History Center seeks World War II memories

CANNON BEACH — The Cannon Beach History Center and Museum is holding an exhibit about World War II on the Oregon Coast, opening May 22, and they are looking for local World War II sto-

"We would like to collect varying perspectives," Elaine Murdy-Trucke, executive director of the museum wrote. "The museum wants to hear from those who rationed their supplies, watched the shores, or whose lives were touched by the war.'

To contact the museum, call 503-436-9301 from 1 to 5 p.m. Wednesday through Monday. For information, go to www.cbhistory.org

VOLUNTEER OPPORTUNITIES

4-H — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center -Temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. To volunteer, call Larry Miller at 503-325-3231.

Astoria-Warrenton Chamber of Commerce — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

Adults Developing Youth (CADY) Mentoring Program - 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or Iparker@co.clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email info@dogsncats.org or call 503-861-0737.

Clatsop Care Center -Volunteers needed daily for all three meals to provide one-onone assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Brenchley at 503-325-0313, ext. 209.

Clatsop County Animal Shelter — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community College Outreach Literacy Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557

Clatsop County Public orks — 1101 Olney Ave. Works -Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-

Columbia Memorial Hospital - Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to www.columbiamemorial.org. To schedule an interview, call 503-325-4321

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323

Columbia Senior Diners — 565 12th St. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Community Emergency Response Team — CERT volunteers needed for community events and disaster response with local police, fire and emergency medical service agencies. Training includes fire safety, first aid, traffic and crowd control, communications, damage survey, disaster planning and civic events within city limits. For information, contact CERT coordinator Kenny Hansen at khansen@astoria.or.us or leave a voicemail at 503-325-4411.

Friends of Seaside Library 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-6742 or stop by the library.

Knappa Rural Fire Protection District — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call Chief Paul Olheiser at 503-458-

Lunch Buddy Mentoring Program — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call Mary Jackson at 503-440-0368 or email lunchbuddies.

mp@gmail.com

NorthWest Senior & Disability Services - Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers for Meals on Wheels. For information, contact Candy Foster at 503-738-

Providence Seaside Hospital — Needs volunteers to drive local senior citizens to medical appointments for the Partners for Seniors Program, and to work in the Providence Seaside Hospital Gift Shop. Commitments as small as one hour a month to regularly scheduled weekly shifts are available. For information, call Volunteer Services at 503-717-7171 or email Alana.Kujala@providence.org

Seaside Downtown Development Association — Volunteers needed to help with local events happening throughout the year. For information, call Laurie Oxley at 503-717-1914 or email director@seasidedowntown.

Start Making a Reader Today — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to www.getsmartoregon.org

Svensen Congregate Mealsite — Wickiup Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-4532 or 503-861-4202.

Titanic Lifeboat Academy - Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

Tri-City Spay and Neuter Thrift Store — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

Veterans Services Officer of Clatsop County — Seeking volunteer drivers to transport veterans from Astoria to the Veterans Administration Medical Center in Portland using the Disabled American Veterans (DAV) van. To volunteer, call 503-298-8757 or email clatsopyso@ gmail.com

Warrenton Senior Lunch Program — Warrenton Community Center, 170 S.W. Third St. Volunteers needed to help with Meals on Wheels and in the dining room Mondays or Thursdays. For information, contact Barb Balensifer at 503-861-1341.

Wildlife Rehab Center of the North Coast - Needs volunteers to help rehabilitate orphaned and injured wildlife. For information, call Sharnelle Fee at 503-338-0331 or go to coastwild-

Sat- 8-4



3B

Pictured, Constance Waisanen on a previous Thrivent Builds with Habitat for Humanity trip to Madagascar.

Knappa resident to help build houses in Nicaragua

Constance Waisanen of Knappa is traveling to Nicaragua April 18-26 to help build homes with Habitat for Humanity Nicaragua, side-by-side with families in need, thanks to a multiyear, multimillion dollar mission partnership between Thrivent Financial and Habitat for Humanity International.

