

# Life: 'Our priorities seem a little skewed'

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"It makes me wonder what would've happened three months before he got arrested if we could have helped him get into treatment," Kathleen said.

Instead, Vincent and his mother were struck by the limited options available in the county for addicts without means.

Although both outpatient and inpatient treatment are available, most inpatient treatment facilities require private insurance, which the unemployed Vincent didn't have.

Private inpatient care is pricey — "anywhere between a couple of hundred dollars a day to a couple of thousand dollars a day," said Rory Gerard, who sits on the county's Human Services Advisory Council as the mental health and addiction representative.

"These people, they're barely scraping by and buying their drugs," Kathleen said. "They don't have \$6,000 to pay for treatment."

Clatsop Behavioral Healthcare is the sole treatment center in Clatsop County that accepts insurance through the Oregon Health Plan — often the only insurance option for low-income Oregonians.

However, the agency has come under heavy fire lately for shortfalls in mental health treatment and drug and alcohol dependency services.

Clatsop Behavioral Healthcare employs numerous treatment providers, but most are not licensed. Rather, they work under the supervision of someone who is licensed.

In other words, the agency doesn't have enough providers with the right level of credentialing to offer adequate treatment, Gerard said.

The upshot for patients, according to Temojai Inhofe, Vincent's attorney: "They're assessed by people who do not necessarily hold the qualifications to assess them. They are then treated by people who don't necessarily hold the qualifications to treat them."

Addicts who need professional treatment the most — people like Vincent — may be the least likely to get it.

## Waitlisted

Vincent and his family had decided that what he really needed was inpatient treatment, a 24/7 care environment where he could stay for a month or more. He was in the process of



Jerrica Ratzlaff-Gilbert wipes a tear away during her brother Vincent Davidson-Gilbert's sentencing Friday.

Danny Miller/The Daily Astorian

applying for the Oregon Health Plan when he was jailed.

Had Vincent enrolled in the plan, he would still have faced another problem: There are no inpatient facilities in the county that accept it.

"If you are poor in this community, and you need an inpatient treatment program, you have to leave the community," said Inhofe, who works with indigent clients.

A person who ventures outside of the county for treatment will likely face waiting lists for facility beds.

"You can't do anything for them until a bed opens up — possibly in Bend, possibly in Pendleton, possibly in Eugene," she said.

When Gerard worked for Clatsop Behavioral Healthcare, which refers clients to inpatient facilities, some people waited months for a bed.

"Even though you may want treatment, you may have the money for treatment, you're going to be waitlisted," he said.

Addicts with children have it particularly rough, Inhofe said. The children may get placed in foster care while their parents seek treatment in another county. With waiting periods often lasting 90 or more days, followed by a three-month treatment program, the process may keep them separated for a long time.

"We're looking at six months out, after their children have been removed, that they're not in any kind of position to be a parental resource — primarily because this county

has no resources," she said. "It's so infuriating."

Gerard noted that Astoria has several marijuana shops but no inpatient beds for low-income addicts ready to clean themselves up.

"Our priorities seem a little skewed," he said. "I'd love to see that tax money that they're going to hit on the pot shops go to drug and alcohol treatment in our community."

Gerard said that, if a person wants help, it can be made available. "It may not be locally. You may have to travel. And you've got to be dogmatic about it."

Typically, though, that's not what addicts are about. "They want to use," he said. "It really falls back on the family."

## Hoping for treatment

This week, Vincent will be transferred from Clatsop County Jail to Coffee Creek Correctional Facility in Wilsonville. He will undergo various tests and get assigned to a prison where he will serve the majority of his sentence.

Because he is locked up, Vincent is clean. But, since his arrest, he hasn't had access to the kind of drug and alcohol treatment that he and family believe he needs to stay sober over the long run.

In Tillamook County Jail — where Vincent was briefly held because the beds at the Clatsop jail were maxed out — inmates with addiction issues can work with a jail transition specialist named Tami Long.

"When you're talking

severe addiction — to the point that you're being incarcerated over and over again — they don't stay clean long enough to engage in any kind of treatment, so it's just this vicious cycle," she said.

Long, who helped develop the position last year, meets with interested inmates shortly after their booking, evaluates them, determines what their treatment needs and goals are, and creates a transition plan with them. She gives the plan to their attorney, who presents it to the court. The information may influence how the inmate's sentencing is carried out.

A court may, for example, postpone an inmate's sentencing and grant a conditional release to receive treatment. The goal is to reduce recidivism rates, though Long said the program is still too new to know whether this is happening.

A comparable service doesn't yet exist for inmates at Clatsop County Jail.

Vincent and Kathleen hope the prison he is sent to will, in a few years, deem him eligible for a treatment program in the final stretch his sentence.

"I just hate the idea of him losing five years without him getting any treatment," she said.

Oregon spends about \$30,000 a year per inmate, according to 2013 data from the state Department of Corrections. Kathleen thinks that money would be better spent on drug treatment as a means of crime prevention.

