

Submitted ph

The Astoria School District Board of Directors recognized Astoria Youth Athletics at a recent board meeting. Pictured, from left, from Astoria Youth Athletics, Heidi Hougham, Tanya Helmerson, and Jeanette Sampson, Astoria School Board Member.

# Astoria School Board recognizes Astoria Youth Athletics

The Astoria School District Board of Directors recognized Astoria Youth Athletics at its regular board meeting Oct. 14.

AYA has supported ASD co-curricular programs for more than 10 years, and provides well over \$12,000 in support of those programs within the school district annually. AYA also provides scholarships for graduating seniors.

One of AYA's fundraising efforts is organizing and running all of the concession

stands for school-related activities, and a large number of parents and supporters participate in this effort. In addition, AYA supports all Astoria community athletics and activities.

"Astoria School District staff, students and parents appreciate the strong partnership and support from Astoria Youth Athletics," Craig Hoppes, superintendent of the school district, said. "The district looks forward to continuing this partnership for many years to come."

#### VOLUNTEER OPPORTUNITIES

**4-H** — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

Astoria Column — 1 Coxcomb Drive. Volunteers needed to welcome visitors, provide information and answer questions about the Astoria Column and the city of Astoria. For information, call the Friends of the Astoria Column Visitor Center at 503-325-2963.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center — Temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. To volunteer, call Larry Miller at 503-325-3231.

Astoria-Warrenton Area Chamber of Commerce — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

Camp Kiwanilong — A large variety of volunteer opportunities are available. For information, call 503-861-2933 or go to www.campkiwanilong.org

Caring Adults Developing Youth (CADY) Mentoring Program — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co. clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email info@dogsncats.org or call 503-861-0737.

Clatsop Care Center — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Brenchley at 503-325-0313, ext. 209.

Clatsop County Animal Shelter — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community Action Regional Food Bank — Volunteers needed to help hand out fruits and vegetables at the weekly produce pantries for two hours on Thursdays, from April to October, in Seaside and Warrenton. Warehouse attendants are needed for food packing or processing, picking orders for agencies, light janitorial and housekeeping, or lawn and grounds maintenance. Three to four-hour shifts are available Monday through Friday. To volunteer, call 503-861-3663.

Clatsop Community College Outreach Literacy — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

Clatsop County Public Works — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

Clatsop Cruise Hosts — Looking for volunteers to meet and greet cruise ship passengers and crew, provide information and answer questions about the Clatsop County area. Ships arrive in the spring and fall, about 20 ships each year. Work all the ships or part of them. For information, go to www.clatsopcruise-hosts.org

Columbia Memorial Hospital — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to www.columbiamemorial.org. To schedule an interview, call 503-325-4321.

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

Columbia Senior Diners — 565 12th St. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Community Emergency Response Team — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny Hansen at khansen@astoria.or.us or leave a voicemail at 503-325-4411.

## Aspiring ballerinas view performance



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Thirty aspiring Encore Dance Studio ballerinas took a field trip recently to see the Oregon Ballet Theatre's "Amorie Italiano" at the Keller Auditorium in Portland. The students were accompanied by Encore's Ballet Director CC Sibony, instructors Krysti Ficker and Trixie Gunn and studio owner and director, Denele Sweet.

#### Head Start gets a hand from Seaside Elks

SEASIDE — On Oct. 12, Seaside Elk members assisted with the eye screening of Seaside Head Start students, when almost 50 children ages 3 to 5 were screened for eye problems. Any child showing a need for further testing is being referred to the Elks Children's Eye Clinic. An infrared camera, the Plus Optics Vision Screener is used to test for problems including "lazy eye."

Elks volunteers also tested the hearing of the young children using the Pilot Audiometer, purchased by Seaside Elks and donated to Head Start. The donation was made possible by an Elks National Foundation grant.

On Oct. 14, Elks volunteers barbecued hot dogs and hamburgers during the Seaside Head Start Block Party. The free event was open to all as a celebration of 50 Years of Head Start.

For information about other community projects or membership, call 503-738-6651 or email seasideelks@yahoo.com



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Seaside Elks members recently assisted Head Start with vision and hearing testing. Pictured, from left, Linda Morlan, holding a Plus Optics Vision Screener, Jeannie Moorhead, Anne Cook, Jeannie Uzelac, and Raedetta Castle. Not pictured, Jan Jackson.



### ENERGY COSTS TOO HIGH? TRY LOOKING AT IT IN A DIFFERENT LIGHT.

Want to lower your energy costs? When you update lighting and other equipment, you can see the difference instantly and recoup your investment in no time. Talk to a qualified trade ally to learn about Energy Trust of Oregon cash incentives for all kinds of energy-saving solutions.



Get more from your energy.

Visit www.energytrust.org/mybusiness or call us at 1.866.368.7878.

Serving customers of Portland General Electric, Pacific Power, NW Natural and Cascade Natural Gas.

