



**“I’m 55, should I get one every year?”
“I’m 30, do I need one at all?”**

Is it time for your mammogram?

Mammogram screening can help find breast cancer early. Your doctor can help you decide when and how often to get screened based on your personal and family history, as well as other risk factors.

To schedule an appointment with a Providence physician or provider, call 503-717-7556. We have clinics in Cannon Beach, Seaside and Warrenton. Digital mammography and breast MRI is available in our Diagnostic Imaging Department in Seaside.

A free gift bag will be given to all women who have a mammogram or breast MRI during the month of October.

Get breast health resources at www.ProvidenceOregon.org/breastcancer.

