FEATURES

She can't let go of jealousy Tomorrow's horoscope

Dear Annie: I have been married to "Ralph" for 30 years. Recently, I discovered that he has been speaking with an ex-girlfriend on his cellphone. These conversations have been going on for 10 years. They both say they are only friends, but I don't believe it.

This woman is married and lives out of state. Can two married people secretly talk to each other for 10 years behind their spouses' backs and it just be innocent conversation? By the way, this isn't an ordinary ex-girlfriend. Ralph planned to marry her after high school, but she chose college, and he had to let her go.

When I confronted Ralph, he said, "This has nothing to do with you. My feelings for you have never changed, and I never treated you any differently.' But I feel as if I have been cheated out of 10 years of my marriage because his ex-girlfriend was taking part of him from me and I didn't know.

Ralph is a phenomenal father and has been a great husband. He wants me to let this go so we can move on. But how can I ever trust him again? - Feeling Betrayed

Dear Feeling: Sharing a conversation is not the problem. The fact that you were unaware of it for 10 years and this woman was romantically important to your husband is what's bothering you. Has Ralph been sharing intimate thoughts with her? Has he confided

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problems in his marriage to her? Has he expressed an interest in getting together with her? These are the questions you need answered. Ralph may feel that if there was no physical affair, he did nothing wrong. But anything that loses your trust damages the marriage.

Please ask Ralph to come with you for a few sessions with a marriage counselor, who could help him understand why this matters and help both of you fix it. This is how you "let it go" so you can move on.

Dear Annie: After raising my two daughters for 25 years, they were told by their mother never to speak to their paternal grandparents or me again, so they haven't.

What part of the brain makes people who seem normal and rational take this stance? They decide they will never even discuss the possibility of reconciliation. Do they have to take this hate, anger and stubbornness to their graves, no

matter how much it hurts them? Is there any way to start the healing process? -Florida

Dear Florida: We assume there was a nasty divorce and not abuse, which does not require their forgiveness. Your daughters may feel a great loyalty to Mom and believe it is necessary to respect her wishes, no matter how unfair or hurtful. They may be angry with you, as well. Please continue to reach out to your daughters, regardless of their response. Let them know you love and miss them, as do their grandparents. We hope at some point they will decide they miss you, too.

Dear Annie: I'd like to add some advice to "Desperate for Answers," who is always being unfavorably compared to her older sister. I had the exact same situation growing up, and I wish someone had told me the following:

Your parents love you. They compare you to your sister because they don't know how to motivate you and help you do the best you can. They don't mean to hurt or diminish you. Concentrate on the talents, skills and characteristics you have that make you unique.

I made the mistake of competing with my sister and hating her for decades. I missed so much by doing that. It isn't her fault that your parents are comparing you. Make her your ally. — Been There

ARIES (March 21-April 19). There are things you want to do that your life isn't allowing for right now. Good news: There will be time later. Hopefully, knowing this, you'll be able to focus joyfully on your current responsibilities

TAURUS (April 20-May 20). Riding the tide is easier in a friendly ocean. Do some research before jumping into a new situation. Ask around for personal recommendations. There are many choices out there. and some will be better than others.

GEMINI (May 21-June 21). You will get what you want, but not all at once. The small increments are a kind of test. When you're grateful for each part of the blessing, blessings will keep coming.

CANCER (June 22-July 22). Get back in touch with your values and preferences. They've changed, and that's why a decision has been difficult for you. Once you're clear again about what matters to you most, deciding will be easy

LEO (July 23-Aug. 22). You'll walk the line between being super-responsible and being the kind of person just about everyone can relate to. Because people feel they can trust you while still having fun, you'll win friends and new business

VIRGO (Aug. 23-Sept. 22). Whether vou're trying to motivate colleagues, entice customers or simply ask a favor of someone, take time to set a mood first. A beautiful environment could be the difference between success and failure.

LIBRA (Sept. 23-Oct. 23). Some parts of the day will go according to schedule, and some will not. Keep your cool. An attitude of flexibility and friendliness will establish trust and promote good will.

SCORPIO (Oct. 24-Nov. 21). Listen up! Loud silence will tell you more than soft words, especially when you're communicating with a water sign (which are Cancer, Scorpio and Pisces)

SAGITTARIUS (Nov. 22-Dec. 21). The best advice, input or direction you get will be downplayed. The magic words to listen for are, "This might sound crazy, but..." The phrase may come from your own psyche.

