

## COMMUNITY NOTES

## SATURDAY

**Sit and Stitch Group** — 11 a.m. to 1 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

**Detachment 1228 Marine Corps League** — noon, Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. For information, contact Lou Neubecker at 503-717-0153.

**Columbia Northwestern Model Railroad Club** — 1 p.m., in Hammond. Group runs trains on HO-scale layout. For information, call Don Carter at 503-325-0757.

**Spinning Circle** — 1 to 3 p.m., Astoria Fiber Arts Academy, 1296 Duane St. Bring a spinning wheel. For information, call 503-325-5598 or go to <http://astoriafiberarts.com>

## SUNDAY

**Authentic Spiritual Conversations** — 3 to 4:15 p.m., Seaside Public Library conference room, 1131 Broadway. Exploring spiritual questions, doubts, practices and longings in a space where everyone's needs are respectfully held. All faiths, including "spiritual but not religious," agnostic and atheist are welcome. For information, email [info@cgifellowship.org](mailto:info@cgifellowship.org) or call 916-307-9790.

**Line Dancing** — 5:30 to 8 p.m., Seaside American Legion, 1315 Broadway. For information, call 503-738-5111. No cost; suggested \$5 tip to the instructor.

## MONDAY

**Chair Exercise Program** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Scandinavian Workshop** — 10 a.m., First Lutheran Church, 725 33rd St. Needlework, hardanger, knitting, crocheting, embroidery and quilting. All are welcome. For information, call 503-325-1364 or 503-325-7960.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. Cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

**Warrenton Senior Lunch Program** — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Astoria Rotary Club** — noon, second floor of the Astoria Elks Lodge, 453 11th St. Guests always welcome. For information, go to [www.AstoriaRotary.org](http://www.AstoriaRotary.org)

**Mahjong for Experienced Players** — 1 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Knockers Pinochle Group** — 1 p.m., Bob Chisholm Community Center, 1225 Avenue A, Seaside. Cost is \$1 per regular session per

## Daughters of the American Revolution members honor veterans



Submitted Photo

**Pictured, members of the Astoria Chapter Daughters of the American Revolution and Vietnam veterans who were recipients of DAR certificates of Appreciation for Service, presented March 29 at the American Legion in Seaside. Although not all of the 243 recipients attended, the post commander will give out the remaining certificates as those individuals come in. Regent Sandra Fuller, Sue Glen and Rob-in Rhodes greeted each veteran, and cookies, coffee and lemonade were shared. Veterans from other wars were also present, and were thanked for their service.**

person. Players with highest and second highest scores split the prize. Game is designed for players 55 and older, but all ages are welcome.

**Line Dancing for Seniors** — 3 to 4:30 p.m., Astoria Senior Center, 1111 Exchange St. Not for beginners. For information, call 503-325-3231.

**Astoria Toastmasters** — 6:30 p.m., Hotel Elliot conference room, 357 12th St. Visitors welcome. For information, go to [www.toastmasters.org](http://www.toastmasters.org) or call 503-894-0187.

**Depression and Bipolar Support Alliance** — 7 to 9 p.m., Room A, Columbia Memorial Hospital, 2111 Exchange St. Open to all those diagnosed with a mood disorder, or have a family member or friend diagnosed, or who think they might have depression or bipolar disorder. For information, contact Patricia Fessler at 503-325-8930.

## TUESDAY

**World War II Warbirds** — 8 a.m., Labor Temple Diner, 934 Duane St.

**Stewardship Quilting Group** — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

**Do Nothing Club** — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

**Astoria Kiwanis Club** — noon, El Tapatio, 229 W. Marine Drive. For information, call Robert McClelland at 503-894-0187 or Susan Brooks at 503-741-0186 or 503-338-4994.

**Astoria Lions Club** — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

**Bras2Moms Fitting** — 1 to 3 p.m., Columbia Memorial Hospital Birthing Center, 2111 Exchange St. Bras2Moms provides free nursing bras and/or tanks to mothers, so women do not become discouraged with, or stop breastfeeding because they cannot afford a nursing bra. A \$5 donation is requested, but not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-325-4321.

**A Course in Miracles** — The Astoria ACIM study group meets weekly from 3 to 4 p.m. Bring your book. For information and location, call 916-307-9790 or email [mofett@cgifellowship.org](mailto:mofett@cgifellowship.org)

**Evergreen Masonic Lodge No. 137** — 6:30 p.m. dinner, 7:30 p.m. meeting, 201 N. Holladay Drive, Seaside. All Masons and their families are welcome. For information, call 503-717-0808.

**Astoria Yacht Club** — 6:30 p.m., West Mooring Basin, 300 Industry St., Suite 201. First meeting of the 2016 racing season This is an organization meeting for boat captains interested in participating in the club's racing program. All sailboats are eligible, member or nonmember.

