



Artist—That is a very rare picture. Art Critic—Yes; I notice it is not well done.—St. Louis Globe-Democrat.

ALLEN'S FOOT-EASE. The Antiseptic powder shaken into the shoes. The Standard Remedy for Itchy Feet for a quarter century. 30,000 testimonials. Sold everywhere. 25c. Sample FREE. Write Allen S. Collins, Ltd., 107 N. W. 2nd St., Portland, Ore.

VETERANS PLAY AT CHAUTAUQUA

physical deformity, and children wrongly classed as "mean," "coarse," "slow-witted," "indifferent," etc., result. A systematic study of eyes, ears, touch, taste, smell, motor ability, food supply, standing position, etc. Watch these things and you will note in many cases, the secret of the child's disposition.

One of the largest summer school classes of the session enjoyed the domestic science course Monday afternoon at 4:30 p. m., under direction of Mrs. Robbins of O. A. C. A special two-day course is being given free for those interested in scientific cooking. Other classes of interest Monday were "Regulation of Trusts—State vs. National Control," by Dr. Gilbert.

Tuesday is state university "morning" and besides Dr. Gilbert's talk on "Education and Public Opinion," there will be special music by former stars of the famous U. of O. glee club. All available warblers are asked to leave First and Alder for Chautauqua on the 9:30 car. A large crowd of students, alumni and friends of the college will be on hand. Col. Bain and E. G. Lewis are the afternoon and evening speakers tomorrow, the former and old "warrior" of the lecture field.



Who speaks at Chautauqua today.

HINTS FOR CAMP LIFE ARE GIVEN

OREGON AGRICULTURAL COLLEGE, Corvallis, Ore., July 14.—All who are to live for a time in camp whether in pursuit of business or pleasure should send for a copy of "Camp Cookery" just off the college press at the Oregon Agricultural college. Among the many things you want to know are such vital questions as "how shall I choose and pack my equipment," "how make a cooking fire," "how make a fireless cooker," and many others equally important are answered scientifically so that all may understand them.

The recipe for frying-pan bread is a good illustration of the plain directions for the camp life, and is as follows: 1 cup flour, 1 tablespoonful sugar, 1 teaspoonful salt, 3 teaspoonfuls baking powder. Four this mixture into greased and hot pan and set flat near the fire. When well risen pop the pan nearly perpendicularly near the fire; when brown on one side turn over. A fork or sharpened stick stuck through the loaf will come out clean when the bread is done.

REPAIR OF ROADS IS BOURNE'S PLAN

WASHINGTON, July 14.—That one of the serious and most frequent mistakes in the good roads movement is failure to provide for maintenance, is asserted by Jonathan Bourne, Jr., chairman of the joint committee on Federal Aid to good roads, who has made an extensive study of the problem. "The expression 'permanent improvement' is like a delusion and a snare," said Bourne today. "The permanency of an improvement depends largely upon the character of maintenance. The stone or gravel surface as well as the foundation of a highway needs constant attention, similar to the care given the steel rails and road bed of a railroad. It is the repair of the small break—the filling of the small rut, that prevents more serious damage."

Federal Aid to good roads, I provided for an annual payment to the states of an amount equal to two per cent of the cost of construction—the states to expend an equal amount for the same purpose. This aid to maintenance will not only insure that roads will be kept in repair, but is an added inducement for the states to accept the federal aid to construction. Their maintenance allowance would be in proportion to their participation in the aid to construction.

In France, road patrolmen are employed to care for certain sections of highway. Their tools consist chiefly of a wheelbarrow and shovel, with which they repair every defect, in its incipency. These men keep the roads in repair until the harvest season begins and then are left free to seek more profitable employment among the farmers of the community. A road kept in repair until that time, will need no attention during the harvest period. The highway patrolmen, therefore, afford a constant supply of labor upon which the farmer can depend for part of their harvest help.

"I believe a very similar system will be worked out in this country and in order to encourage the adoption of such a system of maintenance allowance in my suggested plan for federal aid. In order to avoid building up a great federal machine, however, I would have these repairmen under the employ of the states."

DAKOTA BANKERS REMEMBER VALLEY

Secretary Freytag, of the Oregon City Commercial club, has received the following letter from S. E. Morris, president of the Western National Bank, of Mitchell, South Dakota. Mr. Mitchell was a member of a party of Middle Western investors who recently visited the city. His letter follows:

"You will no doubt recall the party from South Dakota introduced to you by Mr. Kaeppler recently. We arrived home some days ago, and in behalf of the entire party, and for myself in particular, I wish to thank you for the courtesies extended to us during our visit to your beautiful little city. Without your leadership we could not have seen so much which was almost new to the most of our party in so short a time. The woolen mills, as well as the pulp mills, were a revelation to most of our party. It seems to me you have one of the most resourceful little cities in which we stopped during our entire trip. The state of Oregon is a land of many resources, and its development has but begun. I remember talking with one of your bankers, who says his parents came to your city some 32 years ago, when there was a wilderness on all sides. You are fortunate in being located on one of the most beautiful streams in the state, and you are at the head of a wonderful valley. While in Portland we made a trip some 20 miles beyond McMinnville, and the entire valley was a revelation to the men from the Middle West.

