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Coaches Cain, Fastabend swap soccer teams

By GARY HENLEY The Daily Astorian

A pair of soccer coaches recently swapped teams at Astoria High School.

Lee Cain will take over the head coaching duties for Fishermen boys' varsity soccer, while Tim Fastabend will leave his job as the boys' coach to become head coach of the Lady Fisher-

men girls' soccer team.

Both have been active in Astoria High and area youth soccer for years.

Fastabend replaced Bill Patterson as the boys coach following the 2014 season, and led Astoria to a 4-9 record last year, 4-4 in league play and a 5-1 Regional Play-in loss at Ontario to end the season.

Cain was the Astoria girls'

junior varsity coach in 2015, and assisted Sarah von Colditz with the varsity. The Astoria girls were 2-12 overall.

A youth soccer coach since the summer of 2000, Fastabend has served as a volunteer high school coach for both the Astoria boys and girls since fall 2011.

He also served as the Lower Columbia Youth Soccer Association president from 201014, and works with the Astoria Marine Construction Co.

Cain teaches Integrated Science, Fisheries Biology, Marine Biology and Fisheries Technology at Astoria High School, and becomes only the fifth coach over the last 25 years for the Astoria boys, who were previously coached by Max Bigby, Jerry Boisvert, Bill Patterson and Fastabend.

From 1991 to 1998, the Fishermen were in the district playoffs seven of the eight years, made the state playoffs four times, advanced to the quarterfinals twice and played in the semifinals in 1995.

Bigby's overall record was 77 wins, 47 losses, 12 ties.

From 1999 to 2006, Boisvert had a career record of 80-35-15. Patterson took over in 2007, ran



Tim

Fastabend

Cain

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the program for eight years, and stepped down with a mark of

77-36-9. Cain will be the third coach in three years for Astoria boys' varsity soccer.

