

**SPORTS IN BRIEF**  
**SOCCER**

**Warriors sweep past Clatskanie**

WARRENTON — A first-place showdown Thursday night at Warrenton?  
Could be, as the Lady Warriors will head into their volleyball match with Rainier with a 2-0 record, following another three-game sweep in league play Tuesday, 25-20, 25-16, 25-18 over Clatskanie.  
Oregon Episcopal is currently atop the Lewis & Clark League standings, with the Columbians and Warriors each a half-game back at 2-0.  
No. 13-ranked Warrenton had its attack working in Tuesday's win, as Landree Miethe pounded out 10 kills, with help from Michelle Arney (five kills), Claire Bussert (four kills) and Katelynn Blodgett (three kills).  
Bussert had a big all-around game, with 24 assists and 10 digs, while Miethe also finished with 10 digs.  
"Our hitters — Landree, Michelle and Katelynn — all did a good job on offense," said Warrenton coach Jim Hackwith. "And even Claire played really tough at the net. We also did a great job on defense."

**Gulls score 2-1 win at Molalla**

MOLALLA — Seaside improved to 3-1-1 Tuesday with a 2-1 win at Molalla.  
The No. 8-ranked Gulls open Cowapa League play Tuesday at home vs. Scappoose, while No. 7-ranked Molalla drops to 2-1-1 overall.

**VOLLEYBALL**

**Loggers topple Lions**

PORTLAND — Paris Vanderburg served up seven aces, and the Knappa volleyball team scorched City Christian in three games Tuesday, 25-13, 25-21, 25-15, to help the Loggers improve to 2-1 in the Northwest League standings.  
Knappa had 16 aces, as the Loggers "gave a solid performance tonight with strong serving and great coverage at the net," said Knappa coach Jeff Kaul. "The Lions challenged us with some tipping and short shots, so it was good to see our coverage working well tonight. Just about everyone got in on the action tonight and got some good hits in, with 22 kills."  
Kaitlyn Landwehr had a team-high seven kills, to go with four digs and four assists.  
Alisha Murphy added three aces and three digs, Mack Strain had four kills, and Vanderburg dished out six assists with four kills.  
Kaitlyn Truax was 8-for-8 serving, with five digs defensively.

**Gulls, Fishermen lose on opening night in Cowapa**

BEAVERTON — It was a rough opening night of Cowapa League play for the Astoria and Seaside volleyball teams Tuesday.  
While Valley Catholic was sweeping past Astoria, 25-13, 25-13, 25-15, Scappoose defeated Seaside in four games, 25-17, 25-23, 22-25, 25-18.  
"Scappoose came out strong tonight and played well," said Seaside coach Angie Huntsman. "Unforced errors on our part made it difficult for us to get and keep any momentum. We need to be more consistent from the service line in order to be competitive."  
Maddi Utti led Seaside with 20 kills.  
The Gulls host Astoria for a Clatsop Clash Thursday.  
"The Cowapa League is even stronger this year than it was last year, and every game is going to be a good one," Huntsman said.  
— *The Daily Astorian*

**Molalla has narrow escape at Broadway Field**

By GARY HENLEY  
*The Daily Astorian*

SEASIDE — Molalla came into Tuesday night's nonleague girls soccer game with a 3-0 record, with wins over Sisters (7-0), North Marion (6-0) and Stayton (6-0).  
The fifth-ranked Lady Indians met their match, however, at Broadway Field. They still dominated the shots on goal (35-to-4) and the time of possession — but that didn't mean much against an upset-minded team from Seaside.  
Molalla was ultimately able to escape with a 2-1 win, but the Lady Gulls threw a big scare into the visitors.  
Seaside found itself in a 1-1 tie with the Indians with less than 18 minutes remaining, while senior goalkeeper Kris-

tin Lent had Molalla frustrated on the offensive end, knocking down numerous shots on goal.  
It was the closest game of the season for Molalla, a Final Four team in 2015. The Indians had outscored their opponents 19-0 coming into the contest.  
Molalla also held an 18-to-1 shots on goal advantage in the first half, but only had one goal to show for it — a shot from 20 yards out by Sierra Cox, who dribbled the ball from right to left, then sent a left-footer into the right half of the net, past a diving Lent.  
Of Molalla's 18 shots on goal in the first half, only 10 were on frame, and Lent made saves on the other nine.  
The Gulls came out in the second half a little more active on the offensive end, with two shots on goal in the opening five minutes.

