

# Food 4 Kids keeps students fed over the weekends

## Backpack group provides meals for Seaside schoolchildren

By **KATHERINE LACAZE**  
EO Media Group

SEASIDE — During the school week, students have access to free and reduced-price meals, but those options are not available during the weekend. That leaves some students to endure a few days with possibly less to eat. The Food 4 Kids backpack program aims to fill that gap.

The goal of the organization is to supply elementary and middle school students in the Seaside School District with supplemental weekend meals during the school year. Using food primarily purchased with donated money, several dozen volunteers work weekly to reach that goal.

Seaside residents Coral Cook and her daughter, Brandi Perry, are two of the program's longtime volunteers. Cook was involved with a summer lunch program for about eight years until the school district took it over. Then Cook — along with Rosemary Kemper-Riddock, Annette Brodigan, Mary Blake, Maureen and Jim Casterline, Jan Jackson and Al Peinhardt — started thinking of "how the kids aren't fed over the weekends," she said. The group established the Food 4 Kids program in 2011, starting with Seaside Heights Elementary School students and growing from there.

Since Kemper-Riddock died in October 2015, Sally LaCoste stepped in from Our Lady of Victory Catholic church. Other volunteers also took on some of Kemper-Riddock's various responsibilities. However, "there is no replacement for her," Cook said of Kemper-Riddock.

Generally, the volunteers prepackage cold food items on Wednesday afternoons and set out products to be separated into the backpacks Thursday. One of six participating groups — including Our Saviour's Lutheran Church, Our Lady of Victory Catholic church, Seaside Elks Lodge, Home Depot,



Coral Cook, an organizer of the Food 4 Kids backpack program, shows young volunteers Teagan (center) and Quinn Duffy how to package hotdogs for distribution. Photos by Katherine Lacaze/EO Media Group

the Seaside American Legion and the Seaside Methodist Church — are responsible for rotating weeks, but some volunteers come more often than with their affiliated organization.

The backpacks are sent home with students Fridays, and they return them Mondays so the process can start over.

### Fundraising to cover costs

The backpack program receives some grant money, but relies heavily on donations from community members, local businesses and other organizations. Cook estimates it costs about \$7 per backpack each week, or \$252 per student each year. The program gets some of its food from the South County Community Food Bank at low costs. The Regional Food Bank, run by Clatsop Community Action, supports Food 4 Kids, not to provide money or dictate menus, but



ABOVE: Brandi Perry separates cold food items into smaller packages that get sent home with students through the Food 4 Kids backpack program. Perry has volunteered with the program since it was established about four years ago. RIGHT: Teagan (left) and Shea Duffy smash up old boxes for recycling as part of their volunteer work with the local Food 4 Kids backpack program.

to ensure the volunteers follow protocol and health codes, Cook said.

The Seaside Police Department and Seaside Fire Department used to deliver the backpacks to the school. Now they are delivered by various volunteers, including

a group from Helping Hands Reentry Outreach Centers.

The organization also hosts fundraisers to cover costs.

For further information or to volunteer to serve, contact Our Saviour's Lutheran Church at 503-738-6791.



