

Peer-to-peer hotline is a lifeline for troubled youth

A resource for suicide prevention, substance abuse

By EDWARD STRATTON
The Daily Astorian

When talking about behaviors hinting at harmful or even suicidal thoughts, Melissa Margaret said she prefers to see them as invitations for help rather than warning signs to stay away.

Margaret helps operate YouthLine, a peer-to-peer youth suicide hotline through Lines for Life, a suicide and substance abuse prevention group.

She and other mental health professionals, educators, parents and family members with concerns gathered Monday at Astoria Middle School to talk about how to best reach those

struggling, amid a reported uptick in students harming themselves and thinking of suicide.

Be attentive

“The key as a parent ... is to notice a change in behavior,” said Emily Moser, who manages YouthLine.

Parents need to be attentive toward their children and understand their regular behaviors, Moser and Margaret said, and be willing to ask when they notice something is amiss, even in the face of anger and pushback.

Parents at the meeting whose children had attempted suicide shared their own initial frustration in trying to respond, and how communication and breaking through the stigma of mental illness was key in helping their children.

According to the Trevor Project, an LGBT crisis support group, members of the lesbian, gay, bisexual and

‘The key as a parent ... is to notice a change in behavior.’

Emily Moser
manager, YouthLine

transgender community are about four times more likely than their peers to attempt suicide. Jeralyn O’Brien, chairwoman of the Lower Columbia Gender Alliance and Q Center in Astoria, said the best way to help is to provide support and avoid judgment.

Ask the question

“All the research shows is that the best thing you can do is ask the question,” Moser said of asking whether someone is thinking about suicide.

Detective Nicole Riley of the Astoria Police Department touched on the lack of resources for people having mental health issues, such as a shortage of hospital beds leading suicidal subjects to stone-wall until they get out.

While resources are limited, Moser said, “we need to look at what we can do before they go to the hospital,” adding that with at least 95 percent of calls to YouthLine, a person’s crisis is de-escalated without the help of police or a visit to a hospital. She and others said understanding mental health and moving past the stigma is key to responding to those in need.

Members of Lines for Life and other organizations will meet again at 6:30 p.m. both tonight and Wednesday in the library of Astoria Middle School — 1100 Klaskanine Ave. — to talk about how to help those dealing with self-harming and suicidal behaviors.

Residents want pot vote in Cannon Beach

By R.J. MARX
The Daily Astorian

CANNON BEACH — Marlene Laws doesn’t care what voters think about legal marijuana in Oregon. But she does want people to come out and vote against cannabis dispensaries in Cannon Beach.

If Laws and others on a new committee can round up 140 signatures, the initiative could make its way to the November ballot. If the initiative should succeed with voters, cannabis sales would be off limits in the city.

“I just want it to go to a vote, so we know the will of the people if they want a shop in Cannon Beach,” Laws, a lifelong resident, said. “Sixty-three percent voted to legalize it. But that does not mean they want a shop in Cannon Beach. This is why I want it to come to a vote. So we can know for sure if people in Cannon Beach do want a marijuana shop in Cannon Beach.”

Laws and her husband, Gary, have joined Cannon Beach residents Jeremy Randolph, Nancy Gaisson and Molly Edison on a committee to bring the matter back to voters.

Last Tuesday, city councilors declined to bring a call for a council vote that would have banned recreational and medical marijuana sales within the city. Despite a motion by Councilor Wendy Higgins to read the ordinance by its title, Mayor Sam Steidel, Councilors George Vetter, Melissa Cadwallader and Mike Benefield declined to second it. Without a second, a subsequent motion to ban cannabis sales was never considered, in effect opening the door for the licensing of dispensaries.

Randolph, a former prosecutor in Lewis County, Washington, is the chairman of the committee and Gary Laws is



R.J. Marx/The Daily Astorian
Jeremy Randolph is chairman of a committee to bring a vote to prohibit marijuana dispensaries in Cannon Beach.

the treasurer.

Marlene Laws said Monday she sent papers to the state to form a committee and open a bank account to develop an initiative to vote. Papers must be filled out before signatures can be collected.

The ordinance before the City Council sought to ban cannabis dispensaries, processing sites, wholesalers and retailers, an opt-out option offered to Oregon cities. Since the councilors took no action last week, those who oppose the sale of cannabis in Cannon Beach have the option to bring it to the voters.

City elections official Colleen Riggs said the petition could ask for “anything.” “Until they actually write it out, we don’t know what they would like to put on the ballot,” Riggs said.

If signatures are properly verified, it may or may not go to a vote in November, she said. “There are a lot of different options.”

When the initiative is presented, City Council members will have the option to adopt the initiative, reject it or take no action. If the initiative is rejected or no action taken, the initiative would come before the voters, Riggs said.

