

MORE NOTES

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Seaside Lions Club — 5 p.m., West Lake Restaurant & Lounge, 1480 S. Roosevelt Drive, Seaside. For information, call 503-738-7693.

Line Dancing for Seniors — 6 to 7:30 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

Pacific County (Wash.) Democrats — 7 p.m., South County Building, 7013 Sandridge Road in Long Beach, Wash. For information, email Diane Knutson at dlknutson69@yahoo.com

TUESDAY

Stewardship Quilting Group — 9:30 a.m. to 1:30 p.m., First Lutheran Church, 725 33rd St. All are welcome. Donations of material always appreciated. For information, call Janet Kemp at 503-325-4268.

Do Nothing Club — 10 a.m. to noon, 24002 U St., Ocean Park, Wash. Men's group. For information, call Jack McBride at 360-665-2721.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Astoria Kiwanis Club — noon, El Tapatio, 229 W. Marine Drive. For information, call Robert McClelland at 503-894-0187 or Susan Brooks at 503-741-0186 or 503-338-4994.

Astoria Lions Club — noon, Astoria Elks Lodge, 453 11th St. Prospective members welcome. For information, contact Charlene Larsen at 503-325-0590.

Bras2Moms Fitting — 1 to 3 p.m., Columbia Memorial Hospital Birthing Center, 2111 Exchange St. Bras2Moms provides free nursing bras and/or tanks to mothers, so women do not become discouraged with, or stop breastfeeding because they cannot afford a nursing bra. A \$5 donation is requested, but not required. For best fit, come for a fitting two weeks after giving birth. Sizes subject to availability. For information, call 503-325-4321.

Blood Drive — 1 to 6 p.m., Cannon Beach Conference Center, 289 N. Spruce St., Cannon Beach. To make an appointment to donate blood, go to www.redcross-blood.org or call 800-733-2767.

Warrenton Caregiver Support Group — 1:30 to 3 p.m., 2002 S.E. Chokeberry Ave., Warrenton. Support, information and resources for caregivers. For information, call Grace Bruseth at 503-738-6412.

Line Dancing for Seniors — 1:30 to 2:30 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

A Course in Miracles — The Astoria ACIM study group meets weekly from 3 to 4 p.m. For information and location, call Nelle Moffett at 916-307-9790 or email moffett@cglFellowship.org

Lower Columbia Hospice Bereavement Support Group — 4:30 to 6 p.m., Columbia Memorial Hospital Community Center,

Chinook Conference Room, 2021 Marine Drive. Open to age 18 or older. For information, call 503-338-6230.

North Coast Chapter, ABATE of Oregon — 5:30 p.m., Astoria Moose Lodge, 420 17th Street. All are welcome. For information, call 503-791-7253.

Peninsula Arts Association — 6 p.m., PAA Office, Long Beach Depot Building, Third Street N. and Pacific Highway, Long Beach, Wash. All are welcome. For information, call 360-665-6041 or go to <http://beachartist.org>

North Coast Chorale Practice — 6:45 to 9 p.m., Performing Arts Center, 588 16th St. Looking for more singers. Just show up or call 503-791-5681 or 503-338-8403.

WEDNESDAY

Warrenton Sunrise Rotary Club — 7 a.m., Dooger's Seafood & Grill, Youngs Bay Plaza, 103 S. U.S. Highway 101, Warrenton. For information, call 503-325-4030.

Angora Hiking Club — 9 a.m., Sixth Street parking lot. Manzanita Volkswalk. For information, call Arline LaMear at 503-338-6883

Help Ending Abusive Relationship Tendencies — 10 to 11:30 a.m., The Harbor, 1361 Duane St. HEART covers subjects related to the effects of domestic violence on children, parents and other family members, dynamics of power and control, and how to recognize red flags. For anyone in an abusive relationship, or who knows someone who is. Call Juli Hol to reserve a spot at 503-325-3426, ext. 103.

Open Sewing Gathering — 10:30 a.m. to 4:30 p.m., Home-spun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://home-spunquilt.com>

La Leche League of Astoria — 11 a.m. to 12:30 p.m., 725 11th St. For those interested in breastfeeding; mothers, babies and toddlers welcome. Topic is: "Becoming a Mother: Adjusting to Parenthood." For information, call Megan Oien at 503-440-4942 or Janet Weidman at 503-741-0345.

Astoria Chapter Daughters of the American Revolution — 11 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Road, Warrenton. Vice Regent Deb Quimby presents a program on the New Caledonia Chapter of Vancouver, British Columbia. Members and women interested in membership are invited to attend. Call Registrar Sue Glen at 503-861-0574 for reservations or information.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested

donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, 1111 Exchange St. For information, call 503-325-3231.

North Coast Multiple Sclerosis Care and Share Help Group — noon, Clatsop Retirement Village, 947 Olney Ave. For information, call 503-325-7898.

Sit and Stitch Group — 1 to 3 p.m., Custom Threads, 1282 Commercial St. Knitting, crocheting and needle work. For information, call 503-325-7780.

Ukulele Players — 1:30 p.m., Warrenton Masonic Lodge, 66 S.W. Fourth St., Warrenton. All are welcome, including beginners. Loaner ukuleles available. For information, call Roger Williams at 503-717-5645.

