



**Fresh Foods Cannon Beach employees watch the ribbon-cutting.**

Lyra Fontaine  
The Daily Astorian

## Store: It has about 25 employees

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grocery store she can walk or bike to, instead of driving to Seaside for groceries.

"It's fantastic," she said.

Shopper Andrea Congdon, visiting from Redmond, Washington, with her family, has many food sensitivities and was "very happy" to see a store offering gluten-and dairy-free products.

"We've been coming to Cannon Beach for years," she said. "This has all the food we like to eat."

The 10,000-square-foot building — which cost about \$4 million, co-owner James Welsh said, has high ceilings, ample natural light

from windows and interior and exterior wood.

Produce, dairy, meat, frozen and dry foods, health and beauty products and a large wine and beer selection filled the aisles. The market serves Sleepy Monk coffee at its corner coffee shop. Hot sandwiches and soups are coming soon.

The store has about 25 employees. The store's compensation package made finding qualified workers less difficult than expected, Jon Welsh said, though some turned down the job due to having a difficult time finding housing.

Welsh said it was "a relief" to be open and they

will keep refining the store and tailoring products.

"The chamber did a great job in analyzing the market," Welsh said, adding that the owners also applied what they learned from opening Manzanita Fresh Foods store years ago. "We're glad the reception from the city has been overwhelmingly positive."

After the ribbon-cutting, the chamber presented the store with a welcome plaque.

"Fresh Foods will be a wonderful addition to Cannon Beach," chamber Executive Director Court Carrier said. "It is amazing to see this come to fruition."

## Miss Oregon festivities begin



Jeff Ter Har/For The Daily Astorian

**Winners of the Miss Oregon Scholarship Pageant preliminary competitions Wednesday pose with Miss Oregon Ali Wallace, second from left. Taking first in the talent competition is Miss Portland Alexis Mather, left, second is Miss Rogue Valley Hannah Pearcey and, on the right, Omega Swimsuit winner, Miss Southern Gem Katie Noyed. The crowning of Miss Oregon 2016 is Saturday night at the Seaside Civic and Convention Center. More photos at www.dailyastorian.com**

## Brown: 'I learn every day from my kids and their parents and my staff'

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her role working alongside families as they wrestle with various issues and challenges and successfully come out the other side.

It is evident the time has come for retirement, she laughed, "When you get sentimental about things like that."

According to Superintendent Doug Dougherty, "Through her inspiring leadership and advocacy for students, a culture of learning and growth has been established throughout Sande's career."

"She works with her teachers, parents and support staff to make sure students' needs are met and each student has a safe, caring and effective learning environment," he added.

Broadway Middle School Principal John McAndrews will take over at the Heights, while Broadway Middle School Assistant Principal Robert Rusk will fill in for McAndrews.

As for Brown, she looks forward to having additional time for kayaking, hiking and skiing. However, she also imagines both she and her husband, Mike Brown, who also is retiring from Seaside High School this year, will want to continue working part-time or investing some hours into education.

"I don't think we're done contributing to that field," she said.

### Changing course

Education was not Brown's original career choice. She first received a degree in parks and recreation from Central Washington University, and she planned to settle down in that area.

Brown says her original career goals were formed in the 1960s and '70s when career options for women were limited. In the following era, with its expanding horizon of gender equality, Brown wanted to grasp new, burgeoning possibilities.

She spent time as a forest firefighter and a Washington State Parks employee, among other jobs. She was uncertain about teaching as a profession because it seemed too "clichéd."

"I didn't want to be teaching, because that's what women typically had done," she said.

When her husband took a job at the high school, the couple moved to Seaside and Brown worked at the Sunset Empire Park & Recreation District for a few years. While there, she soon discovered she enjoyed teaching classes.

She started taking courses at Clatsop Community College, finishing her teaching degree through Pacific University with a student teaching segment at Banks High School.

Brown started her new career as an English and journalism teacher at the high school in 1990. She also oversaw the high school's yearbook and news magazine, worked in alternative education and helped estab-

lish and coach the high school's swim team.

In 2002, Brown was hired as the assistant principal at Broadway Middle School. The following year, she maintained a portion of that role while also serving as principal of Gearhart Elementary School.