Oregon GOP eliminates superdelegates

Associated Press

SALEM — Oregon’s Republican Party has changed its rules to eliminate superdelegates, meaning more delegates could go to the winner of the state’s May 17 primary.

Until now, the state party’s top three leaders were able to support any candidate at national conventions, regardless of the primary results, The Bulletin reported. But the party approved a rule change during a Medford meeting

last week that will require its leaders to vote according to the primary results.

If there is a contested convention, Oregon’s Republican leaders will have to vote according to the peoples’ wishes during the first two rounds of voting.

“Whoever gets the most votes will probably get the three of us,” said Bill Currier, one of the three formerly unbound delegates and the chairman of the Oregon Republican Party.

The rule involves just

three of the 2,472 delegates attending the GOP’s July convention in Cleveland, but that could make a difference in a tight race to amass the 1,237 delegates need to win.

Businessman Donald Trump is currently leading the Republican field with 742 pledged delegates, while U.S. Sen. Ted Cruz of Texas has 516 and Ohio Gov. John Kasich has 143.

Oregon made the change at the behest of the Republican National Committee, which is hoping to avoid can-

didates lobbying to win over unbound delegates. That happened in 2012, when former U.S. Rep. Ron Paul’s supporters won over unbound delegates from former Massachusetts Gov. Mitt Romney, the eventual nominee.

“We wanted to make it the same. We’re no different. We all have a vote. We wanted to conform to the same rules that the rest of the delegates did,” said Donna Cain, another formerly unbound delegate and the state party’s national committeewoman.

Scappoose man fined for discharging paint into river

The Daily Astorian

WARRENTON — The state Department of Environmental Quality fined Donald Salvey of Scappoose \$19,243 for allegedly discharging paint and paint chips to the Skipanon River at the Warrenton Marina.

On Sept. 23, according to a release from the state, workers

under the direction of Salvey were observed grinding and sanding paint from the hull of the vessel Henrietta W and painting the hull while the vessel was moored in Warrenton. Observers saw paint and dried chips in the water around the vessel, and workers cleaning paint from paint roller brushes in the mooring basin.

The penalty includes \$8,443 for the economic benefit Salvey gained by not paying

to put the boat in a dry dock for painting. Salvey has appealed the fine.