THE DAILY ASTORIAN



Evening listings FRIDAY-SUNDAY

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A KAT	L	ENING 6 PM KATU News at 6	6:30	7 PM Jeopardy!	7:30 Wheel of Fortune	8 рм	ria/ Seaside - L - Cha	rter Long Beach 9 PM What Would You D	9:30	10 рм 20/20	10:30	11 PM KATU News at 11	AUGUST 5 11:30
B KOM	MO <u>4</u> G <u>5</u>	KOMO 4 News NBC Nightly News KOIN 6 News at 6	KING 5 News	Wheel of Fortune KING 5 News	Jeopardy! Rio 2016 Summer O	Shark Tank lympics "Opening C		What Would You Dening	Oo? Ceremony of the Sum	20/20		KOMO 4 News KOIN 6 News @ 11	(:35) Jimmy Kimme
RIRC KGW	0 <u>7</u> N -	KIRO 7 News KGW News at 6:00	CBS Evening News p.m.	The Insider Live at 7	Ent. Tonight Rio 2016 Summer O	NCIS: Los Angeles lympics "Opening C	"Head of the Snake" Ceremony" Coverage of	Hawaii Five-0 the official Opening	Ceremony of the Sum	Blue Bloods "Help I mer Olympics in Rio	Me Help You" de Janeiro.	KIRO News	(:35) S. Colbert
KRC KOP	PB 10	Seinfeld Expeditions 6 O'Clock News	Business (N)	Modern Family PBS NewsHour Family Feud		Wash. Week (N)	Masters of Illusion Hollywood Idols /eakest Links/ Sweet Su	Great British Bakir	g "Chocolate" (N)	KGW News at 10 Breakfast Special 10 O'Clock News	(:35) Two 1/2 Men	The Tunnel 11 O'Clock News	•
KPD KCP	Q (13)	Mike & Molly Name Game Seinfeld				MasterChef "The W	News on PDX-TV Veakest Links/ Sweet Sulackie Chan			Bones Q13 News at 10 Big Bang Theory	Big Bang Theory	Bones "The Doctor Most Wanted Big Bang Theory	in the Photo" Modern Family Big Bang Theory
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30 ESPI 31 NICH 32 DISN	K 31		Henry Danger		The Thundermans			NFL Live Full House Girl Meets W. 2/2	Full House	Super Bowl XXXI Full House Walk the Prank	Jalen & Jacoby (N) Full House Walk the Prank	Friends LEGO Freemaker	Super Bowl XLI H Friends K.C. Undercover
34 FAM 35 FMC 36 LIFE	35	(5:00) ★★ Charlie an (5:00) The Social Net The Rap Game "Rep	twork	(:20) ★★★ The Soci	(:45) ★★★ Batman B al Network (2010, Bio da vs. Team Dianna"	graphy) Rooney Mar		leeson, Christian Ba Bring It! "Compton	(:40) FXM Presents	★★★ Red Tails (20 The Rap Game "Fre	12, Action) Terrence F	The 700 Club Howard, Nate Parker, The Rap Game "Fre	
38 ROO 39 FS1	OT <u>38</u>	Griffey HOF Speak for Yourself	MarinersPre-game	MLB Baseball Los A NHRA Drag Racing	ngeles Angels of Anah Northwest Nationals	eim at Seattle Marin Fox Sports Live	ers Site: Safeco Field TMZ Sports (N)	Seattle, Wash. (L) Speak for Yourself		Post-game Fox Sports Live	MLB Baseball L.A. A Best I Heard (N)	Angels vs Seattle Fox Sports Live	TMZ Sports
43 SPIK 44 COM 45 HIST	M <u>44</u> T <u>45</u>	(:15) Futurama Aliens "Aliens and S		Cops (:20) Futurama Ancient Aliens "Hid	(:50) ★★ Shallow Ha Iden Pyramids"	Ancient Aliens	ck Black, Jason Alexand	Ancient Aliens		Ancient Aliens	Cops ★★ Shallow Hal ('0	Cops 01, Comedy) Jack Blad (:05) Ancient Aliens	
46 A&E 47 TLC 48 DISC	47	The First 48 "Birthd Scorned: Love Kills Alaskan Bush Peop	"Mischief of Staff"	To Be Announced Scorned: Love Kills Alaskan Bush Peop		★★★ Saving Priva Killer Women "Sex Alaskan Bush Peop		latt Damon, Edward Bush People "The V		Women in Prison (I Alaskan Bush Peop		Killer Women "Sex Bush People "The V	
