

# Help to stamp out hunger

## Attend Astoria foodbank fundraiser, all-day crop for paper crafters April 9

ASTORIA — Spring is a slow time for donations to local foodbanks. To help, three Clatsop County women are organizing the second annual Stamp Out Hunger fundraiser for the Clatsop Emergency Food Bank.

From 9 a.m. to 9 p.m. Saturday, April 9, anyone can drop off canned food, pet food, pasta, boxed food, personal hygiene items, or cash at Astoria High School Commons. The site will be manned all day, and all donations go to the food bank.

In addition to providing a collection site, Astoria High School will be donating space for an all-day crop for scrapbookers, card-makers, and paper crafters ages 15 and older. Participants can come any time between 9 a.m. and 9 p.m., staying all day or any part of the day. Entrance to the event is eight cans of food or any combination of donation items, which entitles participants to chances for door prizes, free “Make-n-Takes” (workshops offered every hour from 10 a.m. to 7 p.m.) and lunch.

Door prizes range from gift certificates for restaurants, gas stations, salons and wellness spas to craft items like stamp sets, embossing folders,

die cuts and paper. Lunch is sponsored by Astoria Subway, T.Paul’s Super Club and Urban Café, Columbia River Coffee Roasters, and Kips Kandies.

About 10 years ago, Brenda McKune had a dream about helping to feed the hungry in the Warrenton area. She started an event called Scrap Out Hunger where scrapbookers and rubber stampers came together to work on their projects and participate in workshops. In 2015, Bobbi Brice and Cindy Miller decided to put on a similar event to raise food and money for the Clatsop Emergency Food Bank in Astoria. With McKune’s blessing, organizers raised over 1,000 pounds of food and more than \$700 for the food bank last year. McKune, Brice and Miller are the organizers of this year’s Stamp Out Hunger event, which is sponsored by Red Dwarf Graphx.

Participants of the all-day crop should plan to bring their own scrapbook or card projects to work on as well as the tools and materials needed to complete them. In addition to the door prizes (which you must be present to win), there will be a raffle for three grand



Submitted photo

Susan Bartlett of Astoria has been making cards since 2012, when she was introduced to the craft after winning a stamping experience at the Clatsop Community College Arts & Experience Auction. A retired elementary school teacher, Bartlett picked up skills quickly and produces beautiful cards. She will be teaching a Make-n-Take workshop at the all-day crop.

prize packages worth between \$150 and \$250. Tickets for the raffle are \$5 each or three for \$10. You do not have to be present to win the raffle prizes.

If you are unable to attend the event but would like to donate, send tax-deductible checks payable to Clatsop Emergency Food Bank to: Stamp Out Hunger, 540 Grand Ave., Astoria, OR 97103.

Many Make-n-Take workshops will be led by many special instructors throughout the day, including: Cindy Young, owner of Young at Heart Paper Crafting in Astoria; Salem artist Dan Vance whose scratch board class was popular last year; frequent Picture Attic instructor and Stampin’ Up! demonstrator Mari-Jo Truett from Ocean Park, Washington; Stampin’ Up! demonstrator Melissa Hiester from Medford; quilter Cheryl Hiester from McMinnville who has made a quilt as a raffle prize; former co-owner of Paper Moon Rubberstamps and Astoria artist Nikki Pippo; Neskown artist and crafter Vicki Poole; Seaside artist and crafter Ann Pilger; stamper and card maker Susan Bartlett of Astoria; Toledo artist Michele Johnson; and Close To My Heart independent consultants Wanda Riley, Missy Johnson and Becky Schoelich.



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Cindy Miller, Brenda McKune and Bobbi Brice are the organizers for Stamp Out Hunger, an event that pairs paper crafting with fundraising for the Clatsop Emergency Food Bank.

# Grow the local food landscape

## Beers to Your Health hosts Teresa Retzlaff

ASTORIA — For those who love the freshness of local food and supporting the growth of more small farms in the area, then this event is for you. Farmer Teresa Retzlaff, owner of 46 North Farm in Olney, will be the presenter for Astoria Co-op Grocery’s monthly food and wellness Beers to Your Health talk at the Fort George Lovell Showroom.

The talk takes place at 7 p.m. Thursday, April 14. Doors open at 6 p.m. The event is free and open to all ages.

Retzlaff’s talk will focus on things you can do to change the way food is produced and

consumed in the local region.

Retzlaff says there are ways we can all support local farmers and grow the local food system; such as thinking about what “local” means, eating seasonally, and learning about how your food is produced.

Asking questions about where food comes from when you eat out can be influential.

“That lets the restaurants know that you care. That’s why more farms are getting inquiries from restaurants, because their customers are asking questions. Consumers have so much power,” Retzlaff said.



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Teresa Retzlaff, owner of 46 North Farm, will speak about the local food system April 14 at Beers to Your Health.

Retzlaff hopes everyone can shift some food purchasing to local and support people who are trying to grow food in the coastal area.

# Hear big band sounds, Frank Sinatra, more

ASTORIA — North Coast Big Band, led by Lee Stromquist, will “Swing into Spring,” celebrating 100th birthday tributes for Frank Sinatra and Harry James at 2 p.m. Sunday, April 10 at the Clatsop Community College Performing Arts Center. Tickets are \$10 per person and available at the door.

Music from the big band era to the present will feature vocalists Ken Kirby, Bob Walters and trumpeter Mike Evans, who played with the Glen Miller Orchestra. Featured favorite local jazz musicians include Bob Join-



Submitted photo

Bob Walters will sing in honor of Henry James’ 100-year birthday.



Submitted photo

Ken Kirby will sing in honor of Frank Sinatra’s 100-year birthday.

er, Dave Drury, Terry Dahlgren and Peter Hinsbeeck.

Doors open at 1:30 p.m. The

concert is a benefit for Partners for the PAC. The Performing Arts Center is located at 588 16th St.

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