

Women can pick up tips from travel agent, author

Beach Books hosts Marica Lynn Miller at Lunch in the Loft

SEASIDE —When travel professional Marcia Lynn Miller began her career as a travel agent in 1984, there was no Internet. No videos for travelers to view about where to stay or what to do. No magazines to read up on popular destinations, and no user rating systems to guide booking decisions. Anyone planning a trip abroad simply called up travel agents who alone had the tools and know-how to book foreign destinations and help clients through distant emergencies.

Even today, savvy travelers find it challenging to stay current with frequently changing airport security and other rules, as well as other small stuff that can



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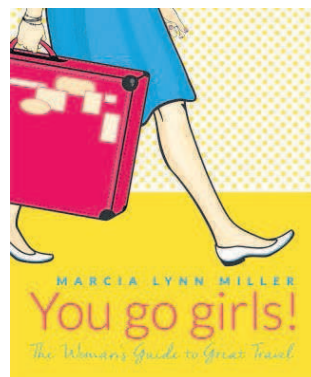
Marcia Lynn Miller, professional travel agent and author of "You Go Girls! The Woman's Guide to Great Travel," will talk about her book at Beach Books on Nov. 17.

derail a vacation without warning.

Miller set out to share her vast amount of professional travel knowledge. Her new book "You Go Girls! The Woman's Guide to Great Travel" is a comprehensive collection of road-tested tips, tricks and hints — based on her own journeys to over 70 countries — to improve

the travel experience of any woman traveler.

Miller will share her book, travel experiences and tips at Beach Book's next Lunch in the Loft event, set for noon Thursday, Nov. 17. There will also be some travel clothes by B. Boutique on display, and Miller will show attendees the best way to pack them.



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"You Go Girls: The Woman's Guide to Great Travel" by Marcia Lynn Miller.

The \$30 fee for Lunch in the Loft includes a catered lunch and a signed copy of "You Go Girls." RSVP to Beach Books by calling 503-738-3500. The independent bookstore is located at 616 Broadway.

Unlike the plethora of "guidebooks" focused on specific cities and countries, Miller's handy 226-page trade paperback is literally packed with her hard-earned tips, insights and words of caution. She tells you exactly what you need to know as

LUNCH IN THE LOFT

Noon Thursday,
Nov. 17

Beach Books
616 Broadway,
Seaside

RSVP 503-738-3500
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she guides readers through every stage of the journey, with candid recommendations throughout on not what brand to buy but what type of product or solution works best under the most difficult of situations — whether it's walking shoes, handbags, tote bags, luggage, makeup, cameras and more.

Readers will also find plenty to chuckle over as the author tackles such delicate subjects as bathroom facilities in parts of Asia, where "you are likely at some time to find a hole in the floor with a place to put your seat while you squat. Believe me, on such occasions,

lifting a skirt is much easier than managing your pants around your ankles. Plan your wardrobe accordingly." Or her detailed instructions on the proper use of the "oft misunderstood bidet" and inventive ways to use the common cotton bandanna.

Most important, Miller discloses the secret to how she is able to travel with so few clothes, yet look fresh and fashionable every step of the way. (Hint: "Choose a neutral color or two. Add one or two accent colors. Pack separates. Stay within a style family. Each bottom and each top must have at least two matches.")

Certified nationally by The Travel Institute, Miller became the first professional travel agent to specialize in women-only trips when she opened You Go Girls! Travel in 1999. Altogether, she has visited over 70 countries and escorted groups to far-flung destinations such as Cuba, India, Egypt, Thailand, Vietnam, Africa, Manchu Picchu, Israel and Antarctica on multiple occasions.

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