### Chefs: Event helps chefs up their game

**Continued from Page 1A** 

The goal is to raise \$50,000, Lolich said, through ticket sales, silent auction and raffle. Food, wine and beer were donated by participating restaurants. All of the proceeds go to the county's United Way to support local nonprofits. Jim Coffee, deputy director of Cowlitz Family Health Center, won the open judge's seat for \$1,700 in a lively auction.

"It's more than a food event," Clatsop County United Way Executive Director Jennifer Holen added. "Right here, this is community,"

#### One hour

Chef contestants were given one hour to cook and prepare three courses: a soup or salad, appetizer and entree. After serving, five judges had 10 minutes to taste and finalize their scorecards. Audience members were asked to select their favorite appetizer and

Jeff Graham, the executive chef at Fort George Brewery and Public House, celebrated sustainable and local cuisine.

"Our chickens are grown 15 miles away in Svensen," Graham said. "We get them the same day they are slaughtered. They're fresh as can be, pasture-raised."

Graham, who arrived at the brewery in January, presented guests with an appetizer of confit pork belly cured for 24 hours and cooked in its own fat.

"It's served with mustard made with our Plaid Scotch Ale, pickles made with our Optimist IPA," Graham said. "We've made a malt vinegar with Optimist, and we made the pickles with that. And we have a tomato marmalade, some chicharrónes and some lavash crackers. You get the spicy, the heat, the vinegar, the sugars from the marmalade and rich pork."

Chef Steven DeKay of Maggie's on the Prom in Seaside offered a honey-butter sea scallop served on a bed of roasted corn and chilled orzo salad with strawberry relish.

"I selected this dish because it's one of the most popular dishes at the restaurant," DeKay said. "We serve a really nice large scallop and we know how to prepare it. We really wanted to show people how a scallop should be cooked."

Myles Penfold of Twisted



Chef John Archibald of the Wayfarer, Chef Aaron Bedard of the Stephanie Inn and Johanna Tovar.

Fish, participating in his fifth little twist on the dinner spe-Iron Chef competition, served cial and this is what I came up an appetizer of basil-mariwith," Penfold said. nated tenderloin on a hazelnut cracker with yellow-roasted tomato spread garnished

#### Upping their game

The Iron Chef event helps chefs up their game, Penfold said, by allowing them to see other chefs in action. "It helps you broaden your aspect on food."

"It gets us the positive exposure, getting your name out there for a great cause as well," Maggie's on the Prom owner Sadie Mercer added. "It's not often you get 600 people in one room, many of which never knew we existed. To be able to present our best and something great at that moment, it's a great opportunity."

Aaron Bedard of the Stephanie Inn Dining Room and Chef Josh Archibald of the Wayfarer, both of Cannon Beach, teamed up to present an all-natural free-range chicken appetizer.

"We've done a classic cured and confit method," Bedard said. "We cured it for a couple of hours, cooked it in duck fat until it's nice and tender, then we've topped it with locally foraged chanterelle mushrooms and a little bit of petite herbs dressed in Oregon olive oil and Jacobsen's sea salt as well."

"This is a really great event for us," Bedard said. "In our small community that's what it's all about. It's community coming together and helping each other and supporting each other. We're really happy to be a part of it, and to be part of our small community."

# Wing: 'I thought it would get better, but it never did'

#### **Continued from Page 1A**

Prosecutors believe all three children were tortured, burned, bitten and caged in the months before Evangelina's death. Copious blood spatter was discovered around the apartment. The discoveries have been described as one of the worst cases of child abuse in Clatsop County's

Roden was found guilty Monday of murder by abuse, manslaughter, criminal mistreatment and assault. He avoided more serious charges, including four counts of aggravated murder, for which he faced the death penalty.

Roden faces up to 35 years in prison. He will be sentenced later this month.

Wing, who has previously admitted culpability in what happened to her children, said she

had hoped that the stories Roden told her about her children's injuries under his

care were true. "I know I messed up," she said, at times approaching tears. "I know I didn't protect my kids the way I

"That's all I care about, is that they're safe now."

