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and the food is finer, more tasty, cleanly and wholesome than the ready-made found at the shop or grocery.

Royal Cook Book—500 Recipes—Free. Send Name and Address.

ROYAL BAKING POWDER CO., NEW YORK.

FARM ORCHARD AND GARDEN BY FETRIGG CENTRAL POINT ROGUE RIVER VALLEY OREGON CORRESPONDENCE SOLICITED

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A SUGGESTION TO LAND BUYERS

In view of the millions of dollars, literally, that are being spent by oft-times greedy and gullible investors in various land promotion schemes it would be a good idea if...

"DRY FARMING" EXPERIENCE.

A friend related to us the other day the experience of a Mississippi valley farmer who went out into eastern Montana a year ago last spring...

acre, which is just about twice the average yield of oats the country over. The success of this young fellow was not exceptional, we think. It was the direct result of the application of energy and brains and an open mindedness which did not cause him to view with contempt the labors of agricultural college farmers.

WATER PIPES EXPLODE.

Several householders of whom the writer has read within the past few weeks have had some narrow escapes as a result of the bursting by steam pressure of water pipes connected with their kitchen ranges.

THINGS ON A BIG SCALE.

The impression left upon the mind of one who for the first time travels in the west is pre-eminently one of vastness. This is made by the horizon limited plains of Wyoming, the towering peaks and mighty chasms of the Rockies, the unbroken and monotonous deserts of Utah and Nevada.

That propensity is quite as largely an individual matter as of breeding, family and pedigree is nicely shown in some observations which Professor Eckles has made at the Missouri Agricultural college.

THE AGE LIMIT.

Self Culture a Powerful Enemy to Father Time.

A WARNING, "DON'T GET FAT."

The Crying Need of the Hour is "Servant Girl Revision"—So Says a Mere Man Who Thinks He Understands the "Situation"—Tailored Suit For Spring Wear.

Dear Elsa—"It's more than all a matter of looks." We were talking on that ever interesting topic of conversation to women, how to be pretty at forty, and the above remark was made by Mrs. Van E., who of all persons is a living example of her own theories.



SUIT OF DARK BLUE SICILIENSE.

to dress with the taste and care that harmonize and do not conflict with the passing of years. Our grandmothers were old at forty, and at thirty-five a woman would have been looked upon as mad if she thought of beginning a career.

Today the woman of forty is "young." There is no middle age, and the age which is considered "old" is well, it is always to come and can be applied correctly only to the woman who looks it.

In fact, the woman who wants to look attractive in middle life and afterward must recognize the power of mind over matter, the great science of exercising the will with a definite purpose.

In an English school they have added to the curriculum a class which may be called "mothering, practical and theoretical." A real, live baby has been engaged as the "subject," while a trained nurse from one of the hospitals explains to the pupils the best way to bathe and clothe it and generally how to be a good mother.

I am so sorry to hear you are having trouble with malds. We are all up against the same proposition in a more or less aggravated form, but it may be less so.

console you a little to bear the plaint from the husband of a friend of mine absent the servant problem. I quote directly from the letter.

"It is wash day and a particularly bad one at that, the kind when the soil rubbed out of the clothes gets into your temper. A wash day is a sufficient evil of itself.

"Margaret appeals to me a dozen times a day to bear witness, and the evidence is appallingly certain and abundant, so we have agreed that Anne must take her patient, unresenting smile and amazing incapacity to some other kitchen where some other housewife will have a distinct chapter added to her experience of help that doesn't help. I pity her.

"She will come over by and by and open her soul to Margaret, that other housewife, and go away uncomforted, for she will have learned that Anne is beyond hope. I pity Anne too. There's the pity of it. The girl wants to please you and will get up at 5 and work the live-long day with scarcely a mouthful of the while, but it all comes to what a real girl would do in about half the forenoon, and most of that cries out against the hand that did it. Anne isn't bright.

"I guess Margaret is right. Nature got through with her too soon and left out the balance wheel. She's ill adjusted. Power goes to waste. The belt is on and the wheels buzzing, but there's nothing doing? Do you see? That's why Anne must go. But first we hope to find traces of her successor Oh, dear, oh, dear!"

"What is the great American issue? Trusts? Nonsense! Revision of the tariff? Not by a long shot! The president missed the mark entirely in his message. The crying need of the hour is servant girl revision. Our boasted civilization is going to the bowwows simply because we cannot get girls to keep our shirts clean and our steaks broiled."

Now, how is that for a mere man? He's got the right idea, all right, all right. How do you like the smart looking little dark blue sicilienne suit of mine? It's going to be my spring tailor made, and the knockabout hat I'm to wear with it is of Panama straw with a facing of pale blue dot-and-dash, and a fancy straw bow caught to the hat with a bit of the blue silk is the only trimming.