49 NGE 50 TNT 51 AMC	50	The '90s "The Count Supernatural "The E (4:30) Jaws 3 ('83)	End"	Primal Survivor "K Bones "The Girl in S			ropics" (N) er (2009, Comedy) Brac	Wicked Tuna "Back lley Cooper, Zach Ga	lifianakis, Ed Helms.		ed Waters" Caribbean: On Stran Gary, Murray Hamilto		
52 USA 53 FOO)D 53	Law & Order: S.V.U Diners, Drive-Ins	. "Stolen" Diners, Drive-Ins	Modern Family Diners, Drive-Ins	Modern Family Diners, Drive-Ins	Modern Family Diners, Drive-Ins	Diners, Drive-Ins		Modern Family Diners, Drive-Ins	Modern Family Diners, Drive-Ins	Modern Family Diners, Drive-Ins	Modern Family Diners, Drive-Ins	Modern Family Diners, Drive-Ins
54 HGT 56 FX 57 CNN	(56)	Caribbean Life (5:30) ★★★ 21 Jump CNN Tonight With I	Street (2012, Action	Caribbean Life) Channing Tatum, Id M. Spurlock Inside	e Cube, Jonah Hill.	Love It or List It ★★★★ Captain An Anthony Bourdain	nerica: The First Aver	Love It or List It nger (2011, Action) Anthony Bourdain	Hugo Weaving, Hayley		"Game Changers"	House Hunters Green Lantern ('11 Anthony Bourdain	
(53) FNC (61) CNB (63) BRA	BC (61)	The Kelly File With Amer. Greed "Light The Real Housewive	s! Camera! Fraud!"	Hannity American Greed "1		The O'Reilly Factor American Greed: S by Field Pierce Brosn	cam	The Kelly File With American Greed "1 Real Melbourne "8		Hannity Greed "\$udden Dea ★★★ Mrs. Doubtfi		On the Record Paid Program	Paid Program
64 TCM 65 SYF	1 64 Y 65	(5:00) On the Waterf (5:00) Sharknado ('13	front 3, Horror) Tara Reid.	★★★ A Streetcar I ★★ Sharknado 2:	Named Desire ('51) M The Second One ('14,	arlon Brando, Karl M Hor) Tara Reid, Vivic	lalden, Vivien Leigh. a A. Fox, Ian Ziering.	(:15) ★★ All Fall Do Killjoys "I Love Lucy	wn ('62, Dra) Eva Mar /" (N)	ie Saint, Angela Lans Dark Matter (N)	bury, Warren Beatty.	(:15) Baby Doll ('56, Killjoys "I Love Lucy	Drama) Karl Malder
	RDAY	Country Reporter EVENING		Joey Canyon	Roping and Riding	A - Charter Astor	ria/ Seaside - L - Cha			Country Reporter		Time Life Library	AUGUST (
A KAT		6 PM KATU News at 6 KOMO 4 News		7 PM Jeopardy! Wheel of Fortune	7:30 Wheel of Fortune Jeopardy!	8 PM Last Man Standing Last Man Standing			9:30 edy in Tornado Alley" edy in Tornado Alley"		10:30	11 PM KATU News at 11 KOMO 4 News	11:30 (:35) Castle (:35) Castle
6 KOII	G 5 N -	NBC Nightly News KOIN Local 6 at 6	KING 5 News Weekend News	Entertainment Ton	The Olympic Zone ight Weekend	Rio 2016 Summer (Rush Hour (N)	Olympics Gymnastics (M) Team Competition Criminal Minds: Be	on, Swimming (M & W yond Borders			KOIN 6 News @ 11	(:35) Up Late NW
8 KGW	N - CW 3	NBC Nightly News Elementary "A Land	Straight Talk Imark Story"	Start It Seattle KGW News Elementary "Risk N	lanagement"	Rio 2016 Summer (Bones "The Man in	Olympics Gymnastics (the Outhouse"	Bones "The Putter in	on, Swimming (M & W) n the Rough"	Beach Volleyball (W KGW News at 10) U.S. vs. Australia (:35) Person of Inter		(:35) Scandal
(10) KOP (12) KPT (13) KPD	V 12	British Baking "Alte ★★ Charlie's Angel Mike & Molly			Cameron Diaz.	Globe Trekker "Bui Wayward Pines Rizzoli & Isles	1	Doc Martin "The Ta Wayward Pines "Ex The Good Wife "Hi	kit Strategy"	Doctor Blake "A Ni 10 O'Clock News The Good Wife "Th		Masterpiece Myste Home Free "Boulev West Coast Wrestl	ard of Skill vs. Will"
