OPINION





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Founded in 1873 -

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Photos by R.J. Marx/The Daily Astoriar

Aaron Bedard is the executive chef at Stephanie Inn in Cannon Beach.

Chef celebrates world around him

SOUTHERN **EXPOSURE**





Stephanie Inn's reputation precedes it and anyone looking for the most luxe look at Cannon Beach would be wise to take the plunge.

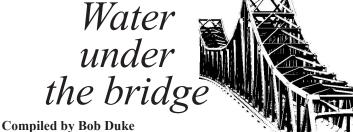
Located in the southern part of town, tucked on a side street off Hemlock by the ocean, you can almost feel the luxury lapping as you walk up the stairs.

The Sokol Blosser Winemaker Dinner is a regular event pairing the restaurant's extraordinary cuisines and the wines of Sokol Blosser.



Chef Aaron Bedard and staff at the winemaker's dinner.





From the pages of Astoria's daily newspapers

10 years ago this week - 2006

Astoria High School may be faced with a serious problem following the 2006 spring sports season.

Where in the world are they gonna put all that hardware?

The Fighting Fishermen won a baseball title last week, and added a pair of track team championships Friday afternoon in Seaside.

They'll look to add more later this week in state playoff competition, with a good majority of the track team heading off for the state meet which begins Friday at Hayward Field in Eugene.

Warrenton and Gearhart leaders considered extensive details of the Clatsop Community College siting process Tuesday night and afterward came on board with the consensus that John Warren Field is a solid choice.

In both communities, CCC President Greg Hamann asked city leaders to embrace the Astoria site on the clear understanding that if it doesn't look feasible, another site - possibly in Warrenton — would be given serious consideration.

Efforts to create a Columbia-Pacific National Heritage Area took a leap forward Thursday.

Four Northwest lawmakers joined forces to introduce legislation designed to preserve the historical treasures of Oregon's early years and boost tourism and heritage-related businesses.

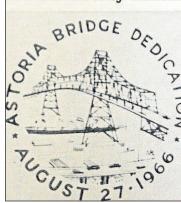
U.S. Sens. Gordon Smith, R-Ore., and Patty Murray, D-Wash., introduced legislation in the Senate Thursday to consider creating a National Heritage Area along the Lower Columbia River. U.S. Rep. David Wu, D-Ore., and Brian Baird, D-Wash., introduced identical legislation in the House of Representatives.

Smith said it was a natural follow-up from the buzz in the region during the Lewis and Clark Bicentennial.

50 years ago — 1966

Washington and Oregon Medallions Note Bridge Dedication fisheries interests will meet with Washington Gov. Dan Evans in Olympia Wednesday, according to Dr. E.W. Harvey of the Astoria Seafoods laboratory.

Washington troll fishermen are mainly responsible for the meeting, Dr. Harvey reported. "They have asked for support from our side of the river," he noted.



Oregon Gov. Mark O. Hatfield has also been invited to the meeting, slated for 4 p.m. Medallions

Oregon.

commemorating Dr. Harvey said Washing- dedication of Astoria Bridge will ton trollers hope to get some be used this summer in trade support from Washington promotion efforts in connecofficials to alleviate Russian tion with the dedication. Medalfishing off Washington and lion was designed by Rolf Klep. (Photo by Jean Hallaux)

TOKELAND, Wash. - Beach dwellers living along the north shore of Willapa harbor have too little time and too much tide, neither of which, of course, wait for anyone.

Savagely, with surging precision, the Pacific Ocean is claiming Cape Shoalwater and Toke peninsulas for its own. Today, ocean freighters steam in a channel 90 feet deep where only 18 months ago the homes beach people stood.

Twice a day the never ending tide gushes the full length of Willapa harbor draining that large bay through the pass at the north end. Cape Shoalwater, which once guarded that pass, no longer deserves its name. It's little more than a quiet curve in the coastline.

An organization know as the Cape Shoalwater - Toke Point Anit-Erosion Project is trying to muster forces to hold back the sea. But so far its efforts to stem the tide have been washed out.

75 years ago — 1941

Although much has been said in the last year of Astoria's housing shortage, more than 55 first-class new homes within vicinity of the \$5,000 class have arisen, are being completed or have been started within the last 12-month period.

There is a mountain of evidence supporting the fact of housing inadequacy, especially in the rental field. The 1940 census lists 1,501 dwelling units for Astoria. As of last weekend, there were listed with the major realtors of the city, one two-room apartment and two houses for rent.

President Roosevelt today created the office of civilian defense to mobilize full powers of civilians for home defense efforts and named Mayor Fiorello H. La Guardia of New York as its director.

La Guardia will retain his post as mayor of New York.

The OCD, which will give every man, woman and child an opportunity to do his or her "bit" for the defense effort, will be organized under the office of emergency management on a strictly voluntary basis, the president said.

All local salmon canneries now have their own salmon oil extraction plants, six years after the first experiments in removal of salmon oil from edible trimming were made here.

