

Impossible to be Well

It is impossible to be well, simply impossible, if the bowels are constipated. You must pay attention to the laws of nature, or suffer the consequences. Undigested material, waste products, poisonous substances, must be removed from the body at least once each day, or there will be trouble. A sluggish liver is responsible for an immense amount of suffering and serious disease. Ask your doctor about Ayer's Pills. He knows why they act directly on the liver. Trust him. J.C. Ayer Co., Lowell, Mass.

Our Letter Box

JENNINGS LODGE

About twenty young people were delightfully entertained Wednesday of last week, when they called at the Downing home to meet Mrs. Downing who recently returned from an all winter's trip in California. Neither Mr. or Mrs. Downing were aware of plans of the young people until they had entered and taken possession of their home. Amusements of various kinds were indulged in and a merry time was had by the guests, who certainly most thoroughly enjoyed the evening. Dainty refreshments were served and all too soon the evening passed away. Those present were, Mr. and Mrs. Haas and the Westers, Kruse Moulton, Harrington, Westfield, Rynearson, Holburn and Morse; Messrs. Hollowell, Higgins, Caulfield, Heintz, May and Richards and Mr. and Mrs. Downing.

Many callers were entertained at the home of Mr. and Mrs. Emmons on Sunday. Among those spending the day were Prof. Boyer and wife and Mr. and Mrs. Price and Mr. and Mrs. Chisholm of Portland.

Boating, launching and canoeing are being enjoyed these delightful evenings by many of the lodge people. Mr. Haberman of Grants Pass is a visitor at the home of his son, W. L. Haberman.

Mr. and Mrs. Panton, Mrs. Clough and Miss Scripps went down to Milwaukee on Wednesday evening to hear Mrs. Shepard of Utah speak in the interest of the W. C. T. U., and enjoyed this world-wide speaker's address very much.

Mr. Fred Tozier of Eugene was a visitor at his brother's home during last week and at present is assisting Mr. H. C. Tozier on the Labowich bungalow at Rialto.

Mr. and Mrs. Fred Terry and little daughter of Silver Spring, departed on Sunday for California, where they expect to remain a year. Mr. and Mrs. Terry resided here about four years and are so well and favorably known here that their many friends are in hopes their stay will prove beneficial to Mrs. Terry, who has been ill for some time. They will visit for awhile at Los Angeles and

Saved From the Grave

I had about given up hope, after nearly four years of suffering from a severe lung trouble," writes Mrs. M. L. Dix of Clarksville, Tenn. "Often the pain in my chest would be almost unbearable and I could not do any work, but Dr. King's New Discovery has made me feel like a new person. It's the best medicine made for the throat and lungs." Obstructions, asthma, colds, hay fever, in grippe, asthma, croup, bronchitis and hemorrhages, hoarseness and whooping cough yield quickly to this wonderful medicine. Try it. 50c and \$1. Trial bottle free. Guaranteed by all druggists.

New, Crisp, Reliable Goods

at clean, honest, desirable prices—

Harris Grocery Oregon City

Portland Railway, Light and Power Company
O. W. P. DIVISION

TIME TABLE
Between Portland and Oregon City

Leave Arrive Leave Arrive

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