

## VOLUNTEER OPPORTUNITIES

**4-H** — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

**Astoria Column** — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

**Astoria Riverfront Trolley Association** — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

**Astoria Senior Center** — Temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. To volunteer, call Larry Miller at 503-325-3231.

**Astoria-Warrenton Area Chamber of Commerce** — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

**Camp Kiwanilong** — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to [www.campkiwanilong.org](http://www.campkiwanilong.org)

**Caring Adults Developing Youth (CADY) Mentoring Program** — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or [lparker@co.clatsop.or.us](mailto:lparker@co.clatsop.or.us)

**Clatsop Animal Assistance Inc.** — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email [info@dogsncats.org](mailto:info@dogsncats.org) or call 503-861-0737.

**Clatsop Care Center** — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Brenchley at 503-325-0313, ext. 209.

**Clatsop County Animal Shelter** — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

**Clatsop Community Action Regional Food Bank** — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and housekeeping, or lawn and grounds maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

**Clatsop Community College Outreach Literacy** — Needs volunteer literacy tutors to work with

adults, native and non-native speakers. Training available. For information, call 503-338-2557.

**Clatsop County Public Works** — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

**Clatsop Cruise Hosts** — Looking for volunteers to meet and greet cruise ship passengers and crew, provide information and answer questions about the Clatsop County area. Ships arrive in the spring and fall, about 20 ships each year. Work all the ships or part of them. For information, go to [www.clatsopcruise-hosts.org](http://www.clatsopcruise-hosts.org)

**Columbia Memorial Hospital** — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to [www.columbiamemorial.org](http://www.columbiamemorial.org). To schedule an interview, call 503-325-4321.

**Columbia River Maritime Museum** — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

**Columbia Senior Diners** — 565 12th St. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

**Community Emergency Response Team** — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny Hansen at [khansen@astoria.or.us](mailto:khansen@astoria.or.us) or leave a voicemail at 503-325-4411.

**Friends of Seaside Library** — 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-6742 or stop by the library.

**Knappa Rural Fire Protection District** — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call Chief Paul Olheiser at 503-458-6610.

**Lunch Buddy Mentoring Program** — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call Mary Jackson at 503-440-0368 or email [lunchbuddies.mp@gmail.com](mailto:lunchbuddies.mp@gmail.com)

**NorthWest Senior & Disability Services** — Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers for Meals on Wheels. For information, contact Candy Foster at 503-738-9323.

**Providence Seaside Hospital** — Needs volunteers to drive local senior citizens to medical appointments for the Partners for Seniors Program, and to work in the

Providence Seaside Hospital Gift Shop. Commitments as small as one hour a month to regularly scheduled weekly shifts are available. For information, call Volunteer Services at 503-717-7171 or email [Alana.Kujala@providence.org](mailto:Alana.Kujala@providence.org)

**River Song Foundation** — Looking for people to assist with Trap/Neuter/Release/Feed (TNR), especially in the Seaside and Knappa/Svenson areas. TNR involves setting and/or monitoring traps, and daily feeding of cats and maintenance of any shelters, and is a proven, science-based method that along with spay/neuter programs is the only effective and humane way of ending cat homelessness and suffering. Call 503-861-2003 for information and to volunteer.

**Seaside Downtown Development Association** — Volunteers needed to help with local events happening throughout the year. For information, call Tita Montero at 503-717-1914 or email [director@seasidedowntown.com](mailto:director@seasidedowntown.com)

**Start Making a Reader Today** — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to [www.getsmartoregon.org](http://www.getsmartoregon.org)

**Svensen Congregate Meal Site** — Wickiup Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-7298 or 503-861-4202.

**Titanic Lifeboat Academy** — Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

**Tri-City Spay and Neuter Thrift Store** — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

**Veterans Services Officer of Clatsop County** — Seeking volunteer drivers to transport veterans from Astoria to the Veterans Administration Medical Center in Portland using the Disabled American Veterans (DAV) van. To volunteer, call 503-298-8757 or email [clatsopvso@gmail.com](mailto:clatsopvso@gmail.com)

**Warrenton Senior Lunch Program** — Warrenton Community Center, 170 S.W. Third St. Volunteers needed to help with Meals on Wheels and in the dining room Mondays or Thursdays. For information, contact Barb Balensifer at 503-861-1341.

**Wildlife Rehab Center of the North Coast** — Needs volunteers to help rehabilitate orphaned and injured wildlife. For information, call 503-338-0331 or go to [coastwildlife.org](http://coastwildlife.org)

## Haystack Rock lecture focuses on Ecola watershed health

### Rich, wild ecosystem depends on water quality



Submitted photo  
**Jesse Jones will be the next World of Haystack Rock speaker on Dec. 9, speaking about the health of the Ecola watershed.**

**CANNON BEACH** — The Friends of Haystack Rock present “Perspectives on Ecola Watershed Health” at 7 p.m. Wednesday. Jesse Jones, former coordinator for North Coast Watershed Association and now assisting local watershed councils.

The event is a part of the 30th anniversary of the Haystack Rock Awareness Program, promoting the preservation and protection of the intertidal life and birds that inhabit the Marine Gardens and the Oregon Islands National Wildlife Refuge at Haystack Rock.

