

Two Loggers make first team all-state

Clatsop County was well-represented on this year's all-state high school football squads, with players from Astoria, Seaside, Warrenton and Knappa earning selections.

The Class 2A all-state football team was announced first, and among the 91 spots (first team, second team, honorable mention) on the team were six Knappa players.

Seniors Justin Dragoo (running back) and Tyson Burnard (defensive back) were selected to the first team, while second team spots went to Burnard (wide receiver), sophomores Andrew Goozee (offensive line) and Richard Shadley (defensive line), and senior Ryan Simpson (defensive back).

Honorable mention selections were Simpson (running back), Michal Goodman (defensive line), Dragoo (lineback) and Burnard (punter).

The Class 3A team included two Warrenton selections — senior second team defensive lineman Bryton Kyme and senior honorable mention receiver Chris Ocana.

On the Class 4A all-state squad, Seaside senior Calvin Pollard earned a spot on the second



Daily Astorian File

Knappa senior Justin Dragoo earned first-team honors on the Class 2A all-state football team.

team as a linebacker, and Astoria junior Carter Wallace was named as an honorable mention punter.

In soccer, Astoria senior Hector Chavez was selected to the Class 4A first team.

ALL-STATE SELECTIONS

HIGH SCHOOLS
Class 4A Football
Second Team
 LB: Calvin Pollard, Sr., Seaside
Honorable Mention
 P: Carter Wallace, Jr., Astoria

Class 3A Football
(Warrenton selections)
Second Team
 DL: Bryton Kyme, Sr.

Honorable Mention
 WR: Chris Ocana, Sr.

Class 2A Football
(Knappa selections)
First Team

RB: Justin Dragoo, Sr.
 DB: Tyson Burnard, Sr.
Second Team

WR: Tyson Burnard, Sr.
 OL: Andrew Goozee, So.
 DL: Richard Shadley, So.
 DB: Ryan Simpson, Sr.

Honorable Mention
 RB: Ryan Simpson, Sr.
 DL: Michal Goodman, So.
 LB: Justin Dragoo, Sr.
 P: Tyson Burnard, Sr.

Class 4A Boys Soccer
First Team
 Hector Chavez, Sr., Astoria



Daily Astorian File

Tyson Burnard was a first-team defensive back, second-team receiver and honorable mention punter.

Marshawn Lynch and Eddie Lacy carry load into NFC title game



AP Photo/Ted S. Warren

Seattle Seahawks' running back Marshawn Lynch stands on the field following NFL football practice Wednesday in Renton, Wash. The Seahawks will face the Green Bay Packers at 12:05 p.m. Sunday in the NFC Championship game.

By **GENARO C. ARMAS**
AP Sports Writer

GREEN BAY, Wis. (AP) — The Seahawks' Marshawn Lynch and the Packers' Eddie Lacy are known for being punishing runners.

Their conduct in front of the cameras couldn't be any different.

Lynch isn't a talker, to put it mildly. The affable Lacy can charm reporters and teammates with an easygoing personality.

Trying to tackle Lynch and Lacy won't be easy for the de-

fenses when Green Bay visits Seattle on Sunday in the NFC title game.

What are they like with the ball?

Lacy will take that question.

"I mean personally, I don't know him. I never met him or anything," he said. "But we're both physical backs. We don't care who's in front of us. When you come to hit us, you've got to come ... you've got to try your hardest to get us down."

Sure-handed tackles become of utmost importance. Defenders will have to swarm

to the ball to prevent the runner from bouncing off a tackle and numbing for extra yards.

It is Lynch's specialty.

"He's a dog — his whole demeanor," Seattle safety Earl Thomas said. "He's a man amongst boys out there."

One who had his fourth straight season of at least 1,200 yards rushing. Lynch finished the regular season with 1,306 yards on 280 carries and 13 scores.

The Seahawks led the league in averaging 172.6 yards rushing per game, with mo-

bile quarterback Russell Wilson also posing a threat on the ground.