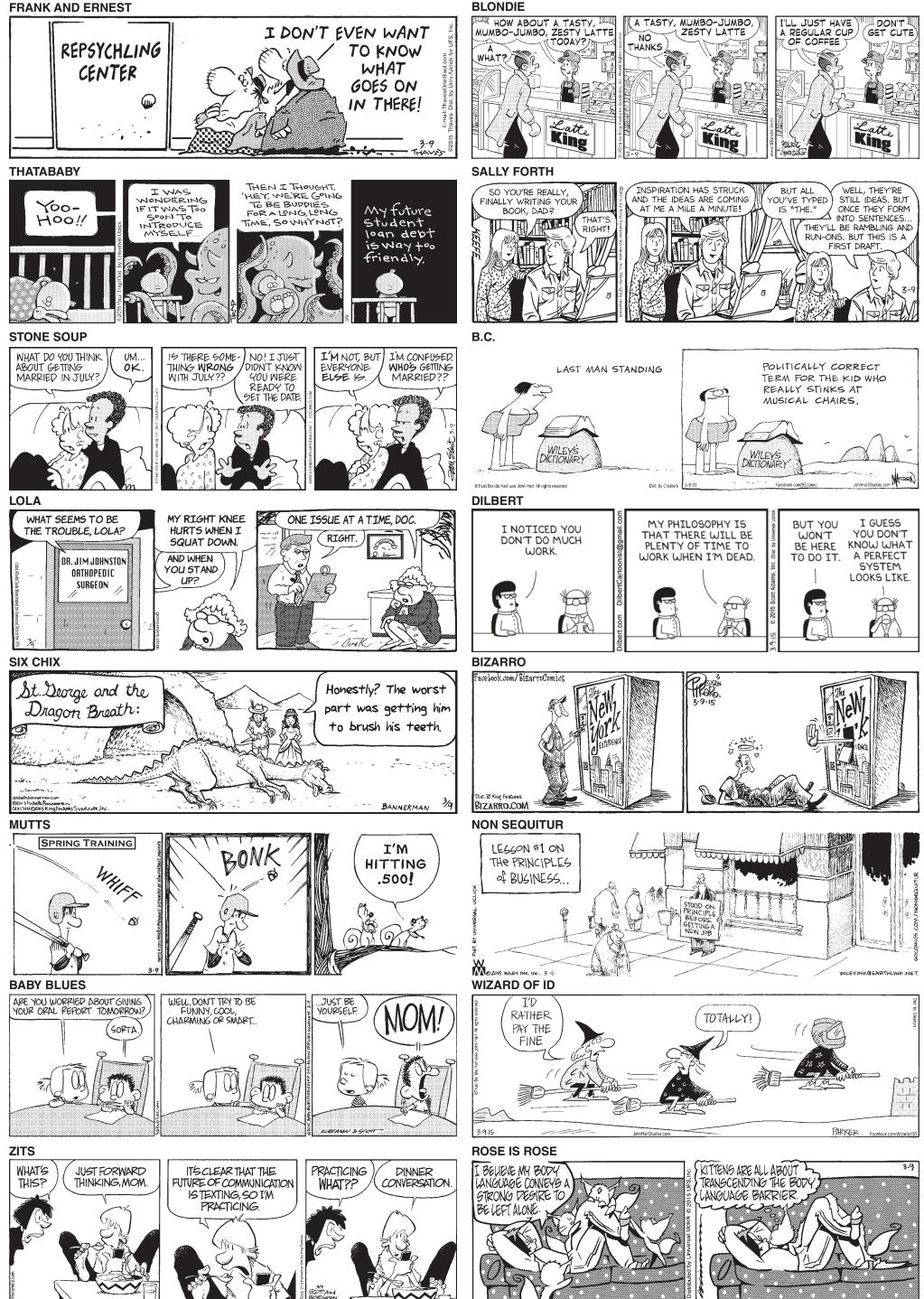
CAPRICORN (Dec. 22-Jan. 19). You forge bonds with very few words and build instant rapport. You hesitate to use your talent for connecting with people for personal gain, though. There's good reason to stop being so self-effacing. Get on your own team

AQUARIUS (Jan. 20-Feb. 18). Those who have great virtues are also capable of having great vices. That's why it's important not to place anyone on a pedestal. We are all equals with different circumstances.

PISCES (Feb. 19-March 20). You'll be dealing with people who want to please you today. If you really want to know what they think, don't share your own thoughts first. You'll be surprised at what you learn.

TUESDAY'S BIRTHDAY (March 10). People like what you're about. You'll double vour support base over the next 10 weeks. April brings heart-soaring adventure. You get serious about a personal goal in May. Pursue a business, product or invention in June, and continue working on it until you're satisfied your work has made the world a better place. Cancer and Sagittarius people adore you. Your lucky numbers are: 1. 8. 28. 4 and 15.

FRANK AND ERNEST



By Holiday Mathis, Creators Syndicate Inc.