

Warrior season comes to a close

Baseball
Eagles 2, Warriors 1
 WARRENTON — Catlin Gabel lost two of three games to Warrenton in the regular season and finished one place behind the Warriors in the team standings — but the Eagles took advantage of the league playoff system to score a 2-1 win over Warrenton Tuesday afternoon at Huddleston Field.

By winning the Lewis & Clark League playoff, Catlin Gabel advances to play at Rainier Thursday, while the season comes to a close for the Warriors at 11-14 overall.

The low-scoring pitcher's duel came down to a few mistakes on the field, and who took advantage of the breaks. Warrenton scored on an error in the bottom of the fourth for a 1-0 lead, but Catlin Gabel scored two runs on one error in the top of the fifth for the only runs of the game.

Catlin Gabel starter Matt Maynard went the distance on the mound for the Eagles, allowing just three hits with five strikeouts and no walks.

Warrenton senior Brock Johnson was equally effective, giving up just three hits with seven strikeouts and three walks.

Senior Hunter Michaelson had two of Warrenton's three hits, both doubles.

Michaelson had a leadoff double to deep center field in the second, and the Warriors had runners at second and third with one out before Maynard was able to retire the final two batters in order.

Michaelson had another leadoff double in the fourth, which deflected off the top of the fence and back into play.

He took third on a passed ball and advanced to third on a ground-out, before scoring on a Catlin error.

"Brock threw great," said Warrenton coach Lennie Wolfe. "He deserved better than the end result. Offensively we just didn't do enough, other than Hunker."

"Obviously it's disappointing to lose," he added. "On the plus side, we improved from five wins to 11 this year and got back into the league playoffs. The downside is that we didn't win the key games that we needed to."

"I appreciate everything

that the seniors gave us for four years," Wolfe said, with the senior group including Johnson, Michaelson, Drake Fischer and Kory Thomas. "We've got nine guys returning next year, so we'll go back to work this summer and try to fill in the holes."

Astoria 5, Sandy 3
 With their first round state playoff game still more than a week away, the Astoria baseball team is tuning up this week with a pair of nonleague games.

The Fishermen hosted Sandy Tuesday at Aiken Field. And Astoria slipped past the Class 5A team, 5-3, sending the Pioneers to their ninth straight defeat. The Fishermen continue nonleague action Thursday at home vs. Clatskanie.

Astoria scored four runs in the third inning, and that was all the Fishermen needed for their sixth straight win.

Carter Wallace allowed two runs over five innings of work, giving up three hits with two strikeouts. Fridtjof Fremstad recorded the final six outs for the save.

Softball
Cougars 4, Warriors 0
 WARRENTON — The Warriors could not buy a run Tuesday afternoon at home, in a Lewis & Clark League softball game with Portland Adventist.

The Cougars, meanwhile, scored a run in the first, one in the sixth and two in the seventh for a 4-0 win.

Portland Adventist advances to play Clatskanie Thursday, while the season comes to a close for Warrenton.

Warrior pitcher Niqui Blodgett gave up just four hits on her birthday, with nine strikeouts and six walks. The Warriors had just one hit.

Warrenton had runners in scoring position in the second inning but could not score. Blodgett had a leadoff double in the fourth and reached third before the inning ended.

Warrenton senior Bri Marsch ended her high school career with an unassisted double play to get out of the seventh inning.

The Warriors had two runners on in their last at-bat, but again could not capitalize.

Seaside boys golf team wins back-to-back state trophies

By MIKE WEBER
 For The Daily Astorian

BANKS — After winning the 2014 boys golf title, the Seaside High Seagulls had every intention of winning the championship again this year. That's exactly what coach Jim Poetsch's Gulls did, too.

Seaside has now earned the prestigious distinction as back-to-back defending state champions after winning the OSAA/U.S. Bank/Les Schwab Tires Class 4A title Tuesday at Quail Valley Golf Course in Banks.

"It feels pretty good to win another championship," said Poetsch, Seaside's longtime (14 years) coach who has led the Gulls to state 10 times in the last 11 years. "Sam Hinton had a great tournament and all our kids did a great job today to help us win the title. This is what we were shooting for all season. I knew that Valley Catholic and Marshfield (third place) would be tough teams, too. They're both really good and it's nice playing golf with both of those teams. It was nice seeing three of the top-four teams (including fourth-place Scappoose) were from the Cowapa League."

