

# Constipated All His Life.



MR. and MRS. WILBERT THOMPSON,  
801 Main St., Peoria, Ill.  
MULL'S GRAPE TONIC CURED HIM.

Wilbert Thompson never knew a well day until last June—he had been constipated all his life—many doctors treated him, but all failed to even help him—his health failed rapidly and on January 21, 1903, Mrs. Thompson asked us to suggest a treatment for her husband—We thought the case too serious and recommended that a specialist be consulted—but he also failed to help the patient—NOW HE IS WELL.

## Mull's Grape Tonic Cured Him

Mrs. Thompson first wrote us as follows: "My husband, aged 23, suffers from sharp pains in his stomach and sometimes thinks it is his heart. Let me know by return mail what causes the pain, if you can. Mr. Thompson has been treated by several doctors, but they have given him up."  
We promptly advised that a first-class specialist be consulted. We quote: "We want to sell Mull's Grape Tonic, because we know it will cure constipation, but 50c. a bottle is no object to us when a human life is at stake, and if your husband's case is as serious as you state, we suggest you consult a reliable specialist, not the advertising kind, promptly." At the same time, knowing that Mull's Grape Tonic could do no harm, we advised its use until a physician could be consulted. January 25 Mrs. Thompson wrote that a physician had been consulted. He diagnosed the case as being chronic constipation and dyspepsia. His treatment was followed faithfully, but there was no perceptible improvement in Mr. Thompson's health. Then he began taking Mull's Grape Tonic and on Sept. 3, 1903, we received the following letter from Mrs. Thompson:

"You will remember that I wrote to you last January in regard to my husband's health. It is four months since he quit taking Mull's Grape Tonic for constipation, which he suffered from since birth. He took just 24 bottles of it and is perfectly cured. He is much stronger and has gained considerably in flesh. I cannot thank you enough for Mull's Grape Tonic. 'It is worth its weight in gold.' Just \$12 cured him and he has spent hundreds of dollars with doctors who did him no good. Now I want to state my case to you and expect you to reply. I also have constipation, have had for three years. Kindly let me know as I am sure it will cure me if you say it will, as it did all you claimed it would in my husband's case. I await an early reply."  
Very respectfully yours, MRS. W. H. THOMPSON, 801 Main St., Peoria, Ill.

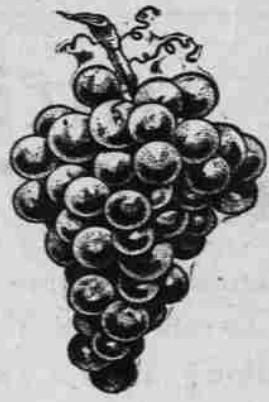
## LET US GIVE YOU A 50c. BOTTLE.

This Coupon is good for a 50c. Bottle of Mull's Grape Tonic.  
Fill out this coupon and send to the Lightning Medicine Co., 157 Third Ave., Rock Island, Ill., and you will receive a full size, 50c. bottle of Mull's Grape Tonic.  
I have never taken Mull's Grape Tonic, but if you will supply me with a 50c. bottle free, I will take it as directed.  
Name \_\_\_\_\_  
Street No. \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
GIVE FULL ADDRESS AND WRITE PLAINLY.

If you are afflicted with constipation or any of its kindred diseases we will buy a 50-cent bottle for you of your druggist and give it to you to try. If you are constipated we know it will cure you. Surely if we have such confidence in our remedy as to pay for a bottle of it that you may test for yourself its wonderful curative qualities, you should not refuse to accept our offer.

## Mull's Grape Tonic

is the only cure for constipation known. We do not recommend it for anything but Constipation and its allied diseases. It is our free gift to you. In accepting this free bottle you do not obligate yourself further than to take its contents. Mull's Grape Tonic is pleasant to take and one bottle will benefit you. We want you to try it and, therefore, if you will fill out the attached coupon and mail it to us to-day we will instruct your druggist to give you a 50-cent bottle and charge same to us.