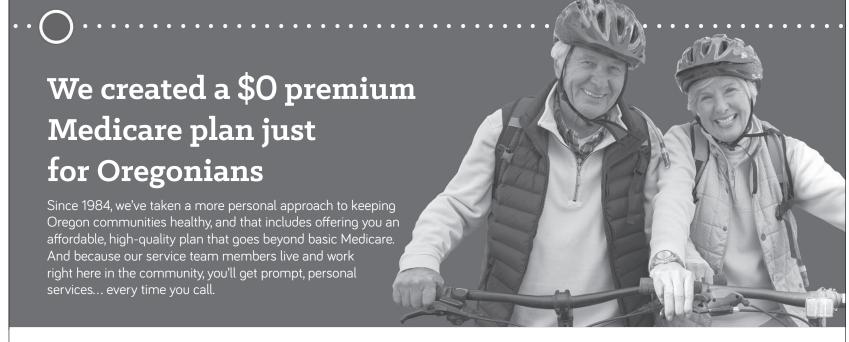
should have.

Circuit Court Judge Paula Brownhill admonished Wing for allowing the abuse of her children, before agreeing to sentence her to 190 months in prison.

"You saw all of it, and you just turned your head?" Brownhill asked Wing.

"I thought it would get better, but it never did," Wing said.

Prosecutor Dawn Buzzard and Wing's attorney, John Gutbezahl, both said the case is a cautionary tale for parents to be careful who they allow around their children.



