

# PE-RU-NA AS A TONIC AND BLOOD PURIFIER.

Mrs. Paul Casavant Writes From 219 Monroe Street, Topeka, Kansas, Concerning Peruna. Read Her Letter Below:

## In Spring and Early Summer a Tonic is Needed.

The source of good blood is fresh air and well-digested food. If anything interferes with digestion the blood becomes impure.

A catarrhal condition of the stomach prevents perfect digestion. Such a condition allows the food to ferment and decompose in various ways, instead of digesting. The blood is thus contaminated with various materials that do not belong in the blood.

This gives rise to spring fever, eruptions on the skin, general lassitude and constipation.

Peruna corrects all these difficulties by striking at the source of them. By eradicating the catarrhal condition of the stomach Peruna at once restores digestion, the blood is thereby purified, and the whole machinery of the body is put in working order.

Peruna has probably made a more remarkable record in cases of catarrh of the stomach than any other medicine. These cases are very frequent, and we have a host of testimonials in which Peruna has received lavish praise for prompt and permanent relief in cases of catarrh of the stomach.

Mrs. Emily Kellogg, 5649 S. Lawrence St., South Tacoma, Wash., Gives Her Experience With Peruna. Read Her Letter Below:

with my eyes being red and watery, and my general health was very poor.

"Finally a friend advised me to try Peruna. I had tried almost everything else, so I purchased a bottle of Peruna and commenced to take it at once, and before I had finished the first bottle I found I was improving.

"I wrote you for special advice concerning my eyes, which I received. I continued to take the Peruna until I had used six bottles.

"Now my eyes are absolutely well, and I feel like a new man in every way. I honestly advise any one similarly afflicted to try Peruna."

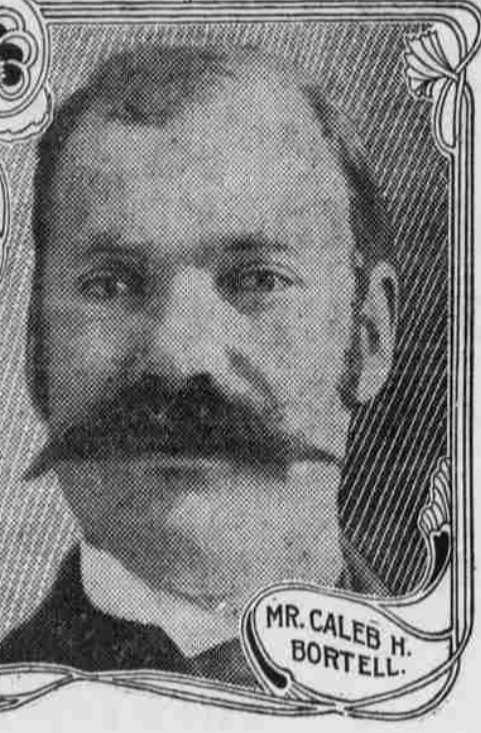


MRS. PAUL CASAVANT.

Mrs. Paul Casavant, 219 Monroe street, Topeka, Kansas, writes:

"I have found Peruna very effective in restoring my health and strength after I had been worn out and run down for a long time. I began to use it about six months ago when I was unable to leave my bed. My nervous system was shattered and I was daily losing flesh and strength. This condition was completely altered after a few bottles of Peruna had been used and I kept on using it until I was finally restored to perfect health and had gained about fifteen pounds.

"I feel so grateful for what your medicine has done for me that I am pleased to give it my hearty endorsement and shall always be glad to speak a good word for it."



MR. CALEB H. BORTELL.

### Tones up the System.

Mrs. William McRobert, Waverly, Minn., writes:

"I am perfectly well of the catarrh. I took Peruna and Manalin. I recommend your medicine to every one and cannot praise it enough. It is a fine medicine to take any season of the year. Taken in the spring it tones up the system and acts as a gentle stimulant."

### A Good Tonic.

Mr. Joe Leonard, First St., 282 Allen St., Buffalo, N. Y., writes:

"I have good reason to endorse Peruna as I have found it a good tonic, stimulating the system and sustaining it under great pressure, imparting unusual endurance and enabling me to work much longer and harder than the system could possibly do which it not for the great powers with which it endowed me. It gives one nerves of iron."

Mr. Caleb H. Bortell, Police Officer, 212 North Poca street, Baltimore, Md., writes:

"For several years I was troubled with catarrh of the head, throat and stomach. Many times I would vomit before and after eating.