"Thanking you again for the entire party, and remembering again with pleasure the gifts of flowers from the ladies, and our feast in the strawberry patch, I am,

"Most cordially yours," "S. E. MORRIS"

THIS LADY'S GOOD APPETITE

Mrs. Hansen, in a Letter From Mobile, Tells How She Gained It.

Mobile, Ala.—"I suffered for seven years, with womanly trouble," writes Mrs. Sigurd Hansen in a letter from this city. "I felt weak and always had a headache and was always going to the doctor. At last I was operated on, and felt better, but soon I had the same trouble.

My husband asked me to try Cardul. I felt better after the first bottle, and now, I have a good appetite and sleep well. I feel fine, and the doctor tells me I am looking better than he ever saw me."

If you are sick and miserable, and suffer from any of the pains due to womanly trouble—try Cardul. Cardul is successful because it is composed of ingredients that have been found to act curatively on the womanly constitution.

For more than fifty years, it has been used by women of all ages, with great success. Try it. Your druggist sells it.

N. B.—Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., for Special Instructions, and 64-page book, "Home Treatment of Women," sent in plain wrapper, on request.

FRANCE CELEBRATES

PARIS, July 14.—All France kept its usual joyous holiday today in celebration of the 124th anniversary of the fall of the Bastille. At an early hour the boulevardiers of Paris were thronged with merry-makers, who promenade up and down and watched the performances of wandering acrobats, jugglers, magicians and street singers. The streets resembled carnival time, with the crowds of pleasure-seekers and the gayly decorated buildings. In the early morning magnificent wreaths were placed on the Strasbourg monument in the Place de la Concorde, by various deputations.

SH-H! LADIES! SECRET TO DARKEN FADED GRAY HAIR—USE SAGE TEA

Sage Mixed with Sulphur Restores Natural Color and Luster to Hair. Why suffer the handicap of looking old? Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks dry, wispy and scraggly just a few applications of Sage Tea and Sulphur enhances its appearance a hundred fold.

Heart to Heart Talks

By JAMES A. EDGERTON

FROM WITHIN OUTWARD. The average man believes his thoughts a secret. There was never a greater mistake. Our whole lives, our acts, our faces, our very hands, render our thoughts visible to one who has eyes to see. It is our thoughts that make us. They not only shape our features, but our destinies. They carve for us success or failure. By them is wrought our honor or our shame. They build even our bodies. They are at the same time our rulers, our sentinels and our architects.

He who said that man is a creature of circumstances got the cart before the horse. A man's circumstances are called for by the man himself. He chooses them, attracts them, creates them. He draws them to him by the spiritual attraction of gravitation. They are as truly the children of his brain as are the words he speaks.

We should revise the adage and make it read "Man is a creator of his circumstances." No man ever gets into a position where he cannot think himself out, and this is the secret of success. It is the chap who can turn a seemingly desperate situation to his advantage who comes out winner. It is all a matter of quick and nimble thinking. In this day it is the psychological factor that counts. Ask any Wall street man what is the determining element in his world, and he will tell you psychology. Ask any salesman for a big house the chief factor in making sales, and if he knows his business he will tell you psychology. Ask the best doctors what their chief reliance is in restoring health, and if they are up to date and successful physicians they will reply psychology. If men ever won by "main strength and awkwardness" they do not so win any longer.

You manifest what you think. The human body is a wonderfully sensitive organism that is shaped by the thinking soul which dominates it. It is a literal truth capable of demonstration that we can think ourselves into that which we yearn to become. This requires will-power, however, concentration and perseverance. More than all else, it requires faith. We must have our feet planted on the rock of truth before we employ our thought forces. It is for this reason, among many others, that we must take hold of the Christ. There is no safety elsewhere, for the sea of so-called occultism is uncharted and filled with dangerous reefs unless we have the true Pilot to guide us on our course. Jesus knew the power of thought over the life. He also knew the dynamics of faith.

The influence of thought over the life is not a dream. It is, I believe, the most real and substantial fact that will be developed during the twentieth century, and to its tremendous significance the world is just awakening.

SAIDINGS OF SAGES.