## WEDNESDAY

**Warrenton Sunrise Rotary Club** — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

**Chair Exercise Program** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Moms Offering Moms Support Club** — 9 a.m., Capt. Gray Port of Play, 785 Alameda Ave. For information, go to [www.momsclubofastoria.org](http://www.momsclubofastoria.org) or email [president@momsclubofastoria.org](mailto:president@momsclubofastoria.org)

**Angora Hiking Club** — 10 a.m., Blue Scorcher Baker & Café, 1493 Duane St. Astoria Wander walk. For information, call Roger Westerman at 213-448-9441.

**Help Ending Abusive Relationship Tendencies** — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

**Open Sewing Gathering** — 10:30 a.m. to 4:30 p.m., Homespun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

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**Blood Pressure Checks** — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Sit and Stitch Group** — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

**Mahjong for Experienced Players** — 1:15 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Ukulele Players** — 1:30 p.m., Warrenton Masonic Lodge, 66 S.W. Fourth St., Warrenton. All are welcome, including beginners. Loaner ukuleles available. For information, call Roger Williams at 503-717-5645.

**Line Dancing for Seniors** — 1:30 to 3 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**Seaside Dementia Support Group** — 2 to 3:30 p.m., Necanicum Village, 2500 S. Roosevelt Drive, Seaside. For families and/or caregivers of dementia patients. All are welcome. To attend, RSVP to 503-738-0900.

**Warrenton Gateway Masonic Lodge No. 175** — 6:30 p.m. dinner, 7:30 p.m. meeting, at 66 S.W. Fourth St., Warrenton.

**Seaside Elks Lodge No. 1748** — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email [seasideelks@yahoo.com](mailto:seasideelks@yahoo.com)

## THURSDAY

**Chair Exercise Program** — 9 to 9:45 a.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

**North Coast Republican Women** — 11:30 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Lane, Warrenton. For information, call 503-717-0392 or go to [www.clatsopcountyoregon.republican](http://www.clatsopcountyoregon.republican)

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

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**Warrenton Senior Lunch Program** — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Seaside Rotary Club** — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seasiderotary.com>

**Lower Columbia Hospice Bereavement and Grief Support Group** — 2 to 4 p.m., Meeting Room 1, Bob Chisholm Community Center, 1225 Avenue A, Seaside. Group is open to those who are age 18 or older. For information, call 503-338-6230.

**Columbia River Meditation Group** — 6 to 7:30 p.m., Room 306, Towler Hall, Clatsop Community College. Class led by ordained Zen priest and is nonreligious. Group practices different meditation styles, focuses on developing a regular meditation practice. All are welcome. For information, email [shinei@zendust.org](mailto:shinei@zendust.org)

**Lower Columbia Danish Society** — 7 p.m., First Lutheran Church, 725 33rd St. Jen Zamon talks about Legos, the popular Danish building brick toy. Scandinavian Festival planning will be discussed. Save the date: 2:30 p.m. May 15 for making Frikadeller for the festival at the Columbia Memorial Hospital Community Center. All are welcome. An interest in Danish heritage, culture and traditions is all that is needed to attend meetings, which are held in English unless otherwise indicated. For questions, call 503-325-2612.

## FRIDAY

**AAUW Walking Group** — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

**Lighthouse for Kids Project** — 10 a.m. to 2 p.m., Homespun Quilts, 108 10th St. Making quilts for children going through sexual abuse assessment. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

**Community Skate Night** — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to [www.astoriaarmory.com](http://www.astoriaarmory.com)

## Making Meaningful Change: How God's Love Can Change Your Life and the World

Discover how a right understanding of God can bring His healing and saving power into our daily lives.

**Saturday, April 2nd, 10:30 a.m.**

Astoria Public Library, Flag Room  
450 10th Street . Astoria

Mark McCurties has had a life-long love of the Bible and its inspiring message of individual triumph over adversity. While working with young people, he had many opportunities to witness the healing power of God, and these inspiring experiences eventually led him into the full-time public practice of Christian Science. Mark is a member of the Christian Science Board of Lectureship.

Sponsored by First Church of Christ, Scientist Astoria, OR, and First Church of Christ, Scientist Gearhart, OR. For more information please call: 503.325.5661



**CASEY EYE  
Institute**  
OHSU

## Macular Degeneration and Low Vision Expo

**Saturday, April 9, 2016, 9 a.m. - 4 p.m.**

Come for an hour - stay for the day!

- Talks by Casey Eye Institute faculty
- Macular degeneration basics and current treatments
- Research advances
- Sessions on tools and techniques for living fully with low vision
- Exhibits of vision aids, assistive technology and services
- Showcase by artists and hobbyists with vision loss

**Free** - Get more information and register at [www.caseyamd.com](http://www.caseyamd.com) or call 503 494-8511



**Doubletree Hotel  
Lloyd Center  
1000 NE Multnomah  
Portland, Oregon**

Sponsored by:  
**Macular Degeneration Center and Vision Rehabilitation Center**

In partnership with  
**Oregon Commission for the Blind**

Featuring boys and girls high school teams from throughout the Columbia-Pacific region

**28<sup>TH</sup> ANNUAL  
DAILY  
ASTORIAN  
INVITATIONAL**

**10:00 a.m.  
Saturday, April 16<sup>th</sup>  
Seaside High School**

**TRACK  
MEET**