Northwest Tea Party — 6:30 p.m., Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. For information, call 503-325-7220.

WomenHeart of North Oregon Coast — 6:30 p.m., Columbia Memorial Hospital Health and Wellness Pavilion, third floor conference room, 2165 Exchange St. Peer support group for women living with, or at risk of heart disease. For information, email Michele Abrahams at WH-NorthOregon-Coast@womenheart.org

U.S. Coast Guard Auxiliary, Buoy 10 Flotilla 64 Astoria — 7 p.m., USCG Tongue Point Swimmers Building No. 1. Open to the public. For information, go to www.cgaux.org

Seaside Elks Lodge No. 1748 — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

Maple Chapter No. 95, Order of the Eastern Star — 7:30 p.m., Masonic Lodge Hall, 201 N. Holladay Drive, Seaside. For information, call 503-717-0808.

THURSDAY

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seaside Rotary.com>

Columbia River Meditation Group — 6 to 7:30 p.m., Room 306, Towler Hall, Clatsop Community College. Class led by ordained Zen priest and is nonreligions. Group practices different meditation styles, focuses on developing a regular meditation practice. All are welcome. For information, email shinei@zendust.org

Veterans of Foreign Wars, Fort Stevens Post 10580 — 7 p.m., Warrenton Christian Church, 1376 Anchor St., Warrenton. For information, call Mel Jasmin at 503-861-2030.

Lower Columbia Classic Car Club — 7 p.m., Steve Jordan's shop building, 35232 Helligso Lane. New members welcome. For information or directions, call Steve Jordan at 503-325-1807.

Rainland Fly Casters — 7 p.m., First Presbyterian Church Annex, 11th Street and Harrison Avenue. For information, call Tom Scoggins at 503-325-6358, or Walt Weber at 360-777-8295, or go to www.rainlandflycasters.com

FRIDAY

AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., 1111 Exchange St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Community Skate Night — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-791-6064 or go to www.astoriaarmory.com

Bingo — 7 p.m., Wickiup Senior Center, 92650 Svensen Market Road. For information call Mark Tischer at 503-458-6482.



Submitted Photo

Tongue Point student Cassandra Keys speaks to Sen. Jeff Merkley in Washington, D.C., about the positive impact Job Corps has had on her life.

Tongue Point Job Corps student visits legislators in D.C.

The Daily Astorian

Tongue Point Job Corps Center student, Cassandra Keys, visited Washington, D.C., recently for Management and Training Corporation's annual Student Leadership Conference. This year's training focused on the Youth 2 Youth: Partners for Peace movement (Y2Y).

While visiting, she and U.S. Sen. Ron Wyden's Tongue Point Job Corps student intern, Catherine Sautner, met with U.S. Sen. Jeff Merkley, U.S. Rep. Suzanne Bonamici and representatives from the offices of Wyden, and U.S. Reps. Earl Blumenauer and Kurt Schrader.

This was the first trip to Washington for Keys, who is the Student Government Association president, a culinary arts student and Y2Y student ambassador. "It was overwhelming that these leaders of our nation

wanted to hear what I had to say and connect on a human level," she said.

"In my high school experience, when people were bullied it was overlooked," Keys, who is a biracial transgendered female, recalled. "It is empowering that those things, bullying and lack of staff support, are not happening at Tongue Point."

"Y2Y is meaningful to all because many have felt victimized at some point; this movement gives us power to move from victim to survivor, and work together to celebrate our diversity."

The training was also an opportunity for the students to increase their leadership skills as peacemakers in the workforce and the community, as well as deepen their understanding of government.

For information on Tongue Point Job Corps Center, go to <http://tonguepoint.jobcorps.gov>

GRADUATES

The following students have graduated from college:

Western Governors University
Salt Lake City
Astoria: Aria Dwyer, bachelor's degree, nursing; Melissa Manske, mas-

ter's degree, management and strategy.

Seaside: Casseopia Fisher, master's degree, nursing — leadership and management.

Warrenton: Miranda Rempfer, master's degree, special education (K-12).

Recent shrinking of Washington park glaciers: What does it mean?



Jon Riedel
March 15

TO ATTEND:

For Members:
Dinner & Lecture: \$25 ea.
Lecture only: no charge

For Non-Members:
Dinner & Lecture: \$35 ea.
Lecture only: \$15 ea.

Appetizers will be available at 6 p.m.

Dinner will be served at 6:30 p.m.

The speaker will begin after the dinner service is complete and non-dinner members and guests of the audience take their seats.

Forum to be held at the CMH Community Center at 2021 Exchange St., Astoria.

LIMITED SEATING
RESERVE YOUR SPACE TODAY!

ColumbiaForum

FOR RESERVATION OR TO JOIN COLUMBIA FORUM CONTACT:
Holly Larkins at 503.325.3211 ext. 227 or forum@dailyastorian.com by March 11, 2016

Columbia Forum is sponsored by:

The Daily Astorian • Craft3 • OSU Seafood Laboratory • KMUN-FM Cannery Pier Hotel & Spa

HONOR ROLL

The following student has qualified for the honor roll by earning a 3.5 grade point average or higher at school.

Simpson University
Redding, California
Warrenton: Kirk Hamar.

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