

# Scappoose tops Astoria in four games

The Daily Astorian

SCAPPOOSE — It was a good start but a rough finish for the Astoria volleyball team Wednesday night at Scappoose.

The Lady Fishermen won the opener, but the Indians rallied for a four-game victory, 23-25, 26-24, 25-23, 25-16.

Astoria "played solid for most of

the match," said coach Angee Hunt. "A little lull in Game 4, but we finished strong."

Astoria falls to 0-8 in the league standings, but still has hopes of a league playoff spot, with two matches remaining. Scappoose improves to 4-4.

The Lady Fishermen take part in the Seaside Tournament Saturday, then return to league play Tuesday at Seaside.

The Gulls lost at Valley Catholic Wednesday, as the Valiants scored a three-game sweep, 25-14, 25-10, 26-24.

## Cross Country Fishermen win Bigfoot Classic

NEHALEM — The Astoria Middle School boys finished first and the girls took second in the team standings

of the middle school division of Neah-Kah-Nie's Bigfoot Classic cross country meet, held Tuesday in Nehalem Bay State Park.

The Astoria boys finished with 34 points to place ahead of Broadway Middle School (76) and Rainier (83).

Astoria seventh-grader Cameron VanRaden took first over the 3,000-meter course in 10 minutes, 57 seconds. Broadway's Beau Johnson

was second in 10:58.

In the girls' middle school race, Astoria seventh-grader Sophie Long was second overall in 12:01, followed by teammate Makena Mitchell (12:03).

In the high school race, Neah-Kah-Nie took the boys' team title, followed by Rainier, Faith Bible, Clatskanie and Knappa.

The Warrenton girls finished third out of three teams.

# Astoria teams take a stand against domestic violence

By SUE CODY

For The Daily Astorian

Astoria High School football players and cross country runners showed support for domestic violence awareness at the Healthy Homes event Saturday. The run/walk along the Astoria Riverwalk was sponsored by Clatsop County Domestic Violence Council and Astoria Parks and Recreation.

"It's important to bring awareness to the problem" of domestic violence, said Astoria High School Athletic Director and football coach Howard Rub.

At the beginning of the football season, the team set core values, Rub said. That included teaching the young men to show respect for women. "This ties into that. We want to be part of this and support the cause."

The Healthy Homes — Taking a Stand Against Domestic Violence 5K Fun Run/Walk attracted people of all ages.

Astoria Mayor Arline LaMear read a proclamation announcing October as Domestic Violence Awareness Month.

LaMear said during 13 years of working as a Court Appointed Special Advocate (CASA) for neglected and abused children, she and her husband saw "some pretty horrific abuse — both domestic and sexual."

"This is something that has made me very aware that it is not only something we need to make visible, but ... we definitely need to take action against it."

"I urge all Astoria residents to work together to eliminate domestic violence in our town and to become aware of the resources and programs available to domestic violence victims," LaMear said.

Don't just talk about domestic violence, but "do something about it," said Clatsop County Deputy Dis-



Sue Cody/For The Daily Astorian

Students from Astoria High School joined many others in the Healthy Homes walk to raise awareness about domestic violence.

## SCOREBOARD

### PREP SCHEDULE

#### TODAY

**Football** — Tillamook at Astoria, 7 p.m.; Banks at Seaside, 7 p.m.  
**Volleyball** — Knappa at Neah-Kah-Nie, 6 p.m.; Jewell at Crosshill Christian, 5:30 p.m.

#### FRIDAY

**Football** — Corbett at Warrenton, 7 p.m.; Gaston at Knappa, 7 p.m.; Ocosta at Ilwaco, 7 p.m.

#### SATURDAY

**Football** — Naselle at Mary M. Knight, 1 p.m.  
**Volleyball** — Seaside Tournament, 8:30 a.m.  
**Cross Country** — George Fox Classic, 11:30 a.m.

trict Attorney Ron Brown.

### The Harbor offers resources

The event was free, but donations were accepted for The Harbor, the local non-profit support agency for victims of domestic violence and sexual assault. A new location for The Harbor is being renovated at 10th and Duane streets.

"It is nice to have healthy

relationships on the table," Andrew Fick said. He is the chairman of the Clatsop County Domestic Violence Council, a counselor at AHS and a cross country coach.

