

RELIGION BRIEFS

'Laugh Your Way To A Better Marriage'

WARRENTON — "Laugh Your Way To A Better Marriage" is being hosted at Lighthouse Christian Church, 88786 Dellmoor Loop Road, from 6:30 to 9:30 p.m. Feb. 13, and from 9 a.m. to 12:30 p.m. Feb. 14. International speaker Mark Gungor shares honest and humorous aspects of marriage.

"The key to a successful marriage is not finding the right person," he said. "The key to a successful marriage is doing the right things. If you do the right things you'll succeed — if you don't, you'll fail. It's just that simple."

The event is an insightful presentation for singles desiring to get married, engaged couples, and those married for many years.

Tickets cost \$18 per person, and snacks and child care are provided. To reserve a spot, call 503-738-5182.

Spaghetti Dinner and raffle

The Knights of Columbus are serving their annual Spaghetti Dinner and raffle from 4:30 to 7 p.m. Saturday at the St. Mary, Star of the Sea School Auditorium, 1411 Grand Ave. This is gourmet spaghetti, made by one of the Knights, with meat sauce, green salad and garlic bread and an assortment of beverage

choices, including wine.

The cost is \$9 for adults, \$5 for children 10 and younger, and \$20 for a family (with a maximum two adults). Desserts can also be purchased from the Knights youth group, the Columbian Squires. All are welcome.

There will be raffle tickets sold with cash prizes of \$500, \$250, \$100, \$50 and \$25. Winners will be drawn the evening of the dinner. The winner need not be present.

The spaghetti dinner is the largest fundraiser of the year for the William J. Leahy Astoria Knights of Columbus Council.

For information, call the church at 503-325-3671.

Book and Media Sale

A Book and Media Sale continues from 10 a.m. to 3 p.m. today and Saturday at Grace Episcopal Church, 1545 Franklin Ave. The proceeds from this sale benefit scholarships and the purchase of books for children entering foster care.

Grace is presenting a concert featuring Aaron Larget-Caplan at 7 p.m. Saturday; the doors open at 6:30 p.m. The concert, "Bach to the 21st Century," features classical guitar music from around the world. Tickets cost \$15 for adults, \$10 for students (with student ID), and no charge for chil-

dren younger than 12, and are available at the door.

There is a new art exhibit hanging in the Parish Hall featuring artist, Lou Kister. The art includes pieces in acrylic, water color and oil. There is a reception following the 10 a.m. Sunday service.

The monthly Second Sunday Soup-Supper meal is served at 4 p.m. in the Parish Hall, free of charge. Those willing to help should come at 3 p.m. to set up, 4 p.m. to eat, or 5 p.m. to help clean up.

Grace Church is offering a Taizé Prayer & Song service at 7 p.m. Wednesday. There is a new program featuring songs of peace. Musicians include Jennifer Goodenberger, piano, and Shelley Loring, flute. The service consists of simple repeated chants, periods of silence, prayers individual and communal, and the lighting of candles. Grace conducts this evening prayer service on the second Wednesday of each month. All are welcome.

For information, call the church at 503-325-4691 or 503-325-6580, or go to www.graceastoria.org

Spiritual Renewal Weekend

LONG BEACH, Wash. — The Peninsula Church of the Nazarene, 1301 Pacific Ave. N., is sponsoring a Spiritual Renewal Weekend with

the Rev. Stephen Fletcher from Feb. 13-15. All are welcome.

The schedule is as follows: Feb. 13, 6:30 p.m. meeting; Feb. 14, 9 a.m., men's breakfast, 5 p.m., banquet; and Feb. 15 10:30 a.m. morning worship, 5 p.m., evening worship.



The Rev. Stephen Fletcher

He went to Nazarene Theological Seminary. His first pastoral assignment was youth pastor at Lynnwood Church of the Nazarene in Southern California.

