Job Corps announces student of the month

The Daily Astorian

Blanca Diaz Medina earned the Student of the Month Award at Tongue Point Job Corps Center's most recent business meeting.

Students are selected based on their performance in training, leadership on center and volunteer service in the community. Medina arrived at Job Corps in August 2014 to join the Home Builders Institute's preapprentice electrical training program and quickly developed as a student leader.

Medina now moves on to an apprenticeship through Construction Industry Training Council in Washington, and hopes to one day run her own electrician's business.

"I am thankful for getting the opportunity to enroll in Tongue Point," Medina said in a release by Job Corps. "It has given me all the skills to start my new career, and I am excited to

work as an electrician. Without their help I would not be as career ready as I am now."

Medina spoke on the Lower Columbia Diversity Project's panel discussion focusing on women and wage inequality. She was also an active member of Tongue Point's Student Government Association and greeted U.S. Rep. Suzanne Bonamici upon her visit to celebrate Job Corps 50th anniversary.

Medina did an internship with Camp Rilea's maintenance and operations department.

"Somebody once said that in looking for people to hire, you look for three qualities: integrity, intelligence and energy; Blanca embodies all three," Henry Idica, her supervisor at Camp Rilea, said in the release.

"She has taken advantage of every opportunity here and is eager to begin her apprenticeship," said her electrical instructor Jim Kalmbach.



Blanca Diaz Medina, right, an aspiring electrician studying at **Tongue Point Job Corps Center, was** recently named the campus' Student of the Month for August.

JOSHUA BESSEX The Daily Astorian

North Coast Chorale seeks singers

The North Coast Chorale is looking for people who love to sing and experience

are at 6:45 p.m. every Tuesday at the Performing Arts NCC Director Denise Reed Capellen at 503-791-5681.

the joy of music. Rehearsals Center, 588 16th St, in Astoria. For information, contact

at 503-325-3602 or cantorev47@charter.net, or Cheryl

Learn the science behind drying wood

Clatsop County Community College and the Oregon State University's Extension Service are offering "The Art & Science of Drying Wood" for wood industry personnel, portable sawmill operators, woodworkers and anyone else interested in learning about the physics behind wood drying.

The class will help participants under-

stand wood behavior, including checking, cracking, splitting, shrinking, swelling, warping and how to mitigate their impacts.

The class will cover the drying of wood by air, shed, solar and dehumidification, and about controlling the rate of drying.

The class runs from 9 a.m. to noon Sept. 24 at the college's South County

Campus, located at 1455 N. Roosevelt Drive in Seaside. Registration by Sept. 22 is required. It costs \$10 per person for handout materials. To register, visit Oregon State's Clatsop County Extension Service office in Room 210 at 2001 Marine Drive in Astoria, or download the registration form at http://tinyurl. com/abmqmxw

Get moving with CCC's aquanastics class

Clatsop Community College again offers "Aquanastics - Gentle Water Exercise" as part of its fall lineup of health-related classes.

The exercises are designed to increase range of motion, flexibility and cardiovascular fitness. Swimming is not required. This class is in a 3- to 5-foot heated pool at the KOA campground at 1100 Ridge Road in Hammond. Beach balls and 'noodles' are provided for free. Students are given basic water health and safety tips, and will play some water games.

The class is taught by Kathleen Hudson, who holds certifications from the American Red Cross Water Safety Instructor program, Arthritis Aquatic Instructor Training program, Columbia Memorial Hospital and the Pismo Beach (Calif.) Athletic Club.

There are two sections of the class, running from 9 to 9:50 a.m. or 10 to 10:50 a.m. Tuesdays and Thursdays, Sept. 22 to Oct. 29, a total of twelve classes. Only 12 students can attend each section. They cost \$35. The KOA campground provides showers, rest rooms and a hot tub to relax the muscles after class. There is no additional fee for use of the pool.

Students need to arrive with swimsuits on and bring their own towels. Shampoo, conditioner and shower gel is provided. Parking car tags need to be picked up at the main office at KOA before the first class. Students need to sign in before each class at main office

Register at www.clatsopcc.edu/schedule and search under course title, or call 503-338-2402

Book a table at Gifts That Make a Difference

noon to 4 p.m. Dec. 12 in the Liberty Theater's McTavish Room after a two-

New sponsors Astoria Kiwanis and

for a table at Gifts That Make a Differ- in this festive event, where the public may ence. The holiday gifts fair returns from donate money, volunteer hours, or goods in the names of friends and family.

Gifts That Make a Difference provides showcasing and networking, as well as fundraising, for dozens of Lower Columbia TimeBank invite all nonprofits in an elegant venue comple- LCTimeBank@aol.com

Saturday is the first day to register local nonprofit organizations to participate mented by local entertainers and food.

A small table space costs \$20, a large table space is \$30 (and may be shared), and an unattended easel display space is \$10. Register for a space online at www. locotimebank.org/gifts-fair or phone 503-325-6886. For information, email

Changes to health and addiction services discussed

The Department of Human Services and the Oregon Health Authority are visiting Astoria Sept. 30 as part of a series of public educational forums throughout the state to discuss changes for home and community based services and supports.

Providers and consumers are invited to discuss upcoming changes to federal and state requirements impacting those receiving services in their home and in community-based settings. These changes will ensure more rights as well as an increased ability for people receiving services to be part of their local community.

The forums are geared toward family members and people

receiving supports. Providers for older and disabled residents, or those providing addictions or mental health services, are also encouraged to attend.