"It is important to have the conversation about domestic violence," Fick said. "We can talk about the issues and make the resources accessible."

"The Harbor is the most important resource. We want to let people know it's there."



Sue Cody/For The Daily Astorian

Astoria Mayor Arline LaMear proclaimed October Domestic Violence Awareness Month, then joined the 3-mile walk along the Riverwalk. "You have to walk the talk," she said. notforsale

The Harbor can connect people to other resources in the community. For information, call The Harbor office at 503-325-4962 or the crisis hotline at 503-325-5735.

# NFL has some little-known rules and regulations

By ARNIE STAPLETON  
AP Pro Football Writer

Thanks to Seattle linebacker K.J. Wright and back judge Greg Wilson, football fans now know all about the obscure NFL rule known as the "illegal bat."

The Seahawks received a big break when a flag wasn't thrown on Wright for batting Calvin Johnson's fumble out of the back of the end zone for a touchback after Kam Chancellor knocked it loose just shy of the goal line.

The Lions (0-4) never got the ball at the 1 like they should have and went home still the league's only winless team. The Seahawks (2-2) might have saved their season with the 13-10 win that could have ramifications deep into the winter.

Pete Carroll and Wright both admitted they didn't know the rule. NFL VP of Officiating Dean Blandino said the back judge didn't feel it was an "overt act," but the league's thick rule book doesn't mention any leeway for an inadvertent violation, stating: It is an illegal bat if:

- a. any player bats or punches a loose ball in the field of play toward his opponent's goal line
- b. any player bats or punches a loose ball (that has touched the ground) in any direction, if it is in either end zone
- c. an offensive play-



Scott Eklund/AP Photo

Seattle Seahawks outside linebacker K.J. Wright celebrates after a play late in the fourth quarter of an NFL football game between the Seattle Seahawks and the Detroit Lions that was ruled a touchback after Lions wide receiver Calvin Johnson fumbled and the ball went out of bounds in the end zone Monday in Seattle. The Seahawks beat the Lions 13-10.

er bats a backward pass in flight toward his opponent's goal line

There are several other obscure NFL rules that many

people — and maybe even some officials — might not be aware of, such as "No player may deliberately kick a loose ball."

Here are some others:  
**HEADS UP:** Every fan knows if a kickoff goes out of bounds before being touched by the receiving

team, that team gets the ball at the 40-yard line instead of the 20. But how many know the returner can step out of bounds, reach back on the field of play and grab the ball to prevent a touchback? Randall Cobb of the Packers did. On Dec. 23, 2012, he made the heads-up play when the Titans' kickoff stopped just inside his 5-yard line. Instead of trying to return it, Cobb stepped out of bounds and reached back to grab the ball at the 4, giving the Packers possession at their 40. That's because if any part of the player's body is out of bounds when he makes contact with the ball, the ball is ruled out of bounds.

**SAME SIDE:** "At the option of the home team, both the players' benches may be located on the same side of the field." Nobody does this anymore but the Packers used to when they split their home schedule between Green Bay and Milwaukee until they abandoned the old County Stadium 20 years ago. This made for interesting substitutions and some winded players. One time, former Lions coach Wayne Fontes was so caught up in the action he didn't realize he had meandered all the way down in front of the Packers' bench and was grabbing the wrong players to send into the game.

### DELAY OF GAME:

Teams can get flagged even before the game begins. They'll lose the coin toss for both halves and any overtime and be assessed a 15-yard penalty from the spot of the kickoff for the first half if they're not on the field at least 10 minutes before the scheduled start of the game or if they don't send the captains out in time for the pregame coin toss, which occurs three minutes before kickoff.

**HIPSTERS:** While all players must wear shoulder, thigh and knee pads, hip pads aren't required. "It is recommended that all players wear hip pads designed to reasonably avoid the risk of injury," the rule book says. "Unless otherwise provided by individual team policy, it is the players' responsibility and decision whether to follow this recommendation and use such pads. If worn, such pads must be covered by the outer uniform."

**ROGER THAT:** In addition to the tightened pregame protocol for the two dozen primary game balls to prevent another "Deflategate" scandal, there are other rules pertaining to the pigs. Among them: "The Ball must be a 'Wilson,' hand selected, bearing the signature of the Commissioner of the League, Roger Goodell."

AP NFL website: <http://pro32.ap.org/dailyastorian>