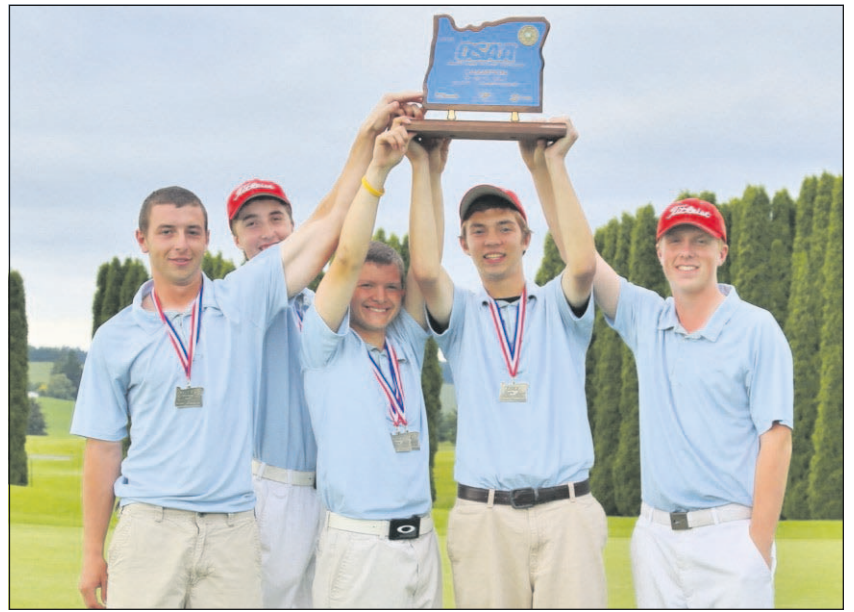
Leading by 20 strokes (301 — 324) over Valley Catholic after Monday's first round, Seaside had a tremendous amount of momentum heading into Tuesday's second round. The five-member Gulls squad, led by standout senior Sam Hinton, played with poise and with a high confidence level to remain the most dominating team again this year.

"After winning state last year, we knew that we would have a pretty good chance of contending for another championship," said Hinton, who shot a three-under par 141 for the two-day, 36 hole tournament. "We proved to everyone here on the first day that we pretty much had everything under control. We hardly ever make any mistakes. About 75 percent of practice is on the greens with putting and chipping and I think that's what makes us such a strong team. We all have pretty good swings so that we can keep the ball under control most of the time."

Hinton, one of four Gulls seniors, finished second individually to earn a medal, a commemorative hole pin flag and he helped Seaside bring home the sparkling new first-place trophy. Hinton shot a 34 on the front nine and 38 on the back for a 72 score Tuesday, which followed his record breaking 69 on Monday. Hinton's 69 marked the lowest state tournament score ever by a Seaside player. Seaside, the Special District 1 champion, won the title with a score of 623, well ahead of runner-up Valley Catholic at 643.

"My goal in the tournament was to have an even par total, so it was tremendous for me to shoot three under," said Hinton. "It was really cool to play my best golf of the year in the state tournament to help my team win the state championship."

Having four of five members return-



Photos by JEFF TER HAR — For the Daily Astorian
Seaside's 2015 state champions, from left to right: Kevin LaCoste, Sam Hinton, Shane Fritter, Trenten Meyer and Aaron Richardson.



The Seaside boys golf team takes a dunk into a water hazard on the course at Quail Valley, where Seaside wrapped up another state title.

ing from last year's title squad, the Gulls expected to have an elite group, particularly with seniors Shane Fritter, Trenten Meyer, Kevin LaCoste and Hinton. They demonstrated their superiority too with the Gulls trio of Hinton, Fritter (ninth) and junior Aaron Richardson (eighth) finishing among the top-10 individual scorers. Seaside recorded a tourney high 18 birdies, including six by Hinton, four each for Fritter and LaCoste and three for Richardson. LaCoste also had one eagle.

"We played pretty good the first day when we really set ourselves apart from the other teams," said Fritter, who shot a 42, 40 — (82) Tuesday to take ninth place with 158. "Last year we had some trouble with our fifth spot, but Kevin LaCoste has done a great job in that role this year. With everyone returning from last year, we felt like we had a good chance to win state again and it was real exciting to accomplish our goal."

Richardson, the only player who will be returning next year, shot a 41, 42 — (83) for a 157 two-day total score. LaCoste, surprisingly strong in just his first year as a Gulls golfer, shot a 40, 45 — (85) and totaled 169. Mey-

er rounded out the five member squad with a very respectable 43, 45 — (88) and 170 total.