President Barack Obama, alarmed by the rise in prescrip-

tion drug and heroin abuse across the nation, in February proposed devoting \$1.1 billion over two years to expand treatment and prevent overdoses. The president wants to increase patient access to buprenorphine, a medication used to treat opioid disorders, and make mental health and substance abuse treatment comparable to medical and surgical benefits for people in Medicaid, the health insurance program for the poor and disabled.

In April, Gov. Kate Brown signed a bill into law that will help doctors in Oregon use the Prescription Drug Monitoring Program database to flag patients who might be susceptible to drug abuse.

The Oregon Health Authority reported that prescription painkillers were involved in more drug overdose deaths than any other type of drug in 2013. The state has ranked among the highest in the nation in the non-medical use of prescription pain relievers.

## Underlying issues

Davidson-Gilbert knows he must be held accountable for his actions. His crimes, though not drug-related — he wasn't caught selling or possessing, for example — are drug-associated, the sort of misdeeds addicts perpetrate when their lives go into free fall.

Inhofe said the criminal justice system has "criminalized the mental health disease of addiction."

"Not directly," she said. "But the effect is that people who have addiction issues end up serving time in prison because of what they do to feed their addiction, what they do when they're under the influence of their addiction."

Even in a world with abun-

dant and inexpensive treatment options, addicts would still need to be asked one fundamental question: Why did they turn to drugs to begin with?

"A lot of drug treatment programs don't necessarily delve underneath and deal with the underlying issues," Inhofe said. "Most of these people need therapy. Once you go through detox, you're physiologically done with the addiction. It's the emotional and mental problems that caused the seeking out of that particular Band-Aid in the first place that need to really be fixed."

Asked why he first took up drugs as a teenager, Vincent said he was a "young, dumb kid" who would try anything put in front of him.

But Kathleen also suspects that the death of her oldest son, Mark, in a car accident at 19 — when Vincent was 11 and Devin 13 — precipitated both boys' later drug use. Devin, who has overdosed several times, is in an outpatient program in Arizona.

Though devastated that Vincent will soon return to prison, Kathleen said she is grateful he didn't end up fatally overdosing as a number of young men and women have recently.

If Vincent could have given himself advice six months ago — or to anyone tempted to use — it would be to "try to find any resource you can."

"Find something that you care about, to freaking want to change what you're doing at that time," he said. "Even if everything's going bad, there has to be something good in your life, that you can look forward to, instead of just drugs and alcohol. Or being in prison."

His choices haunt him. "I don't know why I didn't just go find another job."