# TV LISTINGS

Evening listings  
MONDAY

MONDAY EVENING													FEBRUARY 22	
A	L	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM	11:30	
2	KATU	(2) KATU News at 6		Jeopardy!	Wheel of Fortune	The Bachelor (N)		Castle		KATU News at 11	(35) Jimmy Kimmel			
3	KRCW	(3) Seinfeld Pt. 1 of 2	Seinfeld Pt. 1 of 2	Modern Family	Modern Family	ExGirl "Josh and I Work on a Case" (N)	JaneVirgin "Chapter Thirty-Four" (N)	KGW News at 10	(35) Access H.	Met Your Mother	Met Your Mother			
4	KOMO	(4) KOMO 4 News		Wheel of Fortune	Jeopardy!	The Bachelor (N)		Castle		KOMO 4 News	(35) Jimmy Kimmel			
5	KING	(5) NBC Nightly News	KING 5 News	KING 5 News	Evening	Superstore (SF) (N)	Telenovela (SF) (N)	The Biggest Loser "Finale" The winner is revealed. (SF) (N)		KING 5 News	(35) Tonight Show			
6	KOIN	(6) KOIN Local 6 (N)	CBS Evening News	Extra Pt. 2 of 2 (N)	Ent. Tonight	Supergirl (N)		NCIS: LA "Matryoshka - Part Two" (N)		KOIN 6 News @ 11	(35) S.Colbert			
7	KIRO	(7) KIRO 7 News	CBS Evening News	The Insider	Ent. Tonight	Supergirl (N)		NCIS: LA "Matryoshka - Part Two" (N)		KIRO News	(35) S.Colbert			
8	KGW	(8) KGW News at 6:00 p.m.		Live at Seven	Inside Edition	Superstore (SF) (N)	Telenovela (SF) (N)	The Biggest Loser "Finale" The winner is revealed. (SF) (N)		KGW News at 11	(35) Tonight Show			
10	KOPB	(10) This Old House	Business (N)	PBS NewsHour		Antique "Charleston (Hour Two)" (N)	Ore. Experience (N)	Oregon Experience	Antiques Rd. "Atlanta (Hour Three)"	Independent Lens	(T)error (N)			
12	KPTV	(12) 6 O'Clock News		Family Feud	Family Feud	The X-Files "My Struggle II" (F) (N)	Lucifer "Sweet Kicks" (N)	10 O'Clock News		11 O'Clock News	Loves Ray			
13	KPDx	(13) Mike & Molly	Mike & Molly	Big Bang Theory	Big Bang Theory	FOX 12's 8 O'Clock News on PDX-TV	FOX 12's 9 O'Clock News on PDX-TV	Law & Order: S.V.U. "Totem"		Law & Order: S.V.U.	"Reparations"			
13	KCPQ	(13) Name Game	Modern Family	Big Bang Theory	Big Bang Theory	The X-Files "My Struggle II" (F) (N)	Lucifer "Sweet Kicks" (N)	Q13 News at 10		Q13 News	Modern Family			
20	TBS	(20) American Dad	American Dad	Family Guy	Family Guy	Modern Family	Modern Family	Q13 News at 9	Family Guy	Full Frontal (N)	Conan (N)			
22	KZJQ	(22) Two and a Half Men	Two and a Half Men	The Simpsons	The Simpsons	Modern Family	Modern Family	Q13 News at 9	Big Bang Theory	Big Bang Theory	Friends	Friends		
29	ESPN	(29) NCAA Basketball	Iowa State at West Virginia (L)			SportsCenter	SportsCenter	SportsCenter		SportsCenter				
30	ESPN2	(30) NCAA Basketball	Baylor vs. Oklahoma (L)			College Basketball SEC Storied	NFL Live	NBA Tonight	Jalen & Jacoby (N)	30 for 30 "The Two Escobars"				
31	NICK	(31) The Thundermans	The Thundermans	Paradise Run (N)	Henry Danger	Henry Danger	HALO Effect (N)	Full House	Full House	Full House	Full House	Full House	Full House	
32	DISN	(32) K.C. Undercover	"Runaway Robot"	Friends Whenever	Liv and Maddie	*** Princess Protection Program (09)	Selena Gomez. (40) Jessie	Full House	Full House	Full House	Full House	Full House	Full House	
34	FAM	(34) (5:30) ** The Sisterhood of the Traveling Pants (05) Amber Tamblyn.		The Forsters "Minor Offenses" (N)	Recovery Road "My Loose Thread" (N)	*** Epic (13, Act) Voices of Josh Hutcherson, Colin Farrell. (55) FXM Presents	*** Walk the Line (2005, Biography) Reese Witherspoon, Ginnifer Goodwin, Joaquin Phoenix.	Full House	Full House	Full House	Full House	Full House	Full House	
35	FAM	(35) (5:55) The Smurfs 2 (2013, Animated)						Full House	Full House	Full House	Full House	Full House	Full House	
36	LIFE	(36) To Be Announced						Full House	Full House	Full House	Full House	Full House	Full House	
38	ROOT	(38) Ken Griffey Jr. 2/2	Griffey HOF	Mariners Mondays "Felix Dominates Rangers" (N)				Full House	Full House	Full House	Full House	Full House	Full House	
39	F51	(39) NASCAR Auto Racing	Daytona 500 Site: Daytona International Speedway -- Daytona Beach, Fla.					Full House	Full House	Full House	Full House	Full House	Full House	
43	SPiKE	(43) Cops	Cops	Cops	Cops	Cops	Cops	Full House	Full House	Full House	Full House	Full House	Full House	
