

DANGER IN THE HIGH DIVE.

Deafness a Frequent Injury to Those Not Initiated.

"Except for those who have an especial aptitude for it—and they are few—high diving is a dangerous pastime to indulge in," said a diving expert the other day. "A good diver may occasionally lose his balance, but, being generally cool headed, he can regain it, or at any rate sufficiently so as to prevent injury to himself.

"In the majority of cases deafness is the most frequent injury inflicted by diving. The cause of this is that few find it easy to drop the head sufficiently to get it well between the arms. The result is they receive some tremendous blows on the head, and if the water is struck a bit sideways the ear gets most of the concussion, and the result will frequently be a rupture of the membrane of the tympanum. A good preventive for such an accident is to place in the ears a little medicated wool or cotton dipped in oil.

"Another injury to health caused frequently by diving arises from getting large quantities of water into the lungs. The extent of the harm done in cases of this sort depends on the condition of the water as to its cleanliness. I have often seen boys, for instance, dive into water at places where it was absolutely filthy from the evacuation of drainage into it. The danger to health, especially to those with not overstrong constitutions, can readily be seen.

"The higher the dive the longer, of course, will be the duration under water. Now, an inexperienced diver is rarely able to hold his breath under water for more than a second or two at a time, and if the dive is an unusually high one he will in nine cases out of ten give up the struggle in trying to retain his breath and invariably, too, just before his head reaches the surface. The result not infrequently is that the water that has escaped into his lungs and stomach is far more than is good for him, and to many it is positively injurious.

"The best thing I know of to bring one quickly to the surface in high diving is to have a piece of cork fastened under each armpit. Corks weighing four ounces each are sufficiently strong in buoyancy for a man of 150 pounds in weight. There are many devices by which the corks can be kept secured under the armpits. Perhaps the simplest is to sew each cork into a tight fitting canvas or cotton bag and then again sew each bag on to the bathing suit by a couple of strands, allowing the strands to run over the shoulders.

"Those with weak hearts," the expert added, "cannot be too strongly advised against high diving. The spring, the rush through space, the break and the entering and cleaving of the water are altogether too exciting for weak hearts, and especially so in cold weather."—Philadelphia Ledger.

A Miser's Last Wish.

A Greek died in the small town of Caracal, having always lived on the alms of his compatriots. Before dying he made his wife swear that she would bury him in the dirty old overcoat which he wore every day. The poor woman had to ask the Greeks of Caracal to help her to provide the costs of the funeral. A good hearted Greek went to see her in her affliction and, pointing to the body, said he would give her a better coat to bury the man in. Then she told him of the dead man's last wish. The Greek, whose suspicions were awakened, told her that she should certainly not part with the body before she had well examined the coat, for there must be some particular reason for the request. The widow unpicked the lining of the overcoat and found 35,000 francs in bank notes which the miser wished to take into the grave with him.

The General's Nose.

Like Cyrano de Bergerac, General B. of the regular army was possessed of a nose which excited curiosity, if not comment, wherever he appeared. At one of the hops given at the post the dancers wore fancy dress and masks. The general's partner chanced to be a vivacious young thing who had never met him before. Nor was she any the wiser as to his identity when, following the custom at mask balls, he removed the covering from his face. His partner followed suit, and her prattle ceased for awhile. Then she remarked, reproachfully: "Oh, but it isn't fair! You haven't taken off your nose!"—New York Herald.

The Ruling Passion.

The prospective heirs of the dying miser come silently into his sick room. The physician is seated by the side of the patient, a finger on his pulse. "How is our dear uncle today, doctor?" ask the prospective heirs. "There is small change in his condition," whispers the doctor. The dying miser rouses himself by a supreme effort. "Small change?" he gasps. "Put-it-in-my-pocket!"—Judge.

On the Sabbath.

In Scotland once a drunken man met a clergyman chasing his runaway dog on Sunday. "Tammas," said the breathless clergyman, "I am sorry to see you in this condition, but whistle for my dog. He is running away." Tammas regarded the speaker with gravity and said: "Whistle? I may drink whisky, but I'll no whistle for ony dog on the Lord's day."

His Souvenir.

"Bring any souvenirs back from your trip?" "One only, but it cost a lot." "What was it?" "Empty pocketbook."—Cincinnati Commercial Tribune.

Some people talk as if they thought everything that dropped from their lips was a "bon mot."—Atchison Globe.

REAL ESTATE TRANSFERS.

Furnished Every Week by the Clackamas Abstract & Trust Company.

Table listing real estate transfers with details such as names, addresses, and amounts. Includes entries for E Broderick to C E Stolte, B F Webster to A Murdock, etc.