When from some noisy haunt of man I step into the quiet night And, coolly contemplating, scan The lamps of heaven all alight, Remorse is mine that e'er I trod In way where man's mean tumult jars, Then loud my spirit cries to God, Grant me the calmness of thy stars! —Gilbert Thomas.

The law of the harvest is to reap more than you sow. Sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap destiny.—G. D. Boardman.

Life is made up not of great sacrifices or duties, but of little things in which smiles and kindness and small obligations, given habitually, are what win and preserve the heart and secure comfort.—Sir H. Davy.

Thank God every morning when you get up that you have something to do that day which must be done, whether you like it or not. Being forced to work and forced to do your best will breed in you a hundred virtues which the idle never know.—Charles Kingsley.

IN BOSTON OF COURSE.

The Customer—Here, waiter, take this soup away—there's a hair in it. The Waiter (narrowly observing the offending intruder)—I beg your consideration, sir, but what you mistake for a human combing is merely a superficial and superimposed fracture of the queensware, sir.—Cleveland Plain Dealer.

The Surprise.

A man told his daughter that if she learned to cook he would give her a surprise. She learned the art, and he surprised her by discharging the servant girl.

WHITTED HASN'T A BIG OPINION OF MATHEWSON.

"This Mathewson isn't so much," says young Whittied, the colt shortstop of the Cards. "Why, I never saw him before in my life, and I walked right up and slapped him for two." This is the same kid who, when called down by Roger Bresnahan for making a play Roger did not like, shot back, "I know it might have been a bone, Mr. Bresnahan, but I've seen you pull worse ones, so we'll let it go at that."

BLANDING BLAMES UMPIRE'S WHITE SUIT FOR WILDNESS

Umpires Dineen and Ferguson were given a warm welcome when they appeared in their new white uniforms in Cleveland on Memorial day. Ferguson was a real Algernon right off the yacht, but Bill Dineen looked as if a little more liberal use of talcum upon his ruddy complexion would have been more in harmony. Bill, however, was embarrassed. The players gathered about him when he timidly made his appearance and took turns feeling of his white raiment.

Every one wondered what would have happened had either of the officials slipped in the mire and come a cropper. But no such untoward event took place, and all hands, with one exception, approved of the disguise worn by the arbitrators. The exception was Fred Blanding, who produced an alibi, declaring that the white background provided by Dineen caused him to fall to locate the plate.

Ethel's Prayer. Sunday School Teacher—Do you say your prayers at night, Ethel? Little Ethel—Yes, ma'am. Sunday School Teacher—To whom do you pray? Little Ethel—Sometimes I pray to mamma's knees and sometimes to the bed.—London Truth.

BEAUTIFUL WOMEN

Nothing adds more to the beauty of women than luxuriant hair. The regular use of Meritol Hair Tonic will keep the hair healthy, promote its growth, keep it clean and bright, and gives it that wavy appearance so much admired. Jones Drug Co., sole agents.

STRONGER MARKET WITH LIVESTOCK

Receipts for the past week have been: Cattle 1026, calves 232, hogs 2125, sheep 4171. Cattle market steady to stronger at the close of the week's business. Prime grass steers offering on Thursday and Friday sold at \$8.25 to \$8.50 in small quantity. The demand for this class stuff is fine, but for medium and half fat varieties prices are no higher than they have been for the

last two weeks. The steer top on bull sales—\$8.00 to \$8.25—light offerings of cows and heifers has strengthened the market somewhat, especially in choice grades. Cows, \$7.00 to \$7.25; heifers, \$7.25 to \$7.50; bulls, \$6.00 to \$6.25, and calves, \$9.00 are top quotations on the various classes. Buying demand in the hog pen increased materially the latter part of the week; tops sold in bulk at \$9.07 to \$9.15, with a few leads at \$9.20 and \$9.25. The market is steady to strong on a basis of \$9.15. Good demand for smooth and rough heavy hogs. Receipts have been fairly liberal considering the season of the year and liquidation will doubtless decrease during the next two months. Sheep house prices have suffered to some extent during the last six days, due to the slow demand on the part of the killers. Good fat mutton is not finding a very broad outlet, while lamb values have decreased 25 to 50c since July 1st. Prime yearlings \$5.25 to \$5.50; ewes at \$4.00, old weathers at \$4.00 to \$4.25 and lambs at \$6.00 represent extreme quotations.

Livestock, Meats. REEF—(177½ weight) steers 7 and 8c; cows 6 and 7c, bulls 4 to 5c. MUTTON—Sheep 5 to 6½; lambs 6 to 6½c. VEAL—Calves 12c to 13c dressed, according to grade. WEINIES—10c lb; sausage, 15c lb.