"Our team has sure enjoyed lots of success the last two years and hopefully it will continue next year as well," said Richardson. "This is such a huge highlight of my athletic career and it's something that I'll always remember for the rest of my life. It's a great way for our seniors to conclude their Seaside High golf career. I was so glad to finish in the Top 10, which was one of my goals all year. I worked really hard to get that, so I'm pretty happy about that accomplishment."

As consecutive state champions, the Gulls boys golf team is now recognized as probably the most successful athletic team ever in Seaside High history, since no other team has won back-to-back titles in any other sport. The Gulls could have another good team next year, with Richardson leading them as their No. 1 player. Some good junior varsity players will continue competing in summer tournaments to improve and gain experience and then move up to the varsity squad next season.

SCOREBOARD

PREP SCHEDULE

THURSDAY

Baseball — Clatskanie at Astoria, 4:30 p.m.

Track — 3A/2A/1A OSAA State Meet, Hayward Field, Eugene, TBA

FRIDAY

Track — 4A, 3A/2A/1A OSAA State Meet, Hayward Field, Eugene, TBA

SATURDAY

Track — 4A OSAA State Meet, Hayward Field, Eugene, TBA

BOYS GOLF

HIGH SCHOOLS

Class 4A State Tournament at Quail Valley GC (Final Round Scores)

Team: Seaside 623, Valley Catholic 643, Marshfield 647, Scappoose 700, Hidden Valley 708, Cottage Grove 731, Stayton 746, Baker/Powder Valley 750, Junction City 760, La Grande 782.

Individual (Top10)

Bryce Wortman, Mazama, 138
 Sam Hinton, Seaside, 141
 Craig Ronne, Klamath Union, 147
 Ryan Schmidlin, Valley Cath., 152
 Nick Tranquil, Valley Catholic, 152
 Carter Lee, Tillamook, 153
 Austin Johnson, Hidden V., 156
 Aaron Richardson, Seaside, 157

Shane Fritter, Seaside, 158
 Nathan Mapes, Scappoose, 159
 Jacob Klein, Marshfield, 159

Seaside (623)

Sam Hinton 69-72—141
 Aaron Richardson 74-83—157
 Shane Fritter 76-82—158
 Kevin LaCoste 84-85—169
 Trenten Meyer 82-88—170

BASEBALL

HIGH SCHOOLS

Eagles 2, Warriors 1

Catlin Gabel 000 020 0—2 3 3

Warrenton 000 100 0—1 3 3

Maynard and Bluffstone; Johnson and McFadden. **W:** Maynard. **L:** Johnson. **2B:** War, Michaelson. **HBP:** CG, Bluffstone, Gordon; War, Little. **LOB:** Catlin Gabel 8, Warrenton 6. **DP:** Warrenton.

Astoria 5, Sandy 3

Sandy 020 001 0—3 5 1

Astoria 004 010 x—5 10 2

Schaffer, Anderson (3), Damm (6) and Bonner; Wallace, Fremstad (6) and Helmersen. **W:** Wallace. **L:** Schaffer. **S:** Fremstad. **RBI:** San, Bonner, Carson; Ast, Scott 2, Helmersen, Strange. **2B:** San, Copher, Bonner. **HBP:** San, Dwyr. **LOB:** Sandy 4, Astoria 8.

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 Buy a full antivirus suite.
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 Yes, this may limit the usefulness of your computer, but will keep you protected.
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IN HONOR OF

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Display Advertising Tues., May 26, 2015
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 A paper will be delivered as usual. If you experience home delivery problems, call 325-3271, ext. 228 for assistance.
THE DAILY ASTORIAN

Q: What is the trick to growing good tasting lettuces on the coast?
A: I am assuming you have had problems with bitter lettuce, as that can be a problem if they dry out later in the summer. Young starts that have dried out will also "bolt" (go to seed) early. Use plenty of water and if possible, grow lettuce in the shade of a taller crop like corn or trellised peas. Be prepared to keep the slugs out. We avoid the head lettuces as slugs can ruin it when they burrow into the center of it. Red varieties tend to be less attractive to slugs. All the leaf lettuces are more nutritious as well. Use a remay cover to shade your crop and protect from bug damage. The lettuce types that allow you to harvest a few leaves, and the plant continues to grow, are very productive. We call them "cut and come again" varieties.
BonAppetit!

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A: For the majority of patients concerned about their dental health this is a reasonable interval. However, for many patients who struggle with plaque control, have poor brushing habits, inadequate diets, smokers, and patients with medical conditions such as diabetes a more frequent cleaning interval is recommended and appropriate. And yes, there are the few patients out there who do an amazing job of home care and can remain healthy on just an annual cleaning visit and checkup. Remember "you only have to brush and floss the teeth you want to keep!"

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