The program is part of the World of Haystack Rock Library Lecture Series is held second Wednesday of each month, November to April at 7 to 8:30 p.m. Cannon Beach Library, 131 N. Hemlock St, Cannon Beach.

The Ecola watershed, where the communities of Cannon Beach, Arch Cape and Falcon Cove are, is rich in a wild ecosystem. The survival of these plants and animals depends on the quality health of the ocean, the wetlands and the streams that feed them.

Jones was the coordinator of the North Coast Watershed Association between 2011 and 2015. She has been working

depends on this health, too.

As science and conservation enter more into our day-to-day dialogue and lifestyle, more is known about where to go to experience nature and see for yourself what the buzz is about. More is known about why this nature is worth protecting. Less is known however about the actual data of the water — How warm? How clean? How alive?

This lecture will share what long- and short-term water-quality data has been collected by volunteers and others in the Ecola watershed, focusing from 1996-2014. It will briefly touch on procedure and local plans.

Jones was the coordinator of the North Coast Watershed Association between 2011 and 2015. She has been working

with watershed councils, water districts, and municipalities in Clatsop and Columbia counties since 2006, assisting with research, outreach, negotiations, grant writing, project management, advocacy and water quality training. This summer, Jones worked to organize a team of volunteers in Clatsop and Tillamook Counties to collect and sample ocean water on a regular basis, supported by Surfrider’s North Coast Blue Water Task Force Chapter. She has a bachelor’s in community development from Portland State University and did master’s coursework in natural resource policy at Portland State. She is from Vernonia and lives in Astoria.

The rest of the talks for this season are:

- Jan. 13: Joshua Saranpaa, director, Wildlife Center of the North Coast; “A Sanctuary for Oregon’s Seabirds”
- Feb. 10: Dr. Debbie Duffield, Oregon State University; “Marine Mammals, the Marine Mammal Stranding Network and Marine Reserves”
- Mar. 9: Mike Patterson, ecological consultant, biologist and retired Astoria High School teacher; “Birds of the Pacific Northwest”
- April 13: Neal Maine, biologist, educator, wildlife photographer; “It’s Not Just A Beach: Rethinking the Beaches”

More information is at [www.friendsofhaystackrock.org](http://www.friendsofhaystackrock.org)

## Class looks at challenging adult behaviors

The Daily Astorian

Oregon Care Partners is offering a free instructor-led class, “Challenging Behaviors: Effective Approaches to Common Behaviors in the Non-dementia Adult Population,” from 8:30 a.m. to 1 p.m. Thursday at Holiday Inn Express, 204 W. Marine Drive.

This four-hour, instructor-

led class is designed to help anyone who cares for an aging Oregonian better manage challenging behaviors that are common among older adults, such as anger, yelling, swearing, threatening others, withdrawing, self harm and physical aggression. The instructor will guide caregivers through understanding the causes of challenging behav-

iors and methods to appropriately intervene using interactive role-play. The session also includes brainstorming and discussions to enhance knowledge and skills. For information and to register, go to <http://bit.ly/21ejHDP>

Free online classes are also available on the program’s website, [www.oregoncarepartners.com](http://www.oregoncarepartners.com)

**CONGRATULATIONS**  
**S. Kroning**  
OF SEASIDE

You’ve won a **\$200 VISA gift card** by sharing your opinion about The Daily Astorian and DailyAstorian.com in our recent market survey.

Thank you to everyone who participated in the survey. Your input will help us bring you an even better newspaper and website.

**THE DAILY ASTORIAN**

To subscribe, call 503-325-3211 or visit [DailyAstorian.com](http://DailyAstorian.com)

*Especially*  
**For Seniors**

IT’S THAT TIME OF YEAR!  
**1/2 PRICE MONDAYS**  
SENIORS EAT FOR HALF PRICE ALL DAY

---

CHECK OUT OUR  
**\$5 DAILY SOUP & LUNCH SPECIALS**

**MON:** TOMATO BASIL & TRIPLE GRILLED CHEESE  
**TUE:** MINESTRONE & 1/2 REUBEN  
**WED:** POTATO LEEK W/BACON & 1/2 FRENCH DIP  
**THU:** BEEF BARLEY & 1/2 PATTY MELT  
**FRI:** CHICKEN TORTILLA & FISH TACOS  
*OUR SOUPS ARE, OF COURSE, HOMEMADE*

OPEN DAILY AT 11AM

**NORMA'S**  
SEAFOOD & STEAK

1 BLOCK OFF BROADWAY • 1 BLOCK FROM BEACH  
20 N. COLUMBIA, SEASIDE • 503-738-4331  
[NormasSeaside.com](http://NormasSeaside.com)

**HAPPY HOLIDAYS!**

**HEY KIDS! COLOR ME!**

**ENTER OUR HOLIDAY COLORING CONTEST TO WIN COOL PRIZES!**

Please Print Clearly:

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

**BRING OR MAIL ENTRY TO:**  
**AREA Properties, Inc.**  
1490 Commercial • Astoria  
**503-325-6848**  
[www.areaproperties.com](http://www.areaproperties.com)

RETURN ENTRIES BY DECEMBER 20TH  
WINNERS WILL BE NOTIFIED AFTER DECEMBER 25<sup>TH</sup>

facebook.com/Area-Properties-145608552144483/?fref=ts