44	COM	(44) Futurama	Futurama	Archer	Archer	South Park	South Park	Full House	Full House	Full House	Full House	Full House	Full House	
45	HIST	(45) Swamp People	"Now or Never"	Swamp People "High Water Hell"		Swamp "The Code of the Swamp" (N)	Swamp People "All Hands on Deck" (N)	Full House	Full House	Full House	Full House	Full House	Full House	
46	A&E	(46) The First 48		The First 48		*** Gladiator (2000, Epic) Joaquin Phoenix, Connie Nielsen, Russell Crowe.		Full House	Full House	Full House	Full House	Full House	Full House	
47	TLC	(47) Dateline NBC "Betrayal"		48 Hours: Hard "Power and Passion"		48 Hours: Evidence "Star Witness" (N)	48 Hours Mystery "Deadly Prophecy"	Full House	Full House	Full House	Full House	Full House	Full House	
48	DISC	(48) Street Outlaws	"Fear the Reaper"	Street Outlaws		Street Outlaws	Street Outlaws	Full House	Full House	Full House	Full House	Full House	Full House	
49	NGEO	(49) Tuna "May the Fish Be With You"		The Great Human Race "Hunt"		Tuna "May the Fish Be With You"	Wicked Tuna "Pissed Off on Pissah" (N)	Full House	Full House	Full House	Full House	Full House	Full House	
50	TNT	(50) (5:30) *** The Blind Side ('09, Spt) Tim McGraw, Quinton Aaron, Sandra Bullock.		Major Crimes "Hindsight, Part One" 1/2		Major Crimes "Hindsight, Part Two" (N)	Major Crimes "Hindsight, Part Two" 2/5	Full House	Full House	Full House	Full House	Full House	Full House	
51	AMC	(51) (5:55) *** The Lost World: Jurassic Park (1997, Adventure) Julianne Moore, Pete Postlethwaite, Jeff Goldblum.		WWE Monday Night Raw		WWE Monday Night Raw	WWE Monday Night Raw	Full House	Full House	Full House	Full House	Full House	Full House	
52	USA	(52) NCIS "Child's Play"		NCIS "Ignition"		WWE Monday Night Raw	WWE Monday Night Raw	Full House	Full House	Full House	Full House	Full House	Full House	
53	FOOD	(53) Guy's Game "All Star Academy Face-Off"		Diners, Drive-Ins "Diners, Drive-Ins"		Kids Baking "Spring Break Cakes" (N)	Cake Wars "Shrek" (N)	Full House	Full House	Full House	Full House	Full House	Full House	
54	HGTV	(54) Love It or List It		Love It or List It "New Kid on the Block"		Love It/List It "Mid Century Maternity"	Ellen's Design Challenge (N)	Full House	Full House	Full House	Full House	Full House	Full House	
55	FX	(55) ** R.I.P.D. (2013, Action) Jeff Bridges, Mary-Louise Parker, Ryan Reynolds.		*** Transformers: Dark of the Moon (2011, Action) Tyrese Gibson, Rosie Huntington-Whiteley, Shia LaBeouf.		*** Transformers: Dark of the Moon (2011, Action) Tyrese Gibson, Rosie Huntington-Whiteley, Shia LaBeouf.		Full House	Full House	Full House	Full House	Full House	Full House	
57	CNN	(57) Anderson Cooper 360		CNN Tonight With Don Lemon		Anderson Cooper 360	CNN Newsroom	Full House	Full House	Full House	Full House	Full House	Full House	
58	FNC	(58) The Kelly File with Megyn Kelly		Hannity		The O'Reilly Factor	The Kelly File with Megyn Kelly	Full House	Full House	Full House	Full House	Full House	Full House	
61	CNBC	(61) Shark Tank		Shark Tank		Shark Tank	Shark Tank	Full House	Full House	Full House	Full House	Full House	Full House	
63	BRV	(63) Vanderpump Rules		Vanderpump Rules "Pucker and Pout"		Vanderpump Rules Social (N)	Vanderpump Rules (N)	Full House	Full House	Full House	Full House	Full House	Full House	
64	TCM	(64) (5:00) A Foreign Affair ('48) Jean Arthur.		**** The More the Merrier ('43) Joel McCrea, Charles Coburn, Jean Arthur.		**** Foreign Correspondent ('40) Laraine Day, George Sanders, Joel McCrea.		Full House	Full House	Full House	Full House	Full House	Full House	
65	SYFY	(65) (2:30) The Grudge	** The Conjuring (2013, Horror) Vera Farmiga, Ron Livingston, Patrick Wilson.			Magicians "Impractical Applications" (N)	Lost Girl "Judgement Fae" (N)	Full House	Full House	Full House	Full House	Full House	Full House	
162	RFD	(162) American Rancher	Red Steagall	Horse Master	Inside Reining	Craig Cameron	Rural Eve. News	Full House	Full House	Full House	Full House	Full House	Full House	

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