Waisanen, a Thrivent financial consultant, was selected to represent her colleagues from the organization's Pacific Cascade region, and was nominated for the team because of her sales performance, passion for volunteering with members and drive to help people be wise with money.

"Waisanen has proven her dedication to serve in our community," said Rob Espenel, managing partner of the Pacific Cascade region of Thrivent Financial. "Whether she is helping a family in Astoria plan for their future or when she is building a home with a family in another country, Constance is passionate about serving others. This life-changing trip to Nicaragua will only increase her energy for ser-

Waisanen has invested her time, talent and resources in charitable causes in the North Coast area, including working with the Partners to keep the Performing Arts Center open, working as part of a team of artists for the Open Studio Tour and serving on the board of Columbia Memorial Hospital.

For information, go to www. thriventbuilds.com

SENIOR NOTES

Alzheimer's Association Oregon Chapter — Information, referral and counseling services for families and caregivers of people with Alzheimer's, dementia and other related disorders. For information, call 800-272-3900 (24 hours a day).

Astoria Alzheimer's & Other Dementia Family Support Group — 2 to 3:30 p.m. third Monday, Clatsop Care Center, 646 16th St., first-floor conference room. Open to all family members of people with dementias. For information, call Rosetta Hurley at 503-325-0313, ext. 216, or email support@clatsopcare.org

Clatsop Behavioral Health After Hours Crisis Line

Clatsop Community Action 503-325-1400. Respite care services, low-income energy assistance, emergency food assistance, housing information, emergency personal

11:30 a.m. weekdays, Peace Lutheran Church (lower level), 565 12th St. Cost is \$5. For information, or to have a meal delivered, call 503-325-9693. **Exploring New Concepts of**

Columbia Senior Diners —

Retirement Education (ENCORE) - 503-338-2408. Provides a wide assortment of educational experiences for individuals older than 50.

Elder Friendship Line — 800-971-0016. Available from 8 a.m. to 11 p.m.; crisis calls taken 24/7.

Food Pantries — 503-325-1400. Clatsop Community Action serves six food pantries in Clatsop County through the Oregon Food Bank

35359 Business Hwy 101

Astoria, OR

Barbie Jenkins has

been an optician for

the past 20 years

started her career

here in Astoria. She

Barbie is retiring

with Dr. Kumpula in 1994,

continued on as it became North

Coast Vision Center, and since

2011 has been vital in helping

Coastal Eye Care become the

thriving clinic it is today! As the

practice changed hands several times over the years Barbie has

She has been dedicated to

her patients for all this time with

Barbie will be greatly missed.

remained the constant force.

her compassionate ways and

steadfast service.

Come help us celebrate!

Coastal Eye Care 553 18th St., Astoria!

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503-325-2861

For emergencies 503-325-0233

R E

TIRING

MARCH

Network. Call for area locations and hours. Legal Aid Services of Oregon -

Grief Support Group, Seaside — 2 to 4 p.m. first Thursday, Bob Chisholm Community Center, Meeting Room 1, 1225 Avenue A, Seaside. For information, call Lower

Columbia Hospice at 503-338-6230.

888-245-4091. Provides free services in civil cases to low income people.

Lifespan Respite — 503-325-1400. Provides information, referral,

training and paid respite for family caregivers.

National Suicide Prevention Lifeline - 800-273-TALK (8255). A 24hour, toll-free suicide prevention service for anyone in a suicidal crisis. TTY users should dial 800-799-4TTY (4889)

living with alzheimer's

an education program by the alzheimer's association



Living with Alzheimer's: For Caregivers – Middle Stage

Saturday, April 18 | 9:30 a.m. to 3:30 p.m.

Clatsop Community College Columbia Hall, Room 219 1651 Lexington Ave., Astoria, OR 97103

In the middle stage of Alzheimer's disease, those who were care partners now become hands-on caregivers. Join the Alzheimer's Association Oregon Chapter for this class and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

> This class is free, but registration is required. To register, call **800-272-3900**.

Offered in collaboration with:



alzheimer's \bigcap association° 24/7 helpline: 800-272-3900