THE CLACKAMAS ABSTRACT & TRUST CO. are the owners of the copyright to the Thorne system of abstract indexes, for Clackamas county, and have the only complete set of abstracts in the county, can furnish information as to title to land at once, on application. Loans, investments, real estate abstracts, etc. Office over Bank of Oregon City, Call and investigate.

SO DECEPTIVE.

Many Oregon City People Fail to Realize the Seriousness.

Backache is so deceptive. It comes and goes—keeps you guessing. Learn the cause—then cure it. Nine times out of ten it comes from the kidneys. That's why Doan's Kidney Pills cure it. Cure every kidney ailment from backache to diabetes. Here's a case to prove it: Mrs. D. Murphy, widow, who lives at 305 Ivon St., Portland, says: "Years ago, when living in Kansas, I was greatly troubled with kidney complaint. At that time, I was, I might say, perfectly helpless for months, but in time it wore away as mysteriously as it came. It did not bother me again until last fall when there was every symptom of its return, and knowing what I had suffered formerly I began to look around for something to check it, and on looking over the paper I noticed Doan's Kidney Pills highly recommended so I procured them and took them as directed. It only required a few days' treatment to ward off the attack. Since then I have recommended Doan's Kidney Pills to a number of my friends."

Plenty more proof like this from Oregon City people. Call at G. G. Huntley's drug store and ask what his customers report. For sale by all dealers. Price 50 cents. Foster-Milburn Co., Buffalo, N. Y., sole agents for the United States. Remember the name—Doan's—and take no substitute.

A Timid Plunger.

"I'll bet a dollar if I should ask you to marry me you'd refuse," ventured Gussie, trying to inject a little more spirit into the conversation. "My, but you're a cheap one!" responded the girl. "Y-y-y-why?" stammered Gussie. "Because you won't bet more than a dollar on a sure thing."—Baldmore American.

Just Passing.

"Are you acquainted with Mrs. Tubby?" "Yes; we have a passing acquaintance." "Oh, as much as that?" "Yes. We were at the same card table once. She passed, and so did I."—Cleveland Plain Dealer.

A Remedy.

He—The doctor told Jack that he had been studying too hard lately. She—And what did he recommend? He—Oh, he advised him to go into society a little more and give his brain a rest.—Brooklyn Life.

None Needed.

She—Mamma says I mustn't encourage you at all. He—That's all right. I don't need any encouragement.—Philadelphia Press.

FROM SOUTH AFRICA.

New Way of Using Chamberlain's Cough Remedy. Mr. Arthur Chapman writing from Durban, Natal, South Africa, says: "As a proof that Chamberlain's Cough Remedy is a cure suitable for old and young, I pen you the following: A neighbor of mine had a child just over two months old. It had a very bad cough and the parents did not know what to give it. I suggested that if they would get a bottle of Chamberlain's Cough Remedy and put some upon the dummy that the baby was sucking it would no doubt cure the child. This they did and brought about a quick relief and cured the baby." This remedy is for sale by G. A. Harding.

Loss of Flesh

When you can't eat breakfast, take Scott's Emulsion. When you can't eat bread and butter, take Scott's Emulsion. When you have been living on a milk diet and want something a little more nourishing, take Scott's Emulsion.

To get fat you must eat fat. Scott's Emulsion is a great fattener, a great strength giver.

Those who have lost flesh want to increase all body tissues, not only fat. Scott's Emulsion increases them all, bone, flesh, blood and nerve.

For invalids, for convalescents, for consumptives, for weak children, for all who need flesh, Scott's Emulsion is a rich and comfortable food, and a natural tonic.

Scott's Emulsion for bone, flesh, blood and nerve.



We will send you a free sample. Be sure that this picture in the form of a label is on the wrapper of every bottle of Emulsion you buy. SCOTT & BOWNE, CHEMISTS, 409 Pearl St., N. Y. 50c. and \$1. all druggists.

COLUMBIA RIVER SCENERY

Regulator Line Steamers logo and text: REGULATOR LINE

Portland and The Dalles ROUTE

ALL WAY LANDINGS "Bailey Gatzert" "Dalles City" "Regulator" "Metlako"

Connecting at Lyle, Wash., with the Columbia River and Northern Ry. for Waukegan, Daily, Centerville, Goldendale and all Clackat Valley points. Steamer leaves Portland daily (except Sunday) for The Dalles 7 a. m. Arrives The Dalles 6:30 p. m.; steamer connects with C. R. & N. train at Lyle for Goldendale. Steamer leaves The Dalles daily (except Sunday) for Portland at 7:30 a. m., arrives Portland 6 p. m.; C. R. & N. train leaving Goldendale at 6:15 connect with the steamer for Portland.