HOWELL & JONES, Reliable Druggists.

# O. R. & N.

UNION PACIFIC  
AND UNION PACIFIC  
THREE TRA TO HE EAST  
DAILY

Through Pullman standard and Tourist sleeping cars daily to Omaha, Chicago, Spokane, tourist sleeping cars daily to Kansas City; through Pullman tourist sleeping cars (personally conducted) weekly to Chicago, Kansas City, reclining chairs (seats free to the east daily.)

70 HOURS Portland to Chicago No Change of Cars. 70

Depart	Time Schedules	ARRIVE
Chicago-Portland Special 9:15 a. m.	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	5:25 p. m.
Atlantic Express 8:15 p. m. via Huntington.	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	8:00 a. m.
St. Paul Fast Mail 6:15 p. m. via Spokane.	Walla Walla, Lewiston, Spokane, Minneapolis, St. Paul, Duluth, Milwaukee, Chicago and East.	7:15 a. m.

Ocean and River Schedule  
For San Francisco—Every five days at 8 p. m. For Astoria, way points and Portland, Oregon—Every five days at 5 p. m.; Saturday at 10 p. m. Daily service (water permitting) on Willamette and Yamhill rivers.  
For detailed information of rates The Oregon Railroad & Navigation Co. your nearest ticket agent, or General Passenger Agent, A. L. CRAIG.

## COLUMBIA RIVER SCENERY Portland and The Dalles ROUTE

REGULATOR  
Line  
Steamers

"BAILEY GATZERT" "DALLES CITY" "REGULATOR" "METLAKO" "SADIE B."  
Str. "Bailey Gatzert" leaves Portland 7 A. M. Mondays, Wednesdays and Fridays; leaves The Dalles 7 A. M. Tuesdays, Thursdays and Saturdays.  
Str. "Regulator" leaves Portland 7 A. M. Tuesdays, Thursdays and Saturdays leaves The Dalles 7 A. M. Mondays, Wednesdays and Fridays.  
Steamers leaving Portland make daily connection at Lyle with C. R. & N. train for Goldendale and Klickitat Valley points.  
C. R. & N. train leaves Goldendale on Mondays, Wednesdays and Fridays at 6:30 A. M., making connection with steamer "Regulator" for Portland and way points.  
C. R. & N. train leaves Goldendale on Tuesdays, Thursdays and Saturdays at 7:30 A. M., connecting at Lyle with steamer "Sadie B." for The Dalles, connecting there with O. R. & N. trains East and West.  
Str. "Sadie B." leaves Cascade Locks daily (except Sunday) at 7 A. M. for The Dalles and way points; arrives at 11 A.

M. leaves The Dalles 2 P. M., arrives Cascade Locks 5 P. M.  
Meals served on all steamers.  
Fine accommodations for teams and wagons.  
Landing at Portland at Alder Street Dock.  
MARCUS TALBOT,  
V. P. & G. M.  
Gen. Office, Portland, Oregon.

## Astoria & Columbia River Railroad Co.

Leaves	UNION DEPOT	Arrives
8:00 A.M. Daily.	For Mayers, Rainier, Clatskanie, Westport Clifton, Astoria, Warrenton, Flavel, Hammond, Fort Stevens, Gearhart Park, Seaside, Astoria, and Seashore. Express Daily. Astoria Express.	Daily. 11:20 A.M.
7:00 P.M.		9:40 P.M.

