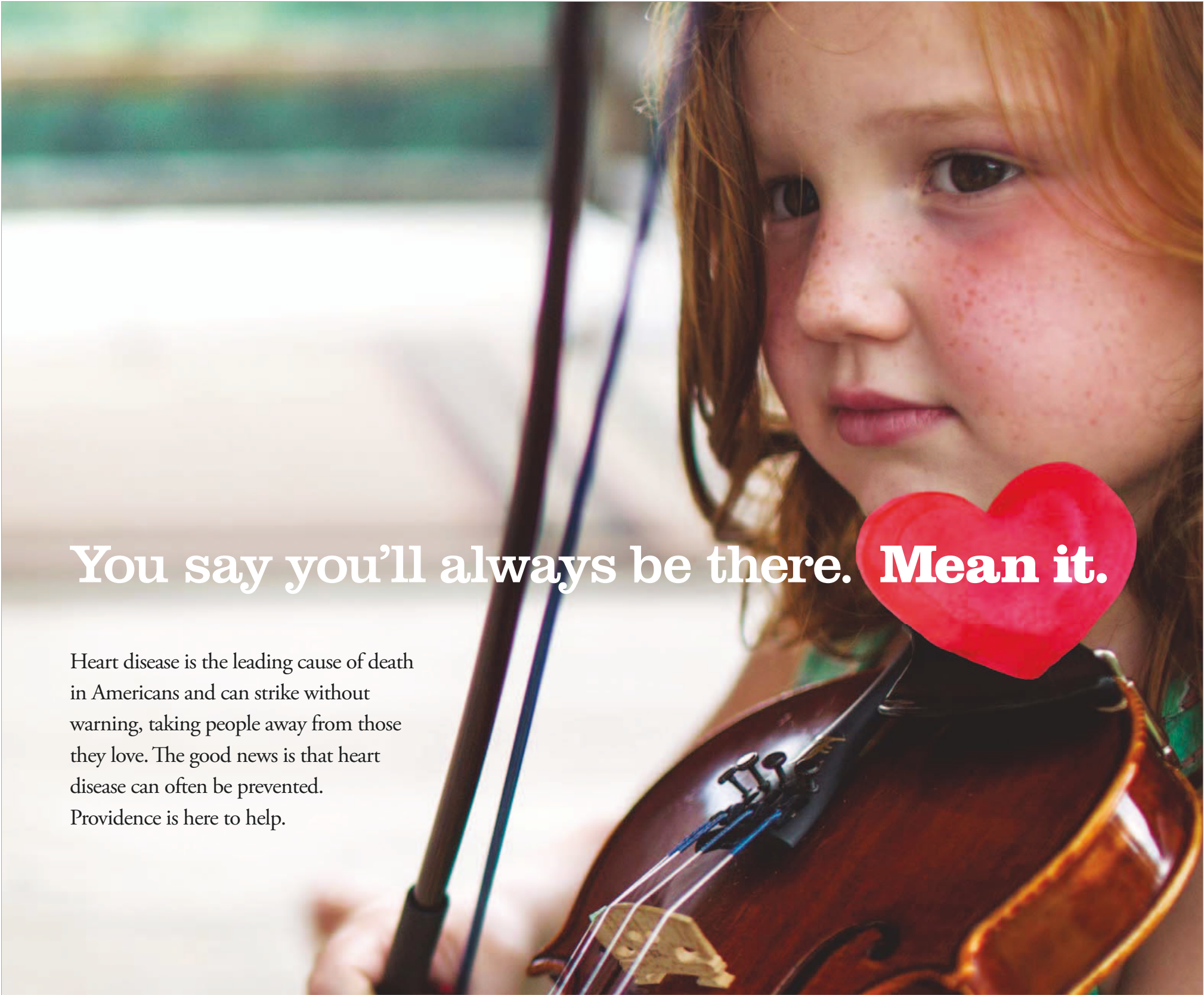


A close-up photograph of a young girl with light brown hair and freckles, looking intently at the camera while playing a violin. The violin is dark wood with gold-colored hardware. The background is blurred, showing what appears to be an outdoor setting with greenery.

You say you'll always be there. **Mean it.**

Heart disease is the leading cause of death in Americans and can strike without warning, taking people away from those they love. The good news is that heart disease can often be prevented. Providence is here to help.

How healthy is your heart?
Providence.org/MyRiskMyHealth