Brown was the principal of both Gearhart Elementary and the Cannon Beach Elementary School in 2005, before serving solely as the Gearhart principal starting in 2007.

She finished making her rounds of the Seaside schools when she became the principal at the Heights in 2014. In fact, she said, her one "claim to fame" is having worked at every school in the district.

As to which teaching gig was her favorite, Brown said, "I've enjoyed them all, and I think that's the sign of a true educator" — the ability to be comfortable and content teaching any age group.

In 2014, former Cannon

Beach students were assimilated into Seaside Heights Elementary School. Having served as the Cannon Beach principal and knowing many of the students and their families, Brown felt poised to lead the schools' merger.

"I wanted to be here to help bring everybody together," she said.

### Benefits and challenges

Brown can point to several features she values about the Seaside School District: the location, the students, the hugely supportive community, her fellow educators and the good balance between veteran staff and administrators and new faces who offer fresh ideas.

"I think that has benefited our district greatly," she said.

Brown administers the largest staff in the Seaside School District. Over the past two years, Dougherty said, she has "successfully brought together employees from three schools

to create a cohesive instructional team and strong school identity."

Educators are becoming increasingly responsible for ensuring students have access to food, clothing and mental and physical health care — all the things that ultimately would affect their learning and well-being. Brown said she believes "it's definitely gotten to be more stressful for educators."

She appreciates the support she receives from community members and organizations who run programs that provide children with supplemental clothes and food. She also consistently finds way to collaborate and encourage parents to play active roles in their children's education, Dougherty said.

From Brown's perspective, her interactions with fellow educators, students and their families are rewarding for herself, as well.

"I learn every day from my kids and their parents and my staff," she said.