## The DENVER & RIO GRANDE RAILROAD

You Will Be Satisfied WITH YOUR JOURNEY  
If your tickets read over the Denver and Rio Grande Railroad, the "Scenic Line of the World"

BECAUSE  
There are so many scenic attractions and points of interest along the line between Ogden and Denver that the trip never becomes tiresome.  
If you are going East, write or inform and get a pretty book that will tell you all about it.  
W. C. McBRIDE, General Agent  
PORTLAND, OREGON

## HARPER WHISKY



Famous at home for Generations past; Famous now all over the World.  
For Sale by - E. MATTHIAS - Sole Agency for Oregon City.  
CHAPPED HANDS.  
Wash your hands with warm water, dry with a towel and apply Chamberlain's Salve just before going to bed, and a speedy cure is certain. This salve is also unequalled for skin diseases. For sale by Howell & Jones.

## WEATHER FOR DECEMBER.

U. S. Department of Agriculture Supplies Interesting Data.

The following data, covering a period of 34 years, have been compiled from the Weather Bureau records at Portland, Oregon. They are issued to show the conditions that have prevailed, during the month in question, for the above period of years, but must not be construed as a forecast of the weather conditions for the coming month.

### TEMPERATURE.

Mean or normal temperature, 42 degrees.  
The warmest month was that of 1875, with an average of 48 degrees.  
The coldest month was that of 1884, with an average of 32 degrees.  
The highest temperature was 65 degrees on the 13th, 1886.  
The lowest temperature was 3 degrees on the 23d, 1879.  
The earliest date on which first killing frost occurred in autumn, October 13.  
Average date on which first killing frost occurred in autumn, November 15.  
Average date on which last killing frost occurred in spring, March 17.  
The latest date on which last killing frost occurred in spring, May 9.

### PRECIPITATION.

Average for the month, 7.36 inches. Average number of days with 1.0 of an inch or more, 20.  
The greatest monthly precipitation was 20.14 inches in 1882.  
The least monthly precipitation was 0.88 inches in 1876.  
The greatest amount of precipitation recorded in any 24 consecutive hours was 7.66 inches on the 12th-13th 1882.  
The greatest amount of snow fall recorded in any 24 consecutive hours (record extending to winter of 1885 only) was 14.0 inches on 22d, 1892.

### CLOUDS AND WEATHER.

Average number of clear days, 4. Partly cloudy days, 8. Cloudy days, 19.  
WIND.  
The prevailing winds have been from the south.  
The average hourly velocity of the wind is 8 miles.  
The highest velocity of the wind was 54 miles from the southwest.

### CONSTIPATION.

Health is absolutely impossible, if constipation be present. Many serious cases of liver and kidney complaint have sprung from neglected constipation. Such a deplorable condition is unnecessary. There is a cure for it. Herbine will speedily remedy matters. C. A. Lindsay, P. M., Bronson, Fla., writes, Feb. 17, 1902: "Having used Herbine, I find it a fine medicine for constipation." 50c a bottle. For sale by Huntley Bros. Co.

### TOO YOUNG TO KNOW.

"Say, ma, complained the insurance president's little boy, why don't you want me to play with the Bixley children?"  
"My dear child, this is something that you will understand when you grow older. Their father is nothing but a policy holder."

### MAN'S UNREASONABLENESS

is often as great as woman's. But Thos. S. Austin, Mgr. of the "Republican," of Leavenworth, Ind., was not unreasonable, when he refused to allow the doctors to operate on his wife, for female trouble. "Instead," he says, "we concluded to try Electric Bitters. My wife was then so sick, she could hardly leave her bed, and five (5) physicians had failed to relieve her. After taking Electric Bitters, she was perfectly cured, and now perform all her household duties." Guaranteed by Howell & Jones druggists, price 50c.

## CARE OF CREAM AT THE FARM.

The problem of caring for the cream so that it may be delivered to the creamery in good condition is a serious one because it has an important bearing on the quality of the butter. In many cases, butter made from cream not properly cared for does not sell for the top market price, and since there is a growing tendency to sell butter on its merits, giving only the price its quality deserves, there will be difficulty in disposing of butter made from a poor quality of farm separator cream, at prices equal to those of butter made at whole milk creameries.

