

Annoyed by pro-Trump grandma

Dear Annie: How do I tell my 91-year-old mother to stop posting political messages on my 16-year-old daughter's Facebook page, especially when Mom supports Donald Trump and knows that my daughter supports Bernie Sanders?

My daughter just turned 16, and is very shy and introverted. She's only just starting to find her voice online and has taken an interest in politics only recently. She is a big supporter of Sanders and advocates for the rights of the LGBTQ community on her Facebook page (along with cute dog and cat videos). But my mother comments on her page with support for Trump. It has turned my daughter off so much that she is reluctant to visit Grandma. And when we do go, she keeps her distance.

Time is short. What do you advise to bring these two together again and to respectfully avoid discussing politics? — *Neutral Observer*

Dear Neutral: First of all, your daughter can block Grandma's posts on her Facebook page and we recommend doing that immediately. Then, consider this an excellent opportunity to teach your child that disagreeing with someone doesn't mean you cannot



love and tolerate them — especially a 91-year-old grandparent. She doesn't need to talk about the election with Grandma, and if the subject comes up, she can say that she'd prefer to discuss more pleasant things. It's OK to agree to disagree, especially about politics, without becoming angry and disrespectful. Frankly, we wish more people would take this lesson to heart.

Dear Annie: I read the letter from "Can't Win in Tennessee," whose wife uses foul language and constantly berates him. I recognized some of my own qualities in his description, and I called my husband to apologize to him.

Please let "Tennessee" know that his wife may be overwhelmed and depressed. While he is working outside the house, she is at home working with two small

children. This can be very stressful. Does she ever get any adult interaction?

He mentions all of the things he does around the house, but does he help with the kids, so she has time for herself? He makes it sound as if there is an unfair division of labor and he is doing most of it, but if she is the children's caregiver 100 percent of the time, it will wear her down.

There are two sides to every story. — *Seeing Myself in Alabama*

Dear Alabama: We appreciate your take on the situation, and more importantly, your willingness to reflect on your own behavior and recognize the negative aspects. Depressed people often take out their frustrations on their loved ones, who might see only the anger and not the unhappiness underneath. Apologizing to your husband is lovely. But it's also necessary to address your unhappiness and work on it. Staying home with little children can be both stressful and isolating, but there are ways to alleviate those things and, if necessary, a doctor can treat depression. Remember that kids grow up, but the damage to your marriage may be permanent.

Tomorrow's horoscope

By Holiday Mathis, Creators Syndicate Inc.

ARIES (March 21-April 19). There is no need to fight for what is already yours, but you should definitely show the world your stamp of ownership on it today, if only to remind the others of property boundaries.

TAURUS (April 20-May 20). No one knows what goes on inside other people's homes. That's why intimate relationships — or even cordial ones, if they involve domestic hospitality — are more interesting than the best theater, especially this weekend.

GEMINI (May 21-June 21). The healing will start with a little nugget of truth. Who will be the one bold enough to bring that nugget out in the open? Probably you. Don't feel the need to throw it. It's enough to open your hand and give everyone a peek.

CANCER (June 22-July 22). There will always be a struggle between generations. It's human nature. Your parents, for better or worse, are a part of you. Accept them for who they are and you'll be accepting yourself.

LEO (July 23-Aug. 22). There's power in simple shared happiness. Your upbeat feelings will attract those with similar optimism. Whatever you focus all that cheer on will be lifted and transformed.

VIRGO (Aug. 23-Sept. 22). Relationship discussions aren't easy. Feelings are on the line. You don't want to reject or be rejected. It can be hard to state and hear the truth. Feeling vulnerable and going forward anyway — that's what it's about.

LIBRA (Sept. 23-Oct. 23). Love can be fragile or it can be mighty. Much depends upon how it's grown and protected. Work on the relationship. You'll be surprised where it goes once you dedicate yourself to that effort.

SCORPIO (Oct. 24-Nov. 21). What you want is very much in line with all that is possible for you. Still, you need to streamline your efforts, cut out the fat and make every attempt to be lean and mean in your approach.

SAGITTARIUS (Nov. 22-Dec. 21). There's much you can accomplish. There's much you've already done. Don't stop your own momentum by looking sideways at air-brushed pictures, hyped publicity and Facebook fantasy pics.

