

MORE NOTES

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Mahjong for Experienced Players — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Diabetes Class — 1:30 to 2:30 p.m., Providence Seaside Hospital, Education Room A, 725 S. Wahanna Road, Seaside. Free help managing diabetes from certified diabetes educators. Topic is: "Advanced Care Planning — It's Up to You!" All are welcome. For information, go to www.providence.org/diabetes or call 503-215-6628.

Line Dancing for Seniors — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

Clatsop County Democrats — 6:30 to 9 p.m., Astoria Yacht Club, 300 Industry St., Suite 201 (at the West End Mooring Basin, above Tiki Charters). For information, call 503-717-1614 or go to <http://clatsopdemocrats.org>

TUESDAY

Stewardship Quilting Group — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Nehalem Bay Garden Club — 1:30 p.m., Pine Grove Community Center, 225 Laneda Ave., Manzanita. Karen Hurd shares information on dahlias. If time permits, questions will also be fielded on care of other bulbs in the region. Visitors are welcome. For information, contact John Benson at 503-738-5925 or bensonsbend@gmail.com

A Course in Miracles — The Astoria ACIM study group meets weekly from 3 to 4 p.m. Bring your book. For information and location, call 916-307-9790 or email moffett@cglifellowship.org

WEDNESDAY

Warrenton Sunrise Rotary



Submitted Photo/North Coast Land Conservancy
Katie Voelke presents an award from the Land Trust Alliance to U.S. Rep. Earl Blumenauer at his office in the Longworth House Office Building. With her are Russ Shay, left, and Bethany Erb, right, of the Land Trust Alliance.

NCLC leader travels to nation's capital to advocate for conservation

The Daily Astorian

North Coast Land Conservancy Executive Director Katie Voelke returned recently from a week in Washington, D.C., advocating on behalf of the national Land Trust Alliance and the Coalition of Oregon Land Trusts — her first such trip to the nation's capital.

While in Washington, she spoke to members of Oregon's congressional delegation, advocating for continued support of key federal conservation programs such as the Land and Water

Conservation Fund. Voelke presented both U.S. Rep. Earl Blumenauer and U.S. Sen. Ron Wyden with an award from the Land Trust Alliance recognizing their leadership in making the Conservation Easement Tax Incentive permanent.

"It was such a special experience to meet with our state's leaders in an intimidating place like Capitol Hill and leave with the feeling that these folks are simply Oregonians who care and who are willing to work hard for what they care about," Voelke said. "I can relate to that.

It was a privilege to be able to thank them for their efforts."

Immediately upon her return to Oregon, Voelke was surprised to receive the Gaylord Nelson Award from the city of Cannon Beach, at the city's annual 12 Days of Earth Day potluck, in recognition of her many years promoting environmental awareness and protection. The award is named for the Wisconsin senator who founded Earth Day in 1970, and who sponsored significant environmental legislation during his term in office from 1963 to 1983.

Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Help Ending Abusive Relationship Tendencies — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Open Sewing Gathering — 10:30 a.m. to 4:30 p.m., Homespun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

International Longshore and Warehouse Union Pensioners

— noon luncheon, 1 p.m. meeting, Local No. 50 Longshore Hall, 491 Industry St.

Warrenton Kiwanis Club — 1 p.m., Doogers Seafood and Grill, 103 U.S. Highway 101, Warrenton. For information, call Darlene Warren at 503-861-2672.

Sit and Stitch Group — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

Mahjong for Experienced Players — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Line Dancing for Seniors — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Fat Quarter Quilters — 5:30 to 8 p.m., Homespun Quilts, 108 10th St. Not limited to quilts. For

information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

THURSDAY

Chair Exercises for Seniors — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

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Columbia Senior Diners — 11:30 a.m., 1111 Exchange St.

The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seasiderotary.com>

Knochlers Pinochle Group — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Group hosts free refresher and beginning course in card game of pinochle. Course open to anyone 55 and older.

Lower Columbia Chief Petty Officers Association — 1 p.m., Astoria Moose Lodge, 420 17th St. For information, call Dave Kinney at 415-827-5190.

Columbia River Meditation Group — 6 to 7:30 p.m., Room 306, Towler Hall, Clatsop Community College. Class led by ordained Zen priest and is nonreligious. Group practices different meditation styles, focuses on developing a regular meditation practice. All are welcome. For information, email shinei@zendust.org

Jam Session — 6:30 to 8:30 p.m., Astoria Senior Center, 1111 Exchange St. Open to the public. For information, call 503-325-3231.

