

Enjoy winter blues concert in Cannon Beach

Lauren Sheehan brings folk music to Cannon Beach History Center & Museum

CANNON BEACH — The Cannon Beach History Center & Museum welcomes multi-talented blues and folk musician Lauren Sheehan for a concert at 7 p.m. Friday, Feb. 26.

A charismatic songster, Sheehan plays guitar, mandolin and banjo while singing, interpreting songs learned from some of America's greatest folk and blues artists. Sheehan launched her recording and performing career in 2002 and has been sailing on to critical acclaim, national and international radio charts, and encores at festivals, concerts and venues across the country and in Canada ever since. From fronting a nine-piece band to solo acoustic work, this vivacious musician delights audiences with the breadth of her material, evocative artistry and musicianship.

According to Reed Magazine, "Lauren has the authenticity, the sound and the knowledge of the folk/blues genre that other acts can only aspire to."

Sheehan gives memorable performances, from boozy Memphis blues and old-time banjo tunes, to country songs and electric modern folk. She studied classical guitar as a child and became infected by the spirit of the fiddle. She



Submitted photo

Lauren Sheehan will perform at Feb. 26 at the Cannon Beach History Center & Museum.

wrote her thesis at Reed College on American folk music before spending some years playing in small ensembles.

Her gifted guitar work, stylistic breadth and vocals are inspired by her study with elders, oral tradition and scholarship. With tradition behind her, she recreates the intimacy of a back porch, where singing and playing were regular events. She brings a passion and knowledge to each performance that adds a feeling of authenticity.

"The first thing that strikes me is the beauty and clarity of Lauren's voice," says Phil Wiggins, of acoustic blues duo Cephas and Wiggins. "It's like discovering some new instrument that combines qualities of fiddle and clarinet, fresh but with deep roots, accompanied by some pretty impressive guitar work. Lauren's music is rich with ingredients that nourish the human spirit."

Her 2011 release "Rose City Ramble" reached the top 10 on the folk radio charts. In

Lauren Sheehan

7 p.m. Friday, Feb. 26

Cannon Beach History Center

Corner of Sunset & Spruce

503-436-9301

\$12 adults, \$2 children

2015, Sheehan released two new albums: "Lauren Sheehan: Songster Roots of Americana" and another album that she did with her daughter called "Tillamook Burn," which reached number six on folk radio.

She has performed all over the United States and appeared on the nationally syndicated radio show "River City Folk." She is also a regular at the Portland Waterfront Blues Festival.

Seating is limited for this performance. Tickets are \$12 for adults and \$2 for children. Complimentary snacks and wine will be available.

All proceeds will help fund upcoming events at the history center, including future concerts, lectures, exhibits and field trips. Tickets are available through the center's online gift shop at www.cbhistory.org/shop, by phone at 503-436-9301, or at the door.

North Coast Food Web to host food film festival

Watch 'Julie & Julia' and 'Waitress' in Astoria

ASTORIA — The North Coast Food Web is hosting a small Food Film Festival as a delicious way to support local food.

The organization will screen "Julie & Julia" March 5 and "Waitress" April 2. Both films will screen at 7 p.m. at the North Coast Food Web office, located at 577 18th St. Doors open at 6:30 p.m. with appetizers and refreshments available before and during the show. Admission is by donation, and all proceeds benefit the food web.

Seating is limited; visit northcoastfoodweb.org to reserve your spot.

For more information, call 503-468-0921 or email northcoastfoodweb@gmail.com

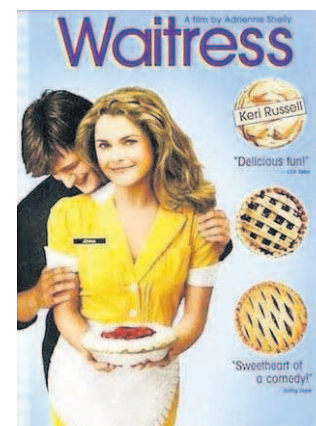
In the 2009 film "Julie & Julia," starring Amy Adams and a Golden-Globe-winning role for Meryl Streep, a culinary legend provides a frustrated office worker with a new recipe for life. The film tells the true stories of how Julia Child's life and cookbook inspired fledgling writer Julie Powell to whip up 524 recipes in 365 days and introduce a new generation to the magic of French cooking. Stanley Tucci co-stars in director Nora Ephron's delicious comedy about joy, obsession and butter.

The 2007 film "Waitress," tells the story of one woman trapped in a life from which she dreams of escape. Jenna's (Keri Russell) secret ambition is to save enough money from her waitressing job to leave her overbearing and controlling husband (Jeremy Sisto). Jenna



Submitted photo

The North Coast Food Web will screen "Julie & Julia" March 5.



Submitted photo

Watch the 2007 film "Waitress," starring Keri Russell, April 2.

is a sharp, sassy woman with a gift for making unusual pies whose recipes are inspired by the trials, tribulations and circumstances of her life. An unwanted pregnancy changes the course of events, giving her an unexpected confidence via letters to her unborn baby.

'Julie & Julia'

7 p.m. Saturday, March 5

North Coast Food Web

577 18th St., Astoria

Admission by donation



Liberty Theater and Eagle Country 103.9 presents
Steve Azar & Deana Carter
with Jason Young

March 19
7:30 pm

Tickets: 503.325.5922 X55 ticketswest.com