Colored photographs of seining operations on the Columbia River, an Astoria port docks scene, and a splendid and unusual shot of the Astoria column appear in the June issue of National Geographic magazine accompanying an article entitled "The Columbia Turns on Power" written by Maynard Owen Williams.

Being in the upstair's dining room makes you feel like a grown-up, but not in that stuffy way.

Rather you know you are about to have something demanding of your senses, your experiences and your fine taste.

Chefs and sommelier ratchet up the game — we are moving to another level and expectations run high.

When you are eating here, you feel you have arrived. The atmosphere is as elegant as the cuisine is sophisticated. With staff attentive but not too solicitous.

Everything strikes the right balance ----the Japanese have a word for it, "umami," sometimes defined as that uniquely perfect degree of "mouth-feel."

Learning the ropes

I met Executive Chef Aaron Bedard on location in his dining room a week after the dinner, because I don't like to mix business and indulgences. We sat down prior to the lunch hour in the dining room in one of those glorious Cannon Beach days where the sky is as azure blue as the Mediterranean Sea.

Bedard's upbringing is unlikely for a master of haute cuisine. He was raised in the restaurant business in La Grande where his father ran a chain of KFCs. "When I was 14, I started working in restaurants just to make money and keep busy," he said. "I learned a good, solid work ethic.

"I also realized I didn't want to be in that style of restaurant environment. I wanted to be in a little more refined food and service. This fit into that really well."

After graduating Western Culinary Institute Cordon Bleu, Bedard came to Cannon Beach an intern under Executive Chef Crystal Corbin.

"I didn't have that much of a palate until I got training and working here at the hotel, under some really fantastic

chefs to guide me," Bedard said. Bedard is the "Iron Chef Goes Coastal" People's Choice award winner for his short-rib ravioli, a dish flavored with Boursin cheese and Dijon mustard. Fresh homemade pasta, of course, and a bleu cheese cream sauce complement the dish.



Caramel flan, dried apricot compote, caramel tuile cookie and candied Marcona almonds.

Bedard's upbringing is unlikely for a master of haute cuisine.

Guests and more

While the restaurant gets "a lot of guests" from the hotel, everyone is welcome.

"We do get a lot of guests from the hotel," Bedard said. "We're attached to the hotel and we're very service-oriented for the hotel. But I think our clientele is someone looking to experience fantastic service, Northwest cuisine in a nice romantic, quiet, professional environment."

Bedard, 39, lives in Seaside and is the father of three.

He defines Northwest cuisine as taking fresh, local ingredients and preparing them simply. "We have such beautiful ingredients, I try to just kind of let them sing a little, let that be the highlight," Bedard said.

The Cannon Beach atmosphere is more free-spirited than East Coast dining experiences and more "rustic" than the Portland restaurant scene, he said. "That's one of the reasons I like it. It's a slower pace. It's really nice."

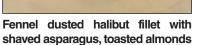
Celebrity chefs

There are more than a couple celebrity chefs in Cannon Beach Jonathan Hoffman, John Newman and Will LeRoux immediately come to mind.

'We don't necessarily have a scene, but the culture here is kind of tight," Bedard said. "I know almost every chef in town, and we all kind of take care of each other, which is really awesome."

"Sometimes you run out of something," he added. "I can call Chef Newman. We borrow back and forth. The camaraderie is really nice to have.'

Locally, Bedard said he loves to



shaved asparagus, toasted almonds and Bee Local Honey beurre blanc.

dine at the Irish Table, and he likes the loose atmosphere of the Hardware Store. "It's very modern and the food is fantastic there."

Chef Dave Bonnett of the Hardware Store (aka "Screw and Brew) and Bedard helped judge the 2015 American Legion Chili Cook-Off, and Bedard is one of the biggest supporters of the Cannon Beach Farmers' Market, returning in June.

Bedard said he welcomed the arrival of Public Coast and Pelican Brewing, adding Cannon Beach as a destination to the brew-pub scene.

The 'high mark'

With new restaurants coming, Bedard said he sees a need for him and his staff to "hit the high mark."

"We're striving for the last 5 percent," he said. "The 95 percent is pretty good, but it's the last 5 percent that really pushes us above. We have to watch the salt and pepper, we have to watch the cooking — every single day."

The restaurant's spring menu features spring salmon, which is "the best this time of year coming out of the cold water, with just a little more fat to it, a little more butter flavor," Bedard said. "We're also featuring morel mushrooms, sweet asparagus, rhubarb — all of our local stuff that's in season now.

"We have a lot of fantastic feedback. Our guests are really great. We also get criticism/feedback too, which is good because it keeps us in check. We know we're still not perfect. We have to strive for greatness everyday. If we're learning from those mistakes, we're growing still."

It made me think how lucky we are to have such great restaurants at our fingertips. Even if we can only afford to go to a Stephanie Inn once a month or every six months, such a splurge is good for the soul.

R.J. Marx is The Daily Astorian's South County reporter and editor of the Seaside Signal and Cannon Beach Gazette.