

# Rulers Free

School Books  
Tablets  
Stationery  
and other  
School Supplies  
at lowest prices

## CHARMAN & COMPANY

City Drug Store

### A DRINK OF WATER.

Why It is a Good Plan to Take One Before Breakfast.

In the morning the stomach contains a considerable quantity of mucus, spread over and adherent to its walls. If food enters at this time the tenacious mucus will interfere to some extent with the direct contact between the food and the stomach necessary to provoke the secretion of gastric juice. A glass of water taken before breakfast passes through the stomach into the small intestine in a continuous and uninterrupted flow. It partially dissolves the stomach; it thins and washes out most of the tenacious mucus. It increases the fullness of the capillaries of the stomach directly if the water is warm and indirectly in a secondary way if it is cold. Care must be taken not to take cold water when the circulation, either local or general, is so feeble as to make reaction impossible. We should not risk it in an advanced age nor in the feeble, whether old or young, no, should it be taken in local troubles like gastric catarrh. In these cases it is best to give warm or hot water. The addition of salt is very beneficial. London Family Doctor.

### If Quail Are Scarce, So Are Turkeys

"I don't know whether you ever noticed it, but it's a fact just the same that whenever we have a year in which quail are scarce the same is true of turkeys," said a prominent merchant during the other day. "Prolonged wet weather in the spring or in the early summer is fatal to young quail and turkeys alike. Both are extremely tender, and the weather has much to do with their successful rearing. I have watched this thing for years, and invariably a poor quail year means a scarcity of turkeys and high prices."—Youngtown Herald.

### His Own Experience.

"Many a man would give a great deal for your opportunities," said the earnestly ambitious man. "Of course," answered Senator Scribner. "I had to give a great deal for 'em myself!"—Washington Star.



### MILLIONS FOR A NEW STOMACH

One of the greatest American millionaires once said to his physician, "A million dollars, Doctor, for a new stomach," and then the sick man groaned and turned away. One of a man's greatest pleasures is that of a keen appetite, vigorous digestion and a good dinner, and this belongs to many a good fellow who is living on small wages, but the rich man without a stomach has to forego the good things of the table because his stomach rebels. Without a healthy stomach and a good digestion, our blood is thin, our water is all poor, our heart action is weak, our liver does not do its duty, and man is miserable and unhappy. In this condition man is prey to the germs of influenza, consumption, malaria and all the ills that he is heir to. Consumption can be treated by natural methods which are as close to nature as possible. Dr. R. V. Pierce, chief consulting physician of the Invalids' Hotel and Surgical Institute, at Buffalo, N. Y., years ago understood this disease, and after a long period of experiment discovered certain roots and herbs which were nature's remedies, and succeeded in putting them up in a form that would be easily procured and ready to use. This he called Dr. Pierce's Golden Medical Discovery. It gives no false stimulation because it contains no alcohol and no narcotic. It helps digestion and the assimilation of such elements in the food as are required for the blood. Instead of a red liver, as against which the already sensitive stomach will declare open rebellion, this tonic has a purifying action upon the sensitive stomach and gives to the blood the food elements the tissues require. It maintains the patient's nutrition by enabling him to eat, retain, digest and assimilate nutritious food. It overcomes gastric irritability and symptoms of indigestion, and in this way fever, night sweats, headaches, etc., are done away with. It fortifies the body against the germs of consumption, grip and malaria, and it builds up the tissues and puts on healthy flesh. When the druggist says he has something that is "just as good" as Dr. Pierce's Golden Medical Discovery, he says so because he hopes to make a better profit, but his own mistakes have not stood the test of long experience nor had the success that Dr. Pierce's medicines have had.

### Rather Fruitless Advertising.

It is an open secret that tailors make presents of elegant clothing to prominent persons, in consideration for which the latter are expected to mention the maker, usually, to be sure, but as often as possible. Other firms are known to employ persons who, when occasion offers, say in a crowded street car, converse naturally, but quite audibly and energetically, on the merits of their employer's establishment.—International Quarterly.

Kindness is a language that even the dumb brute can understand; like silence it is golden and has the heart of every animate thing in creation.—Maxwell's Talmans.

