

# Congregation Beit Salmon holds organizational meeting

After over 50 years without a formal congregation, the lower Columbia region's Jewish community is organizing itself. The mission of Congregation Beit Salmon is to enhance the cultural, educational and spiritual life of its participants and to foster a vibrant, diverse, and inter-generational cohesive Jewish community.

Those interested in participating in this effort are welcome. The meeting is at 11 a.m. Sunday in the Fellowship Hall of Peace Lutheran Church, 565 12th St. Enter from the west side at the lower level. Parking is on the street. Snacks will be served.

For information, call Ann Goldeen at 503-791-4611.

## Shrove Tuesday Pancake Supper

Grace Episcopal Church, 1545 Franklin Ave., celebrates the Last Sunday after the Epiphany at the 8 and 10 a.m. Sunday services. Parishioners are asked to bring palm crosses or branches from Palm Sunday last year to be burned to use as ashes on Ash Wednesday. The Grace Church tradition of "putting away the Alleluias" will occur following the 10 a.m. service.

The annual Shrove Tuesday Pancake Supper is served from 5 to 7

## Local Religion Briefs

p.m. in the Parish Hall. The meal includes ham and all-you-can-eat pancakes.

Ash Wednesday is observed with imposition of ashes services at 9 a.m. and 7 p.m. Wednesday.

Feb. 20 marks the beginning of Grace Church's music series, "Fridays in Lent," with organist Susan Buehler. The concerts start at 12:10 p.m. and features a different performer each week.

For information, call the church at 503-325-4691 or go to [www.graceastoria.org](http://www.graceastoria.org)

## Soup Night planned

The Pacific Unitarian Universalist Fellowship holds a service at 11 a.m. Sunday at the First Congregational Church, 820 Alameda Ave. The Rev. Kit Ketcham is delivering a sermon, "Standing on the Side of Love."

Michael Rowe is the lay leader, Bree Heavenrich is providing refreshments and Peggy Coreson is the greeter.

At 6 p.m. Feb. 20, the first PUUF Soup Night is being held downstairs in the Fellowship hall. Various soups will be provided including a vegetarian option. Congregation members

are asked to bring bread, drinks, dessert or a small donation. Those who can't contribute this time are welcome to come anyway. RSVP to Coralie Crayne at [coraliecrayne@gmail.com](mailto:coraliecrayne@gmail.com) with how many people can be expected, or to help cook. All ages are welcome.

For information, call 503-338-6883 or go to [www.pacuuf.org](http://www.pacuuf.org)

## Friends meet

SEAVIEW, Wash. — The Lower Columbia Worship Group of the Society of Friends (Quaker) meets at 3 p.m. Sunday in the Peninsula Church Center Fireside Room (south building), 5000 N Place, in Seaview. This is a "silent" (unprogrammed) worship group. All are welcome to visit and participate. For information, call 503-895-7474.

## Quiet reflection

CANNON BEACH — Cannon Beach Community Church, 132 E. Washington St., holds an Evensong service at 6 p.m. the first and third Sunday of the month. All are welcome.

Evensong features Wes Warhund (guitar, flute and clarinet) and meditative songs, Psalms, readings, candle-light and time for quiet reflection.

For information, call the church at 503-436-1222.

calendar, or send an email to [info@zendust.org](mailto:info@zendust.org)

## Interfaith group meets

SEASIDE — The South County Interfaith Partnership meets at 8:30 a.m. Tuesday at the Pig 'N Pancake, 323 Broadway in Seaside, to foster better understanding among faith practitioners and to nurture one another in spirit. All faiths are welcome. For information, call Ann Souvenir at 503-738-0200.

## Free introduction to Zen

CLATSKANIE — The Great Vow Zen Monastery, located at 79640 Quincy-Mayger Road in Clatskanie, is holding a class, "Introduction to Zen Practice," from 9 a.m. to 5 p.m. Feb. 28.

This daylong class is for those interested in learning about and experiencing the practice of Zen Buddhism. The traditional forms are investigated, and participants learn basic meditation discuss how to maintain the practice at home and at work. A vegetarian/vegan lunch is provided.

There is no cost for the class, but donations are accepted. RSVP is requested; it lets the cook know how much lunch to prepare. To RSVP, call 503-728-0654. For details, schedule changes, and general information, go to [www.zendust.org/](http://www.zendust.org/)

## Ash Wednesday Mass

Ash Wednesday, marking the start of the 40 days of Lent in preparation for Easter, is Feb. 18 this year. A Mass is being held at 8 a.m. Wednesday at St. Francis de Sales Mission, 867 Fifth Ave. in Hammond, and a bilingual Mass is at 7 p.m. at St. Mary, Star of the Sea Catholic Church, 1465 Grand Ave. in Astoria. For information, call 503-325-3671.

## Free Film Friday

SVENSEN — Crossroads Community Church, a Friends Fellowship, at 40618 Old Highway 30 in Svensen, is holding a Free Family Film Friday at 6:30 tonight; the film starts at 7 p.m. The 14th film in the series is a full-length feature, "Left Behind." Free fresh popped popcorn, sodas, water and coffee will be available. All are welcome.

