

## MORE NOTES

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**Peninsula Quilt Guild** — 1 p.m., Peninsula Church Center, 5000 N Place, Seaview, Wash. Newcomers welcome. Bring nonperishable food donation. For information, call Janet King at 360-665-3005.

**Knockers Pinochle Group** — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per person. Players with highest and second highest scores split the prize. Game is designed for players 55 and older, but all ages are welcome.

**Mahjong for Experienced Players** — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Line Dancing for Seniors** — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

**Seaside Lions Club** — 5 p.m., West Lake Restaurant & Lounge, 1480 S. Roosevelt Drive, Seaside. For information, call 503-738-7693.

**Pacific County (Wash.) Democrats** — 7 p.m., North County Annex, 1216 Robert Bush Drive, South Bend, Wash. For information, email Diane Knutson at dlknutson69@yahoo.com

### TUESDAY

**Tobacco Free Coalition of Clatsop County** — 9 to 10:30 a.m., Clatsop County Health and Human Services, 820 Exchange St. Anyone interested in tobacco use prevention and education welcome. For information, call Steven Blakesley at 503-325-8500 or Alissa Dorman at 503-325-4321, ext. 5758.

**Do Nothing Club** — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Astoria Lions Club** — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

**Warrenton Alzheimer's Support Group** — 2 to 3:30 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support and information about Alzheimer's disease. For information, call Grace Bruseth 503-738-6412.

**A Course in Miracles** — The Astoria ACIM study group meets weekly from 3 to 4 p.m. Bring your book. For information and location, call 916-307-9790 or email moffett@cgfellowship.org

**North Coast Chapter, Oregon Equestrian Trails** — 5:30 p.m., El Compadre Restaurant, 119 S. Main Ave., Warrenton. Business meeting

starts at 7 p.m. All are welcome. For information, call Linda Brim at 503-325-1562 days.

**Authentic Spiritual Conversations** — 7 to 8:30 p.m., Astoria Masonic Lodge, 1572 Franklin Ave. Exploring spiritual questions, doubts, practices, longings. All faiths, including "spiritual but not religious" welcome. For information, email info@cgfellowship.org or call 916-307-9790.

### WEDNESDAY

**Warrenton Sunrise Rotary Club** — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

**Angora Hiking Club** — 8 a.m., Sixth Street parking lot. Kayak/canoe paddle trip. For information, call Nguyen Trung at 503-738-7911.

**Chair Exercises for Seniors** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Help Ending Abusive Relationship Tendencies** — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

**Open Sewing Gathering** — 10:30 a.m. to 4:30 p.m., Homespun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

**La Leche League of Astoria** — 11 a.m. to 12:30 p.m., 216 Alameda Ave. For those interested in breastfeeding; mothers, babies and toddlers welcome. Topic is: "There's a New Baby in Your Life." For information, call Megan Oien at 503-440-4942 or Janet Weidman at 503-741-0345.

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Blood Pressure Checks** — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**North Coast Multiple Sclerosis Care and Share Help Group** — noon, Clatsop Retirement Village, 947 Olney Ave. For information, call 503-325-7898.

**Sit and Stitch Group** — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and

needle work. For information, call 503-325-7780.

**Mahjong for Experienced Players** — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Line Dancing for Seniors** — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Northwest Tea Party** — 6:30 p.m., Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. For information, call 503-325-7220.

**WomenHeart of North Oregon Coast** — 6:30 p.m., Columbia Memorial Hospital Health and Wellness Pavilion, third floor conference room, 2165 Exchange St. Peer support group for women living with, or at risk of heart disease. For information, email Michele Abrahams at WH-NorthOregonCoast@womenheart.org

**U.S. Coast Guard Auxiliary, Buoy 10 Flotilla 64 Astoria** — 7 p.m., USCG Tongue Point Swimmers Building No. 1. Open to the public. For information, go to [www.cgaux.org](http://www.cgaux.org)

**Seaside Elks Lodge No. 1748** — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

**Maple Chapter No. 95, Order of the Eastern Star** — 7:30 p.m., Masonic Lodge Hall, 201 N. Holladay Drive, Seaside. For information, call 503-717-0808.