THE DAILY ASTORIAN

# TV LISTINGS

Evening listings  
THURSDAY

THURSDAY EVENING												JUNE 30	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	(2) KATU News		Jeopardy!	Wheel of Fortune	BattleBots (N)		Greatest Hits "1980-1985" (P) (N)		Match Game		KATU News at 11	(3:5) Jimmy Kimmel
3	KOMO	(4) KOMO 4 News		Wheel of Fortune	Jeopardy!	BattleBots (N)		Greatest Hits "1980-1985" (P) (N)		Match Game		KOMO 4 News	(3:5) Jimmy Kimmel
5	KING	(5) NBC Nightly News	KING 5 News	KING 5 News	Evening	Swimming Olympic Trials		Spartan "Spartan vs. Ninja" (N)		Aquarius (N)		KING 5 News	(3:5) Tonight Show
6	KOIN	(7) KOIN 6 News at 6	CBS Evening News	Extra	Ent. Tonight	Big Bang Theory	Life in Pieces	Big Brother (N)		Code Black "The Fog of War"		KOIN 6 News @ 11	(3:5) S. Colbert
7	KIRO	(7) KIRO 7 News	CBS Evening News	The Insider	Ent. Tonight	Big Bang Theory	Life in Pieces	Big Brother (N)		Code Black "The Fog of War"		KIRO News	(3:5) S. Colbert
8	KGW	(3) KGW News at 6:00 p.m.		Live at Seven	Inside Edition	Swimming Olympic Trials		Spartan "Spartan vs. Ninja" (N)		Aquarius (N)		KGW News at 11	(3:5) Tonight Show
9	KRCV	(3) Seinfeld Pt. 2 of 2	Seinfeld	Modern Family	Modern Family	Legends of Tomorrow "Star City 2046"		B. & Beast "It's a Wonderful Beast" (N)		KGW News at 10	(3:5) Two 1/2 Men	(3:5) Two 1/2 Men	(3:5) King of Hill
10	KOPB	(10) Mickela Mallozzi	Business (N)	PBS NewsHour		Oregon Art Beat	Oregon Guide	DCI Banks "A Piece of My Heart"		(3:5) Afterlife	"Mind the Bugs Don't Bite"		Film School Shorts
12	KPTV	(12) 6 O'Clock News		Family Feud	Family Feud	Bones (N)		Home Free "Pressure's On" (N)		10 O'Clock News		11 O'Clock News	Loves Ray
13	KPDx	(13) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	FOX 12's 8 O'Clock News on PDX-TV		FOX 12's 9 O'Clock News on PDX-TV		The Mentalist "Red All Over"		The Mentalist "18-5-4"	
14	KCPQ	(14) Name Game	Modern Family	Big Bang Theory	Big Bang Theory	Bones (N)		Home Free "Pressure's On" (N)		Q13 News at 10		Q13 News	Modern Family
20	TBS	(20) Seinfeld	Seinfeld	Seinfeld	Seinfeld	2 Broke Girls	2 Broke Girls	Big Bang Theory	Big Bang Theory	Q13 News at 9		Big Bang Theory	Big Bang Theory
22	ESPN	(22) Two and a Half	Two and a Half	The Simpsons	The Simpsons	Modern Family	Modern Family	Q13 News at 9		Big Bang Theory	Big Bang Theory	Friends	Friends
29	ESPN	(29) O.J.: Made in America "Part Four"		SportsCenter	SportsCenter							SportsCenter	SportsCenter
30	ESPN2	(30) CFL Football Ott/Mtl. (L)		CFL Football Toronto Argonauts at Saskatchewan Roughriders Site: Taylor Field -- Regina, Sask. (L)						ESPY Nomination	UEFA Soccer Euro 2016 Quarter-final		
31	NICK	(31) Henry Danger	Henry Danger	The Thundermans	The Thundermans	★ ★ The Parent Trap (1998, Family) Dennis Quaid, Natasha Richardson, Lindsay Lohan.		Girl Meets World	Girl Meets World	Stuck in Middle	Stuck in Middle	Friends	Friends
32	DISN	(32) Liv and Maddie	K.C. Undercover	Friends Whenever	K.C. Undercover	Bizaardvark	Stuck in Middle	Stuck in Middle	Stuck in Middle	Stuck in Middle	Stuck in Middle	Backstage	K.C. Undercover
34	FAM	(34) (4:30) Zookeeper	(4:45) ★ ★ Failure to Launch '06, Comedy) Sarah Jessica Parker, Terry Bradshaw, Matthew McConaughey.			Dead of Summer				Pretty Little Liars		The 700 Club	
35	FMC	(35) (4:55) ★ ★ 2012 (2009, Action) Amanda Peet, Thandie Newton, John Cusack.				(:05) FXM Presents ★ ★ 2012 (2009, Action) Amanda Peet, Thandie Newton, John Cusack.							(:40) FXM Presents
36	ROO	(36) My Crazy Ex		My Crazy Ex		My Crazy Ex		My Crazy Ex (N)		I Love You "Playboy/ Cradle Robber"		I Love You "Hard Body/ Full Service"	
38	LIFE	(38) Mariners Access	MarinersPre-game	MLB Baseball Baltimore Orioles at Seattle Mariners Site: Safeco Field -- Seattle, Wash. (L)						Post-game	MLB Baseball Baltimore Orioles at Seattle Mariners		
39	F51	(39) UFC 200 Fighters "30-11"		Speak for Yourself		Fox Sports Live	Fox Sports Live	TMZ Sports (N)	Best I Heard (N)	Fox Sports Live	Garbage Time	Speak for Yourself	