"I took seven bottles of your Peruna, and I am glad to say that it has cured me.

"I feel more like living and working, and am not bothered at all with my old troubles.

"I take great pleasure in recommending Peruna to all sufferers with catarrh, and I thank you for what you have done for me, for none but those who have suffered as I have can appreciate a great cure as I have found Peruna to be."

### Splendid for La Grippe.

Mr. Frank H. Fielder, 213 Cassant Ave., Montgomery, Ala., formerly principal of Haynesville High School, writes:

"I can truthfully say that Peruna is a splendid remedy for la grippe, and a good tonic for building up the system."

### Pain in Chest.

Mrs. A. W. Gustin, 5200 Lake Ave., St. Joseph, Mo., writes: "When I began taking Peruna I had quite a severe pain and ache in the left of my chest. I suffered a great deal with it.

"I wrote to Dr. Hartman and asked him what I should do. He advised my

Mr. William Hoge, President Commercial Travelers Association, 280 Broadway, New York, N. Y., writes:

"I endorse Peruna as the most effective remedy for catarrh I have been able to find in my travels in this country or Europe. I can truly say that I have spent thousands of dollars in this country alone trying to find a cure, and it was not until I was induced to give Peruna a trial that I obtained anything like permanent relief. As a tonic it is simply great. It ought to be in the grip of every commercial traveler on the road. It cured my wife as well as myself. We have not had the slightest symptom of catarrh for a long time."

In a later letter Mr. Hoge says: "I have used Peruna for many years, never without a bottle in my grip. I am the youngest feeling and youngest looking man of my age in New York, which I think is entirely due to Peruna."

### Hay Fever and Catarrh.

Miss Mayme E. Smith, 444 East Mound St., Columbus, Ohio, writes:

"I have used Peruna for catarrh and hay fever. The results being remark-

### Eyes Red and Watery.

Mr. William S. Hoarn, 1063 Segal St., Camden, N. J., writes:

"For about two years I was troubled

## Oregon City Courier

WILLIAM A. SHEWMAN, JR., Editor

Published Every Friday by Oregon City Courier Publishing Co.

Entered in Oregon City Postoffice as Second-Class Mail.

SUBSCRIPTION RATES.

Six months..... \$7.00

Per. in advance, per year..... \$13.00

### "SIDE TALKS WITH MERCHANTS."

You think, no doubt, that the dollar or two that you ship out of town every few days does not affect the prosperity of your home city. But you feel that way about it and your neighbor feels the same way and does the same thing and so does most every body in Oregon City, and that is why this town is a hard business proposition. A little civic pride and a little loyalty to our own would go a long way toward building up our City. We won't flourish as long as the grocery goes out of town to buy his dry goods and the dry goods merchant buys his groceries in Portland. Of course it is a secret—everybody takes it for granted that our merchants patronize their fellow tradesmen in lines they do not themselves carry—and most every one of them has a little secret that he thinks nobody ever guesses; he smuggles the packages in so slyly you know. But most everybody knows all about it. How would you like to be stood up, Mr. Business Man, and be required to answer as to how loyal you have been to your own town during the last twelve months. You set this sort of an example and then wonder that such a large portion of the trade that should come here, goes out of town.

Will you sign this pledge? "From this time on I pledge myself to purchase in my own town every article I may require, provided it can, by diligent search and inquiry, be found here and I promise to make such search and inquiry, even though my fellow tradesmen do not give enough publicity to their business to let me know the general lines they are dealing in or the various lines they endeavor to carry. And I further pledge myself to use what little influence I have

with my wife to persuade her to do a portion of her trading in the home town. (Signed).....

Perhaps you haven't noticed that we have a few very fine stores in Oregon City. Of course they don't make your lots and blocks any bigger nor the houses you own any better; so they can't be of any benefit to you and it is hardly worth your while to pay attention to them; we were not suggesting that you do so, but just dropped the remark in passing.

Isn't it a "poky" old town, anyway. The farmers throughout the county wish it were off the map. They don't understand why the proprietors of the stores hide behind the counter when they see the farmer coming with a load of produce and send a clerk out to tell him that the boss is not in today. They don't understand why, when they do happen to catch a merchant in unawares, that if they have potatoes he just bought seven car loads yesterday, they might use a couple of sacks at 13 cents under the market price—payment in trade of course.

