## Oregon City Enterprise.




## Does Your Baking Powder Contain Alum ?

Prof. Geo. F. Barker, M.D., University of Penn.: "All the constituents of alum remain (from alum baking powders) in the bread, and the alum itself is reproduced to all intents and purposes when the bread is dissolved by the gastric juice in the process of digestion. I re gard the use of alum as highly injurious.

Dr. Alonzo Clark: "A substance (alum) which can derange the stomach should not be tolerated in baking powder

Prof, W. G. Tucker, New York State Chemist: "I believe it (alum) to be decidedly injurious when used as a constituent of food articles."

Prof. S. W. Johnson, Yale College: "I regard their (alum and soluble alumina salts) introduction into baking powders as most dangerous to health.'

In view of such testimony as this, every care must be exercised by the housewife to exclude the over and over condemned cheap, alum baking powders from the food.

Rakiog pouders made trom cram d lurarar, whit