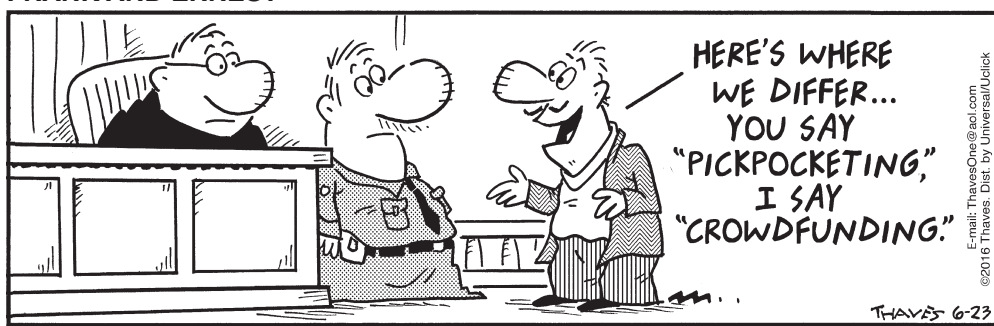
CAPRICORN (Dec. 22-Jan. 19). All work and no play makes for getting much farther ahead of things than the rest of the pack. Who cares about being dull, Jack? Follow your ambition. You can always play tomorrow.

AQUARIUS (Jan. 20-Feb. 18). A person who doesn't know what to expect also doesn't set limits. This is one reason so many beginners get lucky and land in a sweeter place than those more familiar with the game.

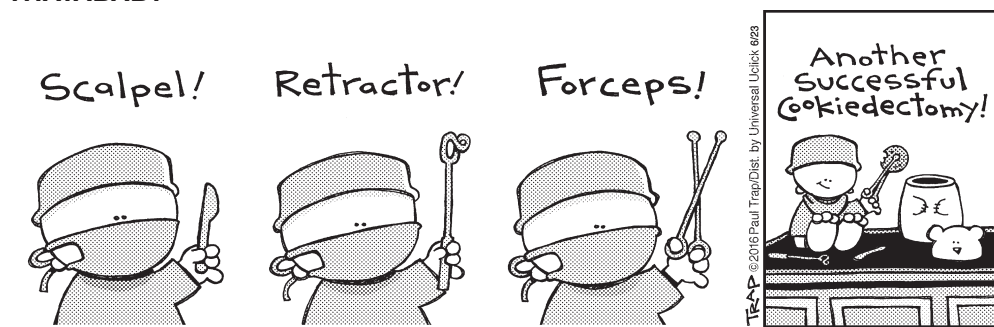
PISCES (Feb. 19-March 20). Restless and searching for the best thing to do, you'll be something of a project gypsy, wandering from project to project nomadically, lingering as long as you feel like and then moving on.

FRIDAY'S BIRTHDAY (June 24). You've a very special wish, and it will come true in the next 10 weeks if you keep wishing and working every day. Your family will celebrate you with pride in July. Be careful what you publicize in August. People are curious about you, and your professional life will come under evaluation. This could lead to a promotion in November. Capricorn and Leo adore you. Your lucky numbers are: 3, 33, 19, 20 and 48.

