

# OREGON CITY COURIER

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## TRAINING LITTLE CHILDREN

### Seventeen Rules for Mothers--They Will Help Over Many a Hard Place

Suggestion by mothers who have been kindergartners. Issued by the United States Bureau of Education, Washington, D. C., and the National Kindergarten Association, 8 West Fortieth Street, New York.

(By Mrs. Gertrude H. Campbell)

Many mothers have asked me, "Do you find that your kindergarten training really helps you when you are dealing with problems in your home?" My answer is invariably, "Yes."

Two years of thorough and stimulating training in Froebel's wonderful methods for teaching little children and several years of trying to put those methods into practice could not fail to give a mother a more intelligent and spiritual grasp of the meaning of her child's activities.

Thinking back over the past years I have been trying to formulate some of the practices that have helped me over the hard places, and offer the following to the mother who wishes to make of her children's early years a period that they and she will remember with great joy.

1. When it is necessary to restrain a child from doing something wrong or harmful, always suggest something else he may do. Never issue a don't without proposing a do.

2. In giving a child permission to play take care that his activities do not develop into license. For he will be happier if some limitations are imposed to test his powers and help him concentrate. For instance, if he is playing with blocks or cutting from paper, giving him permission to do anything he pleases often results in aimless or destructive activity. Some suggestion from the mother to make something to furnish a house, for instance--stimulates and directs his mind, while leaving him free to express himself.

3. Before a command is given always consider whether it is going to raise an issue. If a child refuses to obey, do not always insist upon implicit obedience; your command may not have been an entirely wise one. Punish for disobedience, if necessary,

to our children and to meet their needs as they show themselves?

10. The care of a child's body is important, but it should not monopolize the mother's attention at the expense of mind and spirit.

11. Cultivate a sense of humor in yourself and in your child. It is wonderful how many trying situations may be relieved through this means.

12. Show a child the same respect you would a grown person. What a child resents most in being struck is not the pain, but the insult to his pride.

13. Do not leave your children largely to the care of nurses, however conscientious or seemingly intelligent they may be. Nurses minister mostly to the physical needs of little children, and the time soon comes when they are no longer necessary for this purpose. Then it may be too late for the mother to build the bridge of sympathy between her children and herself. Moreover, it is in early years that the child is most impressionable and that a mother's influence may count for most.

14. Do not threaten. Make punishments slight, but see that they always follow the offense. Their effectiveness depends upon their inevitability, not on their severity. A child keeps his fingers from the flame because he knows it will always burn him.

15. A child that is occupied is always a good and happy child. For outdoors, try to have a sand box, a swing, a garden and garden tools, and let this be a spot where the children hear the word "don't" as seldom as possible. For indoors, provide modeling clay, paints, a soap bubble outfit, blocks, crayons, colored wooden beads, shoestrings for stringing and pegs for peg boards. (Beads, peg and peg boards may be procured from Milton Bradley Company, Springfield, Mass., or E. Steiger & Co., 49 Murray street, New York. Both companies will send a catalog upon request.)

16. Since you are constantly supplying your child with mental and spiritual food see that your own mind and spirit are kept renewed and inspired by good books, fresh air, poetry, change of scene, stimulating companionship, good pictures and music.

17. And remember, your child came to you with the divine spark. He is for you largely to make or mar.

Please pass this article on to a friend and thus help Uncle Sam reach all the mothers of the country.

#### Worth Attention of Women

When you feel too tired to work, when dark puffs appear under your eyes, when you wake up weary, with backache or pains in side and loins, when muscles and bones ache, when you suffer rheumatic twinges, when lumbago puts you down, then you know the kidneys are weakened or disordered. Mrs. T. J. Bucknell, R. 1, Hardy, Neb., writes: "I am recovering from an attack of lumbago, by the aid of Foley Kidney Pills. They surely have helped me."--Jones' Drug Co.