Considering the question, however, from the mechanical side of the butter making process alone, there is no good reason why farm separator cream should not be equal to, if not better than that separated at a factory with power separators.  
When milk is separated at the farm immediately after milking, the cleanest and sweetest cream possible ought to be obtained; it certainly should be better than that skimmed by a factory separator from milk which is two to twenty hours old, and on this account a better butter should be made from the farm separator cream.

The usual causes of defective butter from gathered cream are: First, unsuitable place for keeping the cream, and, second, holding the cream too long before it is collected by the cream gatherers. A perfectly clean, sweet and satisfactory cream is produced on many farms and delivered in good condition to either a retailer, an ice-cream maker or a creamery. There are, however, places where tainted and defective cream is found and in some cases it is being mixed with cream of better grade. This is hardly fair to the producer of first grade cream, and in order to raise the standard of the entire product to a grade equal to the best, the following suggestions are offered as a guide to persons not familiar with the proper methods of caring for cream.

1. Place the separator on firm foundation in a clean well ventilated room where it is free from all offensive odors.
2. Thoroughly clean the separator after each milking; the bowl should be taken apart and washed, together with all the tinware, every time the separator is used; if allowed to stand for even one hour without cleaning there is danger of contaminating the next lot of cream from the sour bowl. This applies to all kinds of cream separators.
3. Wash the separator bowl and all the tinware with cold water and then with warm water, using a brush to polish the surface and clean out the seams and cracks; finally scald with boiling water leaving the parts of the bowl and tinware to dry in some protected place where they will be protected from dust. Do not wipe the bowl or tinware with a cloth or drying towel; heat them so hot with steam or boiling water that wiping is unnecessary.
4. Rinse the milk receiving can and separator with a quart or two of hot water just before running the milk into the separator.
5. Cool the cream as it comes from the separator or immediately after, to a temperature near 50 degrees Fahrenheit and keep it cold until delivered.
6. Never mix warm and cold cream or sweet and slightly tainted cream.
7. Provide a covered and clean water tank for holding the cream cans, and change the water frequently in the tank so that the temperature does not rise above 60 degrees Fahrenheit. A satisfactory arrangement may be made by allowing running water to flow through the cream tank to the stock watering tank.
8. Skim the milk immediately after each milking, as it is more work to save the milk and separate once a day and less satisfactory, than skimming while the milk is warm, since the milk

be heated again when saved until another milking.  
9. A rich cream testing 35 per cent fat or more is the most satisfactory to both farmer and factory. The best separators will skim a rich cream as efficiently as a thin cream and more skim milk is left on the farm when a rich cream is sold.  
10. Cream should be perfectly sweet, containing no lumps or clots when sampled and delivered to the haulers or parties buying it.  
There is a good demand for sweet cream and it can easily be supplied by keeping the separator, tinware, strainer cloth and water tank clean and the cream cold.  
The preceding recommendations when followed will pay well for what some may think is "a lot of extra bother."—E. H. Farrington in Jersey Bulletin.

### BEST LINIMENT ON EARTH.

Henry D. Baldwin, Supt. City Water Works, Shullsburg, Wis., writes, "I have tried many kinds of liniment, but I have never received much benefit until I used Ballard's Snow Liniment for rheumatism and pains; I think it the best liniment on earth." 25c, 50c and \$1.00. Sold by Huntley Bros. Co.

### HOW MUCH ENSILAGE TO FEED.

A dairyman writes that he has built a new silo and filled it with corn. He has never fed ensilage, and wants to know about how much to feed to new milch cows and what should be fed with it.  
Silage affords the best and cheapest roughage, succulent food and carbohydrates, and should be fed as liberally as is possible without injury to the milk producing ability of the cows. The safe amount will depend largely upon each cow and the kind of other feed available. Highly bred dairy cows can use more ensilage profitably than cows more disposed to lay on fat under liberal feeding. There can be no profit from a cow that puts the ensilage into beef and loads herself down with fat. Such a cow must be fed less ensilage and more protein food, making her ration somewhat more expensive, it is true, but maintaining her ability to turn feed into milk.