My, what a lot of talking I've done! And that reminds me of a so called masculine witicism: "It is a woman's lot to suffer in silence," she remarked.

"I should put it differently," rejoined the mere man. "A silent woman suffers a lot," he said.

But this accusation will never be brought against your loquacious friend MABEL.

Motherhood Class. In an English school they have added to the curriculum a class which may be called "mothering, practical and theoretical." A real, live baby has been engaged as the "subject," while a trained nurse from one of the hospitals explains to the pupils the best way to bathe and clothe it and generally how to be a good mother.

Union Pacific LIFE OF PORTLAND, OREGON

AUTHORIZED CAPITAL AND SURPLUS \$300,000.00 HOME OFFICE OREGONIAN BUILDING

GOOD NEWS.

Many Oregon City Readers Have Heard of it and Profited Thereby.

"Good news travels fast," and the thousands of bad back sufferers in Oregon City are glad to learn that prompt relief is within their reach. Many a lame, weak and aching back it had no more, thanks to Doan's Kidney Pills. Our citizens are telling the good news of their experience with the Old Quaker Remedy. Here is an example worth reading:

Backache, Rheumatism, Sleeplessness. Result from disordered kidneys. Foley Kidney Pills have helped others they will help you. Mr. J. B. Miller, Syracuse, N. Y., says, "For a long time I suffered with kidney trouble and rheumatism. I had severe backaches and felt all played out. After taking two bottles of Foley Kidney Pills my backache is gone and where I used to lie awake with rheumatic pains I now sleep in comfort. Foley Kidney Pills did wonderful things for me." Try them now. Jones Drug Co.

Advertised Letters. List of unclaimed letters at the Oregon City postoffice for the week ending Feb. 10, 1911: Woman's List—Brown, Mrs. Mary; Simmons, Mrs. Viola.

To Clean Bronzes. Bronzes which have become dull and lusterless with age can be immensely improved by the simple means of washing them with a soapy sponge and then rinsing them in beer. Old directions say the rinsed bronzes should be placed close to the fire while still wet and allowed to dry of themselves.

Is Your Skin on Fire? Does it seem to you that you can't stand another minute of that awful burning itch? That it MUST be cooled? That you MUST have relief? Get a mixture of Oil of Wintergreen, Thymol, and other soothing ingredients as compounded only in D. D. Prescription.

Useful Card Prizes. A recent hostess gave as prizes to a bridge party a book that had proved a household friend to her. It was a manual containing recipes for all sorts of repairs and stain removing, with other useful household information.

Chicken a la King. Melt four tablespoons of butter in a chafing dish. Add half a green pepper, chopped fine, and cook three or four minutes without allowing the butter to brown. Add two level tablespoons of flour and half a teaspoonful of salt and cook until frothy. Then add one pint of cream and stir until the sauce thickens. Set over hot water and add half a cup of button mushrooms, cut in halves, and two and one-half cups of cooked chicken, cut in cubes, also paprika if desired. Serve on toast.

Feel languid, weak, run-down? Headache? Stomach "off"? Just a plain case of lazy liver. Burdock Blood Bitters tones liver and stomach, promotes digestion, purifies the blood.

O.B. WILLIAMS THE SASH AND DOOR KING. I know what you want—I have what you need—the best quality SASH AND DOORS. I keep them in stock for quick delivery. I have but one price and sell for cash only.

CURE YOUR RHEUMATISM And Other Ills of The Body AT THE HOT LAKE Sanatorium (The House of Efficiency) Hot Lake, Oregon

OREGON - WASHINGTON Railroad & Navigation Co. Sells round-trip tickets, good for three months, allowing \$6.00 worth of accommodation at the Sanatorium, at Portland and all O.-W. R. & N. Stations

PORTLAND RAILWAY, Light and Power Company O. W. P. DIVISION. Between Portland and Oregon City

Table with columns: Leave, Arrive, Leave, Arrive. Rows for Portland, Oregon City, Canemah, Oregon City, Portland.

THE ENEMY OF CHILDHOOD. The greatest enemy of childhood is the tapeworm and similar parasites. They are the cause of the loss of thousands of children who were so weakened by the pernicious action of these pests that they became easy victims of disease.

Painless Dentistry. In our price-one-hobby-one-study-for-years and new our success, and ours is the best of palliative work to be found anywhere, no matter how much you suffer. Compare our Prices.

Wise Dental Co., Inc. Painless Dentistry. Falling Buildings, Third and Washington, PORTLAND, OREGON. Office Hours: 9 A. M. to 5 P. M. Sundays, 2 to 4 P. M.

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