September 17, 2015 Weeken

COASTAL LIFE:

Close to Home

The noble salmon's return to home base is deadly

THE ARTS:

An opportunity for compassion

Chelsea Granger works at the county animal shelter

FEATURE:

Autumn books

Curl up with a good book this fall, here are some to try

DINING:

Mouth of the Columbia

Inferno Lounge serves small plates more suited to snacking

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on the cover

Autumn is the perfect time to curl up with a good book.

Photo by Joshua Bessex

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Explore Oregon Coast Trail in Seaside

Seaside Public Library hosts Oregon author Connie Soper

SEASIDE — Break out your hiking gear, and head to the Seaside Public Library on Thursday, Sept. 24. The Friends of the Seaside Library welcome Connie Soper, author of "Exploring the Oregon Coast Trail." The event will take place in the Community Room at 7 p.m., and there will be book sales and signings presented by Beach Books.

If you have taken even a short walk on any beach in Oregon, you have been on the Oregon Coast Trail. This wonderfully scenic and diverse trail extends nearly 400 miles from the Columbia River to the California border, with over half those miles on sand.

"Exploring the Oregon Coast Trail" provides the information you need to complete the entire trail, or to enjoy segments of it as day hikes. This book also provides insights on chapters of Oregon's coastal history that make hiking the trail a special experience.

Some highlights of the book are: detailed route descriptions for 40 day hikes, mile-by-mile maps, directions for reaching the start and end points of each hike, logistical information that will help navigate the trail, and

Coast Weekend welcomes comments and contributions from readers. New items for publication consideration must be submitted by 10 a.m. Tuesday, one week and two days before publication.

To submit an item, contact Rebecca Sedlak

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the history and personalities that make hiking this state jewel possible.

Soper, a Portland author, has hiked the entire OCT twice and has done extensive research to produce her book. Soper hopes it will inspire people to explore this beautiful natural resource.

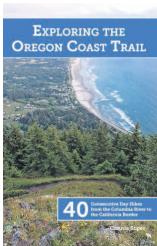
Seaside Public Library is located at 1131 Broadway. For more information call 503-738-6742 or visit www.seasidelibrary.org

Author appearance

7 p.m. Thursday, Sept. 24 Seaside Public Library 1131 Broadway, Seaside 503-738-6742 Free



Submitted photo by Tray Williams Portland author Connie Soper has hiked the entire Oregon Coast Trail twice.



Connie Soper will present her new book, "Exploring the Oregon Coast Trail," at Seaside Public Library at 7 p.m. Thursday,

