

MORE NOTES

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Lower Columbia Hospice Bereavement Support Group — 4:30 to 6 p.m., Wellness Pavilion, third floor conference room, 2265 Exchange St. Open to age 18 or older. For information, call 503-338-6230.

North Coast Chapter, ABATE of Oregon — 5:30 p.m., Astoria Moose Lodge, 420 17th Street. All are welcome. For information, call 503-791-7253.

Head Injury Support Group — 6 to 7:30 p.m., Pacific Northwest Occupational Therapy Clinic, 1396 Duane St. For information, call 209-791-3092, email pnwhigroup@gmail.com or go to www.pnwhigroup.vpweb.com

Peninsula Arts Association — 6 p.m., PAA Office, Long Beach Depot Building, Third Street N. and Pacific Highway, Long Beach, Wash. All are welcome. For information, call 360-665-6041 or go to <http://beachartist.org>

WEDNESDAY
Angora Hiking Club — 9 a.m., meet at Sixth Street parking lot for a Cannon Beach Volkswalk. For information, call Arlene LaMear at 503-338-6883 or June Baumlert at 503-368-4323.

Open Sewing Gathering — 10:30 a.m. to 4:30 p.m., Homespun Quilts, 108 10th St. For information, call 503-325-3300 or 800-298-3177 or go to <http://homespunquilt.com>

Astoria Chapter Daughters of the American Revolution — 11 a.m., Astoria Golf and Country Club, 33445 Sunset Beach Lane, Warrenton. Members and women 18 and older, who may have an ancestor who aided in the American Revolution and are interested in membership, are invited to attend. Joanne Hostetter is presenting a program on "V" letters from World War II. For reservations, contact Sue Glen at 503-861-0574.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Blood Pressure Checks — noon to 2 p.m., Astoria Senior Center, temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. For information, call 503-325-3231.

North Coast Multiple Sclerosis Care and Share Help Group —

'Rockin' on the River' Regatta Court announced

Four high school students have been chosen for the Regatta Court for the 2015 Astoria Regatta Festival. They join 2014 Queen Claire Helligso of Astoria High School. The court will be giving speeches, making appearances, and attending parades throughout the season.

Queen Claire Helligso, daughter of Shawn and Miranda Helligso, is a senior at Astoria High School. She has been involved with dance since the age of 3, and is a member of Maddox Dance Studio and the AHS Pizazz dance team for all four years of high school, including two years as captain. She has received many honors through dance, is member of National Honors Society, and has been on the honor roll every semester at AHS. She has been involved with the Regatta Festival from a very young age. After high school, she plans to enter a nursing program to be a neonatal nurse and pursue her passion for dance.

Kimberly Castro, daughter of Minerva Monroy, is a junior at AHS. She has been in the National Ocean Science Bowl team for three consecutive years, is in the Japanese Club, plays basketball, and was freshman class vice president, and Associated Student Body secretary for two years. She has helped with many school and community projects, been a part of the Net Shed team, Bike Trip America, Winter and Color Guard, Concert and Advanced Choir and played volleyball. She was chosen to attend the Honor Choir Festival this year, and was East Portland's Miss Pageant Spirit. She is a member of Hilltop Church, and has been part of Christian Youth in Action. She plans to attend college to get a Ph.D. in forensic psychology.

Ally Bentley, daughter of John and Gina Bentley, is a junior at Warrenton High School. Since 2012, she



Claire Helligso



Kimberly Castro



Ally Bentley



Katrina Diego



Sophia Thomas

Photographs by Scott Docherty/www.redhare.com

has been an active participant in the Columbia Empire Volleyball Association. She is also a varsity letterman in both golf and volleyball, earning an all-league honor for volleyball in the Cowapa League. She is a member at St. Mary, Star of the Sea Catholic Church; she was an altar server, attends St. Mary's Youth Group, and attended the National Catholic Youth Conference in 2013. She volunteered for the Chip-In Park Clean Up and the AHS North Coast volleyball camp, and helped collect food for the food bank. A cadet teacher this fall at Astor Elementary School, she is also a counselor at Camp Kick-A-Lot each summer. She plans on attending University of Portland to pursue a career in elementary education.