Mr. Merchant, don't you think a little printer's ink might stir things up at all? Don't you think the people have about forgotten you have things to sell. A lady came in with an advertisement similar to the following, but as we were able to give her the desired information we didn't run it (caution being taken that she had first paid for it). "Wanted—Seven pairs of durable children's shoes; ages of children) 3, 4, 5, 6, 7, 8, 9, must be good grade; have inquired all the way down the street and found no shoe stores. Price no object." What do you think of that?

The foregoing remarks suggest anything to you perhaps your imagination will enlarge on them. In conclusion we wish to offer a standing reward of 30 cents for the best essay on the theme, "How to wake a Town from a long sleep."

### AS TO COUNTY HIGH SCHOOL.

For many years the State has been expending immense sums of money for the maintenance of half a dozen normal schools. All the benefits that have accrued from these institutions could have been had from a single school and the cost thereof would have been lessened by at least one-half. The attendance of each of these schools is made up very largely of residents of its immediate vicinity. So the normal school becomes in reality a convenience for a small locality at the expense of the whole state. It is in effect a high school in each instance for a certain community supported by the general public.

The normal school system is now generally recognized as a monumental blunder, but its correction is accompanied by many difficulties. It is hard to abandon buildings and grounds on which thousands of dollars of the State's money have been expended. The simple and easy thing to have done in the first place would have been to exercise a little practical business sense before entering into the scheme. The best thing now to be done is for the State to "pocket its loss" and get back on a business basis; that is, to abolish all normal schools but one and consolidate that with the State University.

Clackamas County is contemplating a move apparently as unwise as the establishment of a lot of normal schools. This is the establishment of a high school in Oregon City to be maintained by the whole County. It is not right, equitable or even just. Of course the people are not asked to vote next June for a high school to be located in Oregon City. They are now

asked to vote for the establishment of a County high school. The County Court, in case the vote should go for a high school, will have power to fix the location and to be sure the location might be the foothills near the head of the Molalla again it might be Oregon City.

We might ask, of what benefit to Estacada or the Molalla country or Oswego would be a high school in Oregon City? The expense of sending a pupil here would be greater than that of sending him to Salem or Corvallis, for the reason that living expenses in a college town are little more than half as much as here. While the location of a County high school, the opportunity to be at his home Sunday any one who has experienced something of college life will testify that the moments of the student who gets along are all numbered and that best results will follow when home life and school life are completely divorced. College students whose homes are in the town where the school happens to be located, as a well established fact, do not make the record that non-resident pupils do.

We do not wish to be understood as undervaluing the value of education or the necessity of educational facilities. This is merely a warning against the commission of a blunder that would have far reaching effect. A high school in Oregon City would be in a measure a success or an apparent success, but in the broader sense this apparent success would be achieved at the expense of other school districts.

Milwaukie, Oswego, Estacada, Molalla, and other districts, no doubt, are now warranted in maintaining schools in all the branches commonly taught in our high schools. But with a portion of the more advanced pupils drawn from these various districts to a central school the work of the individual districts will be greatly hampered. So there is no escaping the fact that a County high school will have a disorganizing effect on the higher grades of our district schools.

The law already provides for the establishment of a high school in any district where there is demand for it. This is a wise provision and fully meets the requirements of the case. A public school grows into a successful institution. Strange as it may seem a newly organized district or a newly organized college does not turn out graduates as well equipped or as well "rounded out" and disciplined as does an institution of long standing. It takes time for the new institution to acquire the "college atmosphere." But the district school grows to be the pride of the community and the highest grade is the goal toward which first-born ambition turns its yearning eyes.

To be fair about this matter, would not Oregon City and vicinity derive practically the entire benefit from a County high school? If so, let Oregon City and vicinity maintain such an institution. It is said the expense to the individual taxpayer will be slight. So it has been said of every item that has gone to raise taxes, "just a little bit." A school building will be the next thing required. Then teachers must be maintained. Poor old Clackamas, bowed with debt and high taxes, can yet take on a little more if necessary. But we can not afford to add another burden that is going to prove a positive detriment to our well organized school system for the sake of creating a few new positions. It is even rumored that the occupants of these new positions have already been determined on and that the clamor for a County high school does not come from an entirely disinterested source.

