South County Community Food Bank opens its doors

By KATHERINE LACAZE *EO Media Group*

SEASIDE —The South County Community Food Bank heralded the new year with a transition that marks both an end and a beginning for the Seaside nonprofit organization.

It's the end of a years'-long search for a permanent site for the food pantry and the beginning of an era in the pantry's new building.

For managing Director Karla Gann, reaching this finish line is a relief, especially after it kept creeping farther away for several months.

"It's been stressful for me," she said.

The stress came from having to juggle patrons' needs at the food bank's temporary site and still oversee the start-up at the new site.

"This time, it feels good, because we know we don't have to do this all again for a very long time," she said."

The food bank's new permanent site at 2041 N. Roosevelt Drive will be open this week.

Crews of volunteers spent the past several weeks moving equipment and food from the pantry's temporary location, at the former Coastal Research & Maintenance building, to the new, 2,100-square-foot building north of the Seaside School District's bus barn. RM Russell Construction completed final touches on the building. The pantry passed a plumbing inspection last week.

The pantry closed its temporary site, which the organization rented for several months from Bank of the Pacific, at the end of December. Volunteers distributed food from a truck outside the new building in the interim before obtaining an occupancy permit.

Long time coming

The food bank's board of directors discussed the need for a new building for several years and started seriously pursuing the idea more than two years ago. When the property where the previous food pantry stood was sold, the pantry board was forced to find an alternative. The



KATHERINE LACAZE — EO Media Group Karla Gann, managing director of the South County Community Food Bank, prepares volunteer Chuck Carlson for his weekly bread run to Safeway for the food pantry.

Seaside School District donated two portable classrooms from the former Cannon Beach Elementary School.

With about \$65,000 in hand, the board in June launched its operational and capital fundraising campaign, themed "Imagine a Community Without Hunger." The organization received several donations and grants. Community organizations, including the American Legion Post 99 and the Seaside Rotary Club, held fundraisers benefiting the food pantry. Businesses and individuals donated about \$100,000 in inkind services.

"It goes on and on and on as far as how people have come through," said board member Mary Blake.

The food pantry exceeded its goal, raising about \$210,000, in addition to the initial \$65,000 and in-kind donations. Blake said the board was on budget for the roughly \$350,000 project, which included buying the land, retrofitting the portable buildings and buying some new equipment. An open house will be held soon to recognize contributors.

Resuming operations

Last year, the pantry distributed thousands of pounds of food to an average of 470 families a month. The food is pur-

chased mostly with donations or obtained from the Oregon Food Bank through the Clatsop Community Action Regional Food Bank.

The pantry's 77 volunteers are the driving force behind getting food to the people who need it. Patrons must meet income requirements established by the U.S. Department of Agriculture. For a family of four, the maximum income is \$3,631 per month or \$43,568 per year.

Gann said the pantry is sustained by the generosity of community members, both in time and money.

"They do wonderful things

"They do wonderful things when they get together," she said. "It doesn't matter if they're volunteers or the people that come in — they all are a part of this. They make this work."

Gardeners needed

Although the organization has property, a building and operational funds in the bank, this is just the beginning, Blake said.

"That is one of the things that is part of this nonprofit: It is a constant working with the community and writing grants. And we're not finished with the project," she said.

Paving and landscaping with edible plants will be done in the spring; solar panels will be added to the roof; picnic tables will be installed; and other projects are planned, some required to obtain a permanent occupancy permit.

An informational meeting is planned for 1:30 to 3:30 p.m. Jan. 22 at the Seaside Public Library to line up instructors and volunteers to help with a sixweek adult class called "Seed to Supper," an Oregon Food Bank and Oregon State University Extension Service program. The course, which the South County Community Food Bank wants to host this spring, is aimed at teaching people fundamentals of vegetable gardening.

Blake said the board then will meet in February to ask, "What's up now?" Tentative plans, according to Blake, include working with the Oregon Food Bank, Master Gardeners, Friends of Clatsop County Community Gardens and the North Coast Food Web and other agencies to continue strengthening food security and sustainability in the community.

"We aren't done by a long shot," Blake said. "This is just the start of some other really wonderful things that will take us to the next level of compassionate work, and really great sustainable work."

The pantry is open from 8 a.m. to 4 p.m. weekdays to receive donations and from 2 to 4 p.m. for people to receive food. For more information, contact the pantry at 503-738-9800.

Westport couple accused of sodomizing their child

By KYLE SPURR The Daily Astorian

WESTPORT — The parents of a 2-year-old girl are accused of being sexually inappropriate with her multiple times within the past two years.

Mackully Anthony Jacob, 21 and Bethany-Ann Jessup Jacob, 21, of Westport, are both accused of first-degree sodomy for alleged oral sex with their daughter on two occasions since Jan. 1, 2013.