Steamers "Dalles City" and "Bailey Gatzert" leaves Portland 7 a. m., Tuesdays, Thursdays and Saturdays for The Dalles and way points. Round trip tickets to any landing, 50 cents. "Gatzert" stops at Vancouver, Cascade Locks, Stevenson, White Salmon, Hood River, Lyle and The Dalles. All other landings made by steamer "Dalles City." Excellent meals served on all steamers. Fine accommodations for teams and wagons. For detailed information of rates, berth reservations, railroad and stage connections write or call upon S. McDonald, agent, Alder street wharf, or H. C. CAMPBELL, Manager, Portland, Ore.

Astoria & Columbia River Railroad Co.

DAILY TRAINS.

Table with columns for Daily Ex., Sat., D'ly, Effective July 5, 1902, D'ly, D'ly. Lists train schedules for Astoria and Columbia River Railroad Co.

SEASIDE DIVISION

Table listing train schedules for Seaside Division, including destinations like Astoria and Seaside.

CONNECTIONS. All trains make close connections at Goble with all Northern Pacific trains to or from the East or Sound Ports. At Portland with all trains leaving Union Depot. At Astoria with I. R. & N. Co.'s boats and rail line, and Steamer T. J. Potter, to and from Ilwaco and North Beach Points. Ticket office, 255 Morrison st., and Union depot. J. C. MAYO, Gen. Pass. Agt. Astoria, Ore.

GET + THAT + HABIT

Star Brand SHOES Are Better. Logo with a star containing the letters S, T, A, R.

WE HAVE WON A REPUTATION to be envied. We have added new, young blood—which keeps us strictly up to date—thus insuring to our customers the latest ideas in styles—prices to meet competition. Our stock of Smart Footwear will please the most particular trade.



Young Blood

The STAR BRAND SHOES are made up in smart lasts—novelties in leather—perfect styles—for the well dressed man or boy, woman or child.

OUR FAMILY LINE

Is a Specialty, made by the Star Brand—medium weight—box calf, medium weight sole. Guaranteed satisfaction.

Illustration of a family (man, woman, child) wearing Star Brand shoes. Text: OUR FAMILY LINE STAR BRAND SHOES ARE BETTER

Get That Habit Trading at MICHAEL'S. Logo with a star.

OREGON CITY PLANING MILL. F. S. BAKER PROP. All kinds of Building Material, Sash, Doors, Moulding, Etc. OREGON CITY, ORE.

Oregon City Machine Shop. PHILIP BUCKLEIN A. KLEINSHMIDT, Proprietors. General Machine Work of all kinds done. We carry in stock a line of Shafting and Pulleys—new and second hand. First class Engine and Saw mill machinery. Orders by Mail or Telephone promptly filled. At rear of Pope's Hardware Store, Oregon City, Oregon.

WM. GARDNER & SON WATCHMAKERS AND JEWELERS. Court House Block OREGON CITY, ORE. All work given our prompt and careful attention. Prices Reasonable.

Holiday Games FREE Lion Coffee. Inside each pound package of Lion Coffee will be found a FREE game. 60 different games. All new. At Your Grocer's.

PIMPLES. Candy Cathartic Cascarets. REGULATE THE LIVER. Pleasant, Palatable, Patent, Taste Good, Do Good, Never Sickens, Weakens, or Grips. CURE CONSTIPATION. H. C. CAMPBELL, Manager.

O. R. & N.

Oregon Short Line and Union Pacific

THREE TRAINS TO THE EAST DAILY

Through Pullman standard and Tourist sleeping cars daily to Omaha, Chicago, Spokane; tourist sleeping cars daily to Kansas City; through Pullman tourist sleeping cars (personally conducted) weekly to Chicago, Kansas City, reclining chairs/seats free to the east daily. From Portland

Table with columns: DEPART, TIME SCHEDULES, ARRIVE. Lists train schedules for O.R. & N. including destinations like Chicago, Salt Lake, Denver, etc.

Ocean and River Schedule FROM PORTLAND

Table with columns: DEPART, TIME SCHEDULES, ARRIVE. Lists ship schedules for Ocean and River routes from Portland.

70 HOURS Portland to Chicago

No Change of Cars. Tickets east via all rail, or boat and rail via Portland. For detailed information of rates, berth reservation etc, call or write to agent at wharf. General Offices, H. C. CAMPBELL, Manager, Portland, Ore.

SCHEDULES OF TIME SOUTHERN PACIFIC RAILWAY NORTH BOUND. 7:00 a. m. 9:22 a. m. (Albany Local) 6:10 p. m. SOUTH BOUND. 9:22 a. m. 4:50 p. m. (Albany Local) 9:14 p. m. L. Lewis, Comm'l Agt., 242 Alder St., Portland, Ore. Write for the novel and catchy Seaside pamphlet, just issued, telling all about Summer Girls, Sea Bents and Sunsets at Seaside.