### A Diplomatic Ometz.

During the reign of Emperor Napoleon III, he and the empress visited Normandy and had arranged to spend a couple of days at Evreux. M. Janvier de la Motte, who was the prefect, learned that the revolutionaries intended to hiss the sovereigns as they passed, and so he summoned the leaders of the movement and told them that he knew of their plot. "If you carry out your plan," said he to them, "you will get six months in prison. If you do not your friends will accuse you of cowardice and treason. As a way out of the difficulty I propose to lock you up at once until the emperor has gone." The conspirators accepted the terms offered them, and so the emperor was greeted only by cheers, as the revolutionaries, frightened at the arrest of their chiefs, had not dared to utter a sound. After the emperor and empress had gone the prefect went in person to release his prisoners, who had had such a pleasant time that they greeted him with cries of "Long live the prefect" to which M. Janvier de la Motte, who was a man of wit, replied, "My friends, do not overdo it."

### New York's "Diamond Rooms."

Only men and women who want to purchase an expensive set of jewels, say \$10,000 worth or upward, get a glimpse of the "diamond rooms," as they are called, in the big New York jeweler's shops. Gems worth less than that usually are kept in show cases and examined in trays at the counters. But if a customer wants to make a larger purchase—a diamond necklace with pearl pendant worth from \$40,000 to \$60,000, for instance—he is shown into a parlor where he can examine the jewels more at his leisure and see the salesman weigh them on the most carefully balanced scales. These parlors are luxuriously but simply furnished and are convenient to the safe. It is not an unusual thing during the holiday season for a salesman in a well established store to make three or four sales a day ranging from \$12,000 to \$30,000.—New York Press.

### Soldiers and Weight.

These facts are given by two officers who conducted experiments to determine the effect of weight on soldiers in full marching order. The five men who volunteered as subjects marched a distance of fifteen miles and eighty-two yards. The different weights carried were forty-eight, fifty-nine and sixty-five pounds. With the first weight it was found that a man at a moderate temperature could cover the distance with ease; in hot or close weather slight inconvenience was experienced, which disappeared when the march was over, so that the men could begin the next day as well as ever. The weight of fifty-nine pounds did no harm in moderate weather, but proved fatiguing when it was hot, and effects were felt the next day. When the men carried the third weight the ill effects were very marked.

### CASTORIA For Infants and Children.

The Kind You Have Always Bought Bears the Signature of *Wm. D. Galt*

# About Getting a Copy of Your Prescription

We have had numerous complaints about other druggists in Oregon City refusing to give the customer copies of prescriptions.

We want to state right here, that this store is always glad to give copies to any one at any time you ask it. We aren't afraid of your taking it to our competitors and getting better prices on it, because our prices are right, as reasonable as we can make them and give you the best and freshest chemicals that can be obtained. We know that you often get a prescription from your doctor that does you a great deal of good and you want to preserve it for future use. You might be going away or have a friend afflicted the same as you to whom you want to give it. In such a case you would want a copy. It's your prescription and you have a right to it. It will only afford us pleasure to accommodate you.

# A Big Cut in Toilet Soaps

This week we are having a special soap sale. We have bought direct from the factories in large quantities and saved 33 1-3 per cent. This we are giving you the advantage of. We are selling all toilet soaps, for the week only, at 1-3 off.

# Howell & Jones

RELIABLE DRUGGISTS.

Chambers Howell

Linn E. Jones



There is unfolded with intense dramatic interest, heightened by charming bits of humor and ludicrous situations. The faithful figure of Holmes, cool, commanding in moments of great danger, soberly dominates every act, bringing to a denouement which is as unexpected as it is satisfactory.

Oregon City Market Report. Wheat—No. 1, 75c to 80c per bushel. Flour—Valley, \$4.40 per bbl. Hard wheat \$4.90. Portland, \$1.15 per sack. Howard's Best, \$1.15 per sack.

Hay—Timothy, baled, \$14.00 per ton; clover, \$11 to \$12; oat, \$11; mixed hay, \$11; chaff, \$12.