## OUR CASUALTY LIST

While, as shown by the following list, the casualties in our overseas forces thus far reported amount to but 71,390, it is understood that the toll during the last few days of the fighting period was unusually heavy and may increase these figures to about 90,000.

Although America deeply regrets the loss of so many of its brave young men, still it is a source of gratification that, as compared with the losses of the other countries actively engaged in the war, our casualty list is exceedingly small.

Summary of American Army Casualties up to November 12th:

Killed in Action	12,656
Lost at Sea	624
Died of Wounds	4,993
Died of Accident & Other Causes	1,434
Died of Disease	5,139
Total	24,846
Wounded	39,499
Missing, including prisoners	7,045
Total	71,390

## COUNTY AND CITY LOCALS

J. L. Waldron is home from a visit with his son, Harold Waldron, at Coulee City, Wash. Mrs. Waldron returned home earlier in the week, called by the illness of her mother, Mrs. L. T. Battin, of Canby. Mrs. Battin, who has been brought to her daughter's home in this city, is afflicted with heart trouble. She is reported improving.

A. M. White has recovered from his recent operation at the Oregon City hospital and is able to be out again.

William J. Staggs and J. Stewart, of Vancouver Barracks, visited the former's uncle and aunt, Mr. and Mrs. Staggs, of Twilight, Sunday.

Visitors in Oregon City this week from various places in the county were: E. Larsen, H. H. Cooper, of Redland; Mrs. Charles Risley, of Risley; M. Irish, of Stafford; Mr. and Mrs. G. T. Tracy, of Logan; Clayton White, of Shubel; James Bell, of Boring; Mrs. C. C. Perry, of Oswego; J. Ayles, of Clackamas; C. A. Mann, of Route 6; A. M. Kirchem, of Clear Creek.

Miss Zena Moore, of Vancouver, Wash., who has been seriously ill with pneumonia, is improving, according to word received by friends in this city. Miss Moore lived in Oregon City for a number of years.

Mr. and Mrs. William Stokes have come to Portland to be with Mr. Stokes' sister and her husband, Mr. and Mrs. Von Klein, who are critically ill with influenza.

Miss Marjorie Money, formerly of this city, who has been visiting her aunt, Mrs. Frank Nelson, of Gladstone, returned to her home in Ocean Falls, B. C., today. She has

completely recovered from her attack of influenza.

Mr. and Mrs. Thompson Meldrum and family have moved into the Geo. Griffith house on the corner of Thirteenth and Main streets. Their former home at Seventh and High streets, which was owned by Mrs. D. P. Thompson, of Portland, has been sold to W. P. Hawley, Sr. A large house is to be built on the property by W. P. Hawley, Jr.

Sergeant Jack Hindle spent the week-end with Mr. and Mrs. W. Bonney and Mr. and Mrs. Armstrong, of Redland. He is stationed at Vancouver barracks.

Miss Roberta Schuebel of this city, spent the week-end in Eugene visiting friends.

Mr. and Mrs. John Bean visited with relatives in Oregon City Saturday. Mrs. Bean was formerly Miss Flo Hewitt of this city. They are at present at Vancouver, Wash., where Mr. Bean is in the spruce division, but are to leave soon for Youngstown, Ohio, where they will make their home.

R. G. Scott, county agricultural agent, has been ill with influenza at his home in Gladstone.

Daniel Williams left for Los Angeles the first of the week, to spend the winter with his daughter, Mrs. H. A. Barker, of that city.

Mrs. Edward Stewart, of Bull Run, is visiting her parents, Mr. and Mrs. Thomas Warner of this city.

## TEACHERS' EXAMINATIONS

Notice is hereby given that the County Superintendent of Clackamas County, Oregon, will hold the regular examination of applicants for State Certificates at Masonic Bldg., as follows:

Commencing Wednesday, Dec. 18, 1918, at 9:00 o'clock a. m., and continuing until Saturday, Dec. 21, 1918, at 4:00 o'clock p. m.

Wednesday Forenoon  
U. S. History, Writing (Penmanship), Music, Drawing.

