

## OSU Extension Service expands



Joyce Senior, SNAP Education Program coordinator, passes out recipes after teaching a group a healthy smoothie recipe Tuesday at the Bob Chisholm Community Center in Seaside.

Danny Miller/The Daily Astorian

## New agents extend expertise locally in fishing, forestry, more

By EDWARD STRATTON  
The Daily Astorian

Surrounded by a lunchtime group, Joyce Senior blended together a simple fruit smoothie with bananas, strawberries, yogurt and orange juice, handing out samples, recipes, seasonal food guides and nutritional advice Tuesday.

Senior, an extension agent for Oregon State University, is tasked with helping educate the more than 20 percent of Clatsop County residents who use the Supplemental Nutrition Assistance Program, known as food stamps, how to eat well on a budget.

She is one of several Extension Service agents in the county serving as a conduit between rural communities and the university.

Local Extension Service agents oversee the popular 4-H youth and Master Gardener programs, along with child care referrals and education about coastal hazards from tsunamis and earthquakes. In recent months, the university has added Senior and two other agents working with forestry and fishing, the county's two largest industries.

Patrick Corcoran, an extension agent with the Oregon Sea Grant working on coastal hazards, described the program as an extension cord extending the reach of the university's research. Oregon State is one of 73 land-grant universities in the U.S., providing research, education and the extension of its expertise into rural communities.

"Our thing is rural areas," Corcoran said. "We bring a little bit of the university's oomph



Courtesy of Oregon State University

Oregon State University Extension Service forestry and natural resources agent Valerie Grant measures a tree's diameter in the woods near Astoria. Grant provides forestry educational programs in Clatsop, Tillamook and Lincoln counties.

to the rural" environment, while assessing the needs of rural residents.

### Eating on a budget

Senior meets the community at senior centers, farmers markets and other places where food and people mingle, sharing resources on how to find local produce, and recipes for cooking at home.

"I really, truly believe that every human being has the right to have a healthy meal every day," she said.

Originally from Costa Rica, Senior has a bachelor's in nutrition from Costa Rica University, a Ph.D. in food technology from Clemson University and speaks English and Spanish.

She started in March, replacing Kristin Frost Albrecht as the federally funded outreach coordinator for the university, which has the contract to share healthy habits with peo-

ple using the supplemental nutrition program. More than half of families in the county are eligible for the supplemental nutrition program and free and reduced-price lunches based on income.

Senior said she is still learning the community and is building relationships with the Community Health Advocacy & Resource Team, North Coast Food Web and similar groups, trying not to duplicate efforts. Find her Thursdays at the River People Farmers Market in Astoria.

### Forest knowledge

Valerie Grant grew up in the forests of Humboldt County, California. Her family has worked for three generations as timber fallers, log truck drivers and heavy equipment operators.

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## 'Our thing is rural areas. We bring a little bit of the university's oomph to the rural.'

Patrick Corcoran

extension agent with the Oregon Sea Grant working on coast hazards

## Inn seeks space to create marina village

Port begins talks on Chinook Building, Seafare restaurant

By EDWARD STRATTON  
The Daily Astorian

The Port of Astoria Commission on Tuesday voted to enter negotiations with Astoria Riverwalk Inn operators William Orr and Chester Trabucco on leasing the adjacent Chinook Building.

Commissioners John Raichl, James Campbell and Robert Mushen were supportive of the project. Orr's brother-in-law, Commissioner Stephen Fulton, recused himself because of the conflict of interest. Commissioner Bill Hunsinger, calling in from Alaska, abstained from the vote but came out in opposition to the proposal, accusing the Port's administration of diverging from the agency's previous direction and trying to postpone a decision.

The proposal would have the Port lease the Chinook Building to Marina Village LLC, for \$6,000 a month. The company would take over the leases and maintenance. Staff estimates the Port makes \$4,200 a month on leases in the building, which include seafood market Northwest Wild Products, the Astoria Yacht Club and professional office space.

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## Ditching design review

In Oysterville, residents torn as county swaps board with examiner

By DAVID PLECHL  
EO Media Group

SOUTH BEND, Wash. — Like its boomtown past, Oysterville's Design Review Board is now history.

With the thunk of a gavel, Pacific County commissioners Frank Wolfe and Steve Rogers voted to end the board's 40-year reign as arbiter of all things Oysterville during a public meeting Monday in South Bend. Commissioner Lisa Ayers was not present.

"It seems to me there's different interpretations of what we're trying to do here," Wolfe said. "The county has realized that we need to go in a different direction."

From now on, Oysterville residents who want to build or modify existing buildings will need to seek approval from a hearings examiner.

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## Risking death for the perfect photo

The dangers of going too far to capture a memory

By ZACH URNESS  
Statesman Journal

PACIFIC CITY — The picture is breathtaking.

A future bride and groom stand on a rock shaped like a pedestal above the Pacific Ocean. Her dress flows in the wind, he holds her close, and the blue expanse of the Oregon Coast spreads out behind them.

It's the perfect engagement

photograph. And it's become one of the most sought-after images by professional, amateur and iPhone-wielding photographers, many of whom visit after discovering the picture on social media websites such as Instagram.

Just one problem. The "Pedestal Rock" is on a notorious sandstone bluff at Cape Kiwanda State Natural Area, which is fenced off and bordered by signs warning people not to go there.

Seven people have died in the area since 2009. Six fatal falls have taken place during the past two years. Rescue efforts by the local fire district and U.S. Coast Guard cost upward of \$21,000 per

hour, often topping out near \$106,000.

Yet people continue to flood past the fence and signs. Adults, teenagers, grandparents, photographers and even parents with small children disregard the warnings.

"We're not seeing much confusion about what the current signs and fence mean," said Chris Havel, spokesman for the Oregon Parks and Recreation Department. "Even people who are aware of the deaths walk right past the fence and signs into that area. They appear confident that what happened to other people won't happen to them."

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Zach Urness/Statesman-Journal via AP

Visitors walk past the fence guarding the bluffs at Cape Kiwanda State Natural Area in Cloverdale. Everyone from photographers to families ignore warnings in order to get the perfect photo at the Oregon Coast's deadliest cape, where six people have died in the last 18 months.