20 TBS	20	Just for Laughs	Just for Laughs 2 Broke Girls		Modern Family 2/2 Big Bang Theory	Wayward Pines	Big Bang Theory	Wayward Pines "Ex	kit Strategy"	Q13 News at 10 Big Bang Theory	Seahawks	Home Free "Bouley Full Frontal Loves Ray	
29 ESPI	N 29 N2 30	(4:00) HallofFame En Soccer International	nshrine. (L) Champions Cup	SportsCenter		SportsCenter Pro Football Hall o	f Fame Enshrinement	SportsCenter Ceremony (N)		SportsCenter	•	SportsCenter SportsCenter Spec	ial
31 NICH 32 DISN 34 FAM	N 32	Henry Danger K.C. Underc. "Coope ★★ The Fast and the		K.C. Undercover	K.C. Undercover	Walk the Prank	To Be Announced Walk the Prank (:45) ★★ 2 Fast 2 Fur	Walk the Prank	Walk the Prank Tyrese Gibson, Eva Me	Lab Rats: Elite endes, Paul Walker.		(:15) The Fast & the	
(35) FMC (36) LIFE (38) ROO	36	(5:55) ★★ Despicabl 16 and Missing (20° (5:00) Pre-game	15, Thriller) David Star	yk, Greg Evigan, Ash		Sorority Nightmare	010, Action) Angelina Jo e (2016, Thriller) Cassio Seattle, Wash, (L)			★ The Cheerleader	oney Never Sleeps (Murders ('16) Aman "Ken Griffey Jr. HOF	da Leighton, Samant	
39 FS1 43 SPIK 44 COM	KE (43)	(5:00) UFC Fight Nigl	ht (L) Cops	UFC Fight Night Fe Cops	aturing UFC match-ups	. Yair Rodriguez vs. <i>I</i> Cops	Alex Caceres (L) Cops	Jail: Big Texas	Cops	Postshow "Rodrigue Cops		NHRA Drag Racing Cops	Northwest National
45 HIST 46 A&E	T 45 E 46	American Pickers " First 48 "Left to Burn	Pick or Treat" n/ Trigger Happy"	Amer. Pickers "For First 48 "Killer Debt	a Few Dollars More" / House of Rage"	American Pickers The First 48: Drugs	Kill "Dropped Call"	American Pickers The First 48: Shoot		American Pickers " First 48: Shoot "Blo	Let's Be Frank" ood on Bourbon" (N)	(:05) American Rest (:05) The First 48: B	ad Blood
47 TLC 48 DISC 49 NGE	C 48	48 Hours: Evidence Deadliest Catch Drugged "High on N	Ĭ	48 Hours "Ambushe Deadliest Catch Southern Justice "		48 Hours Mystery ' Deadliest Catch Southern Justice "I			he Widowmaker" (N)	48 Hours "Dangero Deadliest Catch Alaska Troopers "N	•	48 Hours "Who Kill Deadliest Catch Alaska State Troop	•
50 TNT 51 AMC 52 USA	C (51)	(5:30) ★★ Now You ★★ Happy Gilmore Law & Order: S.V.U	('96, Com) Christoph		owen, Adam Sandler.		atsby (2013, Drama) Co . Aliens ('09) Voices of J. "Storm"		Witherspoon.		(1997, Sci-Fi) Tommy J. "Infected"		
53 F00 54 HGT 55 FX	DD 53 TV 54	Diners, Drive-Ins	Diners, Drive-Ins Flip or Flop	Chopped "Iron Che Flip or Flop	fs Do Battle" Flip or Flop	Chopped "Prime Tir Property Brothers	ne vs. Day Time"	Chopped Beachfront Reno (1		Chopped: All Stars House Hunters Ren	"Judge Remix" novation (N)	Chopped: All Stars House Hunters	
57 CNN 58 FNC	N 57	Anthony Bourdain Justice With Judge	"The Greek Islands" Jeanine	Anthony Bourdain The Greg Gutfeld S	"Spain"	Anthony Bourdain Hannity	"Korea"	A. Bourdain "Los A Justice With Judge	ngeles (Koreatown)" Jeanine	Anthony Bourdain The Greg Gutfeld S	"Russia" Show	Anthony Bourdain Fox News Sunday	"Quebec"