Milk—In sacks, \$1.15 per cental. Butter—Creamery, 35 to 40c separator. Eggs—Oregon, 25 to 27 1-2 cts per doz.

From a Society Woman's Diary. My milliner gave me a shock today. "When," said she, "does your ladyship intend paying me what you owe me?"

Mme. Roland's Request. When Mme. Roland was on the scaffold she asked for pen and paper to note the peculiar thoughts that hovered about her on the last journey. It is a pity they were refused, for in a tranquil mind thoughts rise up at the close of life hitherto unthinkable, like blessed inward voices sighing in glory on the summits of the past.—Goethe.

Letting Him Down Easy. "I have a very unpleasant duty to perform," said the chief. "The management desires to dispense with your services."

The office boy heaved a deep sigh of relief. "Gee!" he said. "I thought for a minute you was going to fire me!"—Cincinnati Commercial Tribune.

Elephants and Mice. An elephant is usually afraid of any small animal to which it is unaccustomed. A dog or cat, and sometimes even a mouse, will cause him annoyance, especially if it runs between the animal's legs. The noise of a mouse running through the hay will often cause an elephant to become excited, but I have never known or heard of a mouse getting on an elephant's trunk. The terrors of the mouse to a larger animal is an old story, and many foolish superstitions have arisen from it.—St. Nicholas.

Willing to Assist. There was a worthy Irish member of parliament who was so generous that a request for financial assistance was never refused. But his checks had one little drawback—they were never honored. The shortcoming naturally in time became known, but it did not affect his popularity. A visitor to the district, hearing of the member's peculiarity, asked a leading politician how it was that public faith in the member was not shaken. "Why, sure, it is because he shows his willingness to assist but for lack of funds," was the reply.

The ungenerous curiosity of low-born women! It made me blush for my sex.

I was not unkind to her. But I deemed it my duty to chide her, and when she spoke rather petulantly, I thought of starving I recommended her to cultivate poise.—Life.

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# Will Make Affidavit

New Lease of Life for an Iowa Postmaster.

Postmaster R. H. Randall, Dunlap, Ia., says: I suffered from indigestion and resulting evils for years. Finally I tried Kodol. I soon knew I had found what I had long looked for. I am better today than in years. Kodol gave me a new lease of life. Anyone can have my affidavit to the truth of this statement. Kodol digests your food. This enables the system to assimilate supplies, strengthening every organ and restoring health.

### Kodol Makes You Strong.

Prepared only by E. C. DeWitt & Co., Chicago. The \$1.00 bottle contains 2 1/2 times the \$0.50 size.

"It was almost a miracle. Burdock Hood Bitters cured me of a terrible breaking out all over my body. I am very grateful." Miss Julia Fitzbridge, West Cornwall, Conn.

# Dragging Pains

2825 Keeley St., Chicago, Ill., Oct. 2, 1902.

I suffered with falling and congestion of the womb, with severe pains through the groins. I suffered terribly at the time of menstruation, had binding headaches and rushing of blood to the brain. What to try I knew not, for it seemed that I had tried all and failed, but I had never tried Wine of Cardui, that blessed remedy for sick women. I found it pleasant to take and soon knew that I had the right medicine. New blood seemed to course through my veins and after using eleven bottles I was a well woman.

Maudie Bush

Mrs. Bush is now in perfect health because she took Wine of Cardui for menstrual disorders, bearing down pains and binding headaches when all other remedies failed to bring her relief. Any sufferer may secure health by taking Wine of Cardui in her home. The first bottle convinces the patient she is on the road to health.

For advice in cases requiring special directions, address, giving symptoms, "The Ladies' Advisory Department," The Chattanooga Medicine Co., Chattanooga, Tenn.

# WINE-GARDUI

Bears the Signature of *Chas. H. Hitcher*

### Daily River Schedule

Oregon City Boats—Daily Schedule: Steamers Altona and Pomona for Salem and way points, leave Portland daily (except Sunday) at 6:45 a. m.; leave Oregon City, 8:15 a. m.; returning, leave Salem, 7 a. m.; leave Oregon City, 4:30 p. m. Oregon City Transportation Co.

