How to Massage.

The first point to bear in mind is the proper movements. These are light

friction, delicate kneading, tapping

To massage the neck the fingers

should be placed at the back of the

neck and the thumbs in front; then

the thumbs should work gently up and

For facial massage the first move-

ment consists of light upward strokes

to stimulate the circulation. The work

should start at chin and proceed to the

temples. The gentle friction should

be produced all over the face, and the

-touch should be firm. Care should be taken not to crease the skin at the

corner of the eyes, as this is apt to

cause tiny wrinkles; also be careful

Knead gently to relieve the sagging

of the muscle, which runs from the mouth to the eyes, and it will be found

a vibrating movement of the arm will

help to stimulate circulation when the

fingers are pressed into the skin. Fin-

ish with a rotary motion around the eyes and temples, using the middle

fingers with a gentle vibrating motion.

In twenty minutes or half an hour

cold compresses and an astringent lo-

tion should be applied to tighten flabi-

is Hollister's Rocky Mountain Tea

-Jones Drug Co.

Anything which benefits mankind Is a treasure to you and me. What a wondrous blessing to us all

ness and erase the wrinkles.

and finally the rotary movement.

down the veins in front.

not to pull the flesh.

CITY MAY LEASE ROCK. CRUSHER

(Continued from page 1)

32 work days off, can haul) .\$840.00 Sweeping Main St. (\$1020x 336.90 Additional cleaning streets of derbis, etc 300.00

Total\$2671,00 Cost of team, equipment, salaries, etc\$2312.00

Gain per year \$ 359.00 The number of hoboes furnished lodging in our city jail during the year is very large, as high as 285 having been housed at night and then turned out to beg food from citizens in the morning in a single month, This is a problem that requires solution; and while many of these men are victims of conditions that ought to be remedied and would be willing to earn their bread by labor, there are those who require lodgings habitually desiring to beg or demand food and clothing rather than work for it who if given a sentence to break rock would either work for subsistence or give Oregon City a wide berth.

There are a'so persons sentenced for such crimes as refusal to support or for cruelty to family. They would be benefitted with many other violators of the law by bonest toil while the municipality looks after the wants of those dependent upon them. For the purpose of security and

eocnomy of supervision, a stockade should be built for such operations.

Nothing in this plan should be permitted, however, to substitute for the labor of free citizens, who would offer to operate the crusher.
We believe that financially the em-

ployment mentioned, sxtended cleaning of street gutters, etc., would result in only a small net gain; but as the solution for a civic and socia'

problem it should be tried.

The necessity of, in the near future, constructing a reservoir for the extension and betterment of the city's water service has already been expressed by the board of watr commission-When this shall be done it is obvious that the rock-crushing op Tations on the present site may be seriously interferred with. In fact, the commision now reports that there should be very little if any, more rock taken from the present quarry bed; This will then necessitate soon the locating of a different quarry bed or the removal of the plant to another site Summarizing:

(1) We believe the city should control a rock crusher plant; should operate the same in connection with street improvement and maintenance Adjournmentand that for this purpose the city should own team, dump wagon and street sweeper; that the city should work its prisoners on the crusher and

The committee believes the city should exercise the same prudence in purchase as should

vidual and it must consider the wis lows: dom of purchasing this plant at this Arrangements-D. F. Whiteman, time with little or no assurance of its Oregon City, Oregon; W. T. Smith, permanency of rock crushing. The Oragon City, Oragon; C. A. Arrights of the lessee we are informed Oragon City, Oragon; Haymen are only reserved rights, and can operate no longer than permitted by the commission. The city can exercise man, Oregon City, Oregon; Otto Lycommission. no direct control over the acts or orders of the present commissioners.

Johnson, Oregon City, Oregon.

Credentials—W. H. Boyd, Beaverton, recourse lies only in the legal Oregon: James O ers whom it believes would assist Oregon. in its desire in this matter. The lessee, however, maintains he has prior rights.

the city instruct the city attorney to ascertain at once the legal rights of both lessor and lessee and report the same to this council at a special meeting to be called by the mayor next Monday night at which time the committee will recommend definitely.