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# TV LISTINGS

Evening listings  
MONDAY

MONDAY EVENING												MAY 30	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	(2) KATU News "Everyday Heroes"		Jeopardy!	Wheel of Fortune	The Bachelorette Jo Jo Fletcher looks for true love among 25 men. (N)				Mistresses (SP) (N)		KATU News at 11	(3:5) Jimmy Kimmel
4	KOMO	(4) KOMO 4 News		Wheel of Fortune	Jeopardy!	The Bachelorette Jo Jo Fletcher looks for true love among 25 men. (N)				Mistresses (SP) (N)		KOMO 4 News	(3:5) Jimmy Kimmel
5	KING	(5) (5:00) NHL Hockey Stanley Cup Playoffs (L)				Evening	Evening	Law & Order: C.I. "Shrink-Wrapped"		Dateline NBC		KING 5 News	(3:5) Tonight Show
6	KOIN	(6) KOIN 6 News at 6	CBS Evening News	Extra	Ent. Tonight	Supergirl		Scorpion "Cuba Libre"		Person of Interest "Sotto Voce" (N)		KOIN 6 News @ 11	(3:5) S. Colbert
7	KIRO	(7) KIRO 7 News	CBS Evening News	The Insider	Ent. Tonight	Supergirl		Scorpion "Cuba Libre"		Person of Interest "Sotto Voce" (N)		KIRO News	(3:5) S. Colbert
8	KGW	(8) (5:00) NHL Hockey Stanley Cup Playoffs (L)				Paid Program	Paid Program	Grant's Getaways	Inside Edition	Dateline NBC		KGW News at 11	(3:5) Tonight Show
9	KRCW	(9) Seinfeld	Seinfeld	Modern Family	Modern Family	Memorial Day (2011, Action) James Cromwell, Jackson Bond, Jonathan Bennett.				KGW News at 10	(3:5) Two 1/2 Men	(3:5) Two 1/2 Men	(3:5) King of Hill
10	KOPB	(10) This Old House	Business (N)	PBS NewsHour		Antique "Baton Rouge (Hour Three)"		Oregon Experience "Oregon at War"		TED Talks "War and Peace" (N)		POV "Of Men and War" (N)	
12	KPTV	(12) 6 O'Clock News		Family Feud	Family Feud	So You Think You Can Dance (N)		Houdini "The Curse of the Karzha" (N)		10 O'Clock News		11 O'Clock News	Loves Ray
13	KPDx	(13) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	FOX 12's 8 O'Clock News on PDX-TV		FOX 12's 9 O'Clock News on PDX-TV		Law & Order: S.V.U. "Monogamy"		Law & Order: S.V.U. "Protection"	
13	KCPQ	(13) Name Game	Modern Family	Big Bang Theory	Big Bang Theory	So You Think You Can Dance (N)		Houdini "The Curse of the Karzha" (N)		Q13 News at 10		Q13 News	Modern Family
20	TBS	(20) American Dad	American Dad	Family Guy	Family Guy	The Detour (N)		The Detour (N)	(SF) (N)	Family Guy	Full Frontal	Conan	
22	KZJL	(22) Two and a Half	Two and a Half	The Simpsons	The Simpsons	Modern Family	Modern Family	Q13 News at 9		Big Bang Theory	Big Bang Theory	Friends	Friends
29	ESPN	(29) SportsCenter	SportsCenter	Baseball Tonight (L)		SportsCenter		SportsCenter		SportsCenter		SportsCenter	
30	ESPN2	(30) Hey Rookie	Hey Rookie	Hey Rookie	Keepers of the Game	Baseball Tonight (L)		Baseball Tonight (L)		NBA Tonight	Jalen & Jacoby (N)	NBA Tonight	Jalen & Jacoby
31	NICK	(31) SpongeBob	SpongeBob	SpongeBob	SpongeBob	Lost in the West		Full House 1/2	Full House 2/2	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
32	DISN	(32) (1:15) ** Camp Rock (2008, Musical) Kevin Jonas, Nick Jonas, Joe Jonas.		Descendants (2015, Family) Cameron Boyce, Booboo Stewart, Dove Cameron.		Descendants (2015, Family) Cameron Boyce, Booboo Stewart, Dove Cameron.		(0:05) Teen Beach Movie (2013, Family) Maia Mitchell, Ross Lynch.		(0:05) Teen Beach Movie (2013, Family) Maia Mitchell, Ross Lynch.		Friends Pt. 1 of 2	Friends Pt. 2 of 2
34	FAM	(34) (3:30) Harry Potter & the Deathly Hal...	*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.	*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
35	FAM	(35) Movie	(5:0) ** The Internship (2013, Comedy) Owen Wilson, Rose Byrne, Vince Vaughn.	*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
36	LIFE	(36) To Be Announced		*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
38	RST	(38) (5:00) MLS Soccer Seattle vs New England		*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
39	FOOT	(39) (5:30) Surfing Titans of Mavericks		*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
43	SPIKE	(43) (4:30) *** Back to the Future III (90) Michael J. Fox.		*** Harry Potter and the Deathly Hallows: Part 2 (2011, Adventure) Emma Watson, Rupert Grint, Daniel Radcliffe.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
44	COM	(44) Movie	*** Step Brothers (2008, Comedy) John C. Reilly, Will Ferrell.	*** Step Brothers (2008, Comedy) John C. Reilly, Will Ferrell.		Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
45	HIST	(45) Swamp People	Swamp People	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
46	A&E	(46) *** Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe.		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
47	TLC	(47) Say Yes-Dress	Say Yes-Dress	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
48	DISC	(48) Outlaws "Jumping the Shark-Pool"		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
49	NGEO	(49) Inside the Green Berets		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
50	TNT	(50) (5:55) The Last Ship "Cry Havoc"		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
51	AMC	(51) (4:00) Midway (76) Charlton Heston.		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
52	USA	(52) Chrisley Knows	Chrisley Knows	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
53	FOOD	(53) Guy & Hunter Vac	Guy & Hunter Vac	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
54	HGTV	(54) TinyHouseHunters	TinyHouseHunters	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
55	FX	(55) (4:30) ** Zero Dark Thirty (12, Dra) Jason Clarke, Joel Edgerton, Jessica Chastain.		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
57	CNN	(57) Anthony Bourdain "Charleston"	Anthony Bourdain "Mississippi Delta"	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
58	FNC	(58) The Kelly File With Megyn Kelly	Hannity	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
61	CNBC	(61) Shark Tank	Shark Tank	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
63	BRVA	(63) Southern Charm "Beast of Bourbon"	S. Charm "Blue Ridge Mountain Blues"	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
64	TCM	(64) (5:00) *** Where Eagles Dare (68) Richard Burton.		Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
65	SYFY	(65) Movie	*** G.I. Joe: Retaliation (2013, Action) Dwayne Johnson, Adrianne Palicki, Channing Tatum.	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2
69	RFD	(69) American Rancher	Red Steagall	Swamp People	Swamp People: Blood and Guts	Full House 1/2	Full House 2/2	Full House	Full House	Full House	Full House	Friends Pt. 1 of 2	Friends Pt. 2 of 2



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