He and his wife, Julene, have pastored churches in Renton, Puyallup and Yakima, Wash., and Oklahoma City, Okla. In 1990, he was elected district superintendent of the Northwest District Church of the Nazarene, where he and his wife served for 14 years, until their retirement in 2004. He serves part time as shepherding pastor at Liberty Bible Church

of the Nazarene in Vancouver, Wash., and holds revivals, camp meetings and retreats across the country.

For information, call the church at 360-642-4520.

Theology on Tap

A new discussion group called Theology on Tap, organized by seminary intern Brach Jennings, who is working at First Lutheran Church in Astoria, begins at 5 p.m. Sunday at the Rogue Brewery on Pier 39. The group involves discussion and wrestling with questions related to God and theology, but in a more relaxed setting. Topics to be discussed will be generated by the group that meets, and every session will be on a different topic. All are welcome.

'Our Seven Principles'

The Pacific Unitarian Universalist Fellowship holds a service at 11 a.m. Sunday at the First Congregational Church, 820 Alameda Ave. Mike Summers is giving his perspective on "Our Seven Principles."

Erin Glenn is the lay leader, Joyce Hunt is the greeter, and the monthly potluck takes place. A board meeting follows.

For information, call 503-338-6883 or go to www.pacuuf.org

VOLUNTEER OPPORTUNITIES

4-H — Looking for 4-H leaders. For information, call Sandra Carlson at the Oregon State University Extension at 503-325-8573.

Astoria Riverfront Trolley Association — 111 W. Marine Drive. Needs conductors/motormen to operate trolley and narrate points of interest. One or more three-hour shifts per month. For information, call the 503-325-6311.

Astoria Senior Center — Temporarily located at 1555 W. Marine Drive in the old Astoria Yacht Club. To volunteer, call Larry Miller at 503-325-3231.

Astoria-Warrenton Area Chamber of Commerce — 111 W. Marine Drive. Volunteers needed at the chamber and for events. For information, call 503-325-6311.

Caring Adults Developing Youth (CADY) Mentoring Program — 800 Exchange St., second floor. Needs mentors for youths ages 10 to 17 at risk of school failure. Time commitment: one year, about eight hours per month. For information, contact Laura Parker at 503-325-8601 or lparker@co.clatsop.or.us

Clatsop Animal Assistance Inc. — Needs volunteers who have a strong commitment to work on behalf of the Clatsop County Animal Shelter's dogs and cats. For information, email info@dogsn-cats.org or call 503-861-0737.

Clatsop Care Center — Volunteers needed daily for all three meals to provide one-on-one assistance to dining dependent residents. Volunteers must participate in a 16-hour training program. For information, contact Mandy Branchley at 503-325-0313, ext. 209.

Clatsop County Animal Shelter — Animal care volunteers age

16 and older needed for one 3-hour shift per week. Pick up an application at 1315 S.E. 19th St., Warrenton. For information, or to schedule orientation, call Leslie Atkinson at 503-325-1000.

Clatsop Community College Outreach Literacy — Needs volunteer literacy tutors to work with adults, native and non-native speakers. Training available. For information, call 503-338-2557.

Clatsop County Public Works — 1101 Olney Ave. Adopt-A-Road volunteers needed to remove litter two times (minimum) per year for two years. Safety equipment and supplies provided. Volunteers must receive safety orientation. For information, call 503-325-8631.

Columbia Memorial Hospital — Needs volunteers to provide assistance to patients, visitors and hospital staff. Training provided. For information, go to www.columbiamemorial.org. To schedule an interview, call 503-325-1164.

Columbia River Maritime Museum — 1792 Marine Drive. Volunteer opportunities for those with an interest in maritime history. For information, call the volunteer coordinator weekdays at 503-325-2323.

Columbia Senior Diners — 565 12th St. Volunteers needed weekdays to serve tables and for kitchen help. To volunteer, call 503-325-9693.

Friends of Seaside Library — 1131 Broadway, Seaside. Volunteers needed to staff the fundraising store. For information, call 503-738-6742 or stop by the library.