This feature is a matter of no importance however. Those who have a real interest in our educational institutions may well give this question of the establishment of a County high school their earnest consideration. Putting aside the selfish instinct that impels one to favor those things that are of personal benefit or advantage, we, in and around Oregon City must say that we will not, because of our voting strength, impose on our neighbors farther without an institution in which they will not be interested except to the extent of helping to foot the bills. As for this newspaper, on the question, "Shall Clackamas County establish and maintain a county high school," put us down No!

It has been a long time since the Senate has known a debate so earnest and so desperately fought as that waged for four battleships. On one side were the leaders of the Senate, the old and trusted men—those accustomed to having their own way; those who look upon the younger Senators as puerile and freshmen, deserving mostly to be snubbed and hazed in a parliamentary way. On the other side are with few exceptions the younger senators—not all younger in years, perhaps, but younger in senatorial term and experience. They, it is believed, were backed by the country because it is known that they were on the side of the President. Every day the debate continued made the presidential demand stronger because Senators were hearing in on uncertain way from their states, where the President, as is well known, is overwhelmingly strong. The Democrats held the balance of power and they, from motives of economy, which frequently influence them, opposed the twelve millions or more of expense involved in building four battleships instead of two, and the bill will be defeated in the Senate. But many Democrats are friends of the President, and on all non-political questions, friends of his policy. Moreover, they know that their constituents, although southern and democratic, are with the President from personal liking and on the President's strongest supporter in the House, Representative Hobson of Alabama, expresses the views and sentiments of his section when he urges appropriations for a powerful navy. The House voted strongly against this appropriation. Members of the House are hearing, in most emphatic language from their constituents and though the Senate has defeated the bill for additional battleships at this session there can be no doubt that a policy for a stronger navy is fixed in the minds and hearts of the people and will find expression in future legislation.

Statesmen, politicians and quidnuncs are looking forward with no little interest to the advent in Washington of President Roosevelt's "own special congress," as the assembly of Governors and other distinguished men, invited for the 13th and 14th and 15th of May is called. President Roosevelt has indicated five men whom he considers, it is said, the greatest Americans of the day and they all happen to be Democrats. He has invited Andrew Carnegie, William Jennings Bryan, J. J. Hill, John Mitchell and Grover Cleveland to meet the governors of the states in conference at the White House next month. The main question to be discussed is the conservation of our natural resources—an immensely big subject. It will not be possible, however, to prevent these gentlemen from talking about other things. Those who re-

### FINGER OF SCORN.

Home Talent Will Present Play in Four Acts.

The Oregon City Dramatic Company will present "The Finger of Scorn" at the Shively opera house the latter part of this month, and rehearsals are being held at the Shively. The play is in four acts, and was very successfully given at The Dalles about a year ago under the management of A. A. Price, who has kindly volunteered his assistance in giving it in this city for the benefit of the Oregon City band. The play when presented at The Dalles, was greeted with crowded houses, as well as at other towns near that city, where the play was given.

The Oregon City band is to furnish music for the occasion and many new specialties will be introduced. Mr. Price is to spare no pains in making the affair one of the most successful home talent entertainments given in this city. Waldo Caulfield is stage manager. The cast of characters are as follows: "Phillip Dunchester," rector of St. Mark's Phillip Slingsott; "Norman Weir," a detective, A. A. Price; "Gordon Leigh," a fugitive from justice, Emil Gordon; Richard Harliffe, a doctor, Carl Moore; "Sheriff Blake," Frank Busch; Irene Arnold, with a heart history, Miss Gussie Humphrey; "Bess Dunchester," a bit of a butterfly, Miss Florence McFarland; "Mrs. Pockens," the village dressmaker, Miss Dade Bigham; "Aunt Binah," a colored servant, Roger Bergfield.

Mackeburg.

Hinching brothers and their families, of North Dakota, who have purchased part of the F. Fensky place, have mov-

member the funniest caricature published in ten years, the very wide bed with Cleveland on the east side and Bryan on the west, will wonder if there is a bed big enough in the White House for these two antithetical Democrats. Of course, it will be questioned whether these five men are the greatest men in the United States, and it must be confessed that the President has not so characterized them. This is mostly inference.

A contemporary wonders what Jefferson would say if he were to appear again on terra firma. It is doubtful if he would say anything for a while. He would be lost in thought. An automobile would cause him considerable surprise and an express train at full speed would surprise him more than anything he saw in Europe, while the Atlantic cable, the telephone and the Mauretania crossing the Atlantic in five days, would complete his astonishment, that is, provided he is not familiar from empirical observation, with the little things that take place on earth.