PORK—9½ and 10c. Poultry—(buying) Hens 11 to 12c; stags slow at 10c; old roosters 8c; broilers 20 to 21c. Fruits. APPLES—50c and \$1. DRIED FRUITS—(buying)—Prunes on basis 4 for 25 to 40c. ONIONS—\$1.00 per sack. POTATOES—Nothing doing. BUTTER—(buying)—Ordinary country butter, 29 to 22½c. EGGS—Oregon ranch, case count 17½c; Oregon ranch candled 18½c. Prevailing Oregon City prices are as follows:

CORN—Whole corn, \$32. HIDES—(buying)—Green sold, 9c to 10c; sheep pelts 75c to \$1.50 each. WOOL—15 to 16c. MOHAIR—28c. FEED—(Selling)—Shorts \$28; barn \$26; process barley, \$30.50 to \$31.50 per ton. FLOUR—\$4.50 to \$5. OATS—(buying)—\$28; wheat 93c; oil meal selling \$39; Shay Brook dairy feed \$1.20 per hundred pounds. HAY—(buying)—Clover at \$8 and \$9; oat hay best \$11 and \$12; mixed \$9 to \$11; Idaho and Eastern Oregon timothy selling \$20.50 to \$23; valley timothy, \$12 to \$15.

The stuff Successful Men Are Made of

The International Correspondence Schools are NOT closed in summer. All of our truly ambitious students those who think more about the increased salaries their studies will qualify them to earn, than of the imaginary discomforts of summer study—devote a part of each week to their studies all summer. A student who will only study in cold weather punishes himself. Why? Because he takes two or three times as long, in preparing himself to earn more money, as the student who studies from a half hour to an hour per day all the year round. We have enough letters on file to make several very large books, the general purport of which is: "Oh, if I had only taken up that Course when I first wrote you about it! I have just missed a fine position, at largely increased wages, because I wasn't prepared to fill it. I lacked just the special knowledge I could have had from the Course." The writers of these letters never have to be contented to study in summer NOW. They knew what delay costs. Why not profit by THEIR experience, instead of taking the same bitter medicine yourself? Persons that suffer most from the heat are those that have nothing else to occupy their thoughts. A man who is interested in his studies doesn't know how hot it is. He has no time to fret about the weather. He is looking ahead a few months to the time when he can demand advancement in position and salary, because his special education will have made his services of more value to his employer. It is no harder to read an Instruction Paper in summer than to read a newspaper. How many summer days are hot enough to prevent you from reading the daily news? The man who promises himself that he will enroll next fall is only trying to deceive his conscience. He may not know it, but he is weakening his will-power, and it is will-power—power to do what one knows he must do to succeed—that makes the man. A man of weak will—one who will study some day, but not now—will always be down in the world; always in "hard luck," frequently out of work, and when employed, it will always be at low wages. He knows that a knowledge of certain subjects will fit him to earn more; yet he stills his conscience by promising to start later. Such a man isn't truly ambitious. He is one of the kind that always does "some other time," and draws small pay all his life. Are YOU one of that kind. Are YOU truly ambitious to earn more and make something of yourself? If you want study in summer you are NOT. If you prefer to fret about hot weather, rather than forget it by studying, you are NOT. The dangerous habit of "putting off" has ruined the lives of more promising young men than drunkenness. It is so easy to say "yes, yes, what I need; I'll start tomorrow—next week—some other time." The difference between the man that makes a failure of life and the man that succeeds is simply this: The failure is going to begin "tomorrow," the success begins today. The men who "set there" are those that study for self-improvement in summer, or whenever they have time. They don't let the weather keep them in inferior positions, at small wages. They don't make excuses to themselves when they ought to be up and doing. They don't work for wages barely enough to keep soul and body together either.

Which Kind of a Man Are You? We will be pleased to mail our new Catalog from our new address, 505 McKay Building, Portland, Oregon. H. H. HARRIS, Local Mgr.

NEW PRICES ON MAZDA LAMPS To Take Effect at Once

15-Watt—Clear Glass	30c	Frosted Ball	35c
20 " " "	30c	" " "	35c
25 " " "	30c	" " "	35c
40 " " "	30c	" " "	35c
60 " " "	40c	" " "	45c
110 " " "	70c	" " "	75c
150 " " "	\$1.05	" " "	\$1.15
250 " " "	1.75	" " "	1.60

Portland Railway, Light & Power Company THE ELECTRIC STORE Beaver Building, Main Street Tel.—Home, A228 Pacific, Main 115

DOES YOUR HEADACHE? IT WILL NOT if you take KRAUSE'S HEADACHE CAPSULES They will cure any kind of Headache, no matter what the cause. Perfectly harmless. Price 25 Cents NORMAN LICHTY MFG. CO., Des Moines, Ia. FOR SALE BY: THE JONES DRUG CO. We have a large stock of these remedies, just fresh from the laboratory.