The Pill That Will Is the Pill You Want.

Pills are necessary but not nice. Cathartics are not confections. The fewer pills that you take the better. It's aggravating to take pills that don't and pills that won't. It's soothing to know that when you take a pill it's the pill that will do the work for which it's taken.

Ayer's Pills

have gained a reputation for their sure results. The pill that will is Ayer's. For all liver troubles, diseases of the stomach and bowels, sick headache, biliousness and heartburn, Dr. Ayer's Pills have proven a specific, and they

Will Cure You

as they have cured thousands of others whose testimony is a matter of record. Ayer's Cure Book is sent free by Dr. J. C. Ayer, Lowell, Mass. Send for it if you want to know more of the power of these pills than is proven in the following testimonials.

"I suffered nearly all my life with bowel complaints, enduring much pain, and I tried almost all the cathartic remedies advertised in the newspapers, without obtaining permanent relief until I used Ayer's Cathartic Pills. The result obtained from the use of these pills was wonderful. They not only gave immediate relief but effected a permanent cure." R. C. STODDARD, Delhi, Ont.

"I was ill for some time with liver trouble. My back ached and my skin turned as yellow as saffron ; I became unable to do any work, and at last was confined to my bed too weak to move without assistance. I commenced the use of Ayer's Pills and less than half a box cured me. I owe my present good health to their use, and I am never without them."

HOW TO REMOVE STAINS.

Best Methods For Taking Unsightly Spots Out of Clothing.

The art of taking stains out of wash goods is one in which the expert housekeeper should excel. A slight knowledge of simple chemistry is, in this connection, most valuable, and often enables one to remove unsightly spots on garments that seemed hopelessly spoiled. Calico, or the cambric goods which have generally succeeded it in use, is eften faded in washing by soap which contains a propertion of soda or some powerful alkali. There are certain patent starches that show by their action on delicate cadet blues and greens that they contain an injurious alkali.

has been faded with an alkali is to dip hung. it carefully in a weak bath of vinegar and water, rinso it well and from it smooth at once. It will require a little experimenting to ascertain exactly how strong an acid bath is require to neutralize any given alkali stain. It is more difficult to neutralize the acid stains, because they are in spots, and the parts of the garment which have not been stained will suffer if exposed to the treatment of a moderately strong alkali scap Where the color has been bleached out by the sun there is nothing that will restore it.

Iron rust stains, which seem to be one of the most indelible, are easily drawn out of white goods with lemon juice, salt and strong sunlight. Saturate the spots with lemon juice. Spread the salt thickly over them, after laying them where the strongest sunlight will shine upon them for at least six hours. Take up the stained goods at the end of this time and wash them well. If the sumption Cure, Sold on positive guarspots are not entirely gone, expose antee for over fifty years. C. G. them to the sun in the same manner as before Rub the spots thoroughly with soap and water to remove the lemon puice and sait, and the last vestige of a heavy stain of this kind will disappear. Ink stains yield to milk Seak the article in sweet milk and set is where the milk will sour. After a few bours rub out the ink stains as well as you can in the milk. If a dull vestige remains, bleach it out on the grass. Obdurate black stains of ink yield to this treatment, which is so strong that it draws the color ont of colored goods and can be used only on white goods.

Almost any chemical means by which such stains as iron rust or ink are removed from goods will also remove color It is therefore difficult and usually useless to treat stains of this character on colored goods. Stains of tea, which become permanent when boiled in, are readily removed with cold water and soap, as a great many other stains are. Coffee stains and the stains of all fresh fruits may be taken out with boiling water. Pour the water through the stain or soak it in boiling water until the spot disappears. Wine stains are removed by spreading salt over them while damp and afterward rinsing them out with boiling water.

How to Prepare Tamarind Water. Dissolve two tablespoonfuls of tamarind pulp in a pint of hot water and over. When cold, strain, mash the

How to Make Peach Sherbet.

Make a sirup with a quart of water and a pint of sugar, add a teaspoonful of granulated gelatin scaked in cold water, strain and add a quart of mollow peaches pared and preased through a potato ricer, a cup of orange juice and the juice of a lemon. Freeze as usual.

How to Hang a Hammock, The general idea that the head end of a hammock should be higher than the foot end is an error. The occupant should rest in a state of equilibriumthat is, in such a position that there will be no tendency to shift toward head or foot. To effect this the hips must rest at the lowest point at what The best treatment for material that ever degree of dip the hammock may be

The pillow arbitrarily determines the position of the occupant. Whatever length of hammock extends beyond the feet should be hung proportionately higher than the head. There will be little or no comfort in trying to resist this natural law.

How to Cook Sweethreads.

Parboil five sweetbreads for five minutes, and then place them in a basin of cold water. When they are cold, dry them in a cloth, dip them in a bowl of well beaten eggs and roll in cracker dust or bread crumbs. Fry in a pan of hot butter or beef suct.

DO YOU KNOW.

Consumption is preventable? Science has proven that, and also that neglect is suicidal. The worst cold or cough can be cured with shiloh's Cough and Con-Huntley, Duuggist.



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