### THURSDAY

**Chair Exercises for Seniors** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Warrenton Senior Lunch Program** — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Seaside Rotary Club** — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seasiderotary.com>

**Columbia River Meditation Group** — 6 to 7:30 p.m., Room 306, Towler Hall, Clatsop Community College. Class led by ordained Zen priest and is nonreligious. Group practices different meditation styles, focuses on developing a regular meditation prac-

rice. All are welcome. For information, email shinei@zendust.org

**Jam Session** — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

**Veterans of Foreign Wars, Fort Stevens Post 10580** — 7 p.m., Warrenton Christian Church, 1376 Anchor St., Warrenton. For information, call Mel Jasmin at 503-861-2030.

**Lower Columbia Classic Car Club** — 7 p.m., Steve Jordan's shop building, 35232 Helligso Lane. New members welcome. For information or directions, call Steve Jordan at 503-325-1807.

**Rainland Fly Casters** — 7 p.m., First Presbyterian Church Annex, 11th Street and Harrison Avenue. For information, call Tom Scoggins at 503-325-6358, or Walt Weber at 360-777-8295, or go to [www.rainlandflycasters.com](http://www.rainlandflycasters.com)

### FRIDAY

**AAUW Walking Group** — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$6. For information, or to have a meal delivered, call 503-325-9693.

**Community Skate Night** — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to [www.astoriaarmory.com](http://www.astoriaarmory.com)

**Bingo** — 7 p.m., Wickiup Senior Center, 92650 Svensen Market Road. For information call Mark Tischer at 503-458-6482.

### OTHER

**Tom American Flags Collected** — Tom and tattered American flags may be placed in a collection basket at City Lumber in Astoria for the flag retirement program, held at 1 p.m. June 14 by Astoria Chapter Daughters of the American Revolution in the historic area at Fort Stevens. Flags may also be given to any member of the chapter.

## People with roots in Swedish-speaking Finland needed

The Daily Astorian

NASELLE, Wash. — Four researchers from the Migration Centre of Swedish-speaking Finland are visiting Naselle, Ilwaco and Astoria in the middle of June to research and document migration to and from Swedish-speaking Finland. To accomplish this task, they hope to interview people who have their roots in Swedish-speaking Finland.

The center is a regional department of the Finnish Institute of Migration, and its headquarters, founded in 1974, are located in Tuku, Finland. The center promotes the collection, storage and documentation of material relating to migra-

tion to and from Finland and maintains and provides information services about migration.

Those whose have roots in Swedish-speaking Finland and are interesting in talking with these researchers should contact Anita Raistakka (Appelo Archives Center) for the Naselle area at [anita@finnam.naselle.net](mailto:anita@finnam.naselle.net) or 360-484-3376.

For the Ilwaco area, contact Amy Bozorth (Columbia Pacific Heritage Museum) at [pr@cphm-ilwaco.org](mailto:pr@cphm-ilwaco.org) or 360-642-3446.

For the Astoria area contact Judi Lampi at [clat-sop41@yahoo.com](mailto:clat-sop41@yahoo.com) or 503-791-6524 or Terry Arnall at [dougray12@gmail.com](mailto:dougray12@gmail.com) or 503-861-3622.

## Astoria School District appreciates JP Plumbing

The Daily Astorian

The Astoria School District Board of Directors recognized JP Plumbing and owner Jim Forester with a certificate of appreciation at the monthly board meeting May 11. The company provides a high quality of service, and in the past few years, JP Plumbing has helped the district on evenings and weekends restore or repair water service in order to have school on time the next day.

The company has also donated Forester's professional guidance and advice, and he has overseen projects at various schools, allowing the district to minimize costs while making the correct repairs, avoiding further costs down the road.

"Astoria School District staff, students and parents appreciate the strong partnership with JP Plumbing," Craig Hoppes, superintendent of the school district, said. "Astoria School District looks forward to continuing this partnership with JP Plumbing as we work together to meet the needs of our students."