No meeting called for Monday, the

Wednesday, August, 13, 1913. We your committee, having been advis-ed by the city attorney that the water commissioners have the right to at any time re-locate the site for the said crusher on the land purchased by them for reservoir purposes, as having taken all other conditions ceeding and in view of several other mouth, Oregon. projects affecting the finance and progress of the city an effort be at to obtained to report same promptly

W. A. LONG, FRED METZNER, F. J. TOOZE.

TWO SAMPLES SHOW WATER TO BE PURE

Two samples of Oregon City water, one from the well of George A. Harding and the other from the hydrant in his yard, have been examined by the state board of health and have been found pure.

In the water taken from the well were found 300 organisms to the cub-ic centimeter while in that from the hydant the board found but five organisms to the same amount of water. The life that was found in the water was not dangerous and did not show signs of a single disease conveying germ. In all water organisms are to be found, according to the doctors, but the difference between the number in the two samples is accounted for by the fact that the city water passes through a fine filter and that most of them are taken out before they reach the hydrant of the con-

Did you ever try to guess whose nose belonged to who? It is very funny, and this is the way to do it: Hang cloth in front of a doorway and place one-half of the boys and girls in each room, only one of which is lighted. Cut a V shaped hole in the cloth and let those in the dark room place their noses through it, one by one, while those in the light room guess whose nose it is. When a right guess is made the owner of the nose must oin the guessers, but should the guess wrong the one making it must join the players. The game ends when all

IT CAN BE RELIED UPON The American Drug and Press Association authorizes its members to guarantee absolutely Meritol Hair Tonic. It has no equal. It is a wonderful remedy. A trial will convince you.



MISS MARGARET ANDREWS AND VINCENT ASTOR

(Coyright by International News Service)

NEWPORT, R. I., Aug. 20.—Sinc e the tragic death of John Jacob As tor when he died a martyr by going down with many of the other male pa ssengers on the ill-fated Titanic, Vin cent Astor, his son, having inherited his father's vast estate is one of Am erica's greatest landlords, and is sou gat after by the young women in his

This picture shows young Astor standing beside Miss Margaret Andre ws, one of the most popular of last season's debutantes. Last summer Miss Andrews was reported engaged to Vincent Astor. This picture was taken while she was in company with the young millionaire at one of the summer racing meets.

Now comes the report that the affections of Miss Andrews have been transferred to another wealthy young man, Morgan Belmont, son of August Belmont, and society is expecting the announcement of the engagement to be made by the end of this month,

LETTER CARRIERS

Report of committees. Annual report of president. Annual report of the secretary. Report of the national delegate Unfinished business. Nomination and election of of-

ficers. Election of national delegate. Selection of time and place of next meeting.

Closing song, "God be with you till we meet again." All delegates and visitors take special car to Gladstone park, where luncheon will be given to delegates at 1:30, under the auspices of Oregon City

CRUSHER—THREE Toasts and responses. characterize the actions of an indi-Toasts and responses.

Commercial club.

C. A. Andrus,

right to remove them and appoint oth City, Oregon; B. E. Selleck, Boyd,

Condoience—James E. Loop, Mc-Minnville, Oregon; J. E. Cutsforth, Jarvis, Oregon; E. B. Cornett, Albany, The committee recommends in view Oregon; E. A. Tower, Junction City, of the foregoing considerations that Oregon; R. W. Smith, Springfield, Oregon

Good Roads-J. A. Remington. Salem, Oregon; W. E. Child, Boring, Oregon; R. B. Boyd, Eugene, Oregon; Andrew M. Kennedy, Beaverton, Oregon. Finance—W. F. Eberhard, McMinn-ville, Oregon; M. B. Grant, Dallas, Oregon: John M. Kessler, Banks, Oregon.

