

Roll, stroll through Astoria

Walkability tour, panel discussion to look at livability, age-friendliness of city

ASTORIA — The Lower Columbia Diversity Project invites the public to join in a Roll and Stroll — a walkability tour of downtown Astoria — on Monday, Aug. 10.

The tour will be facilitated by Alan DeLaTorre, of Portland State University's Institute on Aging and the Oregon Gerontological Association; Noel Mickelberry of Oregon Walks; and Elaine Friesen-Strang of AARP Oregon and Age-Friendly Portland & Multnomah County Transportation Committee.

"A roll and stroll," says DeLaTorre, "is designed to be an informative walk (or roll) that describes how the physical environment can facilitate and/or be a barrier to mobility. This includes design-related aspects (e.g., curb cuts, accessibility features) and patterns of transportation such as the interaction



Submitted photo

Alan DeLaTorre, of Portland State University's Institute on Aging, will lead a Roll and Stroll in downtown Astoria.

between automobiles and pedestrians.

"Additional aspects of age-friendly and livable communities will also be discussed (e.g., social connectivity, the role of businesses). This is an

informal, fun way to learn about environments for people of all ages and abilities."

The Roll and Stroll will begin at 5 p.m. at the Garden of Surging Waves, at 11th and Duane streets. The tour will take approximately one hour.

At 7 p.m., DeLaTorre, Mickelberry and Friesen-Strang will be joined by new city of Astoria Community Development Director Kevin Cronin; Michelle Lewis from NorthWest Senior & Disability Services; Clatsop County Public Health Director Brian Mahoney; and Lewis and Clark National Historical Park Superintendent Scott Tucker for a panel discussion about livability and age-friendly communities.

The discussion will be held in the Judge Boyington Building, 857 Commercial St.

The events will be sponsored by AARP Oregon, the Oregon Gerontological Association and Oregon Walks. Both events are free. For more information, email lcdiversityproject@gmail.com, or call 503-325-1895.

Be creative with Astoria Art Loft this month

Find a children's art camp, master class, open studios, more

ASTORIA — The Astoria Art Loft is hosting art happenings in the month of August. You can sign up for open studio time, a master class workshop on watercolors, an afternoon of art and wine, a children's art camp and more. The art happenings include:

- Purely Art children's art camps, 10 a.m. to noon Friday, Aug. 7 and 28. Jo-Pome-roy Crockett will lead these classes to provide children, ages 6 to 11 with basic art techniques, including drawing and painting. Cost is \$25 and includes all supplies.

- Daily Open Studios, 10:30 a.m. to 3:30 p.m. Tuesday to Friday, Aug. 11 to 14. Ellen Zimet and Debbie Janssen will hold free open studios. Bring your art supplies, your lunch, your sense of adventure and let's paint. Call Zimet

at 503-325-4442 if you are coming so that the art loft can provide enough tables set-ups.

• Discovering Dylusions Ink Sprays and Paints, 1 to 3:30 p.m. Saturday, Aug. 15. Trisha White presents a great opportunity for the mixed-media, art journaling and paper crafters to experiment with versatile Dylusions Ink Sprays by Ranger Inc. Participants will work through several different techniques, and the information on recreating the methods. Cost is \$45. There is an eight-person limit to the class. You can reserve your spot with a \$25 deposit to hold your place. Participants can register at Dots 'N' Doodles. For questions, call White at 503-298-9158.

• Master Class workshop, Monday to Friday, Aug. 17 to 21. Register for a week-

long master class workshop with international artist Don Andrews at www.trailsend-art.org. All proceeds go to the Trail's End Building Fund. Andrews will teach landscapes and figures in the landscape. Call Ellen Zimet at 503-861-0718 for more details.

- Woo Hoo 2, 2 to 5 p.m. Sunday, Aug. 23. Come for an afternoon of art, wine and fun. Paint with Jo Pome-roy-Crockett and Jeannette Davis. Call 503-325-4442 to register and get more details. The \$25 cost covers drinks, supplies and yummys.

For more information visit www.astoriaartloft.com. Go to the August calendar and click on the date you are looking for more information. The Astoria Art Loft is located at 106 Third St. above Dots 'N' Doodles Art Supply.

The Friends of the Astoria Column Board salute our fellow board member, former Mayor of Astoria for 24 years, and Grand Marshall of the 2015 Astoria Regatta Parade,

WILLIS VAN DUSEN!

We are honored by the Van Dusen Family's lead gift to the 2015 Astoria Column Restoration
Thank you for Joining the Crew! From your Friends,

Trudy Van Dusen
TRUDY VAN DUSEN, CITOVIC, PORTLAND

Pam Lum
PAM LUM, ASTORIA

Bruce C. Jones
BRUCE C. JONES, ASTORIA

Cheryl Perrin
CHERYL PERRIN, PORTLAND

Mike Lindberg
MIKE LINDBERG, PORTLAND

Jordan D. Schnitzer
JORDAN D. SCHNITZER, PORTLAND

Tiffany Estes
TIFFANY ESTES, ASTORIA

Eric Paulson
ERIC PAULSON, ASTORIA

Hal Snow
HAL SNOW, ASTORIA

Thane Tienson
THANE TIENSON, PORTLAND

Angela Cosby
ANGELA COSBY, ASTORIA

Gayle Timmerman
GAYLE TIMMERMAN, PORTLAND

Karen Whitman
KAREN WHITMAN, PORTLAND

Kevin M. LaCoste
KEVIN LACOSTE, ASTORIA

Bill Armington
BILL ARMINGTON, ASTORIA