Why is it that the President submits to all this scuffling in Congress about four battleships? Why does he not have them built in vacation and then present the bills calling for a deficiency appropriation?

Of course there will be the customary pretty little speech or resolution of thanks to Mikado Cannon for the fair, just, polite and impartial way in which he has presided over the filibuster in this session of Congress.

The only way for men to get even with the Merry Widow hats at the theatres will be to invent merrier widower hats for the bald heads in the front row.

### Teazel Creek.

Damp, showery weather prevails, but every thing growing nicely.

Rev. Quinn and daughter, Miss Beesie, went to Missouri Ridge last Sunday, where Mrs. Quinn preaches the first Sunday in each month.

Fishing seems to be the favorite pastime the last few days. Several anglers were seen a long the bank of Rock Creek last Sunday.

Much as the farmers' wives enjoy raising chickens, this spring, the hawks seem to enjoy it better, as they very frequently raise them from the ground to some favorite tree or Craig where they may quietly add to leisure make a meal of them.

We seek to know what the future holds, although anxious, cannot see it yet. When time the truth unfolds, how many fain would flee it.

Vernon Pittman spent Sunday with Willie Quinn. They had a pleasant day together.

Mrs. Joe Simons, we learn, is on the sick list this week.

Mr. Jesse Bagby is the happy father of a bouncing eight-pound girl, born April 28. All are doing well.

The Sumpter Valley Railroad, comprising a length of sixty-seven miles between Baker City and Austin, Oregon, runs through the Sumpter mining belt and is soon to double its mileage. Today ninety-three per cent of the freight of this road comes from timber, though it is not generally known that Baker City is a lumber center.

**Alcohol not needed**

Ayer's Sarsaparilla is not a strong drink. As now made, there is not a drop of alcohol in it. It is a non-alcoholic tonic and alterative. Ask your own doctor about your taking this medicine for thin, impure blood. Follow his advice every time. He knows.

We publish our formulas

**Ayer's**

Ask your doctor, "What is the first great rule of health?" Nine doctors out of ten will quickly reply, "Keep the bowels regular." Then ask him another question, "What do you think of Ayer's Pills for constipation?"

Made by the J. C. Ayer Co., Lowell, Mass.

## NO GAS NO COCAINE

We set the pace in high grade dentistry. We belong to no dental combination but stand on our reputation and are busy all the time. Our prices are reasonable.

### BRIDGE WORK \$5.00 PER TOOTH



**GOLD CROWNS \$5.00**

Don't pay those high prices for dental work but before you contract to some dentist, your dental work, come and see us.

Examination free. Our Motto: "Honest work at honest prices."

**Lady Assistant**

**Oregon Dental Parlors**

Over Harding's Drug Store

**O. W. Eastham LAWYER**

Legal work of all kinds carefully attended to. Charges moderate. Office over Bank of Oregon City, Oregon City, Oregon.

**GEO. BRADLEY**

Successor to C. N. GREENMAN

Pioneer Transfer and Express

Furniture and Pianos Moved to all Parts of the City SAND and GRAVEL

Both Phones No. 22 Oregon City, Ore. Post Office Bldg.

**STRAIGHT & SALISBURY**

SUCCESSORS TO A. MIHLSTIN

Plumbing and Tinning Pumps and Spray Pumps

MAIN ST., NEAR 8th. PHONE 1011

**H. SCHRADER'S**

Bakery and Confectionery

Phone Main 33

Main Street OREGON CITY

## LOW RATES EAST

WILL BE MADE THIS SEASON BY THE Southern Pacific (Lines in Oregon)

From Oregon City, Oregon

AS FOLLOWS:

TO	Both Ways Through Portland	One Way Via California
Chicago	\$73.00	\$87.50
St. Louis	68.00	82.50
St. Paul	60.50	81.75
Omaha	60.50	75.00
Kansas City	60.50	75.00

TICKETS WILL BE ON SALE

May 4, 18

June 5, 6, 19, 20

July 6, 7, 22, 23

August 6, 7, 21, 22

Good for return in 90 days with stop-over privileges at pleasure within limits.

**Remember the Dates**

For any further information call on E. T. FIELDS, Local Agent, or write to Wm. McMURRAY General Passenger Agent PORTLAND, OREGON