43	SPIKE	(43) Movie	★ ★ Wrath of the Titans (2011, Action) Liam Neeson, Rosamund Pike, Sam Worthington.			Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle	Lip Sync Battle
44	COM	(44) Futurama	(:25) Futurama	Futurama	Futurama	Jim Gaffigan (N)	Tosh.0	Tosh.0	Tosh.0	Tosh.0	Tosh.0	The Daily Show (N)	Nightly Show (N)
45	HIST	(45) Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Alone: A Deeper Cut (N)		Alone (N)		(:05) Mountain Men		(:05) Mountain Men	"Gone"
46	A&E	(46) The First 48: Love Kills		The First 48		The First 48 "House of Cards"		The First 48 "Snapshot" (N)		The First 48 "Bloodline"		(:05) The First 48	
47	TLC	(47) My 600-lb Life "Sean's Story"		My 600-lb Life "Lupe's Story" At 600 pounds, Lupe spent the last 10 years in bed.		Extreme Weight Loss "Alex"		Extreme Weight Loss "Alex"		Skin Tight "Lauana and Tim" (N)		Big Fat Fabulous Li. "Losing at Love"	
48	DISC	(48) Monster Mako		Sharks Among Us		Tiger Beach "Sharkopedia Edition" (N)		No Nuclear Sharks (N)		Jungle Shark (N)		Shark Dark (N)	Nuclear Sharks
49	NHG	(49) Life Below Zero "Glenn Villeneuve"		Life Below Zero "On the Edge"		Life Below Zero "Pride and Power"		Nuclear Sharks (N)		Inside the Green Berets		No Man "The Real Black Hawk Down"	
50	TNT	(50) Castle "Setup" Pt. 1 of 2		Castle "Countdown" Pt. 2 of 2		★ ★ Oz the Great and Powerful (2013, Adventure) Mila Kunis, Rachel Weisz, James Franco.		(:45) ★ ★ Oz the Great and Powerful (13) James Franco.					
51	AMC	(51) (4:30) Mr. Deeds	★ ★ Bad Boys (1995, Action) Martin Lawrence, Téa Leoni, Will Smith.			Preacher "Chapters 1 and 2: Bonus Edition" (N)		Preacher "Chapters 1 and 2: Bonus Edition" (N)				(:35) Preacher (N)	
52	USA	(52) NCIS "Cadence"		Modern Family	Modern Family	WWE Smackdown! WWE superstars do battle in long-running rivalries.		Queen South "Cuarenta Minutos" (N)		Law & Order: S.V.U. "Deadly Ambition"		Law & Order: S.V.U. "Deadly Ambition"	
53	FOOD	(53) Chopped "Judges Face-Off"		Chopped "Haricot Flair"		Chopped "Chopped Desserts!"		Chopped "Leap Of Faith"		Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay	Beat Bobby Flay
54	HGTV	(54) Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	Flip or Flop	House Hunters (N)	House Hunters	House Hunters	House Hunters
55	FX	(55) Hancock (2008, Action) Will Smith.		★ ★ The Amazing Spider-Man 2 (2014, Action) Emma Stone, Jamie Foxx, Andrew Garfield.						Sex&Drugs (SP) (N)	Sex&Drugs&Rock	Sex&Drugs&Rock	Hancock (08, Act)
57	CNN	(57) The Eighties "Tech Boom" (N)		CNN Tonight With Don Lemon		Anderson Cooper 360		The Eighties "Tech Boom"		CNN Newsroom		CNN Newsroom	
58	FNC	(58) The Kelly File With Megyn Kelly		Hannity		The O'Reilly Factor		The Kelly File With Megyn Kelly		Hannity		On the Record	
61	CNBC	(61) American Greed "Six Feet Plunder"		American Greed: Scam (N)		American Greed: Scam		Amer. Greed "Capturing the Fugitives"		American Greed: Scam		Paid Program	Paid Program
63	BRVA	(63) Below Deck "Fever Pitch"		Million Dollar List "Take a Walker"		Million Dollar "Windows to Your Sale"		Million Dollar Listing New York (N)		(:15) The Real Housewives		(:15) Watch (N)	(:45) Million Dollar
64	TCM	(64) (5:00) Cabaret ('72, Mus) Liza Minnelli.		(:15) ★ ★ Hair (1979, Musical) Treat Williams, Annie Golden, John Savage.		★ ★ Jesus Christ Superstar ('73) Carl Anderson, Yvonne Elliman, Ted Neeley.		★ ★ Jesus Christ Superstar ('73) Carl Anderson, Yvonne Elliman, Ted Neeley.				Annie (82, Family)	
65	SYFY	(65) (5:00) Bride of Chucky Jennifer Tilly.		★ ★ Friday the 13th ('09) Danielle Panabaker, Amanda Righetti, Jared Padalecki.		★ ★ Resident Evil: Apocalypse ('04) Sienna Guillory, Oded Fehr, Milla Jovovich.		★ ★ Resident Evil: Apocalypse ('04) Sienna Guillory, Oded Fehr, Milla Jovovich.		Warm Bodies ('13, Com) Nicholas Hoult.		Warm Bodies ('13, Com) Nicholas Hoult.	
162	RFD	(162) SF Machinery	Small Town	Rural America "Live"		Steve Lantvit	Rural Eve. News	Market Journal	GA Farm Monitor	SF Machinery	Small Town	Time Life Library	

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