A three-on-one break for Seaside's Sydney Villegas was stopped by Molalla keeper Alicia Schultz, and Schultz made a save on another attempt by Lizzy Barnes.  
Seaside defenders Morgan Brown, Corrie Falleur, Danie Nolazco and Bryre Babbitt were busy most of the night chasing down Molalla forward Desirae DesRosiers.  
The small but quick senior held most of Molalla's time of possession by herself, but she was able to get off only a handful of shots on goal.  
Meanwhile, the Indians' Hannah Baughman missed the right post by just inches on a shot in the 56th minute, and an attempt by Kelsie Gobet moments later got past Lent, but was wide right of the net.  
The Gulls managed to

score the equalizer in the 62nd minute.  
Shortly after a throw-in by Audrey Kunde — on one of only a handful of Seaside possessions on the Molalla end of the field — Barnes centered a pass to Katie Zagata, who gained control of the ball and scored from close range to tie the game at 1-1.  
But, just over two minutes later, Cox gathered in a ball that was being kicked around in front of the Seaside net, and scored her second unassisted goal past Lent for the go-ahead score.  
The Gulls had no shots on goal in the final 15 minutes, while Lent made saves on four of Molalla's six attempts in the closing minutes.  
Seaside (0-3-1) opens Cowapa League play Tuesday at Scappoose (0-1-2).

**Russian hackers published athletes' medical data**

By GRAHAM DUNBAR  
*Associated Press*



GENEVA — Confidential medical data of gold medal-winning gymnast Simone Biles, seven-time Grand Slam champion Venus Williams and other female U.S. Olympians was hacked from a World Anti-Doping Agency

database and posted online Tuesday.  
WADA said the hackers were a "Russian cyber espionage group" called Fancy Bears.  
They revealed records of "Therapeutic Use Exemptions" (TUEs), which allow athletes to use otherwise-banned substances because of a verified medical need.



Williams, who won a silver medal in mixed doubles at the Rio Olympics last month, issued a statement via her agent in which she said she was granted TUEs "when serious medical conditions have occurred," and those exemptions were "reviewed by an anonymous, independent group of doctors, and

approved for legitimate medical reasons."  
Williams revealed in 2011 she had been diagnosed with Sjogren's syndrome, an energy-sapping disease.  
"I was disappointed to learn today that my private, medical data has been compromised by hackers and published without my permission," Williams said.

**Consult a Professional**

  
**Stefanie Cao**  
Medicare Market Manager  
  
www.careoregonadvantage.org

**Q: What is an Annual Notice of Change?**  
**A:** Your Medicare plan's premium, benefits and copays can change every January 1. So in September, your health plan mails you an Annual Notice of Change. Read it carefully. It compares, side-by-side, your plan's current benefits and next year's benefits. The notice can help you decide if you want to keep your plan for 2017 or consider alternatives. If you have questions, call your health plan or the agent who helped you enroll.

  
**JEFFREY M. LEINASSAR**  
DMD, FAGD  
  
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**Q: I was recently diagnosed with diabetes. Are there any dental problems that are associated with this disease?**  
**A:** Diabetic patients are at a higher risk for dental problems and gum disease. These patients must adhere to a very closely monitored blood sugar level, follow the recommendations and prescriptions from their physician, AND take exquisite oral hygiene care of their teeth and gums. This is not the time to be lackadaisical. You must be on top of your game!!!!

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**Q: Are the local salmon eggs edible?**  
**A:** Yes! Columbia River Salmon roe is a highly sought after food source. It is highly nutritious and flavorful. Our biggest salmon roe customers are from the Russian community who drive many miles to purchase these eggs. There is some preparation involved, but there are many recipes online. My favorite is at Taste of Oregon.com. We are very lucky to have this affordable delicacy readily available in our own town. Fall is the best time for salmon eggs, so if you have not tried them stop by. Most of the salmon come in on weekdays and the eggs are usually sold out by Saturday.

  
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**Q: Why is Astoria Sunday Market running later in the year?**  
**A:** About seven years ago, the Market decided to extend its season to close on the same day as the Great Columbia Crossing. Most years this lands on the 2nd Sunday in October. This year, the Crossing is taking place a week later than usual so we decided to extend one more week to ensure a festive-looking town for the 2000+ participants! Our last day is October 16 this season.


  
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**Q: Will I have to assemble my furniture when it is delivered?**  
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**Q: I want to purchase a computer and software for this school year.**  
**A:** Wait until your educational institution provides you with your email address ending in ".edu" That enables you to purchase products at BIG discounts. For example, Microsoft Office Professional retails for \$499.99, but only costs \$29.99 if you have an ".edu" email address (this is not a typo). Savings, though smaller, extend to laptop and desktop computers as well. If you have a child in school, you can use their ".edu" address.

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**Q: What happens in a whiplash injury?**  
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**BRANDY STEWART**  
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**Q: Does The Daily Astorian have a Seaside office?**  
**A:** Yes it does, located at 1555 N. Roosevelt Dr. on Highway 101, between Stop 'N Go and the Human Bean. Office hours are 8-5 p.m. Monday-Friday. We are here to help with any of your Daily Astorian, Coast Weekend, and Chinook Observer, Seaside Signal, Cannon Beach Gazette and Coast River Business Journal needs.  
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