### SCHEDULES OF TIME

SOUTHERN PACIFIC RAILWAY NORTH BOUND 7:00 a. m. 9:22 a. m. (Albany Local) 6:10 p. m. SOUTH BOUND 9:22 a. m. 4:50 p. m. (Albany Local) 9:14 p. m.

# O. R. & N.

UNION PACIFIC AND UNION PACIFIC THREE TRAIN TO THE EAST DAILY

Through Pullman standard and Tourist sleeping cars daily to Omaha, Chicago, Spokane; tourist sleeping cars daily to Kansas City; through Pullman tourist sleeping cars (personally conducted) weekly to Chicago, Kansas City, reclining chairs (seats free to the east daily).

70 HOURS Portland to Chicago 70 No Change of Cars.

Depart.	Time Schedules.	ARRIVE
Chicago-Portland Special 9:15 a. m.	Salt Lake, Denver, Ft. Worth, Omaha, Kansas City, St. Louis, Chicago and East.	5:25 p. m.
Atlantic Express 8:15 p. m.	Salt Lake, Denver, Ft. Worth, Omaha, St. Louis, Chicago and East.	8:00 a. m.
St. Paul Fast Mail 6:15 p. m.	St. Paul, Duluth, Milwaukee, Chicago and East.	7:15 a. m.

### Ocean and River Schedule

For San Francisco—Every five days at 8 p. m. For Astoria, way points and North Beach—Daily (except Sunday) at 8 p. m.; Saturday at 10 p. m. Daily service (water permitting) on Willamette and Yamhill rivers.

For detailed information of rates, berth reservation, etc., call or write to your nearest ticket agent, or A. L. CRAIG, General Passenger Agent, The Oregon Railroad & Navigation Co., Portland, Oregon.

# Astoria & Columbia River Railroad Co.

Leaves.	UNION DEPOT	Arrives.
8:00 A.M. Daily.	For Mayers, Rainier, Clatskanie, Westport, Clifton, Astoria, Warrenton, Flavel, Hammond, Port Stevens, Gearhart Park, Seaside, Astoria and Seashore. Express Daily. Astoria Express. Daily, except Saturday.	Daily. 11:10 A.M. 9:40 P.M.
7:00 P.M.	Daily, except Saturday.	9:40 P.M.
5:30 P.M.	Saturday only.	

C. A. STEWART, Comm'l Agt., 246 Alder street. Phone Main 906. J. C. MAYO, G. F. & P. A., Astoria, Or.

### COLUMBIA RIVER SCENERY

### Portland and The Dalles

### ROUTE

### Regulator Line Steamers

"BAILEY GATZERT," "DALLES CITY," "REGULATOR," "SADIE B.," "METLAKO"

Str. "Bailey Gatzert" leaves Portland 7 A. M. Mondays, Wednesdays and Fridays; leaves The Dalles 7 A. M. Tuesdays, Thursdays and Saturdays.

Str. "Regulator" leaves Portland 7 A. M. Tuesdays, Thursdays and Saturdays; leaves The Dalles 7 A. M. Mondays, Wednesdays and Fridays.

Steamers leaving Portland make daily connection at Lyle with C. R. & N. train for Goldendale and Kllickit Valley points.

C. R. & N. train leaves Goldendale on Mondays, Wednesdays and Fridays at 6:30 A. M., making connection with steamer "Regulator" for Portland and way points.

C. R. & N. train leaves Goldendale on Tuesdays, Thursdays and Saturdays at 8:30 A. M., connecting at Lyle with steamer "Sadie B." for The Dalles, connecting there with O. R. & N. trains East and West.

Str. "Sadie B." leaves Cascade Locks daily (except Sunday) at 7 A. M. for The Dalles and way points; arrives at 11 A. M.; leaves The Dalles 2 P. M., arrives Cascade Locks 6 P. M.

Meals served on all steamers. Fine accommodations for teams and wagons. Landing at Portland at Alder Street Dock.

H. C. CAMPBELL, Manager, Gen. Office, Portland, Oregon.