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with goat cheese, hazelnuts

and balsamic and rainbow

during the steak special night

at the restaurant on Broadway

in Seaside. "I wanted to do a

The concept originated

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THE DAILY **ASTORIAN** 



Evening listings **WEDNESDAY** 

WEDN	ESDA	Y EVENING			A - Charter Asto	oria/ Seaside - L - Ch	arter Long Beach				N	IOVEMBER 2
Α	L	6 PM 6:30	7 PM	7:30	8 рм	8:30	9 рм	9:30	10 PM	10:30	11 PM	11:30
2) KATU	(2)	KATU News at 6	Jeopardy!	Wheel of Fortune	The 50th Annual C	MA Awards Celebrat	e the biggest artists i				KATU News at 11	(:35) Jimmy Kimm
KOMO		KOMO 4 News	Wheel of Fortune			MA Awards Celebrat					KOMO 4 News	(:35) Jimmy Kimm
KING		NBC Nightly News KING 5 News	KING 5 News	Evening	Blindspot (N)		Law & Order: S.V.l	J. "Bad Rap" (N)	Chicago P.D. "Skin	in the Game" (N)	KING 5 News	(:35) Tonight Shov
6 KOIN		KOIN Local 6 at 6 CBS Evening News		Ent. Tonight	Survivor: Millenni	als vs. Gen X (N)	C.Minds "The Anti-	Terrorism Squad" (N)	Code Black "Lands	lide" (N)	KOIN 6 News @ 11	(:35) S. Colbert
KIRO		KIRO 7 News CBS Evening News	The Insider	Ent. Tonight	Survivor: Millenni	als vs. Gen X (N)	C.Minds "The Anti-	Terrorism Squad" (N)	Code Black "Lands	lide" (N)	KIRO News	(:35) S. Colbert
8) KGW	<u>-</u>	KGW News at 6:00 p.m.	Live at 7					Law & Order: S.V.U. "Bad Rap" (N)		in the Game" (N)	KGW News at 11	(:35) Tonight Shov
(S) KRCW		Last Man Standing Last Man Standing			Arrow "Human Target" (N)		Frequency "Seven Three" (N)		KGW News at 10		Two and a Half	Met Your Mother
O KOPB		Journeys in Japan Nightly Business			Nature (N)						Medicine Woman	
12) KPTV		(5:00) MLB Baseball World Series Chicago	Cubs at Cleveland Inc		FOX 12's 8 O'Cloc		Family Feud	Family Feud	10 O'Clock News		11 O'Clock News	2 Broke Girls
13) KPDX		Mike & Molly Mike & Molly			FOX 12's 8 O'Cloc	k News on PDX-TV	FOX 12's 9 O'Clock			Family Guy	American Dad	Cleveland Show
KCPQ		(5:00) MLB Baseball World Series Chicago			Q13 News		Big Bang Theory	Big Bang Theory	Q13 News at 10		Q13 News	The Simpsons
20) TBS		Seinfeld Seinfeld			Big Bang Theory		Big Bang Theory	Big Bang Theory			Conan (N)	
KZJO		Two and a Half Two and a Half	Last Man Standng			Modern Family	Q13 News at 9			Big Bang Theory	Friends	Friends
ESPN		(5:00) NBA Basketball Chicago Bulls at Bo					ppers Site: Staples Center (L)		SportsCenter		SportsCenter	
OD ESPN2		(4:30) NCAA Football Toledo at Akron (L)		SportsCenter The d			SportsCenter			Jalen & Jacoby (N)		
31) NICK		Henry Danger Henry Danger	Henry Danger "Her				Full House		Full House		Friends	Friends
32 DISN		Girl Meets World Liv and Maddie	*** Princess Prof						The Lodge	K.C. Undercover	Liv Maddie Cali	Friends Wheneve
SAD FAM						<b>★★ Hitch</b> (2005, Co		Cevin James, Will Smit				
FMC		(5:55) *** Epic ("13) Voices of Josh Hutcherson, Colin Farrell. (45) ** Tron: Legacy (2010, Action) Garrett Hedlund, Olivia Wilde, Jeff Bridges. (55) FXM Presents   *** Life of Pi (2011) Life										
36) LIFE		Little Women: LA "Name Game" Little Women "High Stakes Friendship" Little Women "Playing with Fire" (N) Little Women: LA "Sail Away" (SF) (N) Little Women: Dallas (N)						Little W. "Everything's Bigger in Texas"				
ROOT		4:30) NPGL Fitness   Halls of Fame   NCAA Football Montana vs. Eastern Washing									UEFA Soccer Champions League	
39 FS1		Ultimate Fighter 24 "Animal Instincts"	Ultimate Fighter 24				Garbage Time (N) Fox Sports Live		Ultimate Fighter 24 "Round Two"		TUF Talk	Garbage Time
SPIKE		(3:00) Gladiator ★★ Now You See					Lip Sync Battle (N)		That Awkward Ga		Now You See Me (	
COM		(:25) <b>South Park</b> "Sexual Healing"		South Park	South Park	South Park	South Park	South Park	South Park		The Daily Show (N)	
35) HIST		Amer. Pickers "California Streaming"	A. Pickers "Legend		American Pickers		American Pickers:		A. Pickers "A Man'		(:05) Pickers "Trade	
13) A&E		The First 48 "Night Out/ One Gram"	The First 48		Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	Duck Dynasty	(:05) Duck Dynasty	
TLC		Say Yes-Dress Say Yes-Dress	Tots/Tiara "Here Co		ToddlerTiara "The		Tiaras "The Return		Little Miss ATL "Pa		Tots/Tiara "The Ret	
18 DISC		Alaska/Last "One Small Flush for Man" Alaska/Last "The Great			Alaska/Frontier "S					/Frontier "Killer Repairs" Alaska: T		
49) NGEO		Wild Spaces "Glacier National Park" Six Degrees/Change Investigate the dras							ing "Gathering Storm" (N) Years of Living "A Rac			
50) TNT		Bones "The Man in the Fallout Shelter"   Bones "The Woman at the Airport"				-Johnson, Bryan Cranston, Elizabeth Olsen. Carrie-Anne Moss, Laurence Fishburne, Kear				Future ('85) Michael J. Fox.  The Matrix Revolutions Keanu Reeves.		
MC AMC		(5:00) ★★★ The Matrix ('99) Laurence Fi				. , ,						
32) USA		Modern Family Modern Family		Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family		Modern Family
33) FOOD		Worst Cooks in America	Worst Cooks in Am	erica	Worst Cooks in Ar		Worst Cooks in An		Worst Bakers "The		Worst Bakers Ame	rica "Best In Show'
32) HGTV		Property Brothers Property Brothers								Property Brothers		
56) FX		5:00) Hancock (2008, Action) Will Smith. *** Captain America: The Winter								AHS: Roanoke "Chapter 8"		
77 CNN		Anderson Cooper 360 CNN Tonight With Don Lemon								CNN Tonight With Don Lemon		
B) FNC		Presidential Debate									On the Record	
CNBC		Jay Leno's Garage "American Muscle"	Leno Garage "Wolf				Jay Leno Garage "		Lives-Super Rich		Paid Program	Paid Program
BRAV					Don't Be Tardy		Don't Tardy 2/2	Don't Be Tardy	Don't Be Tardy (N)		WatchWhat (N)	Don't Be Tardy
<b>5</b> 49 TCM		(:15) Amer. Today (:45) The Plow That		The River	(:15) Night Mail	(:45) Native Land			, ,, , , , , , , , , , , , , , , , , , ,	th "Working for Chan	J ·	Olympic C.
33 SYFY	$\overline{}$	(5:30) ★★★ Blade: Trinity ('04, Thriller) J								(2012, Fantasy) Mich		
62) RFD	(162)	Cowboy TV Noble Outfitters	HS Rodeo Tour	<b>Equestrian Nation</b>	RW Horsemanship	Rural Eve. News	Racer's Edge	WesternSport	Cowboy TV	Noble Outfitters	Product Showcase	·

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