63 BRA 64 TCM	V 63	Undercover Boss "N (2:45) Rio 2016 Tenn (5:00) ★★★★ Red Ri	is (L)	Undercover Boss " The Real Housewiv , Walter Brennan.	es	Under Boss "The Til The Real Housewiv he Sun ('51) Elizabet		Undercover Boss " The Real Housewiv Clift.	res "Boogie Fights"	Undercover Boss " Shahs of Sunset "R ere to Eternity (195		Paid Program Shahs of Sunset "F Clift, Deborah Kerr, B	
65 SYFY 162 RFD	162	(5:00) Sharknado: Th Cumberland High.			Sci-Fi) Leslie Easterbroo ty		e Guttenberg. ner "Darrell McCall"	2 Lava 2 Lantula! (C. Reunion "Marty		Hee Haw		2 Lava 2 Lantula! (Time Life Library	2016, Horror)
A KAT	L	VENING 6 PM KATU News at 6	6:30	7 PM America's Funniest	7:30	A - Charter Astor 8 PM Celebrity Family Fe	ria/ Seaside - L - Cha	rter Long Beach 9 PM The \$100,000 Pyra	9:30	10 PM Match Game	10:30	11 PM KATU News at 11	AUGUST 7
KOM KING	MO <u>4</u> G <u>5</u>	KOMO 4 News NBC Nightly News KOIN Local 6 at 6	KING 5 News	America's Funniest Rio 2016 Summer	: Home Videos Olympics Diving (W) S	Celebrity Family Fe pringboard Synchron	eud nized Final, Gymnastics	The \$100,000 Pyra (W) Team Competiti	mid on, Swimming (M & W	Match Game		KOMO 4 News	(:35) Full Measure
E KIRO	0 <u>7</u> N -	KIRO 7 News NBC Nightly News	KGW News Special		Olympics Diving (W) S		ized Final, Gymnastics		"On the Clock" on, Swimming (M & W			KOIN 6 News @ 11 KIRO 7 News	KIRO 7 News
(1) KOP	PB 10	Seinfeld Oregon Art Beat Rules of Engage.	Outdoor Idaho		Modern Family 2/2 at the Maharanee's" Bob's Burgers	Dancing on the Ed	ge (N)		Two and a Half ery! "Inspector Lewis: Last Man on Earth	One for Sorrow" (N)		(:05) The Middle	(:35) JustLaughs Film School Short Loves Ray
KPD KCP TBS	Q 13		Two and a Half	Big Bang Theory The Simpsons	Bob's Burgers			Blue Bloods "Above Family Guy	Last Man on Earth	Blue Bloods "Exiles Q13 News at 10	Q It Up Sports	Sports Final Q13 News '06, Com) Jennifer Ar	In Depth Person of Interes
RZJO 29 ESPI	0 <u>22</u> N <u>29</u>	Name Game (5:00) NFL Football	Just for Laughs Hall of Fame Game Ind	Big Bang Theory lianapolis Colts vs. G	Big Bang Theory reen Bay Packers (L)	Big Bang Theory SportsCenter The d	Big Bang Theory ay's news in the world	Q13 News at 9 of sports.	Q It Up Sports SportsCenter The da	ay's news in the world	Met Your Mother of sports.	Friends SportsCenter	Friends
(31) NICH	K 31 N 32	Stuck in Middle	To Be Announced K.C. Undercover	Game Shakers K.C. Undercover	To Be Announced K.C. Undercover	K.C. Underc. "Tight	rope of Doom" (N)	Full House Bizaardvark (N)	Full House Stuck in Middle	Full House Bunk'd	Take Time Machine" Full House K.C. Undercover "T	Friends	Friends Bizaardvark
64 FAM65 FMC66 LIFE	35		(:50) ★★ Flight (201)	2, Drama) Nadine Vel	n Brendel, Zachery Ty B azquez, Carter Cabassa 2 (2016, Thriller) Cassio	a, Denzel Washingtor				★★ Knight and Da	y (2010, Action) Tom	Cruise, Cameron Diaz	
(38) ROO (39) FS1	OT <u>38</u>	Ship Shape TV (N) (4:00) MLS Soccer	Red Bull Air Race "	Chiba, Japan" (N)	ngeles Galaxy (L)		ngeles Angels of Anah MLS Post-game	eim at Seattle Marin Victory Lane (N)	ers Site: Safeco Field - NHRA Drag Racing	- Seattle, Wash.	Site: Pacific Raceways	Post-game	LFL-US Football
