

## NOTES

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**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

**Blood Pressure Checks** — noon to 2 p.m., Astoria Senior Center, temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. For information, call 503-325-3231.

**Angora Hiking Club** — 1 p.m., Sixth Street parking lot. Astoria Traverse from Astoria Column to South Denver Street. For information, call Bob Westerberg at 503-325-4315.

**Ukulele Players** — 1:30 p.m., Warrenton Masonic Lodge, 66 S.W. Fourth St., Warrenton. All are welcome, including beginners. Loaner ukuleles available. For information, call Roger Williams at 503-717-5645.

**Seaside Dementia Support Group** — 2 to 3:30 p.m., Necanicum Village, 2500 S. Roosevelt

## Community service cleanup



Submitted photo

**Windermere Stellar real estate brokers from the Cannon Beach and Gearhart offices took the day off from showing houses and got busy donating their time to charity as they installed landscaping and cleaned up the grounds at the South Clatsop County Food Bank in Seaside during Windermere's recent company-wide Community Service Day.**

Drive, Seaside. For families and/or caregivers of dementia patients. All are welcome. To attend, RSVP at 503-738-0900.

## THURSDAY

**Wickiup Senior Lunches** — 11:30 a.m., Wickiup Grange Hall,

92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

**Senior Lunch** — 11:30 a.m., Bob Chisholm Senior Center, 1225

Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

**Columbia Senior Diners** — 11:30 a.m., Peace Lutheran Church

(lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

**Warrenton Senior Lunch Program** — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

**Seaside Rotary Club** — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seasiderotary.com>

**Lower Columbia Hospice Bereavement and Grief Support Group** — 2 to 4 p.m., Meeting Room 1, Bob Chisholm Community Center, 1225 Avenue A, Seaside. Group is open to those who are age 18 or older. For information, call 503-338-6230.

**Columbia River Meditation Group** — 6 to 7:30 p.m., Room 306, Towler Hall, Clatsop Community College. Class format, registration required. Drop-ins welcome. For information, call Ron Maxted at 503-338-9153.

**FRIDAY — FOURTH OF JULY CELEBRATED**

**AAUW Walking Group** — 9:30 a.m. Seaside Branch of American

Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

**Senior Lunch** — No lunch served today at Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Columbia Senior Diners — 11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

**Community Skate Night** — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$3. Limited roller skate rentals available for \$3; roller blades available. For information, call 503-738-9153 or go to [www.astoriaarmory.com](http://www.astoriaarmory.com)

## OTHER

**U.S. Coast Guard Cutter Yocona (168) Sailors** — Reunion of shipmates being planned in 2015 for anyone stationed on the cutter Yocona. For information, contact Ken Pearson at 503-741-0860 or [kenpearson@centurytel.net](mailto:kenpearson@centurytel.net)

**Gloves and Mittens Needed** — The Astoria Warming Center needs a substantial number of large size (so they will fit everyone) men's crocheted or knitted warm gloves and mittens for the coming winter. Some hats are also needed. For information, call Sandy Rea at 503-738-3103.

## Purchase locker nameplate, support AHS football program

Astoria High School's football program has played at its current location, Gyro Field/John Warren Stadium, since 1928. With the new sports complex, currently under construction, the goal is to develop a professional environment with the installation of custom-made wood lockers that would represent a tradition.

The Astoria Alumni Locker Project provides all players, present and former, as well as all supporters of AHS Athletics, a tangible means of connecting with the football program and helping maintain the new facility. A contribution of \$500 allows one of the 65 home lockers to be named in honor of any business, alumnus, or contributor. This locker

nameplate will remain in tribute for the lifetime of the new locker room.

The alumni locker concept was started as a senior project by Class of 2013 alumnus, Wyatt Brown. Other business leaders and alumni, including Blair Henningsgaard, Willis Van Dusen, Russ Warr, Mark Cary, Jerry Gustafson, Trila Bumstead, Bruce Jones and Kevin LaCoste helped put this project together.

To purchase a locker nameplate, forms are available on the high school's website at <http://bit.ly/1N5x549>. For questions, contact Howard Rub, AHS athletic director/head football coach, at 503-325-3911 or [hrub@astoria.k12.or.us](mailto:hrub@astoria.k12.or.us)



JOSHUA BESSE — The Daily Astorian

**People can purchase nameplates for the lockers at Columbia Memorial Hospital Field. Proceeds from the nameplates will go toward turf maintenance at the field.**

## CMH honors excellent caregivers

Nurse Kelsey Betts, oncologist Dr. Jennifer Lycette, and pet therapy dog Macaroni Lattig were recently honored with the Columbia Memorial Hospital 2015 Spirit of Caring Awards, given in recognition of caregivers who personalize, humanize and demystify the healthcare experience.

Kelsey Betts is a maternity nurse and an International Board Certified Lactation Consultant in the CMH Family Birthing Center. She was chosen for her leadership within the department and her commitment to patients.

Oncologist Jennifer Lycette, was nominated by the staff of the CMH/Oregon Health and Science University Cancer Care Clinic for her leadership, compassion and steady commitment to meeting patients' needs.

Macaroni "Mac" Lattig was named this year's winner in the pet category. He and his owner, Laura Lattig, visit patients in the CMH Infusion Center and the local addition treatment center each week. They also make house calls to Lower Columbia Hospice patients.