The presentation, which will take place at the Judge Guy Boyington Building in downtown Astoria, will be followed by a group

Agency staff will be available to answer questions and offer guidance for upcoming regulatory changes and

For more information, visit http://tinyurl.com/pztesn8

Warrenton student named semifinalist in national program

ficials of National Merit Scholarship Corporation (NMSC) have announced the names of approximately 16,000 semifinalists in the 61st annual National Merit Scholarship Program, including Rig Freyr, who is homeschooled in Warrenton.

These academically talented high school seniors have an opportunity to continue in the competition for 7,400 scholarships worth more than \$32 million that will be awarded next spring.

For information about the scholarship program, go to www. nationalmerit.org/nmsp.php

Providence Seaside offers bereavement support group

SEASIDE — Providence Seaside Hospital is offering a six-week bereavement support group, "Journey through Grief," for family and friends of those who have lost a loved one, from 3:30 to 6 p.m. Mondays, Sept. 21 to Oct. 26, in the

Family Consult Room at Providence Seaside Hospital, 725 S. Wahanna Road in Seaside.

There is no cost for the sessions, but preregistration is recommended. To register, call Cynthia Livar at 503-717-

Seaside TOPS (Take Off Pounds Sensibly)— 8 to 8:45 a.m. weigh-in, 9 to 10 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wahanna Road, Seaside. For information, call 503-

Astoria TOPS - 5 p.m. weighin, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-325-4114.

Warrenton TOPS — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St., Warrenton. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-

Alcoholics Anonymous — To find a meeting, call 503-861-5526 or go to www.aa-oregon.org

Kick Butts Group Meets (Nicotine Anonymous) — 6:30 to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Al-Anon Family Groups information line for Clatsop and Tillamook counties, 503-338-5688. Oregon Area Al-Anon website. oregonal-anon.org

Astoria Al-Anon — 12 p.m. Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-

Nehalem Al-Anon p.m. Monday, Riverbend Room, Recreation Dis-North County trict, 36155 Ninth St, Nehalem. 503-368information, call

Seaside Al-Anon — 7:30 p.m. Tuesday, Seaside Public Library, 1131 Broadway, Seaside, call 503-810-5196 for information.

Tillamook Al-Anon — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., Tillamook. For information, call 503-842-

Warrenton Al-Anon — noon Friday, United Methodist Church, 679 S. Main Ave. For information, call 503-738-5727.

RELIGION BRIEFS

St. Mary, Star of the Sea

The St. Mary, Star of the Sea Parish picnic is from 2 to 6 p.m. Sunday at the St. Francis de Sales Mission, 867 5th Ave., in Hammond.

Franciscan Father Ben Innes has begun his service as interim priest at St. Mary, Star of the Sea, and will stay at least through the month of September.

Continued efforts to raise funds for the high school youth group attending the National Catholic Youth Congress will feature a 50/50 Raffle. Tickets will cost \$5 each, and up to a thousand tickets will be sold. The grand prize will be 50 percent of the raffle, or, if all thousand are sold, \$2,500.

Tickets will be on sale

after most masses at the main church entrance. The drawing will be at the Oct. 10 Knights of Columbus spaghetti dinner. For information, or to purchase tickets, call Greg Riehl at 503-338-8250.

education Religious needs a K-2 volunteer for classes beginning Oct. 1. For information, call 503-325-3671.

South County Interfaith

SEASIDE — The South County Interfaith Partnership meets at 8:30 a.m. Tuesday at the Pig 'N Pancake, 323

Broadway, to foster better understanding among faith practitioners and to nurture one another in spirit. All faiths are welcome. For information, call Ann Souvenir at 503-738-

Pacific Unitarian Universalist

The Pacific Unitarian Universalist Fellowship is holding a service at 11 a.m. Sunday at the First Congregational Church, 820 Alameda Ave. The Rev. Kit Ketcham is delivering a sermon, "Being Prepared.'

It is Homecoming Sunday, and the annual Water Ceremony is being conducted in celebration of the community. Into a vessel containing water from past Water Ceremonies, the group will pour their own waters, which symbolize the meanings of recent experiences, and share those meanings with the community.

Children's religious education begins Sunday, with Connie Moore as teacher. Veja Lahti is the lay leader, and Joyce Hunt is the greeter. The monthly potluck follows the service.

For information, call 503-325-5225 or go to www.pacuuf.org

Grace Episcopal

Sunday School classes for children of all ages begin Sunday for the coming year at Grace Episcopal Church, 1545 Franklin Ave, and are

being held during the 10 a.m. service; nursery care is also available at this time. The Youth Group, for those entering sixth grade and up, also begins Sunday.

The monthly Second Sunday Soup-Supper meal at Grace Church is served at 4 p.m. in the Parish Hall, free of charge. Those willing to help should come at 3 p.m. to set up, or 5 p.m. to help clean up.

For information, call the church at 503-325-4691 or go to www.graceastoria.org

Peace Lutheran

Peace Lutheran Church, 565 12th St., welcomes children to the fall session of Children's Church at 9:30 a.m. Sunday. Age-appropriate Bibles will be distributed; interested families should call the church office at 503-325-3871 to reserve a copy.

Bethany Free Lutheran Bethany Free Lutheran

Church, 451 34th St., begins a new Sunday school at 9:30 a.m. Sunday. To celebrate the beginning of the new school year, Sunday school will meet outside this Sunday in the church's overflow parking lot. There will be food and singing, a Bible lesson and a game. Sunday school will continue each Sunday at 9:30 a.m. with classes for all ages.

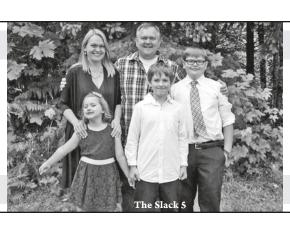
Bethany's worship services are at 11 a.m. Sunday. For information, call 503-325-2925.

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