

MANZANITA — Lauren Kessler will read from her book “Counterclockwise: My Year of Hypnosis, Hormones, Dark Chocolate and Other Adventures in the World of Anti-Aging” at the Hoffman Center at 7 p.m. Saturday, Feb. 21.

“Counterclockwise” falls into the immersion journalism or guinea pig journalism categories that Kessler followed in two previous works. Not only does she do extensive research with experts, Kessler uses herself as a test case for much of the subject she’s writing about.

The Wall Street Journal chose “Counterclockwise” as one of “year’s best books for the road ahead.” Describing her book as informative and witty, the WSJ added, “journalist Lauren Kessler sets out to find ‘the best research and the worst scams in the wannabe-fountain-of-youth marketplace.’”

Her previous works include “My Teenage Werewolf: A Mother, A Daughter, A Journey Through the Thicket of Adolescence”; Pacific Northwest Book Award winner “Dancing with Rose”; Washington Post best-seller “Clever Girl”; Los Angeles Times bestseller “The Happy Bottom Riding Club”; and Oregon Book Award winner “Stubborn Twig.”

Kessler has had articles published in nationwide publications such as The New York



Submitted photo

Author Lauren Kessler is the director of the graduate program in multimedia narrative journalism at the University of Oregon.

Times Magazine, O magazine, Utne Reader and more. She is a national speaker and workshop leader and director of the graduate program in multimedia narrative journalism at the University of Oregon.

Following Kessler’s reading and question-and-answer session, the Hoffman Center will host its popular open mic, where up to nine local writers will read five minutes of their original work. Admission for the evening is \$7.

Prior to her reading, Kessler

will teach a writing workshop on character development from 10 a.m. to 3 p.m. Saturday. “Characters propel plot. Characters make us care. How do you create living, breathing, believable — and memorable — characters? This workshop, for both fiction and nonfiction writers, explores the four main ways writers can create three-dimensional characters,” she says. Held at the Hoffman Center, the workshop is \$50. Register online at <http://hoffmanblog.org>

Redmen Hall begins Sunday concert series

SKAMOKAWA, Wash. — As the first of a series of Sunday concerts to be put on by Redmen Hall, the Vintage Gypsies will perform from 2 to 5 p.m. Sunday, Feb. 22.

The Vintage Gypsies are three well-known bluegrass and country blues musicians.

Pete Davis has played in the Pacific Northwest for many years, is well known for his traditional country bluegrass style, and is a founding member of the Darrington Bluegrass Association. Beth Semar Sheets is a veteran of the St. Louis scene, playing old-style country and ’60s and

’70s folk rock. Dave McKenzie has played country rock from Missouri to Tokyo and has five solo albums to his credit. They recently came together as the Vintage Gypsies and have created an enthusiastic following.

The concert will be held at the Skamokawa Store Conference Room, with ample parking and handicap accessibility, across the street from Redmen Hall, which is located at 1394 Washington State Route 4. Tickets are \$10 at the door for adults and \$5 for children 12 and under.

Redmen Hall will be open-

ing March 5 with its famous Antique Sale. Organizers will have concerts at the hall on the second Sunday of the month throughout the year. If you have questions, call 360-795-8675.

Vintage Gypsies

2 to 5 p.m. Sunday, Feb. 22

Skamokawa Store Conference Room

Skamokawa, Wash.

360-795-8675

\$10 adults

\$5 children

30 General

Salmon troll permit to 32 feet.
Some fishing gear
(503)812-2805

40 Personals

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- Laboratory Department Manager
- PACS Administrator
- Patient Registration Supervisor
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