## Finnish service set

The Finnish Evangelical Free Church meets at 2 p.m. Sunday at the First Congregational Church, 820 Alameda Ave. Tuomas Jantti is the speaker, along with a guest speaker from Finland. Coffee will be served after the service.

## VOLUNTEER OPPORTUNITIES

**4-H** — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

**Astoria Riverfront Trolley Association** — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

**Astoria Senior Center** — Temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. To volunteer, call Larry Miller at 503-325-3231.

**Astoria-Warrenton Area Chamber of Commerce** — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

**Caring Adults Developing Youth (CADY) Mentoring Program** — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or [lparker@co.clatsop.or.us](mailto:lparker@co.clatsop.or.us)

**Clatsop Animal Assistance Inc.** — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email [info@dogscats.org](mailto:info@dogscats.org) or call 503-861-0737.

**Clatsop Care Center** — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Brenchley at 503-325-0313, ext. 209.

**Clatsop County Animal Shelter** — Animal care volunteers age 16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

**Clatsop Community College Outreach Literacy** — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

**Clatsop County Public Works** — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

**Columbia Memorial Hospital** — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to [www.columbiamemorial.org](http://www.columbiamemorial.org). To schedule an interview, call 503-325-1164.

**Columbia River Maritime Museum** — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

**Columbia Senior Diners** — 565 12th St. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

**Friends of Seaside Library** — 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-6742 or stop by the library.

**Knappa Rural Fire Protection District** — Needs volunteer firefighters. Training provided. For information, contact any of the active personnel or call Chief Paul Olheiser at 503-458-6610.

**Lunch Buddy Mentoring Program** — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call Mary Jackson at 503-440-0368 or email [lunchbuddies.mp@gmail.com](mailto:lunchbuddies.mp@gmail.com)

**NorthWest Senior & Disability Services** — Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers for Meals on Wheels. For information, contact Candy Foster at 503-738-9323.

**Providence Seaside Hospital** — Needs volunteers to drive local senior citizens to medical appointments for the Partners for Seniors Program, and to work in the Providence Seaside Hospital Gift Shop. Commitments as small as one hour a month

to regularly scheduled weekly shifts are available. For information, call Volunteer Services at 503-717-7171 or email [Alana.Kujala@providence.org](mailto:Alana.Kujala@providence.org)

**Seaside Downtown Development Association** — Volunteers needed to help with local events happening throughout the year. For information, call Laurie Oxley at 503-717-1914 or email [director@seaside-downtown.com](mailto:director@seaside-downtown.com)

**Start Making a Reader Today** — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to [www.getsmartoregon.org](http://www.getsmartoregon.org)

**Svensen Congregate Meal-site** — Wickiup Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-4532 or 503-861-4202.

**Titanic Lifeboat Academy** — Volunteer to help care for animals and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.



Nancy Glarum, Warrenton, said, "A petal fell off my primrose onto a nearby flat rock and in the shape of a heart." Just in time for Valentine's Day, too! If you have fun, scenic or newsy photos, send them to [news@dailyastorian.com](mailto:news@dailyastorian.com) or post them to the Astorian's Facebook page. Thanks, Nancy!

## Love on the rocks, in a good way

Stones play a part in many song titles, but this picture from Warrenton resident Nancy Glarum

puts a new slant on "Heart of Stone." Or maybe we should just say, "Love Me Like the Rock of Ages."

## ODOT announces upcoming road work

Next week the Oregon Department of Transportation continues work on recoating the steel below the bridge deck on U.S. Highway 101 at the Necarney Creek (Sam Reed) Bridge (Oregon Coast Highway, milepost 39.53).

Work includes the installation of containment structures and painting the bridge below the bridge deck. Flaggers control single-lane traffic from 7 a.m. to 5 p.m. Monday through Friday. Expect delays of up to 20 minutes.

Bridge rehabilitation work is being performed at both the Old Youngs Bay and Lewis & Clark River bridges along U.S. Highway 101 Business (mileposts 4.78 and 6.89).

Work includes reconstruction of the Lewis & Clark River Bridge, which is now closed un-

til August to facilitate construction activities. A detour route is currently designated with signing. No work is scheduled at the Old Youngs Bay Bridge next week. The Oregon State Police enforces the speed limit through the work zone areas.

For information, call 5-1-1 or go to [www.tripcheck.com](http://www.tripcheck.com) or [www.odotproject.info](http://www.odotproject.info)



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FREE! Fun for the whole family!

## Community Health Fair

February 14, 9am-2pm  
Clatsop County Fairgrounds  
92937 Walluski Loop, Astoria, OR

Join the CMH/OHSU Cardiology Clinic on Valentine's Day for a fun and informative, heart-friendly Community Health Fair. Experts will be presenting and answering questions throughout the day:

- 9:30AM** Rebekah MacNeill, PA-C, cardiology
- 10** Brian Cox, MD, general health
- 11** Jeanette Schacher, DPT, hospice
- 11:30** Aimee Adelmann, organ donation
- 12PM** Chad Rankin, ATC, concussions
- 12:30** Allison Martin, MD, pediatrics
- 1** Peter Bales, MD, orthopedics
- 1:30** Diana Rinkevich, MD, cardiology

Win prizes hourly! Fun for the whole family!!

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[www.columbiamemorial.org](http://www.columbiamemorial.org) • A Planetree-Designated Hospital