Resolutions-Archie Parker, Independence, Oregon; Chas. R. Fifield, Grants Pass, Oregon; Edgar E. Chip-man, Gresham, Oregon; John Chalmers, Hillsdale, Oregon; Charlemane Tower, Junction City, Oregon.

Organization-C. W. LeVee, Corvallis, Oregon; C. J. Howard, Kirby, Oreknown to it into consideration, do gon; Stewart Grenfell, McMinnville, recommend that in view of the pre-Oregon; Anthony F. Huber, Mongon; Stewart Grenfell, McMinnville,

Good of the Order-James H Schram, Cleone, Oregon; Arthur H. once made to lease a crusher-terms Rasmussin, Portland, Oregon; James A. Remington, Salem, Oregon: Otto C. Buff, Silverton, Oregon; J. T. Chand ler, The Dalles, Oregon.

Enterprise classified ads pay.

Fifty-Second Annual

Oregon State FAIR

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Pabst's Okay Specific boes the work. You all \$3.00 Price IONES DRUG COMPANY

M'DONALD ONCE WITH M'GRAW

Boston's Heavy Hitting Third Base-WILL MEET HERE Charley McDonald, the Boston Braves' third baseman, who is just now leading the National league in hitney a protege of John J. ting, is in a way a protege of John J. McGraw. The Giant chief recommended the slugging youngster to Garry Herrmann of the Cincinnati Reds, who bought him from the Dallas club of the Texas league and carried him along last year and part of this season. Then George Stallings took the boy at



M'DONALD, BRAVES' HARD HITTING THIRD

the waiver price on a tip from the newspaper men following the Giants while the New York club was in Boston a short time ago. McGraw first saw McDonald a couple

of years ago at Marlin, the training ground of the Giants, when the third baseman and another member of the Dallas team named Thebo joined the Giants to get into physical condition for the Texas league season. McGraw had three ball clubs playing exhibition games in Texas that season, and he used McDonald and Thebo on one team. He had no permanent place for McDonald bimself, but his strong recommendation of the youngster to Herrmann indicated that McDonald bad made a good impression on him.

McDonald seems to be another Heine Zimmerman in point of hitting. In 1911, with the Dallas club, he hit .324 in 144 games, although he displayed no unusual slugging ability with Cincinnati last season.

Only Unwise People Tolerate CATARRH

Here is a sure way to get rid of Catarra; hawking, snuffing, and all misery caused by the Catarrh germs. Get a HYOMEI outfit today, follow the instructions and breathe five times a day deep into your lungs the germ killing air through the little in-haler.

At night just before going to bed use the vapor treatment as directed. This treatment is prescribed by the best Catarrh Specialists in America and Europe to destroy Catarrh germs. Booth's HYOMEI is Australian Eucalpytus and other splendid antiseptics. A complete outfit which inincludes inhaler is \$1.60; separate bottles, if the first does not entirely cure, can be obtained for 59 cents, and money back from Huntley Bros. Co. if you are dissatisfied.

Just breathe it-no stomach dosh **HUNTLEY BROS.**, Druggists

A Guessing Game. When your friends come, seat your-

selves in a circle on your porch. The host begins by mentioning four distinct characteristics of a person about whom he is thinking at that moment. The game consists of the rest of the company, by questioning him, trying to guess the person to whom these characteristics belong.

"How so?" "Blundern, the new department head, decided to require a competitive examination for every single job under him, and, bless me, if his wife didn't NEW CURE FOR RHEUMATISM

Get the uric acid out of your system and your rheumatism will be cured. Meritol Rheumatism Powders are the most effective agency known for this purpose. You can buy them from any win the position of private secretary Press Association. Jones Drug. Co. member of the American Drug and

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25	"	"	"	30c	"	"	35c
40		44	"	30c	"	"	35c
60	"	"		40c		"	45c
110	"	"	- 66	70c	"	"	75c
150	**	"	"	\$1.05	- " ·	"\$	1.15
250	"		44 :	1.75		"	1.60

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