43 SPIK 44 CON 45 HIST	M <u>44</u> T <u>45</u>	American Pickers "	(:35) South Park Big Moe"	(:10) South Park Amer. Pickers "Wh	(:40) South Park at's Inside the Vault"	(:15) South Park American Pickers "	(:50) South Park 'Picker's Code"	Bar Rescue (N) (:20) South Park American Pickers	(:55) South Park "Cro	ème Fraiche" Ozzy and Jack's Wo	(:25) South Park orld Detour (N)	South Park (:05) Ozzy and Jack'	South Park 's World Detour
46 A&E 47 TLC 48 DISC	(47) C (48)	To Be Announced Return to Amish "D Naked&Afraid XL "	Lions at the Gate"	Intervention "Robe Return to Amish "Y Naked and Afraid X	ou Lie!" KL "Man on Fire"	Intervention: Then F. Kiss "Kiss First, A Naked and Afraid)	sk Questions Later!" XL "Human Prey"	I ntervention "Britta Return to Amish "I Naked & Afr. "Too	Breaking Dad" (N) Many Chiefs" (N)	Escaping Polygamy American Gypsy W Naked and Afraid	edd (N) XL (N)	The First 48 "Hit Li: (:05) Return to Ami: Naked and Afraid	sh "Breaking Dad" "Too Many Chiefs"
49 NGE 50 TNT 61 AMC	EO <u>49</u> 50		Legend of Mick 9, Action) Amanda Pe	Legend of Mick	Legend of Mick John Cusack.	Original Sin: Sex "S The Walking Dead	Sex Scandals" (N)	Original Sin "Sex in The Last Ship "Sea The Walking Dead	Advertising" (N) Change"	Sex for Sale "Amer Murder in the First The Walking Dead	ican Éscort" : "Sam I Am"	Original Sin: Sex " The Last Ship "Sea The Walking Dead	Sex in Advertising" Change"
USAFOO	DD <u>53</u>	Law & Order: S.V.U Food Star "A New F	. "Blast" ood Network Star"	Law & Order: S.V.L Guy's Game "DDD	I. "Taboo" Returns To Ggg!"	Law & Order: S.V.U Guy's Game "Chees	J. "Manipulated" sy Special" (N)	Law & Order: S.V.L Chopped "Fried Chi	J. "Venom" cken Time" (N)	Motive "Interference Cooks vs. Co "Chick	e" (N) ken Wingin' It!" (N)	Law & Order: S.V.l Cooks vs. Cons "Ca	J. "Gone" andy Clash"
(54) HGT (55) FX (57) CNN	<u>56</u> I <u>57</u>	(5:30) ★★★ Thor: The Hunt "Wolf in S	ne Dark World ('13) (heep's Clothing"	hris Hemsworth, Nat Declass . "Cuba: Tra	alie Portman. itor on the Inside"	CNN Special Repor	Down (2013, Action) Ja t	mie Foxx, Maggie G The Hunt "Wolf in S	yllenhaal, Channing Ta Sheep's Clothing"	ntum. Declass. "Cuba: Tra		White House Down The Hunt John Wa	
(58) FNC (61) CNB (63) BRA	BC (61)	The Kelly File With Undercover Boss "F (2:45) Rio 2016 Tenn	Family Dollar"	The Greg Gutfeld S Under Boss "Armar Wives NJ "Jingle Be	ndo Montelongo"	Legends & Lies Undercover Boss Wives NJ "A Very H		Hannity Under Boss "MGM Wives NJ "Leopard	Grand Las Vegas"	The Kelly File With Boss "University of Housewives/NewJe	California, Riverside"	Fox News Sunday Paid Program WatchWhat (N)	Paid Program Real Housewives
64 TCM 65 SYF	1 64 Y 65	(5:00) Red Dust (4:00) Doom ('05)	★★★ Bombshell (1) ★★ Pitch Black (20)	933, Romance) Lee T 00, Thriller) Cole Hau	racy, Jean Harlow. ser, Vin Diesel.		tary (1936, Romance)	Myrna Loy, Jean Har ★★★ The Chronicl	low, Clark Gable. es of Riddick (2004, 1	★★ Reckless (1935 Sci-Fi) Judi Dench, Co	, Romance) William Polim Feore, Vin Diesel.	owell, Jean Harlow.	Movie Doom (2005, Sci-Fi
162) RFD	162	Marty Stuart Show	July + Kory Show	or wacninery	vvoinen s Kodeo	NA rarm Wonitor	America Heart.	Gentle Giants	Tractor Pulling	Classic Tractor Fev	er "Fantastic Fords"	THINE LITE LIBRARY	