Photo by Edward Stratton/The Daily Astorian

**James Forrester, owner of JP Plumbing, was honored recently by the Astoria School Board. At right, the school board's chairwoman, Jeanette Sampson.**

## Flag Day ceremonies open to community

The Daily Astorian

Three events are planned on the North Coast to celebrate Flag Day, which is June 14.

• Seaside Elks Lodge 1748, 324 Avenue A, presents a Flag Day celebration at 4 p.m. Sunday. The nation's flags will be escorted and a history of each flag will be presented. There will be an Honor Guard, music and speakers. This program

is for both the young and old, and the community is welcome. For information, call 503-738-6651.

• The Astoria Chapter Daughters of the American Revolution is conducting a retirement of American flags at 1 p.m. Tuesday at the historic area of Fort Stevens. Worn flags may be brought to the event, or dropped off beforehand at City Lumber in Asto-

ria. For information, call chapter chaplain Evelyn Laughman at 503-325-4683.

• Clatsop Post 12 American Legion and Astoria Elks Lodge No. 180 are holding a joint Flag Ceremony and program at 5 p.m. Tuesday at the Legion, 1132 Exchange St. The date coincides with the U.S. Army's 241st birthday, and cake will be served. The public is welcome.

**OFFICERS CALL!!!**  
**MILITARY OFFICERS ASSOCIATION OF AMERICA (MOAA)**  
 Lower Columbia River Chapter Open for New Members

A national non-profit dedicated to US Armed Forces and veterans. A strong supporter of military families, fighting for pay and benefits for both active duty and vets. The LCR Chapter covers Southeast Washington and Northwest Oregon.

Are you interested in supporting military families and veterans? Join our chapter. Membership open to all officers and former officers of US Military: Army, Navy, Marines, Coast Guard, Air Force; retired, active, reserve, warrant officers; NOAA Corps, and US Public Health Service Officers

**Chapter Meeting and Dinner**  
**Sunday, 12 June 2016 at 5pm**  
**Serendipity Caffe**  
**160 S. Main Avenue Warrenton, OR**  
(dress casual)

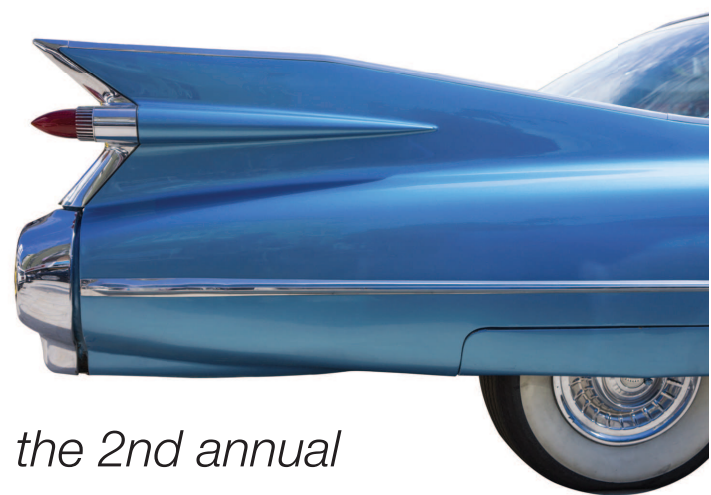
You do not have to be a member to attend.  
**Come and see what it's all about!**

For more information contact:  
 LCOL Dave Phillips US Army (ret) 503 440-9130 or CAPT R. Stevens USCG (ret) 503 861-9832

**SEE YOU THERE!**

## COLUMBIA MEMORIAL HOSPITAL

# Support Relay for Life



Hightail it to the 2nd annual

## CMH Car Show

### June 11, 11AM-2PM

**Columbia Memorial Hospital**  
 2111 Exchange St., Astoria

We need your help! The CMH Relay for Life team is hosting a fundraising Car Show. Bring the family for a hot dog... And please, try not to drool on these beautiful cars!

To participate, pick up a registration form at Astoria Napa, O'Reilly's or AutoZone. All proceeds benefit Relay for Life. Please join us!



## CMH is a Corporate Sponsor

2111 Exchange St., Astoria, Oregon • (503) 325-4321  
[www.columbiamemorial.org](http://www.columbiamemorial.org) • A Planetree-Designated Hospital