Katrina Diego, daughter of Mina and Rafael Ferrer, is a junior at WHS. She is a member of the National Honors Society, student council, Key Club, North Cascades Institute, Communicare and the WHS Prom Committee. She is an active member of the WHS state championship band, has participated in track and field,

and is involved with the Sea Youth Group at St. Mary, Star of the Sea. She plans to attend Oregon State University and study medicine, then applying to Oregon Health and Sciences University for an extended degree. Her ultimate goal is to travel to third world countries to help bring first world medical resources to the children there.

Sophia Thomas, daughter of Dennis and Tiffany Thomas and Gretchen White, is a junior at WHS. She is class vice president and is the student body sergeant at arms. She is a varsity letterman in volleyball, basketball (and is team co-captain), and track, and is an honors member of WHS's state championship band (clarinet). Active in Warrenton's fisheries program, she has also participated in her school's blood and annual food drives. She plans on attending Oregon State University to study forensic anthropology.

This year marks the 121st year of the Astoria Regatta Festival, which will be held Aug. 5-9. The theme for this year's festival is "Rockin' on the River."

noon, Clatsop Retirement Village, 947 Olney Ave. For information, call 503-325-7898.

Ukulele Players — 1:30 p.m., Warrenton Masonic Lodge, 66 S.W. Fourth St., Warrenton. All are welcome, including beginners. Loaner ukuleles available. For information, call Roger Williams at 503-717-5645.

Northwest Tea Party — 6:30 p.m., Uptown Cafe, 1639 S.E. Ensign Lane, Warrenton. For information, call 503-325-7220.

WomenHeart of North Oregon Coast — 6:30 p.m., Columbia Memorial Hospital Health and Wellness Pavilion, third floor conference room, 2165 Exchange St. Peer support group for women living with, or at risk of heart disease. For information, email Michele Abrahams at WH-NorthOregonCoast@womenheart.org

U.S. Coast Guard Auxiliary, Buoy 10 Flotilla 64 Astoria — 7 p.m., USCG Tongue Point Swimmers Building No. 1. Open to the public. For information, go to www.cgaux.org

Seaside Elks Lodge No. 1748 — 7:30 p.m., 324 Avenue A, Seaside. For information, call 503-738-6651 or email seasideelks@yahoo.com

Maple Chapter No. 95, Order of the Eastern Star — 7:30 p.m.,

Masonic Lodge Hall, 201 N. Holladay Drive, Seaside. For information, call 503-717-0808.

THURSDAY
La Leche League of Astoria — 11 a.m. to 12:30 p.m., 320 South St. The topic is "The Art of Breastfeeding/Avoiding Difficulties." For those interested in breastfeeding; mothers, babies and toddlers welcome. For information, call Megan Oien at 503-440-4942 or Janet Weidman at 503-741-0345.

Wickiup Senior Lunches — 11:30 a.m., Wickiup Grange Hall, 92683 Svensen Market Road. Free for those older than 60 (\$3 suggested donation), \$6.75 for those younger than age 60. For information, call Michelle Lewis at 503-861-4200.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested donation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners —

11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Warrenton Senior Lunch Program — noon, Warrenton Community Center, 170 S.W. Third St. Suggested donation of \$5 for seniors and \$7 for those younger than 60. For information, or to volunteer, call 503-861-3502 Monday or Thursday.

Seaside Rotary Club — noon, Shilo Inn, 20 N. Prom, Seaside. For information, go to <http://seasiderotary.com>

Columbia River Meditation Group — 6 to 7:30 p.m., Room 306, Towler Hall, Clatsop Community College. Class format, registration required. Drop-ins welcome. For information, call Ron Maxted at 503-338-9153.

