



THE DAILY ASTORIAN

143rd YEAR, No. 120

TUESDAY, DECEMBER 15, 2015

ONE DOLLAR

Keep calm and care on

Caregivers learn to read individuals who have 'challenging behaviors'

By ERICK BENGEL
The Daily Astorian

Beverly, a 42-year-old woman with a traumatic brain injury, lives in an assisted-living facility.

She does not speak but communicates with gestures and noises. Her mother visits regularly and takes her out for dinner or shopping. When Beverly returns, she

usually screams through the night. She is not easily consoled and often strikes the caregiver. In the early morning, she falls asleep, exhausted.

So what is wrong with Beverly? What is the best way for the staff to respond to her behavior as described in this case study? A roomful of local caregivers

discussed Beverly's story Thursday morning at a free training class called "Challenging Behaviors: Effective Approaches to Common Behaviors in the Non-dementia Adult Population," presented by Oregon Care Partners at Holiday Inn Express.

See CARE, Page 10A



Joshua Bessex/The Daily Astorian

A slideshow in the background lays out a plan for caregivers to work with their patients.



Joshua Bessex/The Daily Astorian

Maddy Maine, 2, fist-bumps Santa after telling him she wants a soccer ball for Christmas during the Old Fashioned Christmas event at the Flavel House Museum Monday night.

Brown outlines three-part blueprint

By PARIS ACHEN
Capital Bureau



Gov. Kate Brown

PORTLAND — Gov. Kate Brown outlined a three-part blueprint for the state Monday to fix government, grow the economy and invest in education.

Brown unveiled her goals during a keynote address at the annual Oregon Business Leadership Summit.

As part of her goal to increase government transparency and accountability, Brown plans to base agency funding on reaching specific outcomes, specifically in education, health care and public safety.

She said the plan for outcome-based budgeting is "one of the most important things" she would do as governor.

"State government must demonstrate to Oregonians that they are getting the best return for their taxpayer dollars, that their agencies are being run efficiently and effectively," Brown said.

Outcome-based budgeting would be similar to a funding model developed for public universities in which a portion of state funding is tied to student completion of a degree or certificate, she said.

"This has spurred universities to invest in critical supports that engage and empower our highest-need students to overcome barriers and complete their college degrees," she said.

Follows call for independent reviews

The announcement follows her call for independent reviews of the state Department of Human Services and the state Department of Energy. The Department of Human Services is under scrutiny for its slow response to reported problems at state-licensed foster care facilities. A probe into the Department of Energy centers on allegations that regulators bent rules in its tax incentive program for renewable energy projects.

The governor said she also would propose legislation in February to enhance government transparency but gave no details on what the proposal would entail.

She announced in November that she would create a new public records advocate, modeled after a role in other states such as Washington. The advocate serves as a liaison to assist the public in narrowing records requests and helping agencies to comply with public records law.

Support for job growth goal

Brown declared her support for the Oregon Business Plan's goal of adding at least 25,000 jobs annually to the state economy.

To that end, she said she plans to propose legislation in February to

See SARANPAA, Page 10A

See BLUEPRINT, Page 10A

A very Flavel Christmas

By JOSHUA BESSEX
The Daily Astorian

Children get holiday treat at museum

The Flavel House Museum bustled with activity and Christmas cheer Monday night as children of all ages met Santa Claus, played games, and enjoyed hot chocolate and cookies as part of the 11th annual Old Fashioned Christmas event.

As Christmas music played in the music room, children lined up through the hallway to meet Santa and tell him what they wanted for Christmas. Meanwhile, children upstairs played checkers, made arts and crafts, and read stories out loud.

"It's a low-key, fun event to bring the house to life," said McAndrew Burns, the executive director of the Clatsop County Historical Society.

See more photos online at www.dailyastorian.com.



Joshua Bessex/The Daily Astorian

Dominic Rico, 6, peeks around the door as he waits to meet Santa during the Old Fashioned Christmas event.



Joshua Bessex/The Daily Astorian

Santa hands out candy canes to Maddy Maine, front, Dominic Rico, left, and McKenzie Maine, right.

Woman pleads not guilty to role in heroin overdose

Pregnant woman found in motel room

By KYLE SPURR
The Daily Astorian

The 20-year-old woman arrested in August in connection to the heroin overdose death of a woman and her unborn child pleaded not guilty Monday in Clatsop County Circuit Court.

Lacey Saranpaa, of Astoria, is accused of unlawful possession of heroin, unlawful delivery of methamphetamine, hindering prosecution and tampering with physical evidence.

Before police arrived to the scene in room 107 at the Rivershore Motel, Saranpaa apparently hid all the evidence of drugs and paraphernalia in her purse.

"We noticed there were no drug-related items in view inside the room," Astoria Police Officer Ken Hanson wrote in an incident report. "It is common after an overdose for someone to sanitize the room of drug related items in order to conceal evidence from police. The reason to conceal the items is usually an attempt to keep someone from getting in trouble."

Saranpaa told police she was trying to protect the victim, 35-year-old Torae Shufelt, of Astoria.

Police found Shufelt, who was six months pregnant, unconscious in the motel room. She was transported to Columbia Memorial Hospital where she was pronounced dead along with her unborn child.

The autopsy that determined Shufelt overdosed found two possible injection sites: One on her left arm

inside the elbow and the other on her right wrist.

Shufelt was in the motel room with Saranpaa and a 54-year-old man. The man performed CPR on Shufelt before help arrived. He was not charged with any crimes related to the incident.

It took four months to formally indict Saranpaa because the Clatsop County District Attorney's Office was investigating whether or not she was directly connected to Shufelt's death.

The District Attorney's Office was unable to prove Saranpaa is the one who provided Shufelt the heroin that led to her overdose.

"She had it in her purse, but we couldn't show she actually brought it there," Chief Deputy District Attorney Ron Brown said.