Knappa Rural Fire Protection District — Needs volunteer firefighters. Training provided. For information, contact any of the ac-

tive personnel or call Chief Paul Olheiser at 503-458-6610.

Lunch Buddy Mentoring Program — Adults needed to mentor elementary and middle school students once a week during lunch. For information, call Mary Jackson at 503-440-0368 or email lunchbuddies.mp@gmail.com

NorthWest Senior & Disability Services — Needs dishwashers and volunteers to serve and clean up weekdays at a meal site, and drivers for Meals on Wheels. For information, contact Candy Foster at 503-738-9323.

Providence Seaside Hospital — Needs volunteers to drive local senior citizens to medical appointments for the Partners for Seniors Program, and to work in the Providence Seaside Hospital Gift Shop. Commitments as small as one hour a month to regularly scheduled weekly shifts are available. For information, call Volunteer Services at 503-717-7171 or email Alana.Kujala@providence.org

Seaside Downtown Development Association — Volunteers needed to help with local events happening throughout the year. For information, call Laurie Oxley at 503-717-1914 or email director@seasidedowntown.com

Start Making a Reader Today — Needs volunteers to read to students one-on-one for one hour a week at local elementary schools. To volunteer, call 503-391-8423 or go to www.getsmartoregon.org

Svensen Congregate Meal-site — Wickiup Grange Hall, 92683 Svensen Market Road. To volunteer, or for information, call Debbie Dunaway at 503-791-4532 or 503-861-4202.

Titanic Lifeboat Academy — Volunteer to help care for animals

and assist with sustainable living projects; minimum commitment of four hours per week requested. Some training provided. For information, contact Caren Black at 503-325-6886.

Tri-City Spay and Neuter Thrift Store — 600 Broadway, Seaside. Needs volunteers interested in improving the welfare of animals. For information, call 503-738-7040.

Veterans Services Officer of Clatsop County — Seeking volunteer drivers to transport veterans from Astoria to the Veterans Administration Medical Center in Portland using the Disabled American Veterans (DAV) van. To volunteer, call 503-298-8757 or email clatsopvso@gmail.com

Warrenton Senior Lunch Program — Warrenton Community Center, 170 S.W. Third St. Volunteers needed to help with Meals on Wheels and in the dining room Mondays and Thursdays. For information, contact Barb Balensifer at 503-861-1341.

Wildlife Rehab Center of the North Coast — Needs volunteers to help rehabilitate orphaned and injured wildlife. For information, call Sharnelle Fee at 503-338-0331 or go to coastwildlife.org

Haystack lectures continue Feb. 11

Cameron La Follette, executive director of the Oregon Coast Alliance, will be the speaker at the next Friends of Haystack Rock Lecture Series Feb. 11

The lecture will start at 7 p.m. in the library, 131 N. Hemlock St. La Follette's talk is titled, "Land, Forest, Waters: Activism to Protect the Oregon Coast."

La Follette has a law degree from Columbia University School of Law. She has worked on coastal issues advocacy for 10 years; her experience includes managing the Coastal Futures Project for 1000 Friends of Oregon.

In earlier environmental work, she focused on protecting ancient forests on federal lands in Oregon to ensure clean drinking water, salmon habitat and ecosystem protection. She also served on the Salem Planning Commission for three years.

Friends of Haystack Rock and the Cannon Beach Library host the lecture series the second Wednesday from November through April. Upcoming speakers include: Alan Rammer, retired marine educator for the Washington Department of Fish and Wildlife, on March 11 and Ram Papish, wildlife artist, biologist and author, on April 8.

SELF-HELP GROUPS

Seaside TOPS (Take Off Pounds Sensibly) — 8 to 8:45 a.m. weigh-in, 9 to 10 a.m. meeting Tuesday, North Coast Family Fellowship Church, 2245 N. Wadhanna Road, Seaside. For information, call 503-861-2904.

Astoria TOPS — 5 p.m. weigh-in, 5:30 p.m. meeting Tuesday, First Lutheran Church, 725 33rd St. For information, call Trisha Hayrynen at 503-325-4114.