"We're kind of just reaping the benefits of the philosophy but then how the players go out and execute it," Seahawks offensive coordinator Darrell Bevell said. "We got as good of guy you'd ever want to hand it to with handing it to Marshawn."

Packers linebacker Julius Peppers, a 13-year veteran, described Lynch as "one of the hardest runners I think in football in my opinion. Very physical and violent runner."

Packers vs. Seahawks: Key matchups

By **BARRY WILNER**
The Associated Press

Matchups for the NFC championship game Sunday between the Green Bay Packers and Seattle Seahawks at CenturyLink Field:

WHEN THE PACKERS (13-4) HAVE THE BALL:

Pretty simple, really: balance. With a healthy QB Aaron Rodgers (12) and RB Eddie Lacy (27), that usually is not problem for the Packers. But Rodgers has been bothered by a calf injury and was particularly hobbled in the second half last week vs. Dallas. Still, he threw for two second-half touchdowns.

Running against Seattle is about as easy as hearing each other at CenturyLink Field for a visiting team. Led by dynamic LB Bobby Wagner (54) and a stout defensive line featuring Michael Bennett (72), the Seahawks rarely allow an opponent to control the clock on the ground. Establishing any sort of rushing attack is a major challenge for Green Bay's line, particularly rookie C Corey Linsley (63) and guards T.J. Lang (70) and Pro Bowler Josh Sitton (71).

An inability to do so would force Rodgers to the air early. Sounds like a good idea when your quarterback is an All-Pro, but only if Rodgers has the mobility he needs to escape pressure from DE Cliff Avril (56) and LBs Wagner and Bruce Irvin (51), plus whichever Legion of Boom member blitzes from the secondary.

Then there's the equally difficult chore of completing throws against All-Pro CB Richard Sherman (25) and S Earl Thomas (29), plus S Kam Chancellor (31), who comes off a dominant performance against Carolina. Rodgers should feel comforted that his two outstanding main targets, WRs Jordy Nelson (87) and Randall Cobb (18) are complemented by the emerging WR Davante Adams (17) and TE Andrew Quarless (81).

Regardless, if the Packers can't establish a semblance of a running game, it figures to be a long Sunday.

WHEN THE SEAHAWKS



AP Photo/Ted S. Warren

Seattle Seahawks' defensive tackle Kevin Williams, left, gestures as he runs warm-up drills with teammates including defensive end David King (70) before NFL football practice, Wednesday in Renton, Wash. The Seahawks host the Green Bay Packers Sunday in the NFC Championship game.

(13-4) HAVE THE BALL:

Also relatively simple, and the same formula that worked on the way to last season's championship: Seattle must feed the Beast, RB Marshawn Lynch (24), and give QB Russell Wilson (3) freedom to create.

Lynch, like Lacy, has the power, speed and determination to ruin a defense's day. The way DeMarco Murray marauded through Green Bay's defense last week is worrisome. And Lynch gets better as the game progresses, with defenders tiring.

The Packers will need outstanding showings by an underrated defensive line, including DLs Mike Daniels (76) and Letroy Guion (98), who come off a strong game against Dallas, and more from star LB Clay Matthews (52). If Lynch gets through the first wave, the Pack will be in trouble because the secondary lacks good tacklers.

Matthews and LB-DE Julius Pepper (56) must be disruptive, and also need to keep Wilson

from escaping outside, whether as a scrambler or on designed runs.

With the unsung offensive line, led by LT Russell Okung (76) and C Max Unger (60), pretty much back intact, the Seahawks are capable of dominating the trenches. Green Bay must find ways to make Wilson uneasy.

The matchup of Seattle receivers against the Packers' secondary isn't nearly as high-profile as the other way around. But even after losing free agent Golden Tate and trading Percy Harvin, the Seahawks have gotten timely plays from Doug Baldwin (89), Jermaine Kearse (15) and TE Luke Willson (82). Packers CBs Tramon Williams (38) and Sam Shields (37) struggled last week against Dallas, which has more dangerous wideouts. Safeties Morgan Burnett (42) and rookie Ha Ha Clinton-Dix (21) had problems covering Jason Witten, which bodes well for Willson. And Wilson.

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