At about 9 a.m. Jan. 3, Longview (Wash.) Police responded to St. Johns Hospital in Longview where Mackully Jacob arrived at the emergency room with his parents and admitted to hospital staff that he and his wife, Bethany-Ann Jacob, had inappropriate relations with their daughter.

Mackully Jacob had made suicidal statements and admitted to the sodomy to his parents prior to arriving at the emergency room, according to a Longview Police report.

He told police the inappropriate action happened twice in one night at their home on Old Mill Town Road in Westport while he and his wife were high on Adderall. The incident happened in May 2013 when the girl was about 9 months old, police later discovered.

"I need to go to jail for what I've done. I'm crazy, I need counseling," Mackully Jacob told police at the hospital.

Longview Police arrested and booked Mackully Jacob Jan. 5 on a fugitive warrant, filed by Clatsop County District Attorney's Office.

Clatsop County Deputy District Attorney Ron Brown said the extradition process is underway to have Mackully Jacob transferred from Cowlitz County Jail to Clatsop County Circuit Court for arraignment.



Bethany-Ann Jacob

Meanwhile on Jan. 5, Clatsop County Sheriff's Office arrested and booked Bethany-Ann Jacob at her home in Westport on the sodomy charges.

She is scheduled to appear in Clatsop County Circuit Court at 1:15 p.m. Tuesday for an arraignment. She was indicted Thursday by a grand jury for two counts of first-degree sodomy.

She told the Sheriff's Office that she and Mackully Jacob had been married for two years and decided to get married in part due to her being pregnant with their daughter, according to the incident report. She claims they split up a week ago.

While they were high on Adderall, Bethany-Ann Jacob said, Mackully Jacob would talk about molesting their daughter, the report said. Those types of comments compelled her to take their daughter and run away to Idaho in June 2013. She got a restraining order against her husband while in Idaho.

When asked by an officer about the couple sodomising their daughter, Bethany-Ann Jacob got emotional, started to cry and said she felt guilty for a long time, the report says.

"Yes, it did happen. I hate myself," she said.

The 2-year-old girl is staying with Mackully Jacob's parents in Columbia County.

Sheriff's Office to sell surplus vehicles

The Clatsop County Sheriff's Office is auctioning six vehicles through the online auction site Gov-Deals.com

Deals.com

Those interested in bidding can see the vehicles by visit-

ing GovDeals.com and enter-

GO ONLINE

http://www.dailyastorian.com

Alder and Maple Saw Logs & Standing Timber

Contact: Steve Axtell • 360-430-0885 or John Anderson • 360-269-2500

BEGINNING WEDNESDAY, JAN. 14TH

we will be offering later appointments **EVERY WEDNESDAY**

OPEN UNTIL 7PM

325 SE MARLIN AVE.

WARRENTON 503-861-1621 www.bayshoreanimalcare.com

Northwest Hardwoods • Longview, WA

ing "Clatsop" in the search box. Users must go through a short registration process to bid on items.

The Sheriff's Office has decided to use the GovDeals. com service so that surplus equipment can be sold in a

more timely manner, with the goal of returning additional funds to the county.

For more information contact Chief Deputy Paul Williams at 503-325-8635.

IMPORTANT HEALTHCARE NOTICE

100 Adults With Ringing Ears Needed

Enrollment dates: January 12th–16th, 2015
Duration of study: 10 days

If you have ringing ears when an external sound is not present, you are needed to participate in a special program. Willoughby Hearing is seeking 100 people with head noise to evaluate a tiny specialized instrument that can minimize or reduce the perception of tinnitus. To take part in this program, please call

Willoughby today.

Consultations will be performed at no charge for all qualified callers. Participants will try a new device for 10 days and rate improvement in their perception of head noise. Anyone who is bothered by head noise is qualified to take advantage of this opportunity to try this technology.

Participants needed who have any of the following head noises:
• Buzzing • Crickets • Hissing • Ringing • Roaring

New Research Discovers Relief for Many For example, one published find out if this new technology will

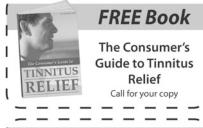
Por adults with ringing ears (tinnitus), now comes good news. The results of significant tinnitus research were presented at the American Academy of Audiology Conference held in Boston, MA. Researchers from renowned universities, medical schools and technology companies presented positive conclusions to work regarding treatment methods of tinnitus.

For example, one published study reported relief among 60 percent of patients from a sampling provided by 230 clinicians using tone-matching audiograms and frequency-matching programmable hearing aids.

Citizens with ringing ears may

Citizens with ringing ears may now be helped by hearing aids with these special capabilities. This special Willoughby program is an opportunity for Oregonians to

help reduce or eliminate their head noise. To participate, call for an appointment.



Audiometric Screening

FREE
Find out the loudness and frequency of your head noise.

Willoughby 3095 Highway 101 N, Suite D44

Willoughby Hearing -

We Listen. You Hear.

Gearhart, OR 97138 (503) 298-4388

We accept most insurances • Call today for your appointment • (503) 298-4388