FRANK AND ERNEST



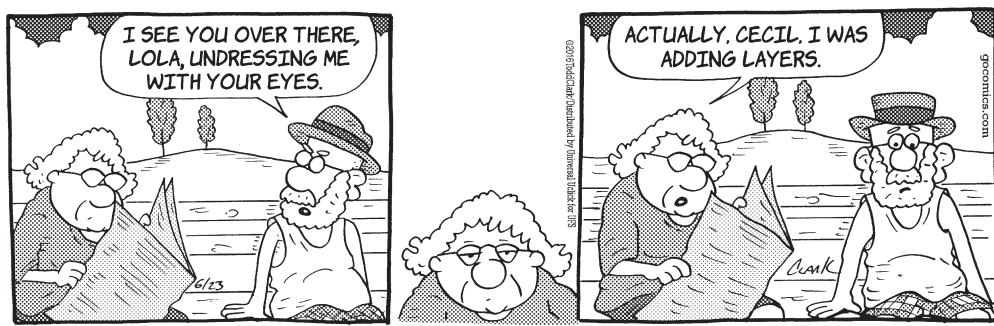
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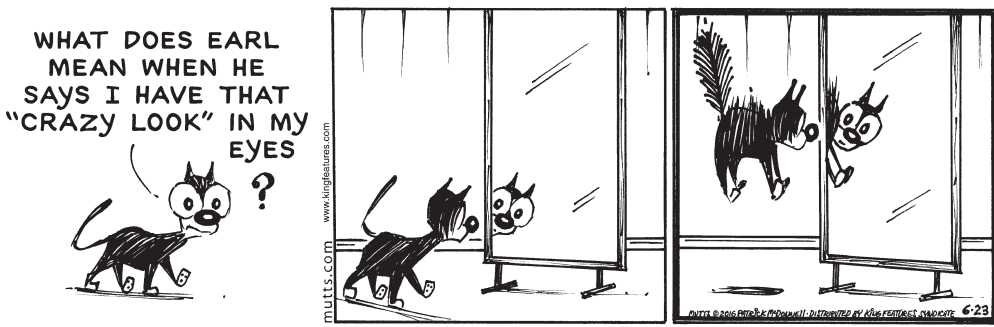
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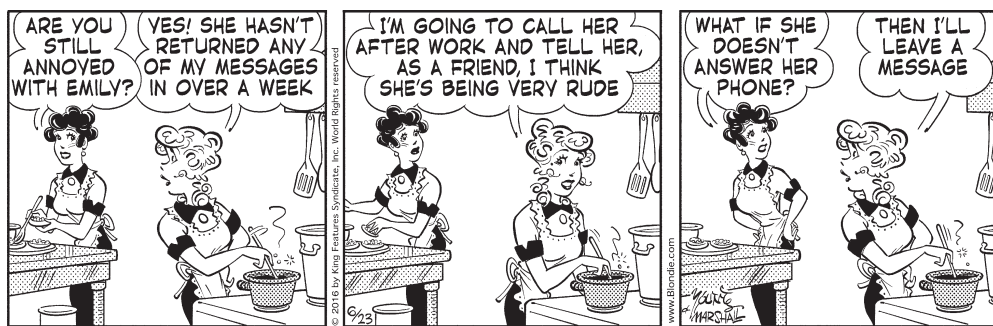
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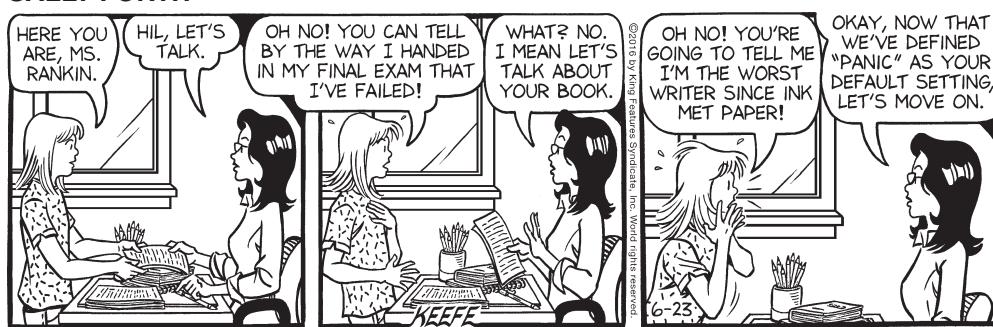
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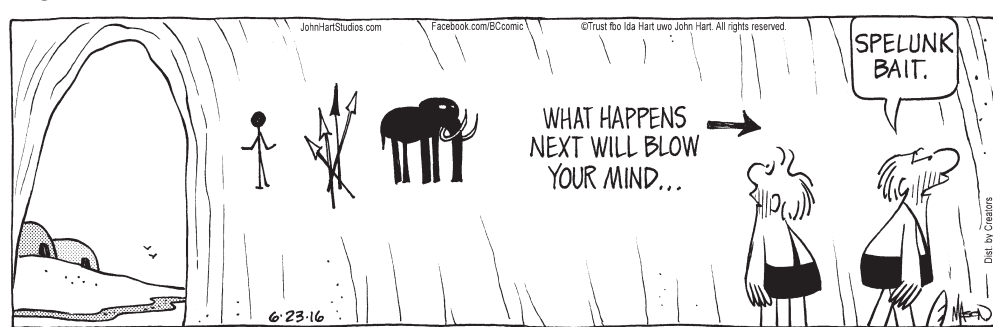
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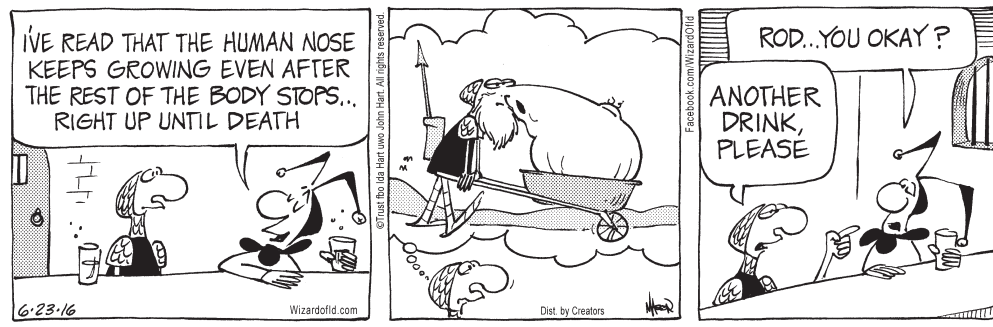
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ROSE IS ROSE