Clatsop County Republicans — 7 p.m., old Port of Astoria offices, 422 Gateway Ave. For information, call 503-738-6474 or go to www.clatsopcountyoregon.org

FRIDAY

AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

Master Gardeners explore topic of soil and water quality

The Daily Astorian

The Clatsop County Master Gardeners Association presents a public talk, "Soil and Water Quality on the North Coast," with Austin Tomlinson, at 2 p.m. Tuesday in the 4-H building at the Clatsop County Fairgrounds. Tomlinson is the Clatsop Soil and Water Conservation

District technician.

Conserving and protecting the soil and water quality throughout the Northwest and within our own back yards is essential to achieve sustainability, productivity and growth in the future. Ways in which individuals can help contribute to healthy soil and water will be explored.

Book signing held Saturday at Godfather's

The Daily Astorian

Godfather's Espresso and Books, 1108 Commercial St., is hosting a book signing at noon Saturday featuring René Steelman, author of "Heaven Sent & Bent: Becoming a Mother of Strength." Steelman has six children; the sixth, who is now 30 years old, was born with cerebral palsy and severe disabilities.

Steelman is a professional speaker, radio show host, writer and blogger (<http://heavenandnot.com>). A veteran of the U.S. Navy, where she served as a photographer, her love of visual art led her to a quasi-career in interior design until the call of her true occupation, motherhood, demanded her full attention.



René Steelman

Columbia River Symphony holds free concerts

The Daily Astorian

The Columbia River Symphony presents "Symphonic Stories," a family-friendly concert, at 7 p.m. Saturday at the Liberty Theater, and at 3 p.m. Sunday at the Coastline Christian Fellowship, 89386 Oregon Highway 202. The Liberty Theater performance is

partially funded by a grant from the Oregon Cultural Trust administered through the Clatsop Cultural Coalition. Both concerts are free, but donations are welcome.

Beginning as a writing/art competition between 11 different school districts, eight stories, poems, and pieces of artwork have been selected to be featured

alongside the Columbia River Symphony's performances.

Musical selections include Steven Reineke's "Fate of the Gods," Pierre La Planche's "Down in the Valley," "Okeanos" for Orchestra by Jack Bullock, "Pilatus: Mountain of Dragons" by Reineke, "Lake Dance" by William G. Harbinson, "Starry Night"

by Timothy Loest, and more.

Led by conductor Cory Pederson, Columbia River Symphony is an all-volunteer, nonprofit performing arts group. For those interested in performing/joining with the symphony, whether as a musician, board member, or CRS supporter, go to www.columbiariversymphony.org

Astoria High graduate presents original research

The Daily Astorian

WALLA WALLA, Wash. — On April 12, Emily Deacon is presenting her original research as part of the 18th annual Whitman College Undergraduate Conference, which brings together students from every academic area

of the college to share their research and creative projects with the campus community.

The projects are a result of the students' work in their courses, senior theses, summer internships and study abroad. Deacon is a 2012 graduate of Astoria High School. She is a senior at Whitman College.

Meet the Candidates event held Sunday

The Daily Astorian

A Meet the Candidates event is being held from 3 to 5 p.m. Sunday at 511 Jerome Ave. The candidates who will be attending are Kathleen Sullivan, who is running

for Clatsop County commissioner in District 4, and Ron Woltjer, who is running for Clatsop County Circuit Court judge.

For information, call Sue Skinner or Tom Duncan at 503-325-1935.

Sanders for president open house Sunday

The Daily Astorian

MANZANITA — North Oregon Coast for Bernie is holding a Bernie Sanders Cupcake Social from 2 to 6 p.m. Sunday at the Pine Grove Community House, 225 Laneda Ave. Learn about the Bernie 2016 campaign and

other Oregon primary details during this open house. Voter registration information is available and so is the ability to check/change registration. The event is kid-friendly, and there are activities for the little non-voters, as well.

For information, call Lynda Chick at 773-852-1101.

DEAN'S LIST

The following students have qualified for the Dean's List by earning a 3.5 grade point average or higher.

Eastern Oregon University La Grande

Astoria: Loretta Maxwell.

Pacific University Forest Grove

Astoria: Kaneah Owen, Nathan Sutton, Chelsea Tumbarello, Sally Wies.