The cow's ration should be nearly balanced as to protein and carbohydrates, and every cow must be watched closely until her ability to utilize certain proportions of food is known. One cow may be able to consume forty pounds of ensilage a day and pay for it, while the next in the row may increase rapidly in weight and decrease rapidly in milk flow under such heavy feeding.  
If one has good, bright, well-cured clover hay and wheat bran to feed with ensilage, more can be fed than if timothy and ground corn and oats were the only supplementary foods. This is true with cotton-seed meal, oat and pea meal, gluten meal, etc. This class of foods are all rich in protein, and the more protein a cow gets the more carbohydrates she ought to get. Dairyman should feed all of the carbohydrates (ensilage) a cow can use, because it is the cheapest of all foods.  
For average feeding, thirty to thirty-five pounds per cow will suffice. This should be supplemented with clover hay, say five to eight pounds, corn fodder two to four pounds, five to six pounds of wheat bran, and one to two pounds of oil meal, cotton-seed meal or gluten meal. The individuality of the cow is the most important factor in determining the amount of ensilage to feed, and the feeder must determine the standard by her ability to utilize her feed profitably.  
Take enough ensilage from the top of the silo for the day's feeding, having it as fresh as possible while keeping the contents of the pit from spoiling. Always place ensilage before the cows with the mill feed directly on top of it and let the cow do the mixing.

Feed the ensilage after milking, so the cows may be quiet while being milked.—Wis. Agriculturist.

### A DISASTROUS CALAMITY.

It is a disastrous calamity, when you lose your health, because indigestion and constipation have sapped it away. Prompt relief can be had in Dr. King's New Life Pills. They build up your digestive organs, and cure headache, dizziness, colic, constipation, etc. Guaranteed at Howell & Jones drug store; 25c.

### OBITUARY.

Mrs. Ida Dell Dodge, died at her home near Molalla, November 22, 1905. She was aged 25 years and 21 days. She leaves a husband, one son, Alfred, aged 6 years; and a little daughter, Allie, aged 5 months. Also a father, mother, and one brother to mourn her loss. She was a kind and loving mother and will be sadly missed in her dear home. The remains were laid to rest in the Clackamas County Cemetery at Molalla, Oregon.  
One moment the pale lips tremble,  
With the triumph she might not tell,  
As the sight of life immortal,  
On her spirit's vision fell,  
Then the look of rapture faded,  
And the beautiful smile was faint,  
As in some convent picture,  
On the face of the dying saint.

And we felt in the lonesome mid-night  
As we sat by the silent dead,  
What a light on the path going downward,  
The feet of the righteous, shed,  
When we thought with faith unshaken  
She came to the Jordan's side,  
And taking the hand of the Saviour,  
Went up on the other side.

WHEN YOU HAVE A BAD COLD.  
You want a remedy that will not only give quick relief but effect a permanent cure.  
You want a remedy that will relieve the lungs and keep expectoration easy.  
You want a remedy that will counteract the tendency toward pneumonia.  
You want a remedy that is pleasant and safe to take.  
Chamberlain's Cough Remedy meets all of these requirements and for the speedy and permanent cure of bad colds stands without a peer. For sale by Geo. A. Harding.

There is Money in it FOR YOU  
Bears the Signature of  
There is Money in it FOR YOU  
to get our quotations on a good enduring Plumbing Job. Why not take the hint and get our estimate before handing out your contract?  
A. MIHLSTIN,  
Main Street, near Eighth

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This offer is open only to new subscribers to The Youths' Companion. Subscribers to that periodical desiring to renew their subscription, will be given The Enterprise and the Companion for \$3.00

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to get your country weekly and one of the standard magazines for a little more than the price of one.

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