Wednesday Afternoon  
Physiology, Reading, Manual Training, Composition, Domestic Science, Methods in Reading, Course of Study for Drawing, Methods in Arithmetic.

Thursday Forenoon  
Arithmetic, History of Education, Psychology, Methods in Geography, Mechanical Drawing, Domestic Art, Course of Study for Domestic Art.

Thursday Afternoon  
Grammar, Geography, Stenography, American Literature, Physics, Typewriting, Methods in Language, Thesis for Primary Certificate.

Friday Forenoon  
Theory and Practice, Orthography (Spelling), Physical Geography, English Literature, Chemistry.

Friday Afternoon  
School Law, Geology, Algebra, Civil Government.

Saturday Forenoon  
Geometry, Botany.

Saturday Afternoon  
General History, Bookkeeping.  
J. E. CALAVAN,  
County School Supt.

Courier and Farmer, both for \$1.15.

## SHOP EARLY

"THE early shopper gets the pick of the stocks"--say the Oregon City Merchants.

Early shopping eliminates crowds--and increases the buyers convenience.

Buy it in Oregon City with Checks drawn on The Bank of Oregon City.

## The BANK of OREGON CITY

Oldest, Largest and Strongest Bank in Clackamas County

## LOCAL WAR BOARD TO KEEP OFFICE OPEN FEW DAYS YET

The local war board is in receipt of a telegram from the war department not to seal the books of the office until further instructions. Previous to this, the board had orders to close up the books Monday night. The last missing registrant has been heard from, and this completes the work in the county. Miss Harrington, chief of the board, gave out the information Monday that 718 drafted men from this county were listed and sent into the army since the opening of the war. This does not include voluntary enlistments nor men who were inducted into the navy.

## MRS. DYE RETURNS FROM SEATTLE--GIVES ADDRESS

Outlining plans for the establishment of a unit of the national Y. W. C. A. in this city, Mrs. Eva Emery Dye, who has recently returned from a Northwest conference of the organization at Seattle, spoke at the Methodist church Sunday night. Mrs. Dye announced that next week two national secretaries of the Y. W. C. A. are to look over the field here, and decide whether Oregon City can support a branch of the association. A drive will be held in January if the unit is to be established. Rev. E. E. Gilbert, pastor of the Methodist church, also spoke of the plan. Several branches of the Y. W. C. A. have been established lately throughout the Northwest, at places where girls are employed in industrial plants.

## One War Garden Fills 1,418 Cans

Down in Texas the girls and women have been doing their best to help feed our boys at the front. Incidentally they have won prizes and

much commendation at the home products exhibit recently held in Houston, according to a field report of the States Relations Service of the United States Department of Agriculture. The prizes were awarded for quality production, but even had they been given for quantity they would have been merited. For instance, here's the output of one girl from Fairbanks, the entire product raised on her half-acre war plot: 1,080 cans of tomatoes, 150 cans of beans, 60 cans of English peas, 78 cans of tomatoes and okra, and 50 cans of sweet potatoes--1,418 cans in all. At this exhibit, which is reported to have surpassed those of previous years, the girls' club had unusually fine displays of canned, dried, and preserved vegetables and fruit.

Ten thousand pounds of ether were shipped to France by the Red Cross, so our soldiers might have relief from pain.



## E. A. BRADY RESIDENT UNDERTAKER

FUNERAL DIRECTOR AND LICENSED EMBALMER  
10th and Water Sts.  
Lady Assistant--Mrs. Brady  
Night and Day Service  
Pacific 123 Home A-37

# A Hundred and One Christmas Gift Suggestions!

Here in this advertisement you will find the answer to that annual question--"What shall I give father, mother, sister, son, daughter, sweetheart, friend."

Here you will find something splendidly appropriate for all of them--something that will bring pleasure to the heart of the recipient and express just the sentiment you wish to express.

For months past we have been preparing to meet your Christmas demands. The following list of gift suggestions will give you some idea of the comprehensiveness of our stock.