WANTED

Alder and Maple Saw Logs & Standing Timber

Northwest Hardwoods • Longview, WA

Contact: Steve Axtell • 360-430-0885 or John Anderson • 360-269-2500

CONCEAL CARRY PERMIT CLASS

Oregon - Utah

Valid 35 States

April 21st

1PM or 6PM

Best Western: 555 Hamburg Ave, Astoria

OR/Utah—valid in WA \$80 or Oregon only \$45

www.FirearmTrainingNW.com | FirearmTrainingNW@gmail.com

360-921-2071

THE DAILY ASTORIAN

TV LISTINGS

Evening listings
TUESDAY

TUESDAY EVENING												APRIL 12	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30
2	KATU	(2) KATU News at 6		Jeopardy!	Wheel of Fortune	Fresh Off the Boat	The Real O'Neals	Agents of SHIELD "Paradise Lost" (N)		Beyond the Tank (N)		KATU News at 11	(3:5) Jimmy Kimmel
4	KOMO	(4) KOMO 4 News		Wheel of Fortune	Jeopardy!	Fresh Off the Boat	The Real O'Neals	Agents of SHIELD "Paradise Lost" (N)		Beyond the Tank (N)		KOMO 4 News	(3:5) Jimmy Kimmel
5	KING	(5) NBC Nightly News	KING 5 News	KING 5 News	Evening	The Voice "The Live Playoffs, Night 2" (N)				Game of Silence "Pilot" (P) (N)		KING 5 News	(3:5) Tonight Show
6	KOIN	(6) KOIN 6 News at 6	CBS Evening News	Extra	Ent. Tonight	NCIS: New Orleans "Confluence"		NCIS "Sister City" Pt. 1 of 2		NCIS:NewOrleans "Sister City" Pt. 2 of 2		KOIN 6 News @ 11	(3:5) S.Colbert
7	KIRO	(7) KIRO 7 News	CBS Evening News	The Insider	Ent. Tonight	NCIS: New Orleans "Confluence"		NCIS "Sister City" Pt. 1 of 2		NCIS:NewOrleans "Sister City" Pt. 2 of 2		KIRO 6 News	(3:5) S.Colbert
8	KGW	(8) KGW News at 6:00 p.m.		Live at Seven	Inside Edition	The Voice "The Live Playoffs, Night 2" (N)				Game of Silence "Pilot" (P) (N)		KGW News at 11	(3:5) Tonight Show
9	KRCW	(9) Seinfeld	Seinfeld	Modern Family	Modern Family	iZombie "Dead Beat" (N)		iZombie "Salivation Army" (SF) (N)		KGW News at 10	(3:5) Two and Half	Two and Half Men	King of the Hill
10	KOPB	(10) Ask-Old House	Business (N)	PBS NewsHour		10 Parks That Changed America (N)		Jackie Robinson Robinson uses his fame to speak out against injustice. (N)		Eyes on the Prize		Eyes on the Prize	Our Family
12	KPTV	(12) 6 O'Clock News		Family Feud	Family Feud	New Girl (N)	Grandfathered	Brooklyn 99 (N)	The Grinder (N)	10 O'Clock News		11 O'Clock News	Loves Ray 1/3
13	KPDx	(13) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	FOX 12's 8 O'Clock News on PDX-TV		FOX 12's 9 O'Clock News on PDX-TV		The Walking Dead "Infected"		The Walking Dead	"Isolation"
13	KCPQ	(13) Name Game	Modern Family	Big Bang Theory	Big Bang Theory	New Girl (N)	Grandfathered	Brooklyn 99 (N)	The Grinder (N)	Q13 News at 10		Q13 News	Modern Family
20	TBS	(20) Seinfeld	Seinfeld	Seinfeld	Seinfeld	Big Bang Theory	Big Bang Theory	Makers "Opening Pitches Part Two" (N)		Separation Anxiety "Pablo and Eva" (N)		Conan (N)	
22	KZJO	(22) Two and Half Men	Two and Half Men	The Simpsons	The Simpsons	Modern Family	Modern Family	Q13 News at 9		Big Bang Theory	Big Bang Theory	Friends	Friends Pt. 2 of 2
29	ESPN	(29) SportsCenter (N)	Hey Rookie	E:60 (N)		SportsCenter		SportsCenter		SportsCenter		SportsCenter	
29	ESPN2	(29) Year of the Quarterback "The Brady 6"		Hey Rookie		SportsCenter		E:60		NBA Tonight	Jalen & Jacoby (N)	30 for 30	
31	NICK	(31) NickyRickyDicky	Henry Danger	Henry Danger	The Thundermans	The Thundermans	Paradise Run	Full House		Full House	Full House	Friends	Friends
32	DISN	(32) Stuck in Middle	Bunk'd	Liv and Maddie	Jessie	Radio Rebel (2012, Drama) Sarena Parmar, Debby Ryan.		(4:40) K.C. Underc.		(:05) Best Friends	Girl Meets World	Liv and Maddie	Stuck in Middle
34	FAM	(34) (4:00) The Proposal	*** Harry Potter and the Order of the Phoenix (2007, Adventure) Rupert Grint, Emma Watson, Daniel Radcliffe.					Superfan Suite (N)		Stitchers "Two Deaths of Jamie B." (N)		The 700 Club	
35	FMC	(35) (5:00) X-Men Origins: Wolverine	(:15) *** True Grit (2010, Adventure) Matt Damon, Hailee Steinfeld, Jeff Bridges.					*** True Grit (2010, Adventure) Matt Damon, Hailee Steinfeld, Jeff Bridges.				(:45) FXM Presents	
36	LIFE	(36) Dance Moms "Brynn's Big Moment"	Dance Moms "ALDC Does Vegas"	Dance "Jolo Steals the Show Show" (N)		Dance Moms (N)				To Be Announced			
38	ROOT	(38) Mariners Access	MarinersPre-game	MLB Baseball Texas Rangers at Seattle Mariners Site: Safeco Field -- Seattle, Wash. (L)						Post-game	MLB Baseball Texas Rangers at Seattle Mariners		