Photo by Justin Grafton

Kelsey Betts



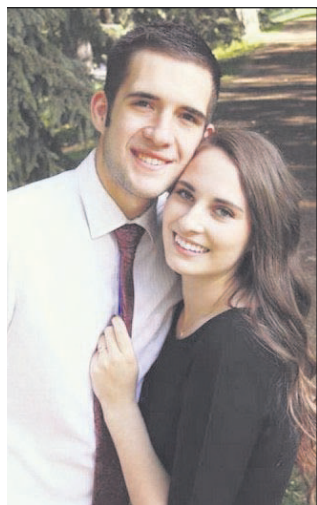
Photo by Justin Grafton

Dr. Jennifer Lycette



Macaroni and Laura Lattig

## ENGAGEMENT



Nicholas Barrus and Lauren Ploghoft

## Ploghoft — Barrus

Brian and Tiffany Ploghoft of Astoria announce the engagement of their daughter, Lauren Ploghoft of Ammon, Idaho, to Nicholas Barrus, also of Ammon. He is the son of Russ and Betsy Barrus of Ammon.

The bride-to-be graduated in 2010 from Astoria High School and in April 2015 from Brigham Young University-Idaho, majoring in marriage and family studies. She was a school counselor intern at Lewis and Clark Elementary School in Astoria, and is now employed by Hope Avenue in Idaho Falls, Idaho.

The prospective groom is a 2012 graduate of Hillcrest High School in Idaho Falls. He then served a two year mission in New Mexico for the Church of Jesus Christ of Latter-day Saints. He is currently a business management student at Brigham Young University-Idaho. He is employed as a home health care provider for Senior Care and by Peak Glass in Idaho Falls.

A July 17 wedding is planned at the Rexburg Idaho Temple in Rexburg, Idaho. A reception is being held July 24 in Astoria.

## Wheel Fun Rentals offers free rides to Big Brother Big Sisters

SEASIDE — Wheel Fun Rentals, 151 Avenue A in Seaside, is participating in the ninth year of the Biking Buddies Program, which gives free one-hour rentals to Big Brothers Big Sisters volunteers and their Little Brothers and Sisters.

The program is valid for either one multi-rider product that they can ride together, or two single-rider products that they can use side-by-side, and the program is unlimited.

"At Wheel Fun Rentals we like to see children moving, biking, paddling, laughing, and enjoying the great outdoors," said Sheena Walenta, national marketing director at Wheel Fun Rentals. "We chose to partner with Big Brothers Big Sisters because they target children who would benefit the most from mentorship and wholesome quality activities."

For information about Wheel Fun and the Biking Buddies Program, go to [www.wheelfunrentals.com/Content/BBBS.aspx](http://www.wheelfunrentals.com/Content/BBBS.aspx)

## Ducky Derby tops \$30,000 in total contributions to children's athletic program

SEASIDE — The eighth-annual Ducky Derby, sponsored by Clatsop Community Bank and KCRX 102.3 FM, was held June 13 at Quatat Park in Seaside.

The event raised more than \$4,000 for Seaside Kids Inc. this year, and has raised about \$30,000 for the nonprofit athletic program since Clatsop Community Bank began sponsoring the event in 2009.

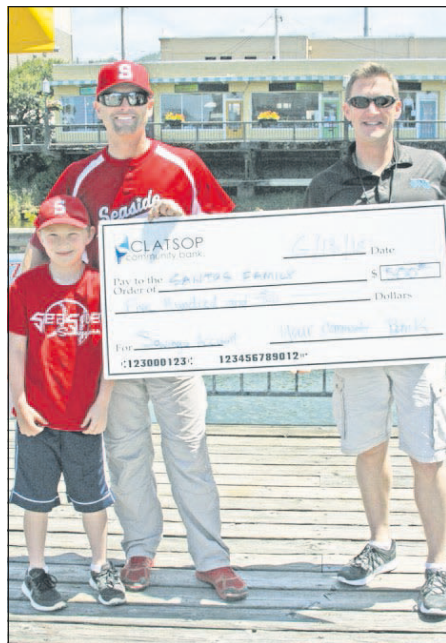
In addition to being the event's title sponsor, the bank awarded the grand prize of a \$500 savings account to the Santos family, the owners of this year's winning duck.

Other prizes included an iPad Mini, Samsung Blu Ray player, family passes to the Seaside Aquarium, gift certificates to local restaurants and more.

Seaside Kids is a nonprofit organization that raises money to provide free athletic programs for children in Seaside, Gearhart and Cannon Beach.

It was organized more than 50 years ago and serves hundreds of local youth who participate in baseball, softball, football, golf and swimming programs at no charge.

The group also provides scholarships that enable children to attend special tournaments. For information, go to [www.seasidekidsinc.org](http://www.seasidekidsinc.org)



**From left, Cameron Schulte, Joe Schulte, president and CEO of Clatsop Community Bank, and Ken Heman of the Ohana Media Group's 102.3 KCRX, are holding a check for \$500, which will be deposited into a savings account at Clatsop Community Bank for the Santos family, who owned the winning duck in the Ducky Derby, a fundraiser for Seaside Kids Inc.**

Submitted photo

In honor of July 4th, The Daily Astorian's offices in Astoria and Seaside will be

**CLOSED**  
**FRIDAY, JULY 3**

PAPER DELIVERY WILL PROCEED AS USUAL

**Have a safe holiday!**

**Classified Deadlines:**  
Thurs., July 2, 11am for Friday, July 3

Thurs., July 2, 1pm for Mon., July 6

**Display Ad Deadlines:**  
Mon., June 29, 5pm for Friday, July 3

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