

Prana Wellness Center celebrates one year in business

Wellness center has started new artist-in-residence float program Theta Waves

ASTORIA — Prana Wellness Center will host a One Year Anniversary Party from 4 to 7 p.m. Saturday, April 9.

The wellness center offers massage, acupuncture, a float tank, an infrared sauna, classes, art and retail space. For the anniversary, the center will offer a 10 percent discount on gift certificates and merchandise April 9 and serve food and libations.

Visitors will also enjoy new artwork from Oceanside artist Eric Sappington as well as work from Prana's Theta Waves float

tank artist-in-residence participants Aaron Toledo, Robert Paulmenn, Erik Abel, Darren Orange, Pam Chestnut, Kristin Shauck and Tim Liddiard.

Artist-in-residence program

Prana Wellness Center is now offering a new artist-in-residence float program called Theta Waves.

Floating is a tool to expand not only your mind but your creativity. Floating increases theta brain waves, which are linked to vivid visualizations, inspira-

tion, creativity and insight. Theta waves are connected to experiencing and feeling deep emotions as well as a sense of unity with the universe.

Visual artists are encouraged to apply for the residency. The wellness center will give the artist three free 90-minute floats, preferably within three consecutive weeks. The artist agrees to begin thinking about and working on their creation immediately after their third float. The artist has three weeks from the date of their third float to submit the complet-

ed artwork. The submitted piece must be an original, float tank experience-inspired piece of visual artwork. The artist will not submit previously created artwork.

The original artwork belongs to the artist. Prana Wellness Center is granted inalienable royalty free rights to reproduce the image online and in print, for promotional and/or commercial use. Prana Wellness Center will display the original creation for one month upon completion. Prana Wellness Center will use the artistic images to promote both



Submitted photo

Prana Wellness Center has started a new artist-in-residence program, where artists create work inspired by their experiences in the center's float tank.

floating and local Clatsop, Tillamook and Pacific County artists.

If you would like to apply for the artist program or know



Submitted photo

View artwork by float tank artist-in-residence participants April 9 during Prana Wellness Center's one-year anniversary party.

a visual artist who would like to participate, contact owner Leigh Oviatt at Prana Wellness Center for an application and more information by calling 503-298-9773 or visit 1428 Commercial St.



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