is a volunteer for Global Parks and the Paulson Institute working on coastal wetland issues in China.



Submitted Photo

Cynthia Weber, center, received the Oregon State University Extension Association Cooperator Award for her 47 years of service to 4-H. She is pictured with Scott Reed, OSU vice provost, left, and Lindsey Shirley, associate director of OSU Extension.

Weber honored at Oregon St. for her 47 years of service

The Daily Astorian

Cynthia Weber, the 4-H Food Booth "Chicken Coop Manager" at the Clatsop County Fair, was honored for her 47 years of service by receiving the OSUEA Oregon State University Extension Association (OSUEA) Cooperator award.

The celebration was at

the OSU campus in Corvallis, where about 250 people honored 31 individuals and businesses from around Oregon who have made a significant difference in their communities, based on their service to an Extension Program.

Weber has been involved in 4-H for more than 60 years, and has been run-

ning the 4-H food booth for most of that time. Prior to the fair, she coordinates 4-H members and volunteers to work the booth throughout fair week, and prepares the kitchen facility. The income from this one-week fundraiser has gone from \$600 to \$9,000 over the years, and all of money goes back to the 4-H program.