GIFTS FOR HER		GIFTS FOR HIM		GIFTS FOR BABY	
LINK BUTTONS	LAVALLIERES	EVERSHARP PENCILS	EMBLEM CHARMS	BABY SPOONS	GOLD LOCKETS
MANICURE SETS	BAR PINS	GOLD KNIVES	WATCH FOBS	BRACELETS	BRACELETS
CASSEROLES	CAMEO BROOCHES	CUFF LINKS	NAPKIN HOLDERS	SET RINGS	SET RINGS
PENDANTS	BRACELETS	SCARF PINS	CIGAR JARS	SILVER MUGS	SILVER MUGS
CORAL RINGS	WATCH FOBS	WATERMAN FOUNTAIN PENS	HAT BRUSHES	SOUVENIR SPOONS	SOUVENIR SPOONS
GOLD BEADS	GOLD WATCHES	GOLD WATCHES	SAFETY RAZORS	SIGNET RINGS	SIGNET RINGS
PEARL BEADS	PHOTO FRAMES	SET RINGS	POCKET KNIVES	BEAUTY PINS	BEAUTY PINS
CORAL BEADS	TOILET SETS	MILITARY BRUSHES	COLLAR BUTTONS	DRESS PIN SETS	DRESS PIN SETS
GOLD CROSSES	HANDY PINS	TIE CLASPS	PHOTO FRAMES	NECK CHAINS	NECK CHAINS
STATIONERY	COLLAR PINS	RAZOR STROPS	WALDEMAR CHAINS	RATTLES	RATTLES
FOUNTAIN PENS	PLAIN RINGS	EMBLEM BUTTONS	UMBRELLAS	KNIVES AND FORKS	KNIVES AND FORKS
AGATE JEWELRY	VANITY CASES	TOILET SETS	AGATE JEWELRY	COMBS AND BRUSHES	COMBS AND BRUSHES
UMBRELLAS	NECK CHAINS	GOLD LOCKETS	VIOLINS, GUITARS, HARPS,		
SCISSORS	BRACELET WATCHES	MATCH BOXES	MANDOLINS, ACCORDIONS,		
KODAKS	HAT PINS	CIGARETTE CASES	UKULELES		
CAMERAS	GOLD LOCKETS	STATIONERY	THE GIFT FOR THE WHOLE FAMILY		
MUSIC ROLLS	JEWEL CASES	VEST CHAINS	A New Edison Diamond Disc or a Columbia Grafonola makes an ideal Christmas gift. Easy terms if desired.		
DIAMOND RINGS	PARISIAN IVORY TOILET ARTICLES	SHAVING SETS			
SET RINGS		SMOKING SETS			
SIGNET RINGS					

MANTLE CLOCKS	FRUIT BOWLS	PYREX BAKING GLASS	SHERBET CUPS	SUGAR SPOONS	TEA SETS	MAYONNAISE SETS
ALARM CLOCKS	WATER PITCHERS	SPOON TRAYS	TEA SPOONS	SINGLE TEA SPOONS	SALTS AND PEPPERS	NAPKIN RINGS
CASSEROLES	SANDWICH TRAYS	FERN DISHES	COLD MEAT FORKS	SOUP SPOONS	STEAK SETS	CARVING SETS
BAKING DISHES	OIL BOTTLES	NAPPES	BERRY SPOONS	BUTTER SPREADERS	CHESTS OF SILVER	KNIVES AND FORKS
LEMONADE SETS	MYRTLE WOOD NUT BOWLS	CELERY TRAYS	CREAM LADLES	SOUVENIR SPOONS	FRUIT KNIVES	TABLE SPOONS
CRUMB TRAYS			SALAD FORKS	GRAVY LADLES	JAM JARS	SUGAR AND CREAMERS

If you don't find what you want listed above, come in and look over our stock. You will find in it just what you want at prices that are right.

Suspension  
Bridge Corner

# Burmeister & Andresen

Oregon City  
Jewelers