39	FS1	(39) (5:00) UEFA Soccer Champions League		UFC Unleashed (N)		Fox Sports Live	Fox Sports Live	TMZ Sports (N)	Best I Heard (N)	Fox Sports Live	TMZ Sports	Fox Sports Live	Fox Sports Live
43	SPIKE	(43) Ink Master "Salt in the Wound"	Ink Master "The Devil's in the Details"	Ink Master "New School, Old Artist"		Ink Master "Under Pressure"		Ink Master "Knuckle Sandwich" (N)		Ink Master (N)	Ink Master	Ink Master	Ink Master
44	COM	(44) Futurama	Futurama	Futurama		Tosh.0	Tosh.0	Tosh.0	Tosh.0	Tosh.0 (N)	Nikki Glaser (N)	The Daily Show (N)	Nightly Show (N)
45	HIST	(45) Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Counting Cars	Forged in Fire "Khanda" (N)		(:05) Iron & Fire	Iron & Fire
46	A&E	(46) The First 48	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars	Storage Wars (N)	Storage Wars	Storage Wars (N)	Storage Wars	Storage Wars	Storage Wars
47	TLC	(47) (:05) Long Lost Family	(:05) Family "Why Did You Leave Me?"	(:05) Jill Jessa "Surprise!" (N)		Jill and Jessa: Counting On (N)		Jill and Jessa: Counting On (N)		The Willis Family (N)		(:05) Jill and Jessa: Counting On	
48	DISC	(48) Deadliest Catch "Ticking Bomb"		Deadliest Catch "First Timers" (N)		Deadliest Catch "No Good Deed..." (N)		Life Below Zero "Codes of Survival"		Last Alaskans "Home Again" (SP) (N)		Deadliest Catch "No Good Deed..."	
49	NIGO	(49) (5:00) Billy the Kid: New Evidence		The Boonies "Finders Keepers"		The Boonies "Catches Keepers"		Life Below Zero "On the Edge"		Life Below Zero "On the Edge"		Life Below Zero "Codes of Survival"	
50	TNT	(50) (5:00) NBA Basketball Oklahoma vs San Antonio (L)		NBA Basketball Memphis Grizzlies at Los Angeles Clippers Site: Staples Center -- Los Angeles, Calif. (L)				Inside the NBA		Inside the NBA		NBA Basketball Okl./S.A.	
51	AMC	(51) (5:00) *** Die Hard (1988, Action) Alan Rickman, Bonnie Bedelia, Bruce Willis.		*** Lethal Weapon (1987, Action) Danny Glover, Gary Busey, Mel Gibson.						*** Lethal Weapon 2 (89, Act) Danny Glover, Mel Gibson.			
52	USA	(52) Law & Order: S.V.U. "Sin"		Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Modern Family	Chrisley Knows (N)	Chrisley Knows	Modern Family	Modern Family
53	FOOD	(53) Chopped "Aussie Awesome"		Chopped "Count Your Chickens"		Chopped "In-Laws, In Teams!"		Chopped "Family Affair"		Chopped (N)	Chopped	Chopped "Burn For The Worse"	
54	HGTV	(54) Fixer "High School Friend Seeks Fixer"		Fixer "Three Generations, One Fixer"		Fixer Upper		Fixer "School Spirit Spurs Home Search"		House Hunters (N)	House Hunters	Good Bones (N)	
56	FX	(56) *** Wild Hogs (2007, Comedy) William H. Macy, Martin Lawrence, John Travolta.		*** The Secret Life of Walter Mitty (2013, Adventure) Kristen Wiig, Adam Scott, Ben Stiller.									
57	CNN	(57) Why They Hate Us (N)		CNN Tonight With Don Lemon		CNN Tonight With Don Lemon		Why They Hate Us		CNN Newsroom		CNN Newsroom	Amanpour
58	FNC	(58) The Kelly File with Megyn Kelly		Hannity		The O'Reilly Factor		The Kelly File with Megyn Kelly		Hannity		On the Record	
61	CNBC	(61) Shark Tank		Billion Dollar Buyer (N)		Shark Tank		Shark Tank		Billion Dollar Buyer		Paid Program	Paid Program
63	BRAV	(63) Beverly Hills "Lymes in the Sand"		Beverly Hills "Dubai Daze"		Beverly Hills Social (N)		The Real Housewives of Beverly Hills (SF) (N)		The Real Housewives of Beverly Hills		WatchWhat (N)	
64	TCM	(64) (5:00) Kings Row (142) Ann Sheridan.		(:15) *** Juke Girl (42, Cri) Ronald Reagan, Richard Whorf, Ann Sheridan.		*** The Main Event (1979, Drama) Ryan O'Neal, Richard Lawson, Barbra Streisand.				Body and Soul (47, Sport) John Garfield.			
65	SYFY	(65) (5:00) Drag Me to Hell (09) Justin Long.		*** Freddy vs. Jason (2003, Horror) Ken Kirzinger, Monica Keena, Robert Englund.		*** Jeepers Creepers (2001, Horror) Justin Long, Jonathan Breck, Gina Philips.				The Cabin in the Woods			
162	RFD	(162) (5:30) Cattlemen	American Harvest	Downunder Horseman.		Chris Cox	Rural Eve. News	Ag PhD		Cattlemen to Cattlemen		American Harvest	Product Showcase

Suzanne Elise Assisted Living Community is the proud recipient of a PERFECT STATE SURVEY for 2015 – a reflection of our core value, "Quality that is Obvious!"

P: 503-738-0307 | www.suzanneelise.com

SUZANNE ELISE
ASSISTED LIVING COMMUNITY
A PART OF THE AVAMERE FAMILY OF COMPANIES

AVAMERE
at SEASIDE