Warrenton TOPS — 9 to 9:45 a.m. weigh-in, 10 a.m. meeting Wednesday, First Baptist Church, 30 N.E. First St., Warrenton. For information, call Marilyn Barnard 503-861-2918 or Jeannie Pike 503-861-1404.

Alcoholics Anonymous — To find a meeting, call 503-861-5526 or go to www.aa-oregon.org

Kick Butts Group Meets (Nicotine Anonymous) — 6:30

to 7:30 p.m. Wednesday, Seaside Public Library, 1131 Broadway.

Al-Anon Family Groups information line for Clatsop and Tillamook counties, 503-338-5688. Oregon Area Al-Anon website. oregonal-anon.org

Astoria Al-Anon — 7 p.m. Tuesday, The Harbor, 1361 Duane St. For information, call 503-861-1703; noon Wednesday, First United Methodist Church, 1076 Franklin Ave. For information, call 503-325-1087; 7 p.m. Thursday, Crossroads Community Church, 40618 Old Highway 30, Svensen. For information, call 503-458-6929.

Nehalem Al-Anon — 7 p.m. Monday, Riverbend Room, North County Recreation District, 36155 Ninth St, Nehalem. For information, call 503-368-8255.

Seaside Al-Anon — 7:30

p.m. Tuesday, Seaside Public Library, 1131 Broadway, Seaside, call 503-810-5196 for information; noon Friday, same location, call 503-738-5727 for information.

Tillamook Al-Anon — 7:30 p.m. Wednesday, St. Albans Episcopal Church, 2102 Sixth St., Tillamook. For information, call 503-842-5094.

Narcotics Anonymous — The Northwest Oregon Area of Narcotics Anonymous (NwONA) holds meetings in Clatsop County. For full schedule details, as well as upcoming special events, call the Helpline at 503-717-3702, or go to www.nworegonna.org

Men's Sexual Purity Recovery Group — Tuesday nights. Part of the Pure Life Alliance (www.purelifealliance.org) in Portland. For information, call the confidential voice mail at 503-750-0817 and leave a message.

ENCORE course explores Coast Guard

During Spring term of 2015, ENCORE (Exploring New Concepts of Retirement Education) will offer an in-depth course on the U.S. Coast Guard.

Astoria and Warrenton are unthinkable without the Coast Guard, which has been a part of the lower Columbia region since 1964. It includes hundreds of personnel spread among two cutters, the Alert and Steadfast, moored at the 17th Street Dock; the buoy-tender cutter Fir and

accompanying aids to navigation station at Tongue Point; and an air station at the Astoria Regional Airport. Their missions include search and rescue, law enforcement, aids to navigation and environmental protection.

The ENCORE course will study the history of the Coast Guard, both nationally and locally; the command structure and responsibilities; the air unit, including a possible future fixed-wing unit; and the

motor lifeboat station and rescue unit at Station Cape Disappointment in Ilwaco, Wash. Capt. John Biterman from the Steadfast will welcome students to his cutter and have his crew show how it works.

The course is open to the public and runs every Tuesday from April 7 through May 5. See the spring class schedule for venues at clatsopcc.edu. For more information on ENCORE's offerings, visit www.encorelearn.org/index.html

HEALTH IS YOUR WEALTH.

Join us!

FREE! Fun for the whole family!

Community Health Fair

February 14, 9am-2pm
Clatsop County Fairgrounds
92937 Walluski Loop, Astoria, OR

Join the CMH/OHSU Cardiology Clinic on Valentine's Day for a fun and informative, heart-friendly Community Health Fair.

- ♥ Get basic health screenings.
- ♥ Get advice from experts on heart health, medication interactions, orthopedic surgery and more.
- ♥ Learn about local health & fitness programs.
- ♥ Talk with local medical specialists.
- ♥ Test your strength and balance.
- ♥ Win prizes hourly! Fun for the whole family!!

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