Parents, Families and Friends of Lesbians and Gays (PFLAG) Oregon North Coast — 6:30 to 8 p.m., First Lutheran Church, 725 33rd St. For information, contact Drew Herzog at drewherzig@yahoo.com

Veterans of Foreign Wars, Fort Stevens Post 10580 — 7 p.m., Warrenton Christian Church, 1376 Anchor St., Warrenton. For information, call Mel Jasmin at 503-861-2030.

Lower Columbia Classic Car Club — 7 p.m., Steve Jordan's shop building, 35232 Helligso Lane. New members welcome. For information or directions, call Steve Jordan at 503-325-1807.

Rainland Fly Casters — 7 p.m., First Presbyterian Church Annex, 11th Street and Harrison Avenue. For information, call Tom Scoggins at 503-325-6358, or Walt Weber at 360-777-8295, or go to www.rainlandflycasters.com

FRIDAY
AAUW Walking Group — 9:30 a.m. Seaside Branch of American Association of University Women weekly low-impact group walk, followed by coffee and fellowship. For information, call 503-738-7751.

Senior Lunch — 11:30 a.m., Bob Chisholm Senior Center, 1225 Avenue A, Seaside. Suggested do-

nation of \$3 for those older than 60; \$6.75 for those younger than 60. For information, call Michelle Lewis at 503-861-4200.

Columbia Senior Diners — 11:30 a.m., Peace Lutheran Church (lower level), 565 12th St. The cost is \$5. For information, or to have a meal delivered, call 503-325-9693.

Red Cross Blood Drive — noon to 5 p.m., Rogue Brewery, 100 39th St. To make an appointment to donate blood, go to www.redcross-blood.org and enter the zip code 97103. Walk-ins are welcome or call 800-RED CROSS for availability.

Open Skating — 5 to 9 p.m., Astoria Armory, 1650 Exchange St. Admission \$2. Limited roller skate rentals available for \$3; bring own skates if possible.

OTHER
U.S. Coast Guard Cutter Yocona (168) Sailors — Reunion of shipmates being planned in 2015 for anyone stationed on the cutter Yocona. For information, contact Ken Pearson at 503-741-0860 or kenpearson@centurytel.net

HONOR ROLL

This student has earned a 3.5 grade point average or higher, qualifying her for the honor roll.

Central Oregon Community College
Bend

Astoria: Erin Hulti

Seaside High School student wins DAR award

The Astoria Chapter, Daughters of the American Revolution, announces the 2015 Oregon State Daughters of the American Revolution (OSDAR) award winner of the Outstanding Teacher of American History Contest: Mike Hawes of Seaside High School.

He will be presented at

the OSDAR State Conference Awards Luncheon to be held in Wilsonville May 16. His entry will be submitted to the National DAR contest. The national winner will be honored at the 124th Continental Congress and will receive a check for \$3,000, a special certificate and a book.

American Association of University Women offers scholarship for women

SEASIDE — The Seaside Branch of the American Association of University Women (AAUW) is offering a scholarship of up to \$2,000 for a woman who has been out of high school for five or more years. Funds may be used for tuition, fees, and textbooks and applied at any accredited two or four-year institution.

Applications can be obtained at <http://bit.ly/1BL0LUG> or <http://seaside-or.aauw.net/foundation>. Applications should be mailed to the Seaside AAUW Scholarship Foundation, P.O. Box 693, Seaside, OR 97138, and must be received by April 17.

For questions, call Karen Beck at 503-861-2653.

Talent show is Thursday

The Astoria Rescue Mission is holding its 27th annual Talent Show at 6:30 p.m. Thursday at the Hilltop Church of the Nazarene, 725 Niagara Ave.

Local singers and musicians are participating, and there is no cost for admission. Refreshments will be provided after the concert at no charge.



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